

# **BUILDINGENERGY BOSTON**

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## **Historic Buildings, Modern Solutions: Decarbonization Strategies for Multifamily Landmarks**

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*Curated by Greg Smith and Nicole Schuster*

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**Northeast Sustainable Energy Association (NESEA) | March 21, 2025**



# Historic Buildings, Modern Solutions

Decarbonization Strategies for Multifamily Landmarks



Curtis +  
Ginsberg  
Architects

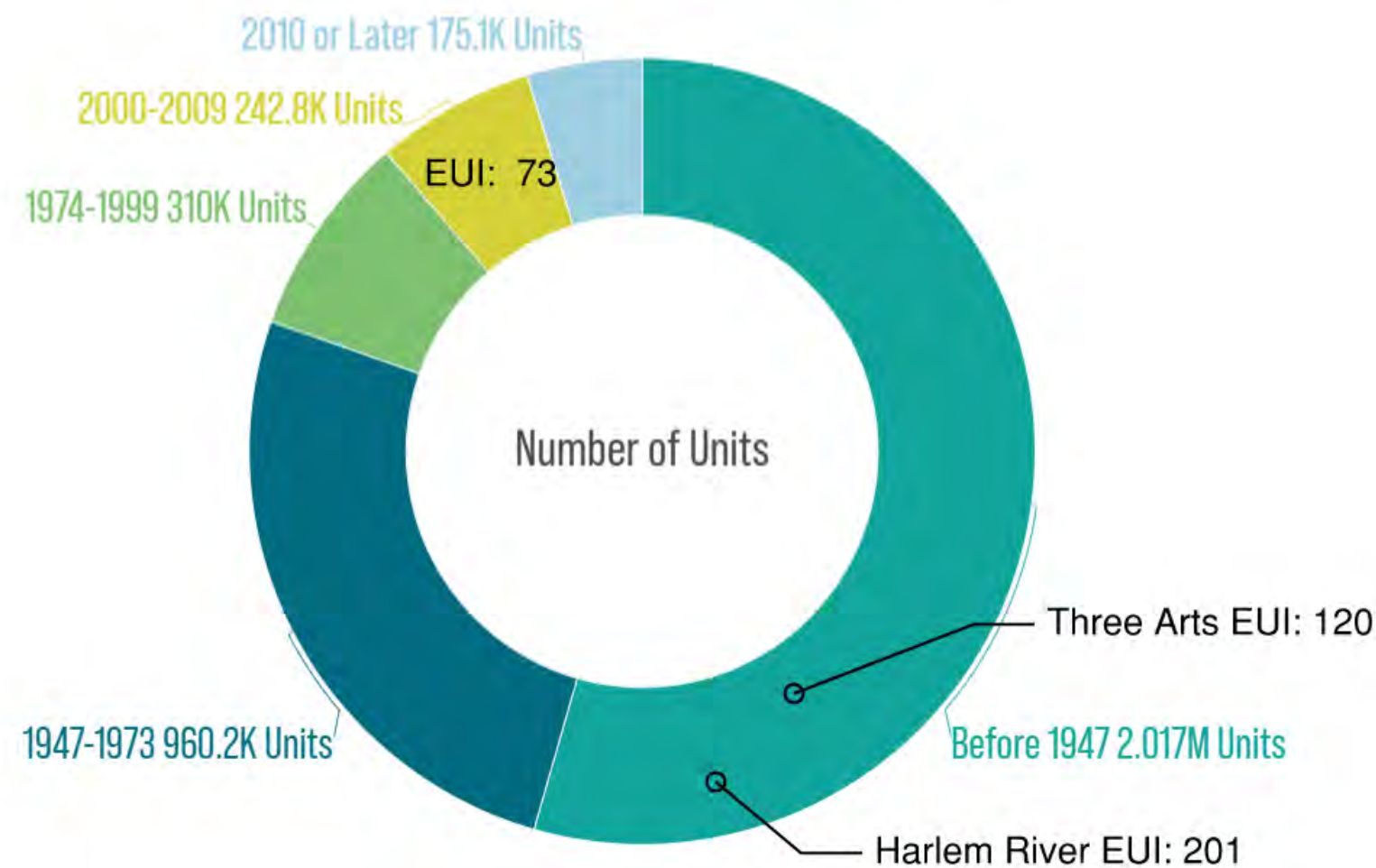




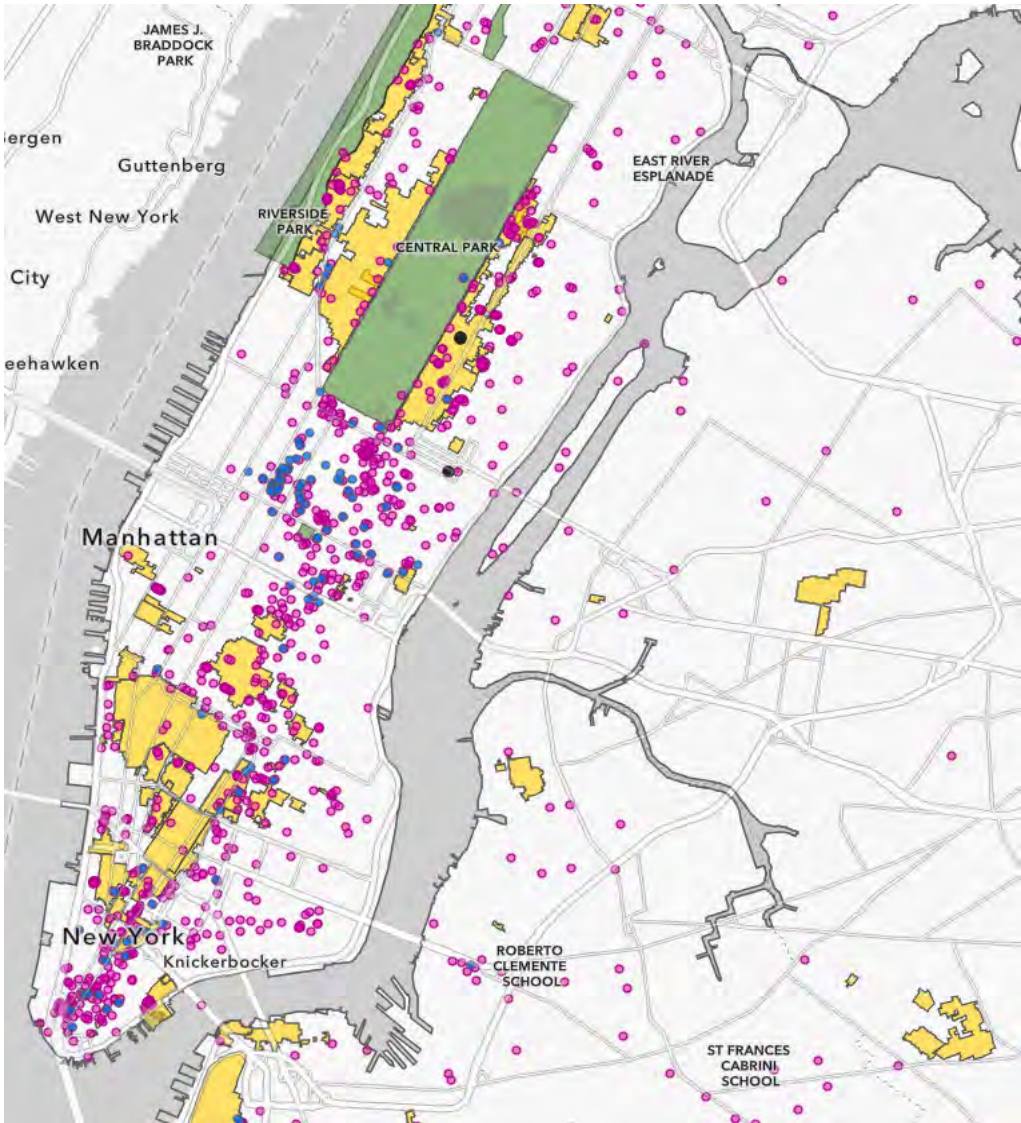
# Existing Dense Urban Environments

80% of NYC Housing stock is over 50 years old

## NUMBER OF UNITS BY YEAR OF CONSTRUCTION



Credit: CHPC



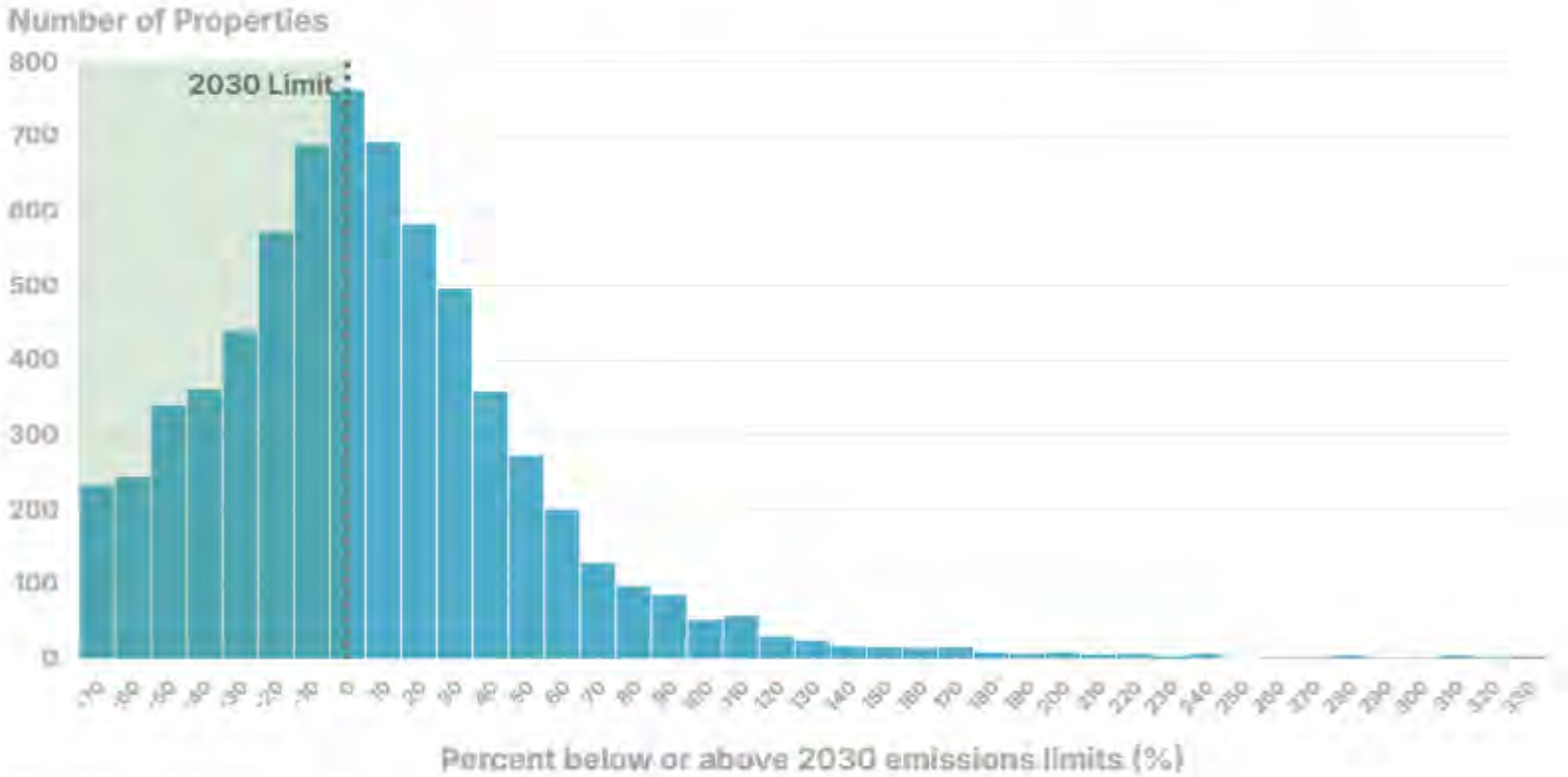
Landmark Properties > Vacant Properties

# Energy Landscape

## Properties Below and Above the 2030 LL97 Limits

Negative percentages indicate properties already meeting 2030 emissions limits.

Choose a Data Year: **2023** 2022 2021 2019    Choose a Sector: **Multifamily** Office



Data: LL84 filtered for data quality, emissions, and energy

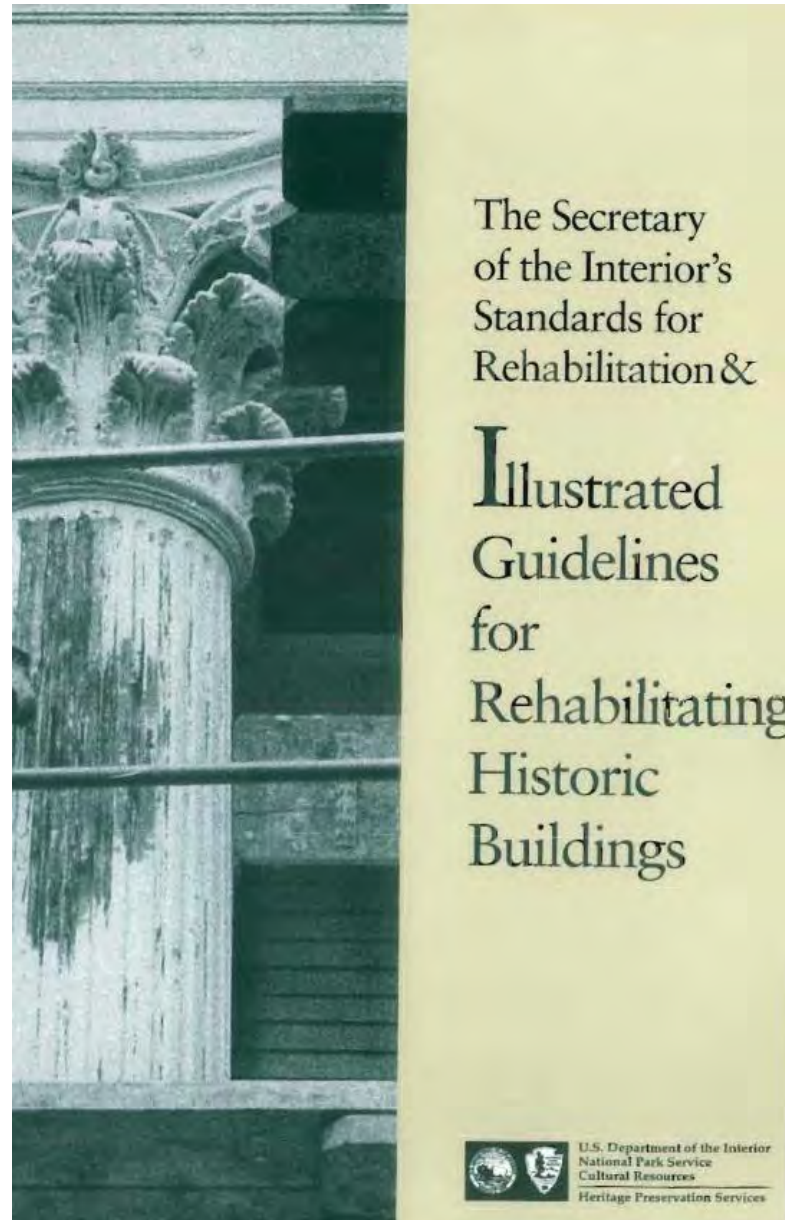
Source: Urban Green

- Landmark Projects Exempted from NYC Energy Conservation Code
- Affordable Housing allowed to follow prescriptive vs calculated path for LL97

Sustainability Goals  
NYCHA Operational Carbon Cap  
Enterprise Green Communities  
Voluntary application of Energy Code  
Passive House Certification



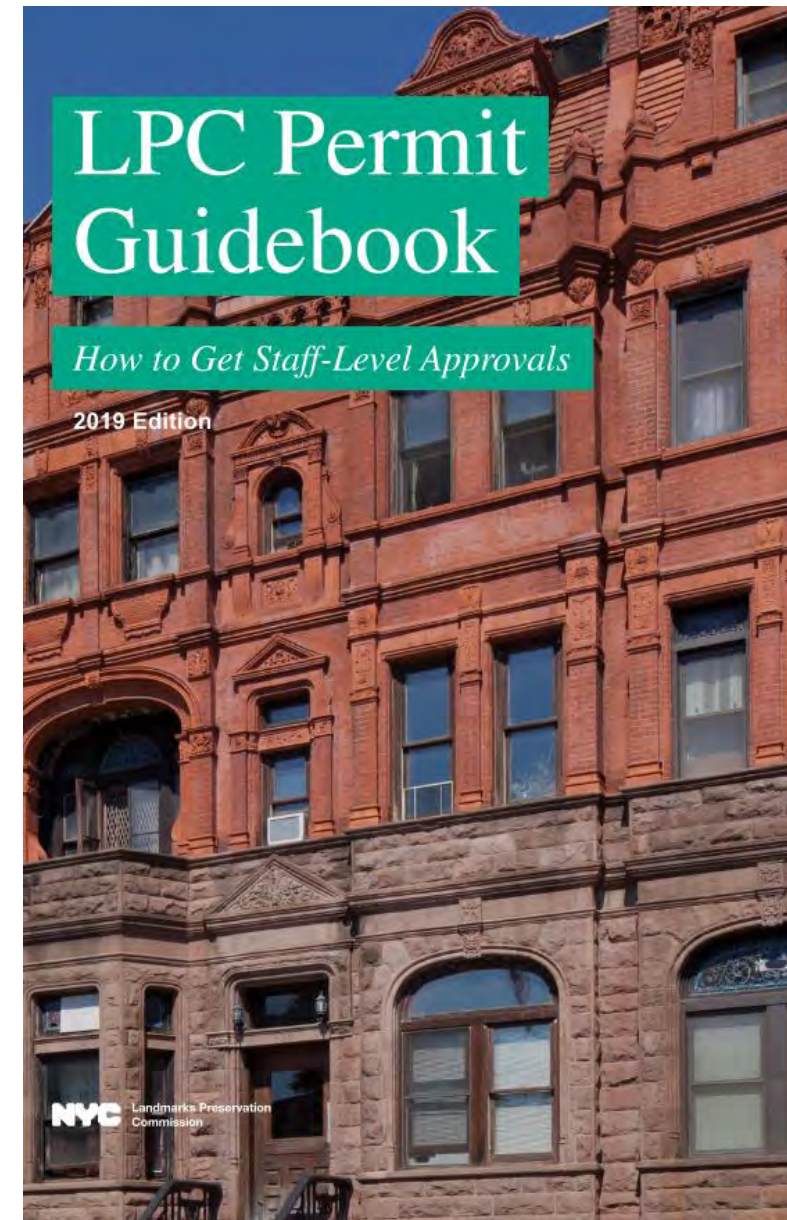
# Historic Regulations



National Park Service

## Secretary of the Interior's Standards for Rehabilitation

- Exterior and Interior
- Primary vs Secondary Facades
- Exterior Wall Thickness
- Interior Material Restoration and Replacement
- Public vs Private Layout Changes



NYC Landmarks Preservation Commission

## Rules of the NYC Landmarks Preservation Commission

- Exterior Only
- Primary vs Secondary Facades
- Historic Window Replication
  - Casement
  - Simulated Double-Hung
- Rooftop Equipment Visibility



# Harlem River Houses

Light Energy Retrofit





# Harlem River: History



Central Courtyard



Central Pedestrian Path



Sculpture and Mural at South Passageway



Opening Day Dedication



Opening Day Dedication

**7 buildings | 328,000 SF | Manhattan, NY**

- 1937 Public Housing for NYCHA
- Designed by Archibald Manning Brown
- Landmarked by NYC LPC in 1975
- Listed on State and National Register of Historic Places in 1980
- First Federally-Funded, Federally-Built, and Federally-Owned Housing Project in NYC



# Harlem River: Existing Conditions



Central Gas Boiler Plant



Steam Radiator Heating



Inefficient Lighting



Inefficient Kitchen Appliances



Inefficient Plumbing Fixtures

**7 buildings | 328,000 SF | Manhattan, NY**

- Central Gas Boiler for Steam Heating and DHW
- Steam Radiator Heating
- Inefficient Appliances and Plumbing Fixtures



# Harlem River: Current Energy Use





# Harlem River: Energy Retrofit Recommendations

Recommendation		Applicable Property	Cost and Savings				Financial Performance		
ECM	Measure Description		Initial Investment	Annual Savings	Utility Cost Savings	Carbon Reduction	Simple Payback (Yrs)	Return on Investment	Net Present Value
1	Install New VRF System at Harlem River	HR I	(\$11,207,000)	\$292,000	12.5%	25.2%	> 25	3%	(\$6,876,100)
2	Install Low-Flow Faucet Aerators and Showerheads	HR I & II	(\$236,250)	\$110,700	4.7%	8.1%	2.1	47%	\$706,500
3	Install New Energy-Efficient Windows	HR I & II	(\$10,129,000)	\$65,400	2.8%	4.5%	> 25	1%	(\$9,158,600)
4	Insulate Roof Deck	HR I & II	(\$3,847,000)	\$65,000	2.8%	4.5%	> 25	2%	(\$2,577,500)
5	Upgrade Common Area Lighting	HR I & II	(\$160,500)	\$38,400	1.6%	1.4%	4.2	24%	\$166,600
6	Install Exterior Insulation and Finishing System	HR II	(\$1,029,500)	\$12,900	0.6%	0.9%	> 25	1%	(\$777,900)
7	Install Domestic Hot Water Recirculation Flow Control	HR II	(\$140,500)	\$10,900	0.5%	0.8%	12.9	8%	(\$47,900)
8	Upgrade Apartment Lighting	HR I & II	(\$253,500)	\$16,500	0.7%	0.6%	15.4	6%	(\$57,400)
9	Overhaul the Building Ventilation System	HR II	(\$102,500)	\$5,900	0.3%	0.3%	17.3	6%	(\$32,000)
10	Install Exhaust Fan Controls	HR II	(\$12,750)	\$3,400	0.1%	0.2%	3.7	27%	\$28,100
11	Install New Energy Star Refrigerators	HR I & II	(\$638,500)	\$5,700	0.2%	0.2%	> 25	1%	(\$554,700)
12	Install PTHPs at Harlem River II	HR II	TBD	\$33,400	1.4%	4.2%	NA	NA	NA
13	Install High Efficiency DHW Heaters	HR I & II	TBD	\$55,400	2.4%	4.0%	NA	NA	NA
Total: Project Summary		-	(\$27,757,000)	\$715,600	30.6%	55%	> 25	2%	(\$19,180,900)

Net present values take into account a discount rate of 7.00% and an energy escalation rate of 3.85%.



# Harlem River: Light Energy Retrofit Scope

## LEGEND

### ENERGY EFFECIENCY

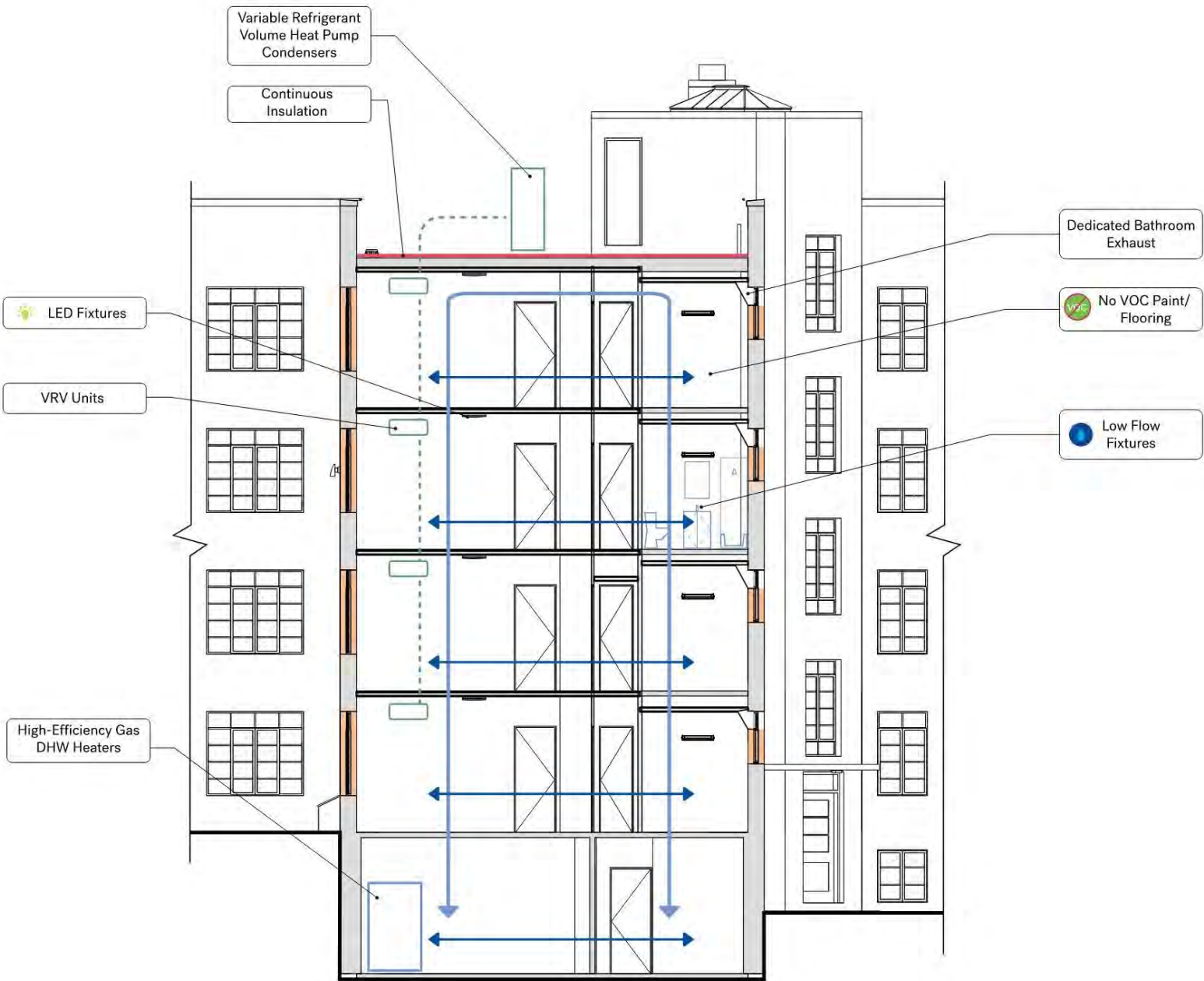
- CONTINUOUS ROOF INSULATION
- HIGH PERFORMANCE DOORS AND WINDOWS  
Increase thermal and acoustic comfort and energy saving
- ALL LED LIGHTING & ENERGY STAR APPLIANCES
- ALL ELECTRIC HEATING AND COOLING  
Variable Refrigerant Volume units

### WATER EFFECIENCY

- WATER SAVING  
Low flow fixtures.
- High-Efficiency Gas Domestic Hot Water Heaters  
Central plant decoupling by introducing local heating plants.

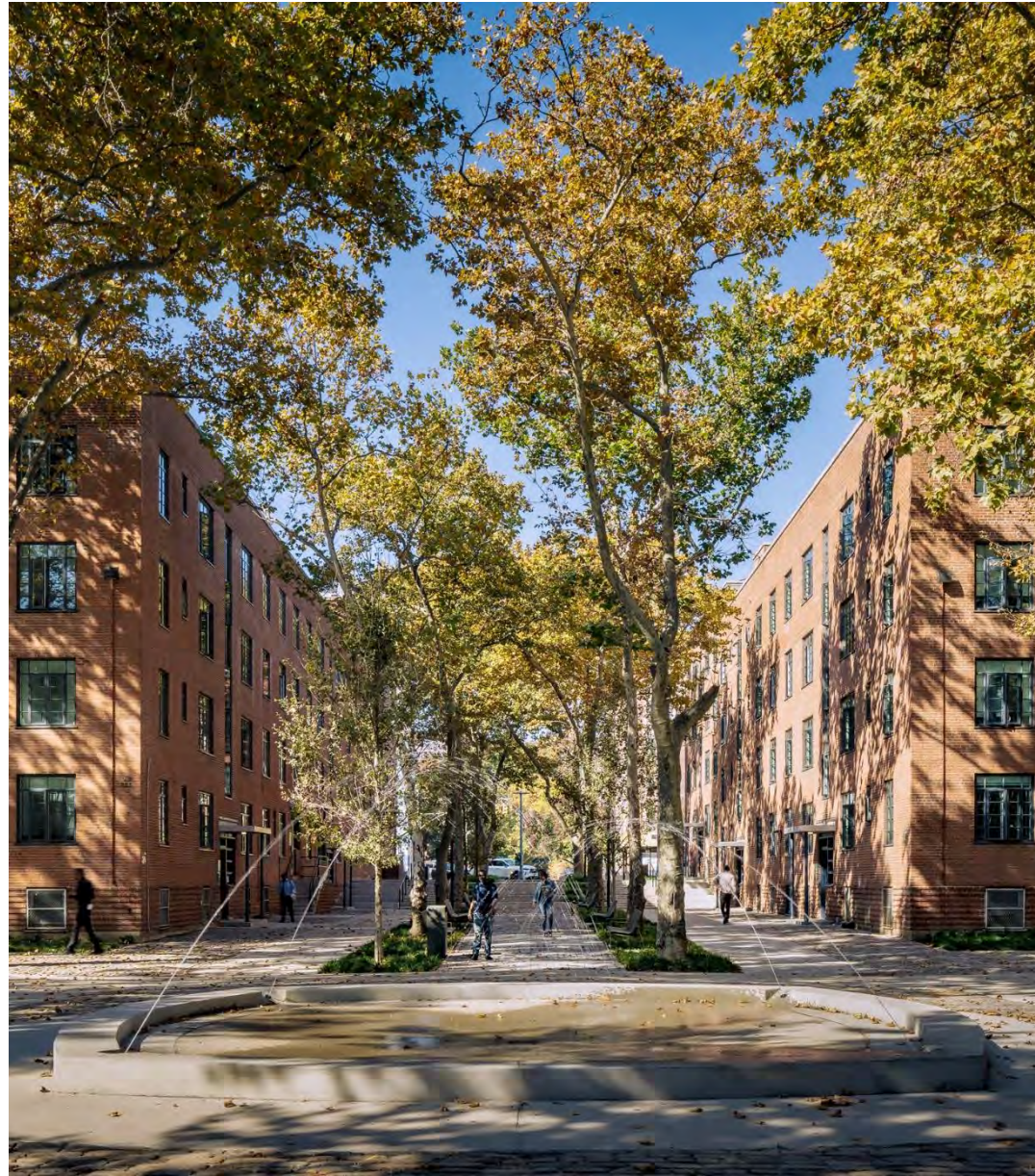
### RESPONSIBLE MATERIAL SELECTION

- LOW OR NO-VOC PAINT / SEALANTS / FLOORING  
For healthier air quality.





# Harlem River: Rehab + Partial Electrification



Rehabilitated Central Fountain and Pedestrian Path



Rehabilitated Apartment Living Area



Rehabilitated Apartment Kitchen

**7 buildings | 328,000 SF | Manhattan, NY**

- 577 Fully Renovated Apartments
- New or Renovated Resident On-Site Amenities:
  - Three Playgrounds
  - Two Laundry Rooms
  - Tenant Meeting Room and TA Office
  - Management Office
  - Daycare Center
- New Landscaping and Pavement
- Façade Maintenance and Upgrades with Replacement Windows and Roofs
- Electrified Heating and Cooling
- Decentralized Domestic Hot Water



# Harlem River: Envelope Upgrades



Existing Windows



Replacement Windows

## Thermally Broken Aluminum Casement Windows

- U-Factor = 0.38
- SHGC = 0.30

## 2016 NYC ECC Requirements (Operable Fenestration)

- U-Factor = 0.45 max.
- SHGC = 0.40 max.



Existing Roof



Replacement Roof

## Insulated SBS Roofing Assembly

- R-Value = 34.8ci

## 2016 NYC ECC Requirements (Insulation Above Deck)

- R-Value = 30.0ci min



# Harlem River: Systems Upgrades



Ducted VRF (Indoor Unit)



Bathroom Exhaust



VRF (Rooftop Condenser)



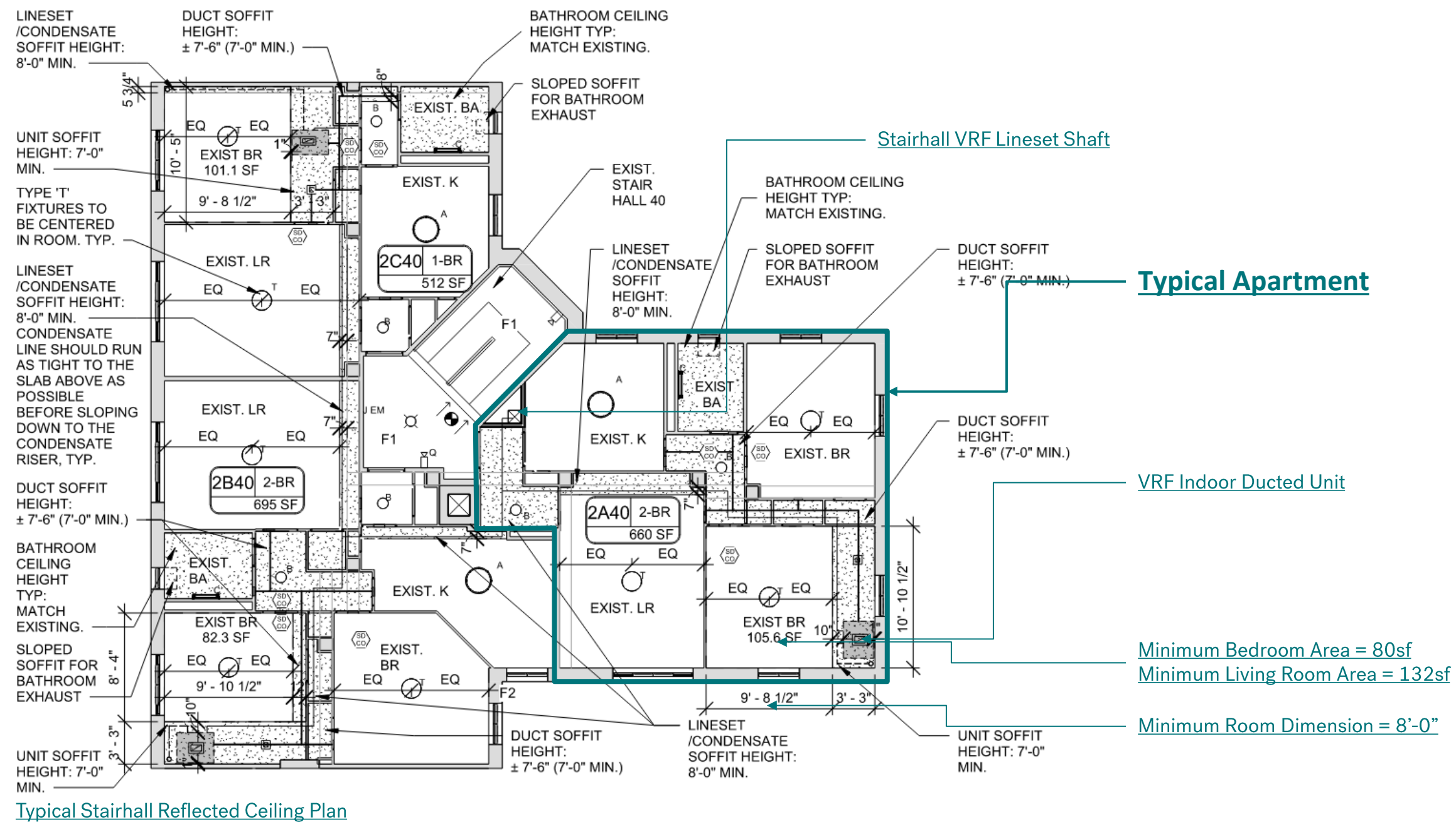
Volume Water Heaters and Storage Tanks

## MEP Systems Upgrades

- Replace Steam Heating with Ducted VRF
- Replace Central Boiler with High-Efficiency Volume Water Heaters and Storage Tanks
- Replace Incandescent Lighting with High-Efficacy LEDs
- Replace Appliances with Energy Star Appliances
- Replace Kitchen and Bathroom Fixtures with Low-Flow Fixtures
- Install Dedicated Bathroom Exhaust



# Harlem River: VRF Layout





# Harlem River: Energy Savings and Use Predictions

## Energy Retrofit Savings

Recommendation		Utility Savings			
ECM	Measure Description	Electricity (kWh)	Gas (Therm)	Source EUI Reduction	Site EUI Reduction
1	Install New VRF System at Harlem River	-1,959,905	446,363	47.3	60.5
2	Install Low-Flow Faucet Aerators and Showerheads	0	108,717	18.1	17.3
3	Install New Energy-Efficient Windows	56,482	58,180	10.5	9.6
4	Insulate Roof Deck	61,996	57,216	10.4	9.5
5	Upgrade Common Area Lighting	350,956	0	4.9	1.9
6	Install Exterior Insulation and Finishing System	0	12,660	2.1	2.0
7	Install Domestic Hot Water Recirculation Flow Control	0	10,680	1.8	1.7
8	Upgrade Apartment Lighting	154,913	-484	2.1	0.8
9	Overhaul the Building Ventilation System	24,673	3,163	0.9	0.6
10	Install Exhaust Fan Controls	4,997	2,833	0.5	0.5
11	Install New Energy Star Refrigerators	51,643	0	0.7	0.3
12	Install PTHPs at Harlem River II	-458,313	82,045	7.3	10.6
13	Install High Efficiency DHW Heaters	0	54,367	9.1	8.7
Total: Project Summary		-1,712,558	835,740	115.7	123.9

## Energy Use Intensity (EUI) Predictions

EUI	Baseline	Post Retrofit	Difference
Site EUI	201	77	62%
Source EUI	246	130	47%



# Harlem River: Carbon Emissions

NYCHA Carbon Emission Caps (per SF)

Year	Cap
Carbon Cap 2030	5.08 tCO2e/ksqft
Carbon Cap 2050	1.69 tCO2e/ksqft

Carbon Emissions Analysis – Existing vs Post-Retrofit

Item	Current	Energy Conservation Measure Scope
Calculated Carbon Emissions (mtCO2e)	7,160	3,216
Carbon Cap 2030 (mtCO2e)	3,272	
Percent Over 2030 Cap	119%	-2%
Carbon Cap 2050 (mtCO2e)	1,090	
Percent Over 2050 Cap	557%	195%



# Harlem River: Campus Map

## HR-II: Non-Historic Building





# Harlem River: Non-Historic HR-II



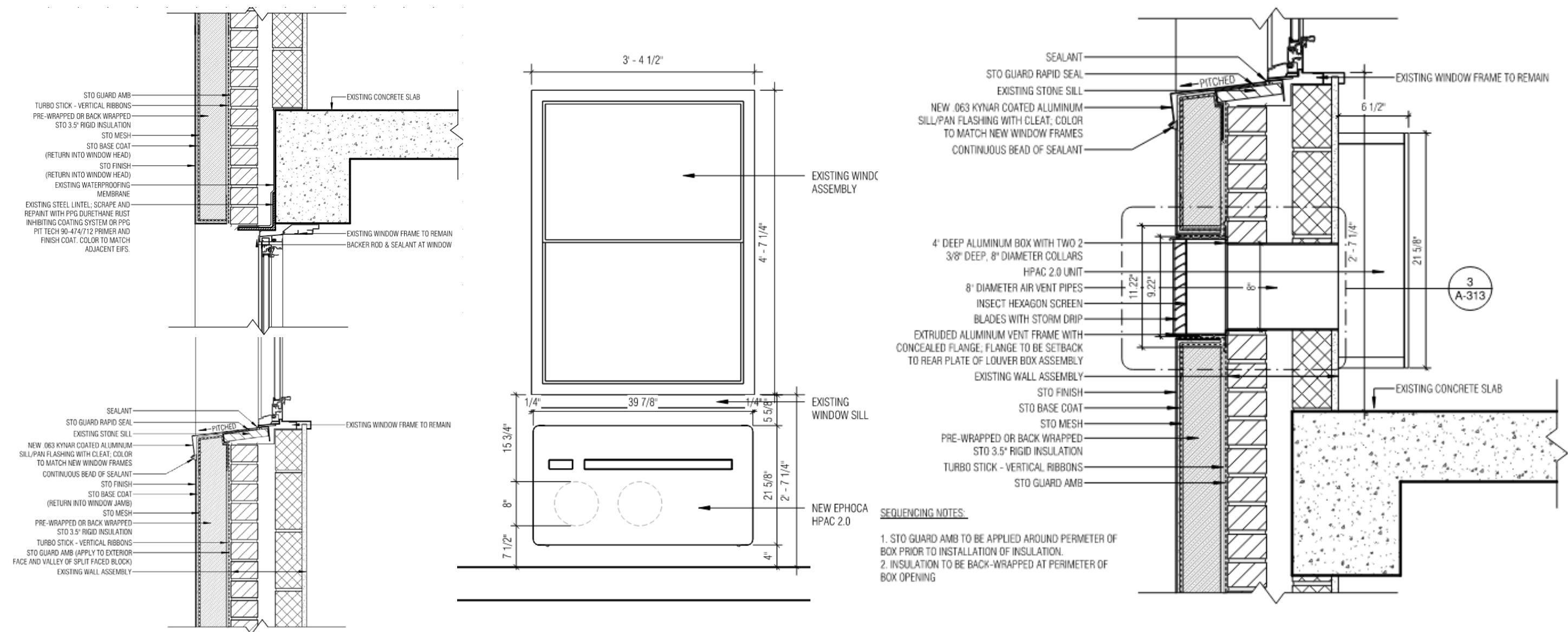
Harlem River II from HRH Building 7 Rooftop

## Deep Energy Retrofit Upgrades

- Replace Roofing with R-34.8ci Insulated SBS Roofing Assembly
- Replace Windows with Thermally-Broken Aluminum Double-Hung Windows
- Install R-13.5ci Exterior Insulation and Finish System
- Replace Steam Heating with Ducted VRF
- Replace Central Boiler with High-Efficiency Volume Water Heaters and Storage Tanks
- Replace Incandescent Lighting with High-Efficacy LEDs
- Replace Appliances with Energy Star Appliances
- Replace Kitchen and Bathroom Fixtures with Low-Flow Fixtures
- Install Dedicated Bathroom Exhaust



# Harlem River: Overcladding Details



Typical EIFS and PTHP Details



# Three Arts Club

Deep Energy Retrofit





# Three Arts Club: History



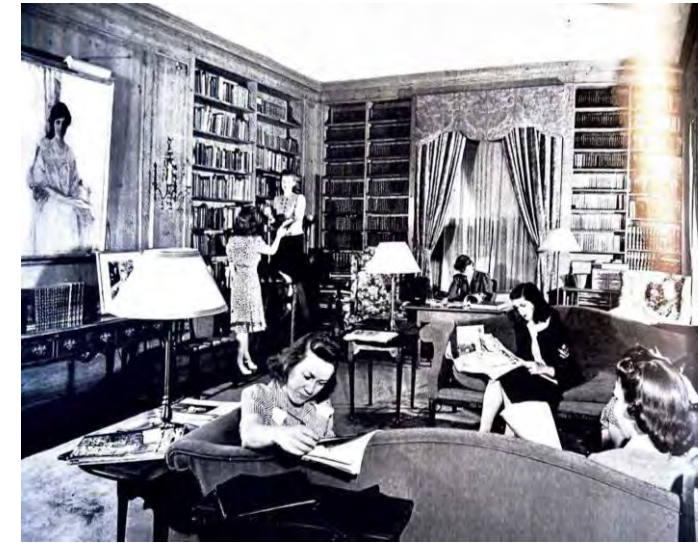
West 85<sup>th</sup> Street Façade



Tea Garden in the Rear Yard



Penthouse Art Studio



Library



Music Room

**8 stories | 60,000 SF | Manhattan, NY**

- 1927 residence for women in drama, music, and fine arts
- Designed by George Bruno de Gersdorff
- Nominated for State and National Register of Historic Places in 2024
- Masonry building with stone trim and ironwork detailing designed in the Colonial Revival style



# Three Arts Club: Existing Conditions

8 stories | 60,000 SF | Manhattan, NY

- Central Gas Boiler for Steam Heating and DHW
- Steam Radiator Heating
- Inefficient Appliances and Plumbing Fixtures
- Low-Efficiency Skylights



Central Gas Boiler



Steam Radiator Heating



Inefficient Plumbing Fixtures



Gas Laundry Equipment



Low-Efficiency Skylights



# Three Arts Club: Early Feasibility



## Round Four Winning Demonstration Projects

### ▼ Demonstration Projects


Project: [Three Arts](#)

City, State: New York, New York

Construction Type: New Construction

Market Sector: High-Rise Multifamily

Developed by: [West Side Federation for Senior and Supportive Housing](#) 

Designed by: [Curtis + Ginsberg Architects](#) 

Award: \$1,000,000

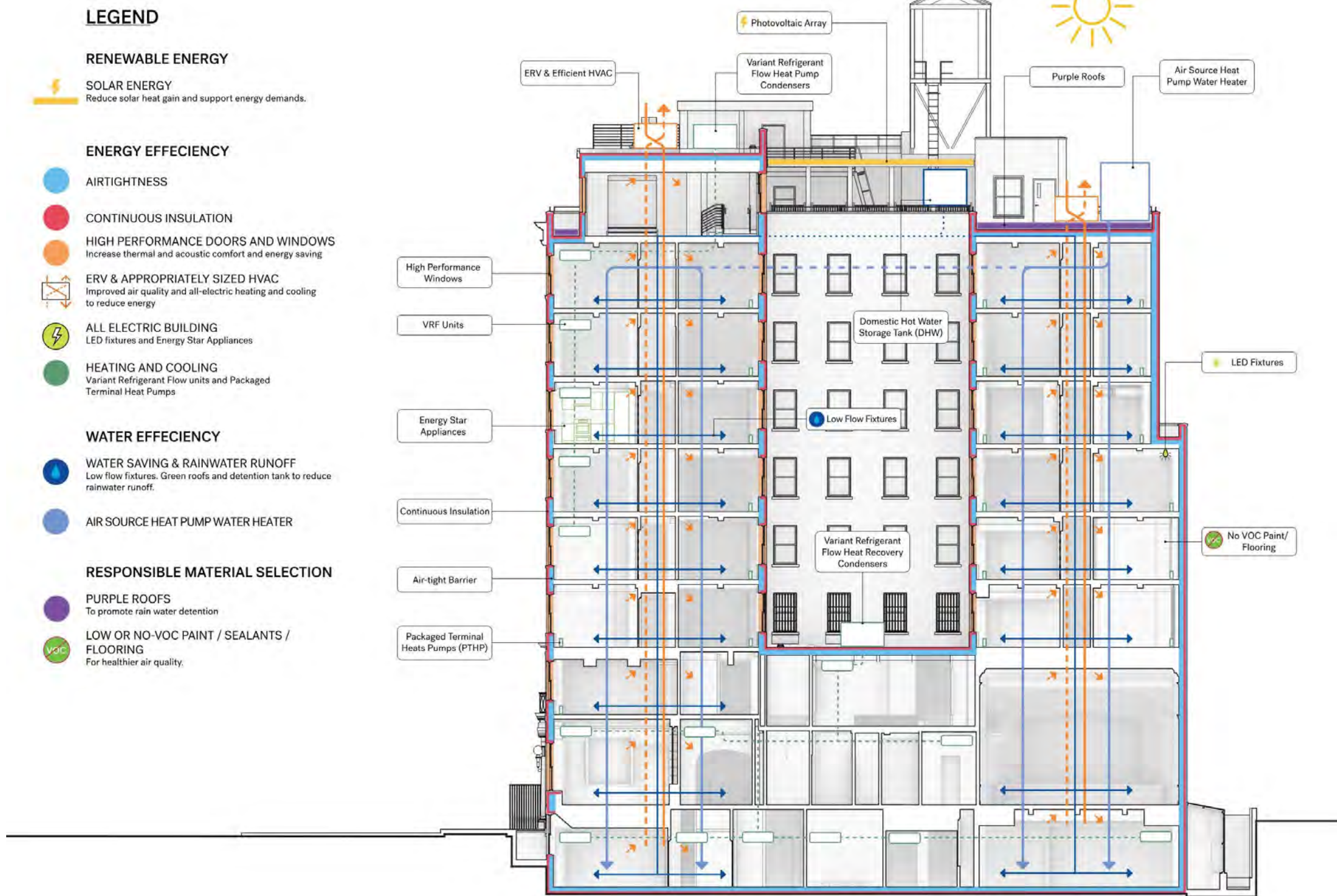
[nyserda.ny.gov/boe](https://nyserda.ny.gov/boe)

### Early Feasibility + Funding Support from NYSERDA

- NYSERDA Buildings of Excellence Round 4 Winner
- Early Design Feasibility Study
  - EnerPHit compliance
  - Established envelope performance requirements
  - Able to identify challenges associated w/ historical designations
  - Allows for early engagement with suppliers (ie. Windows)
  - Set minimum HVAC performance targets



# Three Arts Club: Deep Energy Retrofit Scope





# Three Arts Club: Rehab + Full Electrification



Rehabilitated Primary Façade



Rehabilitated Foyer



New Apartment Kitchen

8 stories | 60,000 SF | Manhattan, NY

- 61 Efficiency Senior Apartments and 1 Super's Apartment
- New or Restored Resident and Community Amenities:
  - Music Room with Stage and Balcony (Cooling Center)
  - Library & Computer Room
  - Resident Lounge and Rooftop Terrace
  - Typical Floor Laundry Rooms
  - Social Services Office Suite
  - Commercial Kitchen and Dining Room
- Façade Maintenance and Upgrades with Replacement Windows and Roofs
- Interior Insulation and Air Barrier
- Full Electrification of HVAC and DHW



# Three Arts Club: Passive House



## What is Passive House?

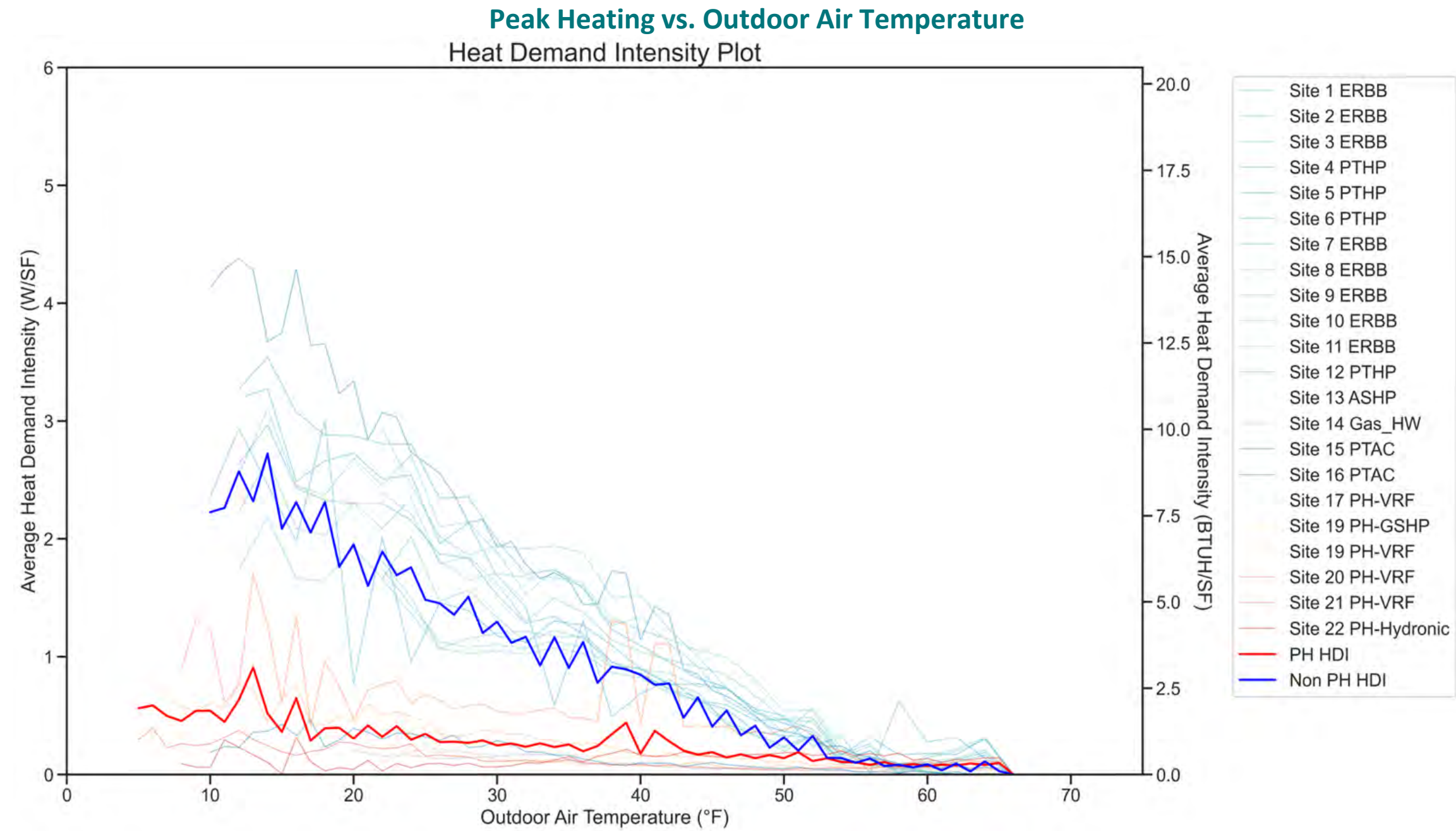
- **Most rigorous building energy standard in the world**
- Two certification standards available:
  - Passive House Institute (PHI)
  - PHIUS
- **Design and Verification** with focus on:
  - Continuous thermal envelope
  - Airtight construction + operable windows
  - Balanced ventilation system w/ heat recovery efficiency ~75% +
  - Right-sized and highly-efficient HVAC and water heating systems

## Goals of Passive House

- **Steep energy / carbon savings**
- **Superior occupant comfort and air quality**
- **Building durability**



# Three Arts Club: Passive House Multifamily Buildings





# Three Arts Club: EnerPHit Compliance Paths



## What is EnerPHit?




- EnerPHit = retrofit standard from Passive House Institute (PHI)

## Two Options for Compliance

- Performance Path – similar to new construction PHI standard
- Component Path – more tailored towards more challenging retrofits, particularly those that can only insulate from the interior.



# Three Arts Club: EnerPHit Component Compliance Path




EnerPHit (retrofit): Component characteristics						
	Current Model		Threshold			
Building envelope to exterior air <sup>1</sup> (R-value) hr.ft <sup>2</sup> .°F/BTU	38.0	≥	18.9			yes
Building envelope to ground <sup>1</sup> (R-value) hr.ft <sup>2</sup> .°F/BTU	1.9	≥	1.1	▼		yes
Wall w/int. insulation in contact w/exterior air (R-value) hr.ft <sup>2</sup> .°F/BTU	11.9	≥	11.4			yes
Wall w/interior insulation in contact w/ground (R-value) hr.ft <sup>2</sup> .°F/BTU	6.6	≥	1.1	▼		yes
Flat roof (SRI) -	45.2	≥	-			-
Inclined and vertical external surface (SRI) -	45	≥	-			-
Windows/Entrance doors (U <sub>W/D,installed</sub> )  BTU/hr.ft <sup>2</sup> °F	0.18	≤	0.19	▼		yes
Windows (U <sub>W,installed</sub> )  BTU/hr.ft <sup>2</sup> °F	-	≤	0.19	▼		-
Windows (U <sub>W,installed</sub> )  BTU/hr.ft <sup>2</sup> °F	-	≤	0.21	▼		-
Glazing (SHGC) -	0.30	≥	0.18			yes
Glazing/sun protection (max. solar load) kBTU/(ft <sup>2</sup> yr)	40.0	≤	-			-
Ventilation (effective heat recovery efficiency) %	77	≥	75			yes
Ventilation (humidity recovery efficiency) %	59	≥	-			-

<sup>1</sup> Without windows, doors and external walls with interior insulation

<sup>2</sup> Empty field: Data missing; '-': No requirement



# Three Arts Club: EnerPHit Component Compliance Path

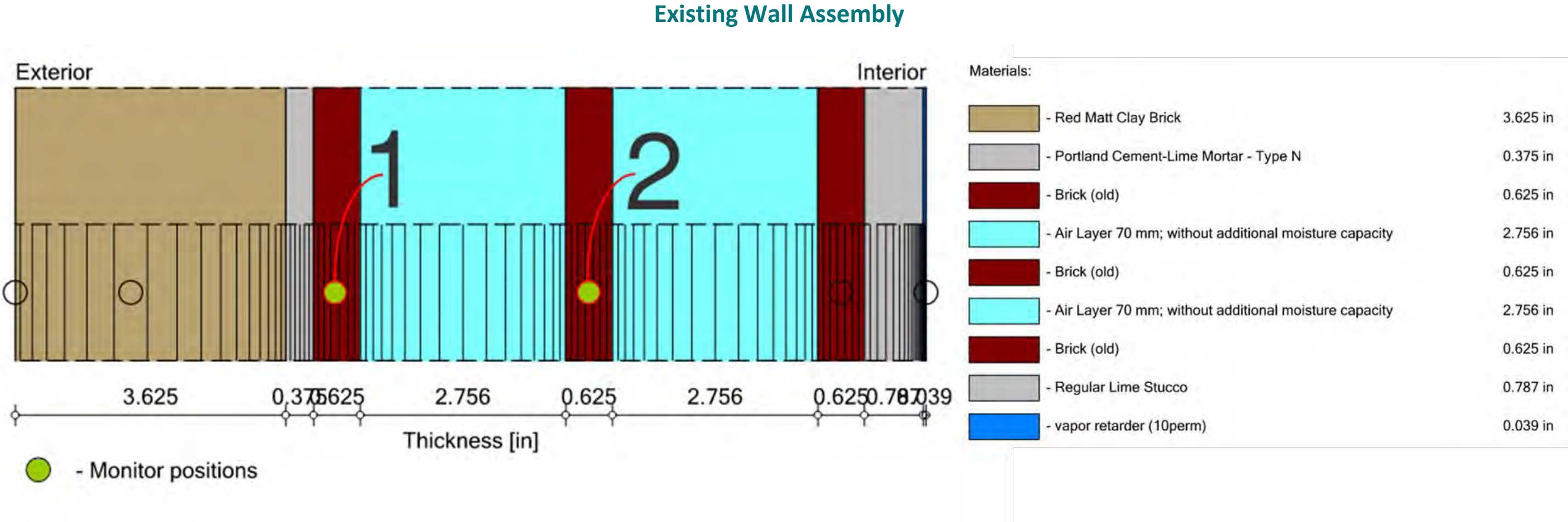
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Windows/Entrance doors (U <sub>W/D,installed</sub> )  BTU/hr.ft <sup>2</sup> °F	0.18	≤	0.19			yes
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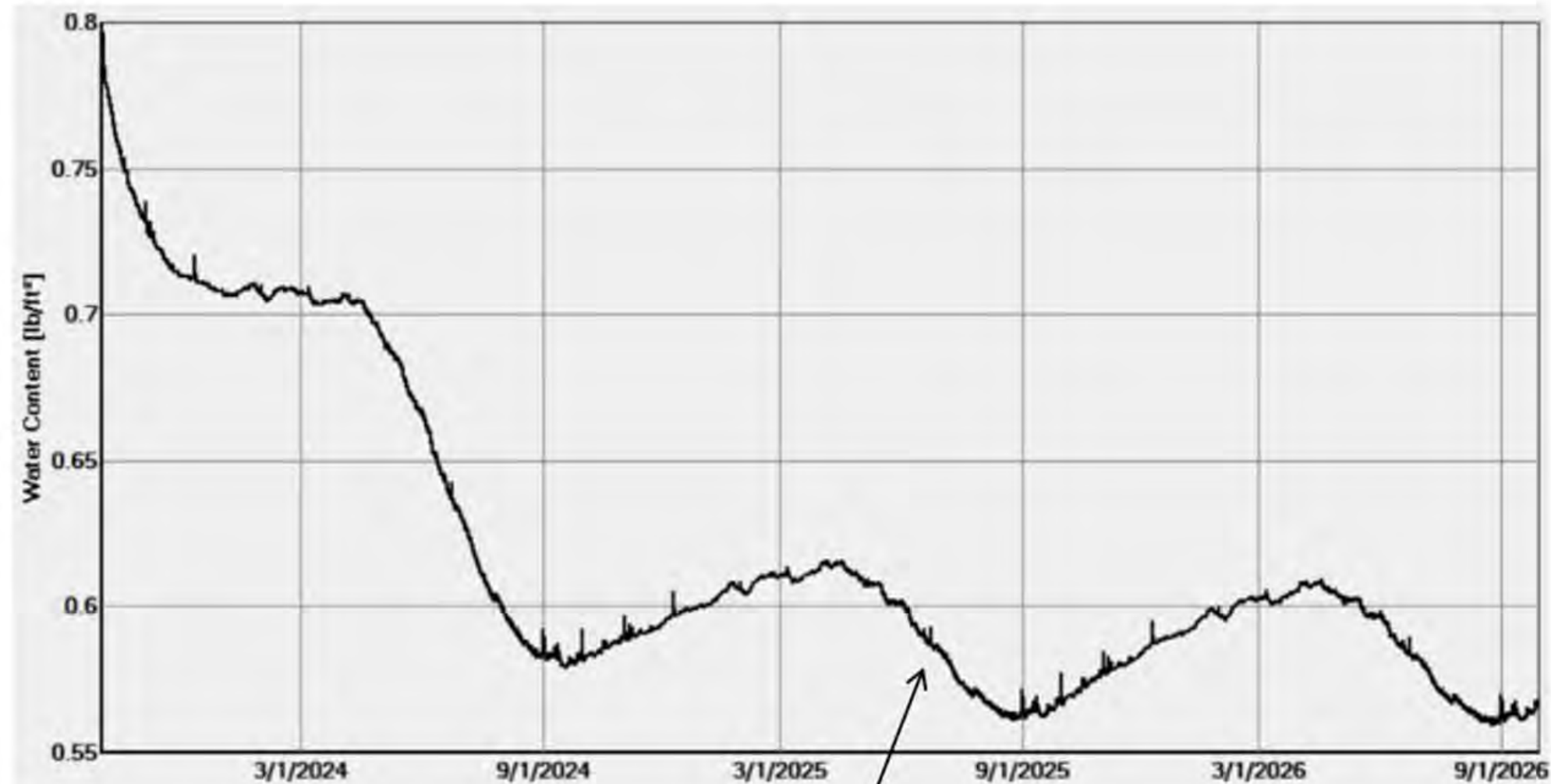
# Three Arts Club: Total Water Content (Long-term Drying)





# Three Arts Club: Total Water Content (Long-term Drying)

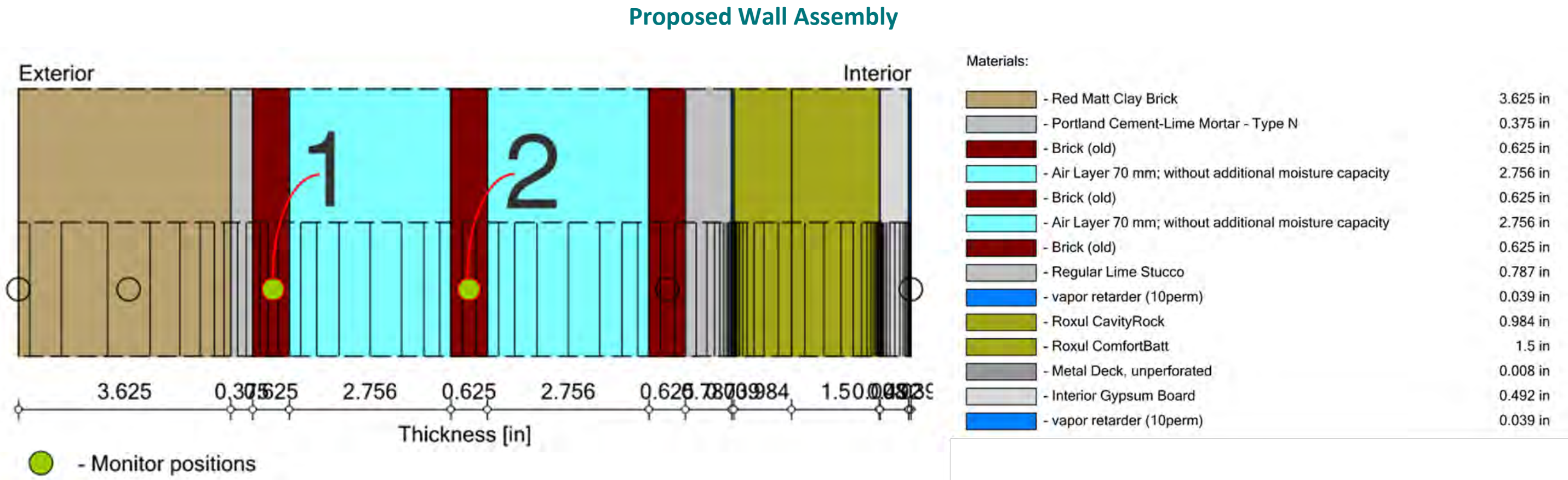
Existing Wall Assembly



*Existing wall assembly shows downward trend toward drying during the 3-year time period*



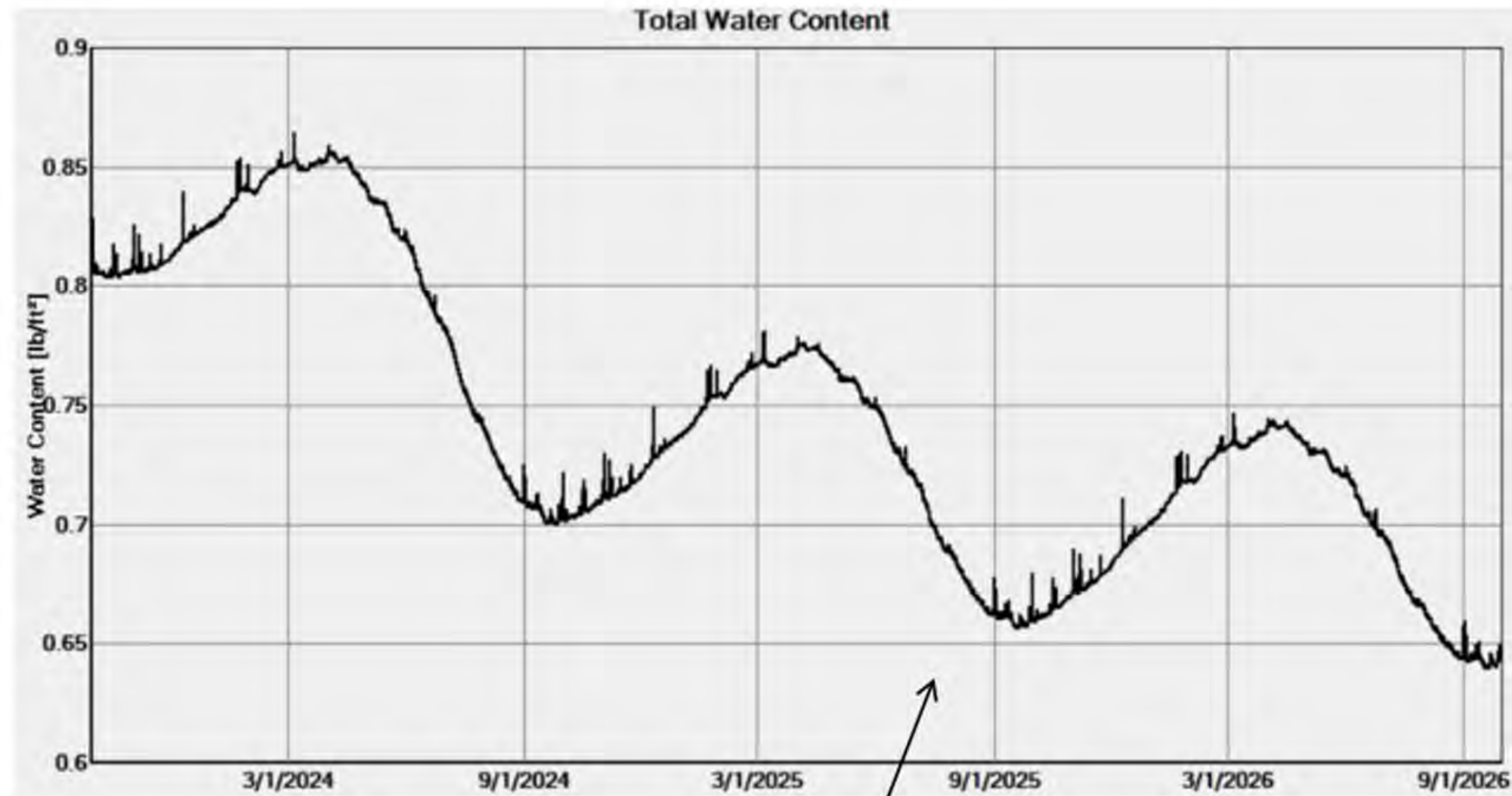
# Three Arts Club: Total Water Content (Long-term Drying)





# Three Arts Club: Total Water Content (Long-term Drying)

## Proposed Wall Assembly



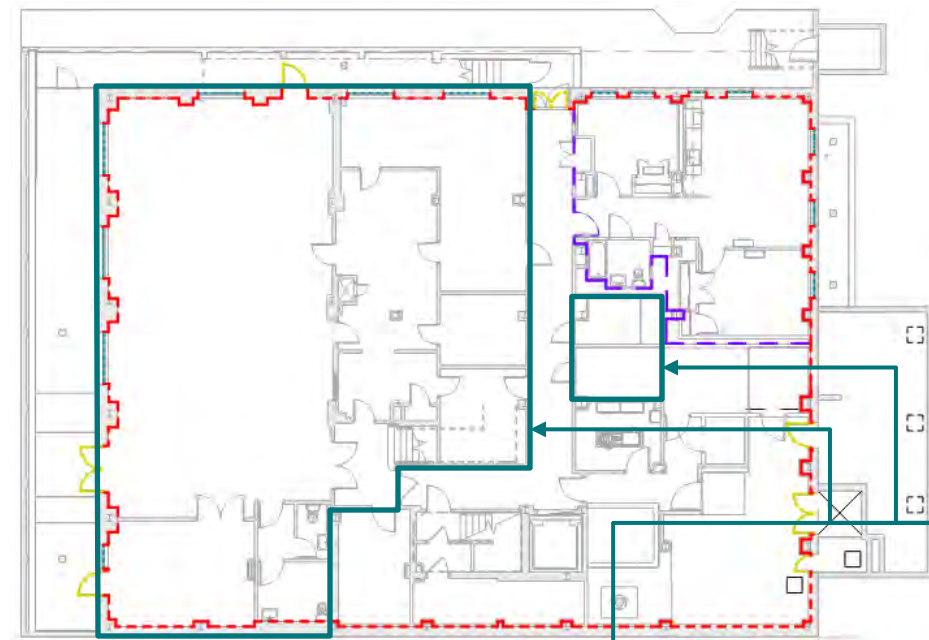
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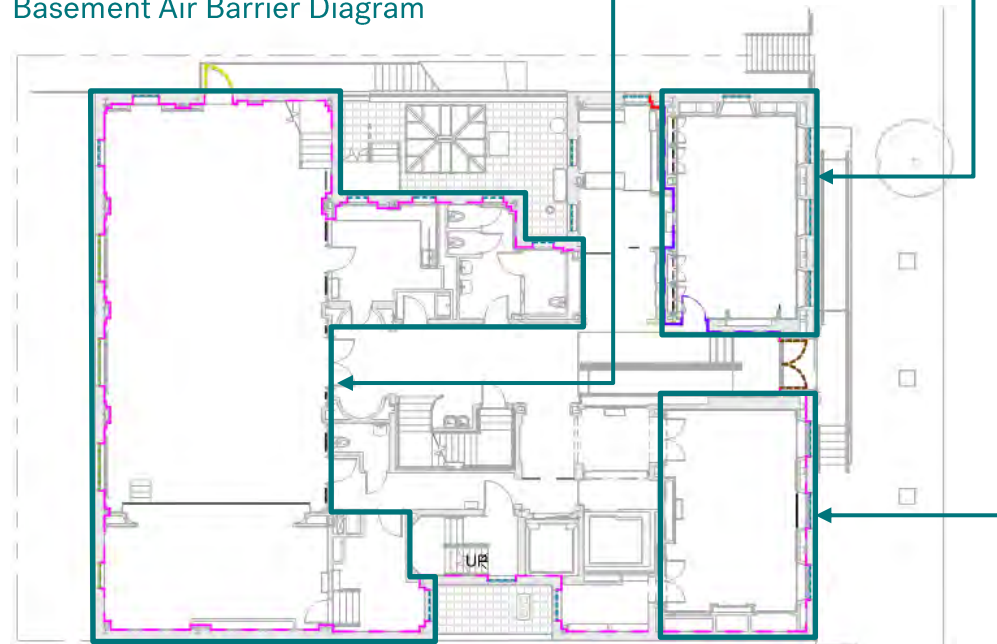
# Three Arts Club: Whole Building Airtightness

## EnerPHit Airtightness Requirement:

- Whole Building Air Changes per hour  $\leq 1.0$  @ 50 Pascals pressure differential.



Basement Air Barrier Diagram



First Floor Air Barrier Diagram



Typical Floor Air Barrier Diagram

Areas Outside the  
Passive House Envelope

### AIR BARRIER LEGEND:

- EXTERIOR WALLS AIR BARRIER
- STOREFRONT DOOR TO BE PROVIDED WITH WEATHER STRIPPING. USE HENRY SA BLUE SKIN ON VERTICAL OPENINGS AND HENRY PWF FOR HORIZONTAL OPENINGS (HEAD/SILL)
- HM DOOR W/ WEATHER STRIPPING.
- SOLID WOOD DOOR AND TRANSOM W/ WEATHER STRIPPING.
- WINDOW IN PUNCHED OPENING W/ AIR BARRIER AT HEAD, SILL AND JAMBS.
- EXISTING HISTORIC WINDOW SEALED SHUT IN PUNCHED OPENING.
- INTERIOR AIR BARRIERS—AIRTIGHT DRYWALL APPROACH DETAILS IN A-602
- INTERIOR DOOR W/ WEATHER STRIPPING
- EXISTING WALL W/ PAINT OR PLASTER FINISH



# Three Arts Club: Whole Building Airtightness



First Floor Music Room Windows



First Floor Library Paneling



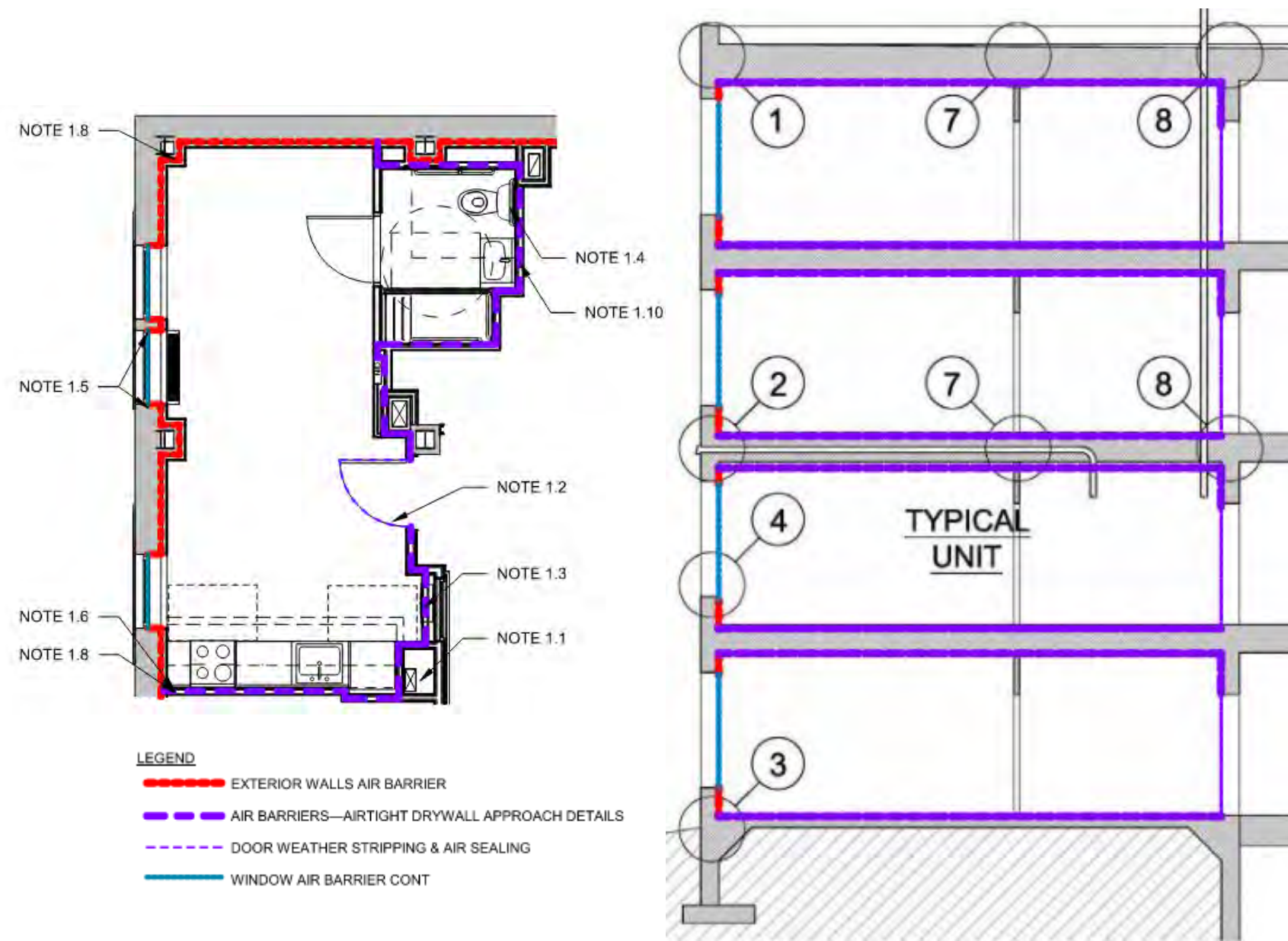
Penthouse Steel Casement Doors

## Challenges with Historic Buildings:

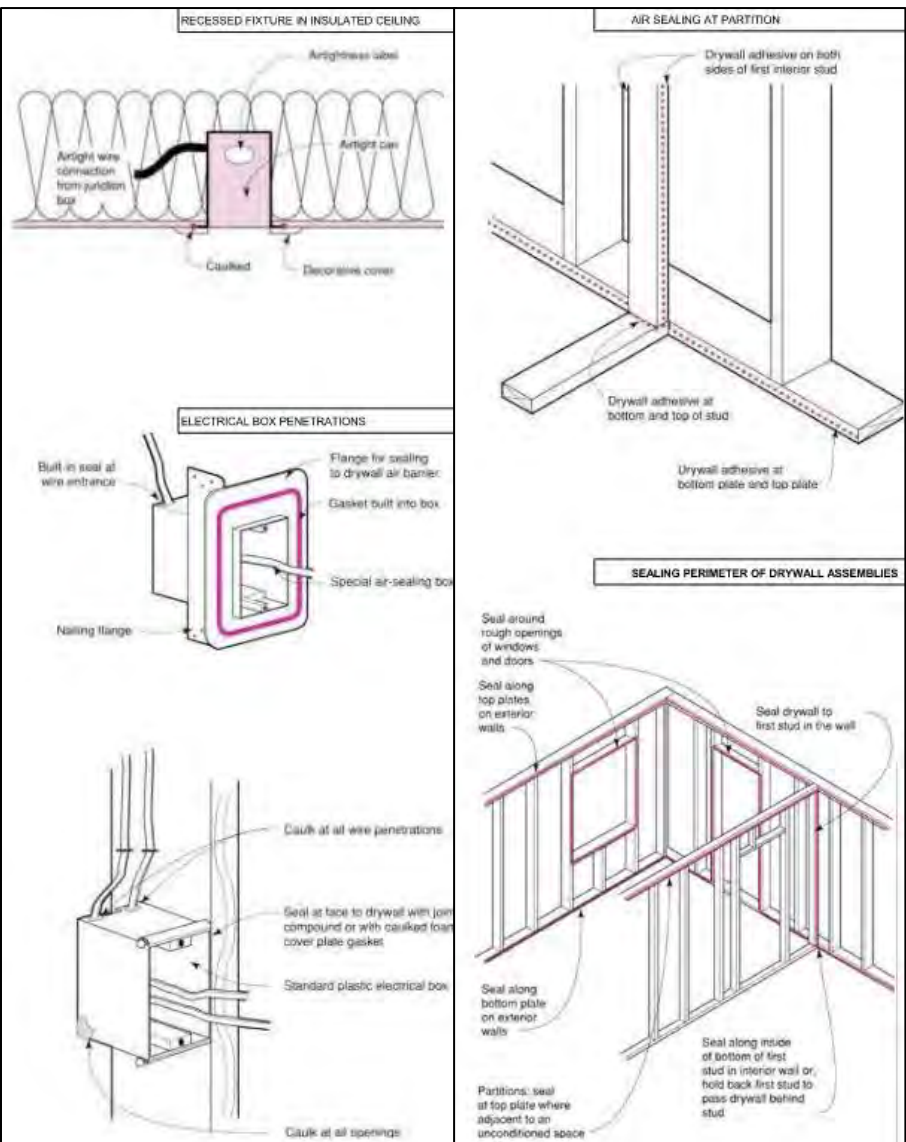
- Historic windows and doors are often very leaky.
- Existing wood paneling, or similar interior finishes, require alternate approaches.



# Three Arts Club: Whole Building Airtightness

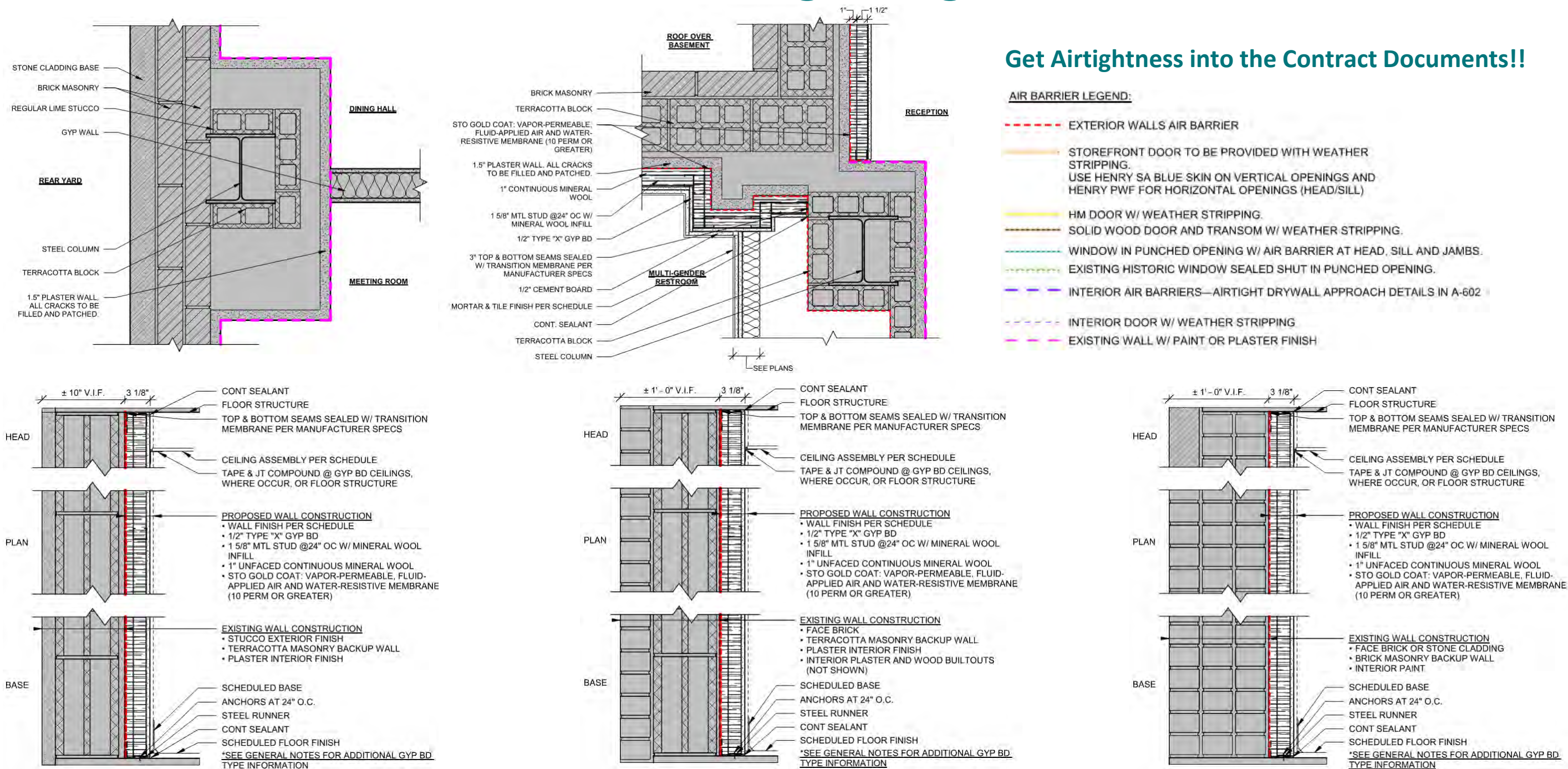


Get Airtightness into the Contract Documents!!



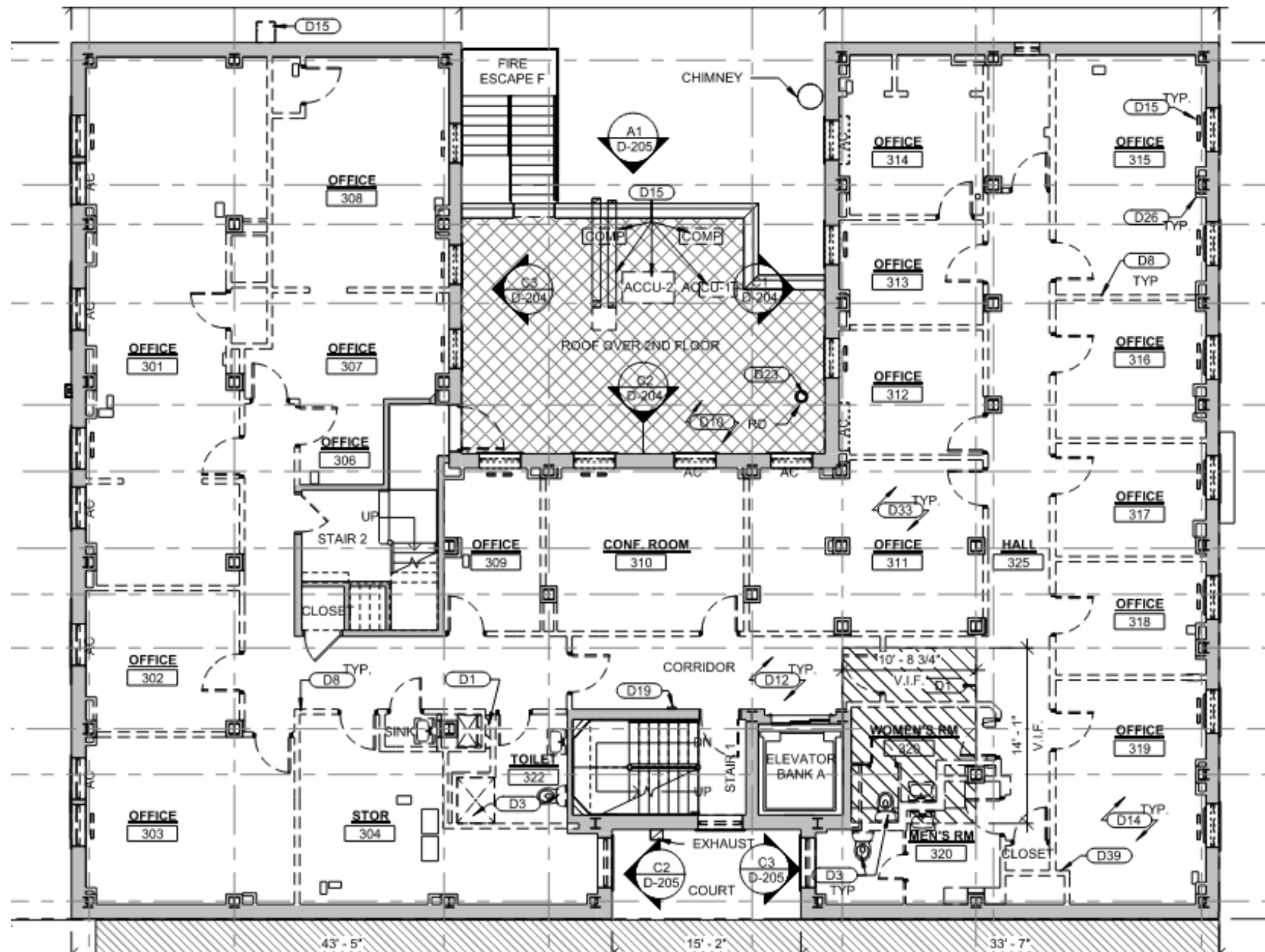


# Three Arts Club: Whole Building Airtightness





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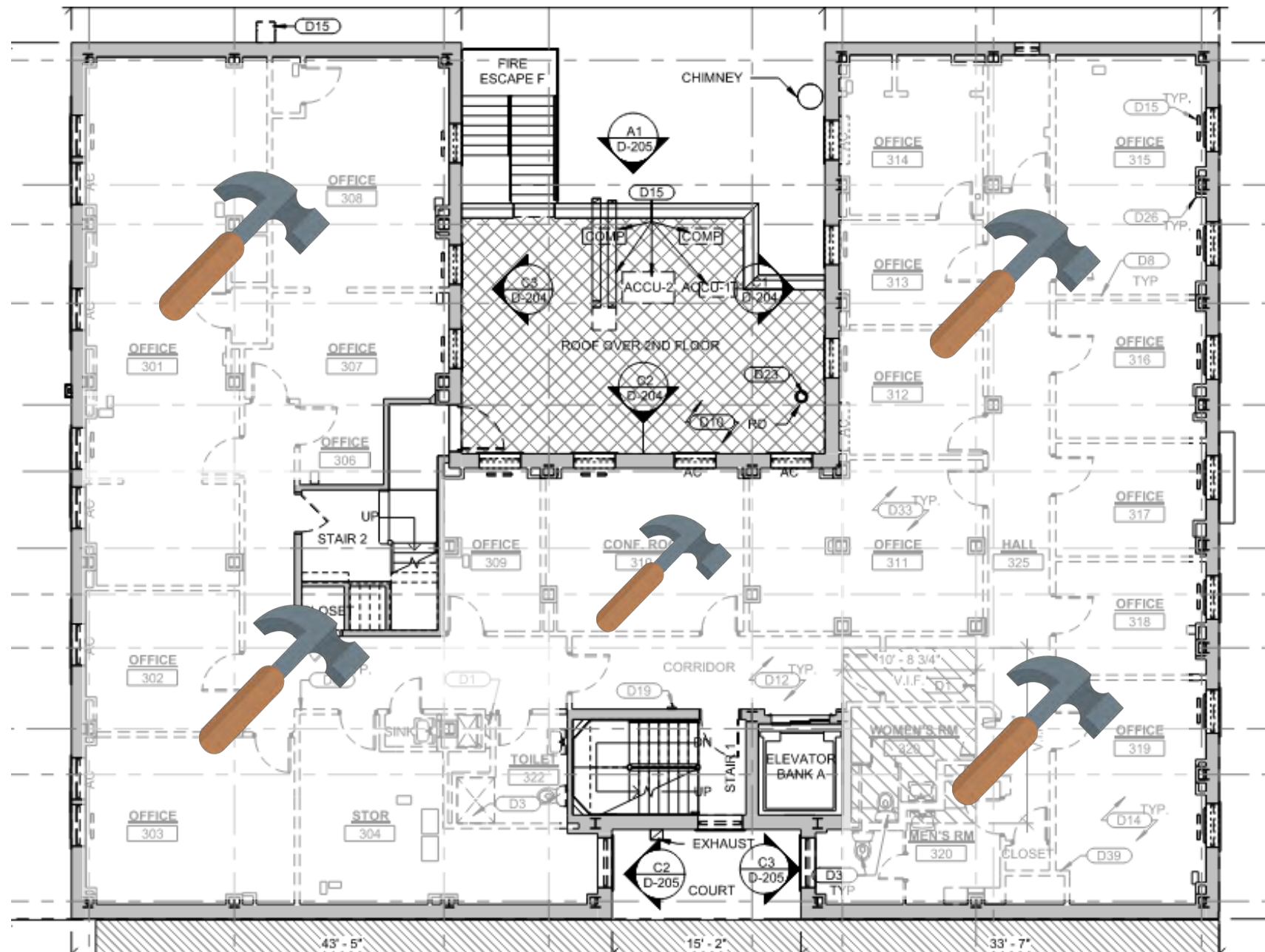


## A Key Sequencing & Scope Detail...

- Existing interior partitions that intersect with exterior wall.



# Three Arts Club: Whole Building Airtightness

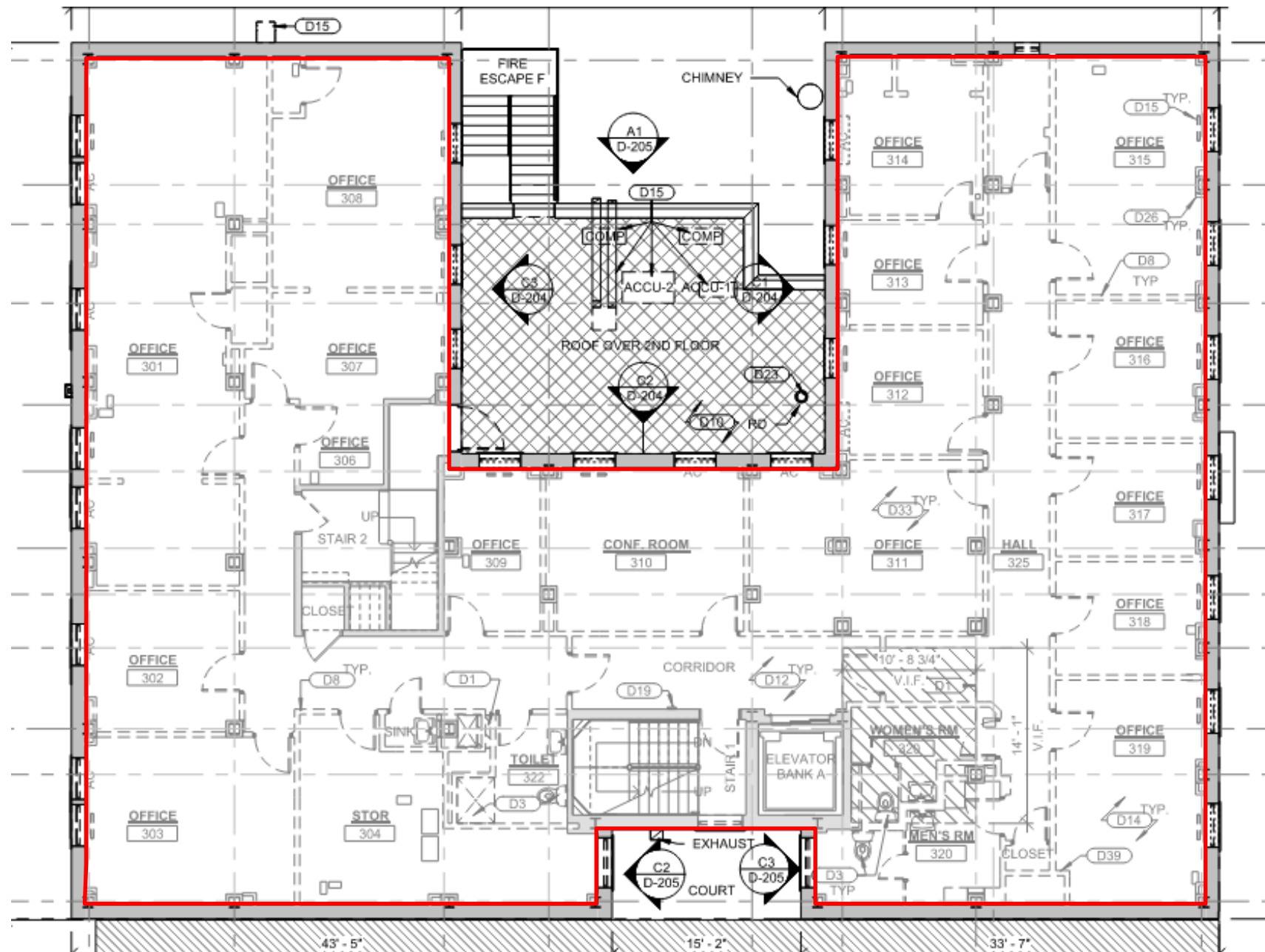


## A Key Sequencing & Scope Detail...

- Existing interior partitions that intersect with exterior wall.
  - Ideally these can be demo-ed.



# Three Arts Club: Whole Building Airtightness

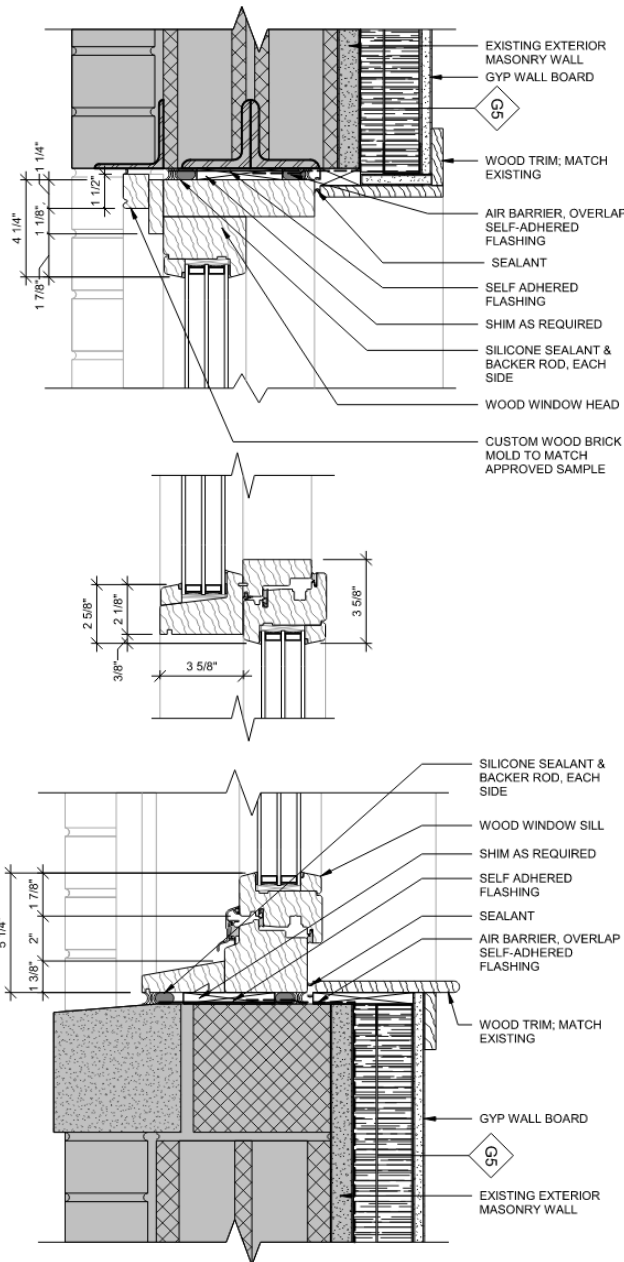
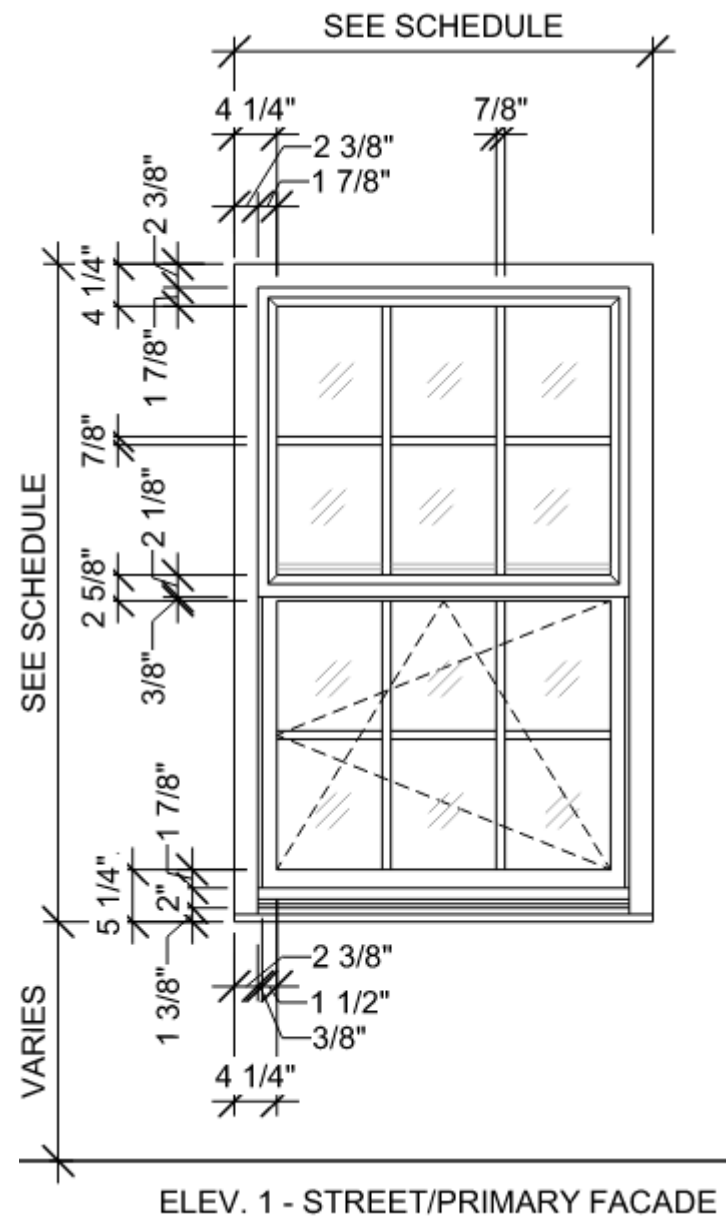


## A Key Sequencing & Scope Detail...

- Existing interior partitions that intersect with exterior wall.
  - Ideally these can be demo-ed.
  - Allowing for clean(er) installation of an interior air barrier.



# Three Arts Club: Primary Facade Windows



## High Performance & Airtight Triple Pane Wood

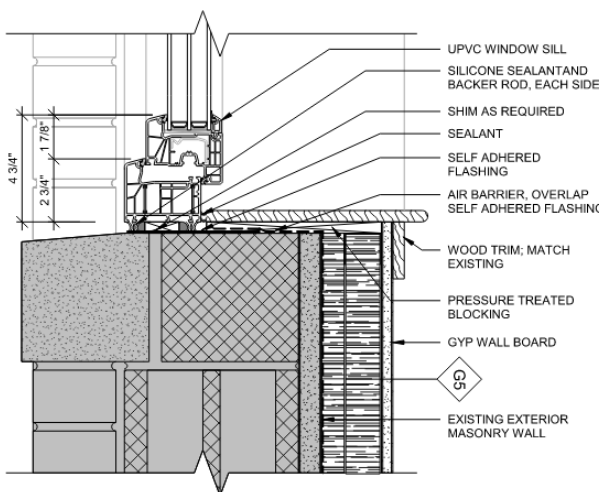
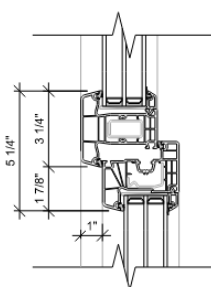
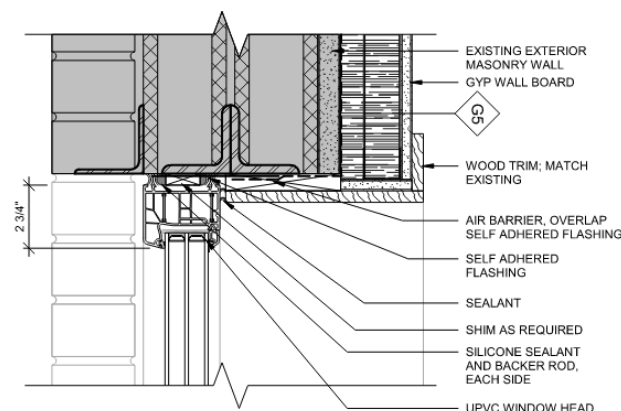
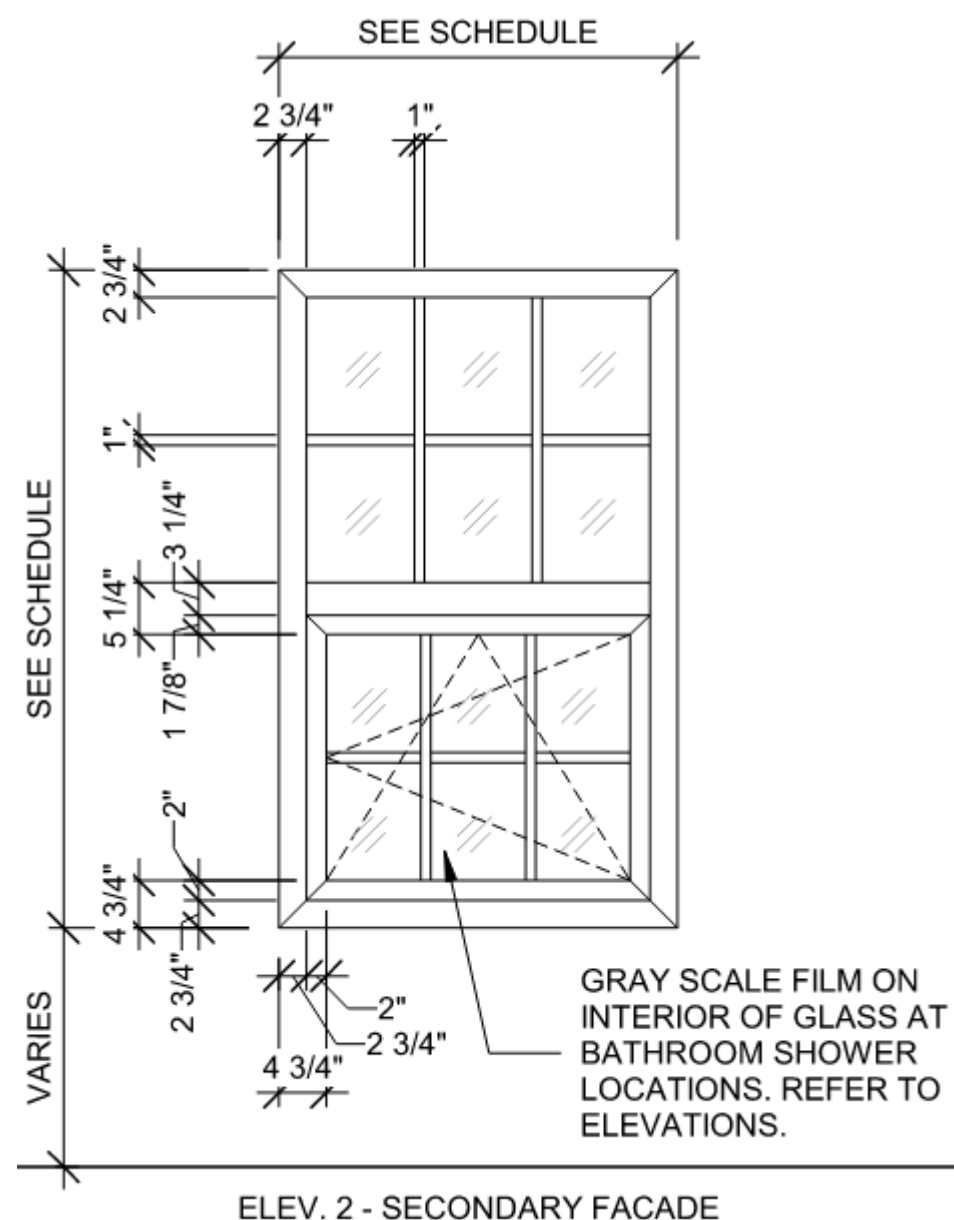
- U-Factor = 0.15
- SHGC = 0.385

## 2020 NYC ECC Requirements (Nonmetal)

- U-Factor = 0.28 max.
- SHGC = 0.36-0.58 max.



# Three Arts Club: Secondary Facade Windows



## High Performance & Airtight Triple Pane uPVC

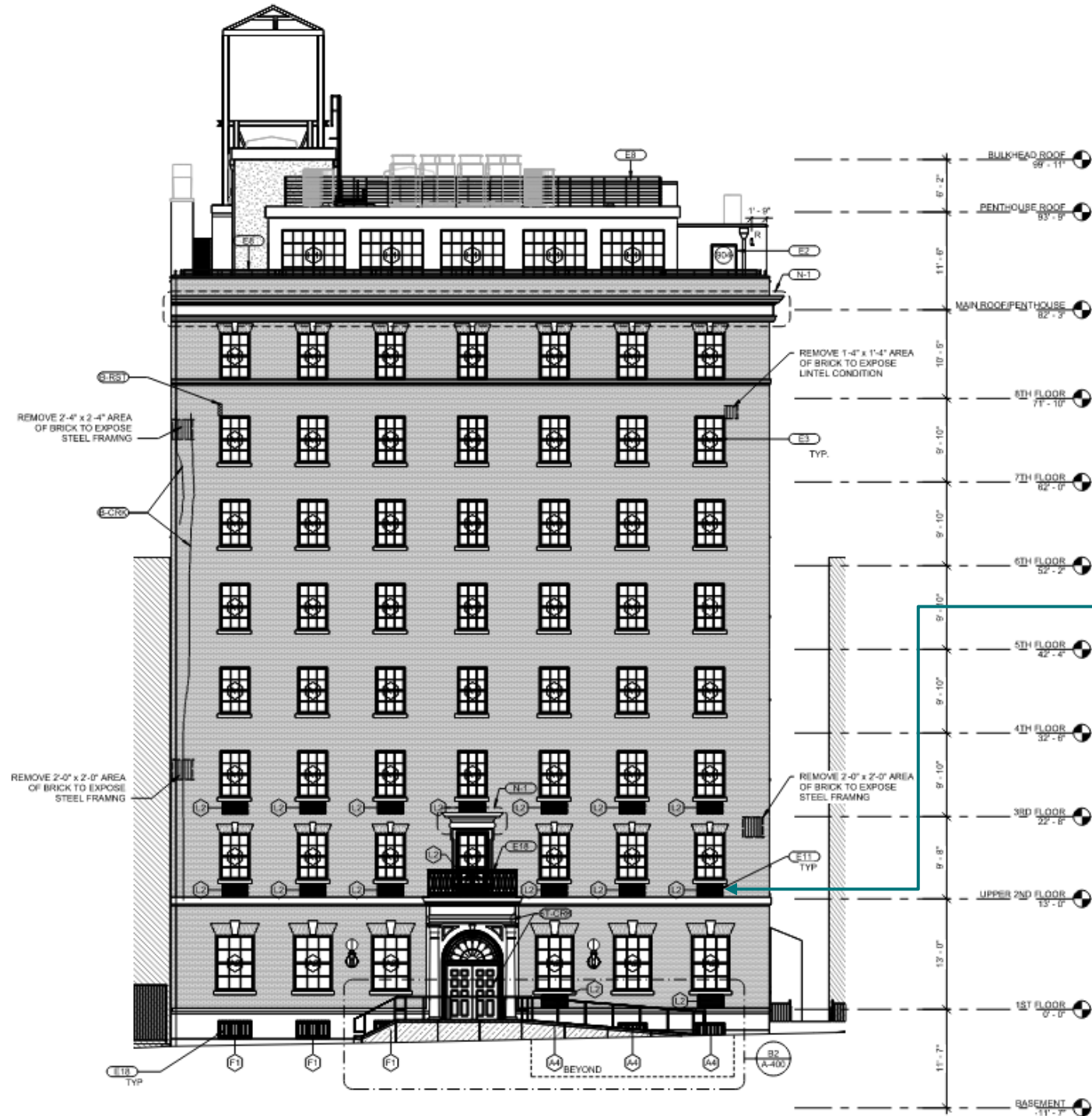
- U-Factor = 0.16
- SHGC = 0.375

## 2020 NYC ECC Requirements (Nonmetal)

- U-Factor = 0.28 max.
- SHGC = 0.36-0.58 max.



# Three Arts Club: Heating and Cooling Systems



## PTHPs and VRFs

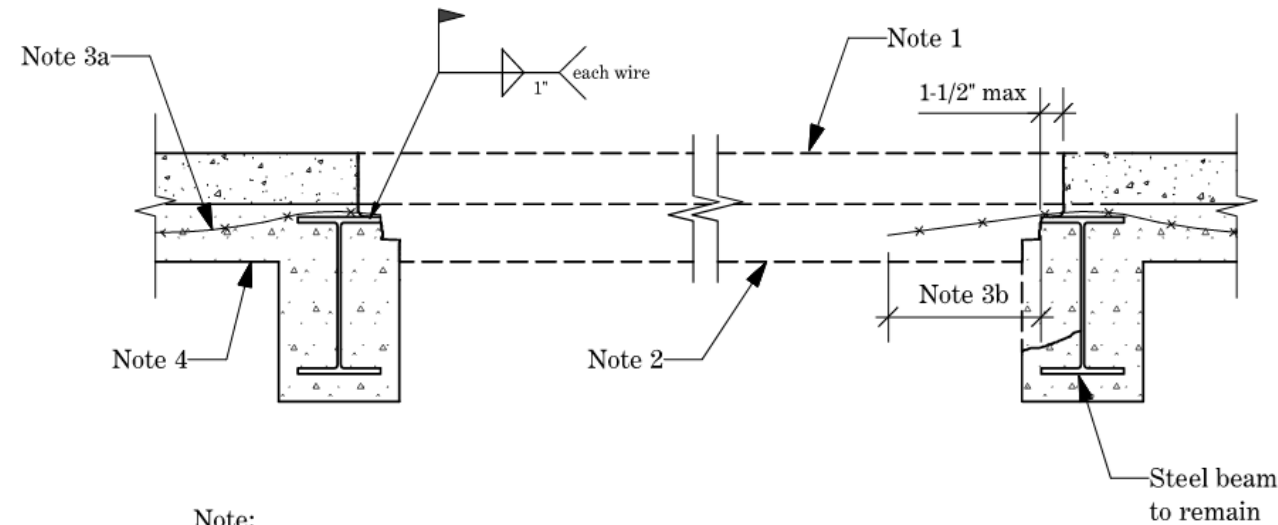
- Existing PTAC louvered openings at Primary Façade to be reused for cold-climate, airtight packaged terminal heat pumps (PTHPs). New louvered openings to be added at secondary facades for PTHPs.
- Variable refrigerant flow (VRFs) to be used at all other locations.

## Existing Louvered Openings



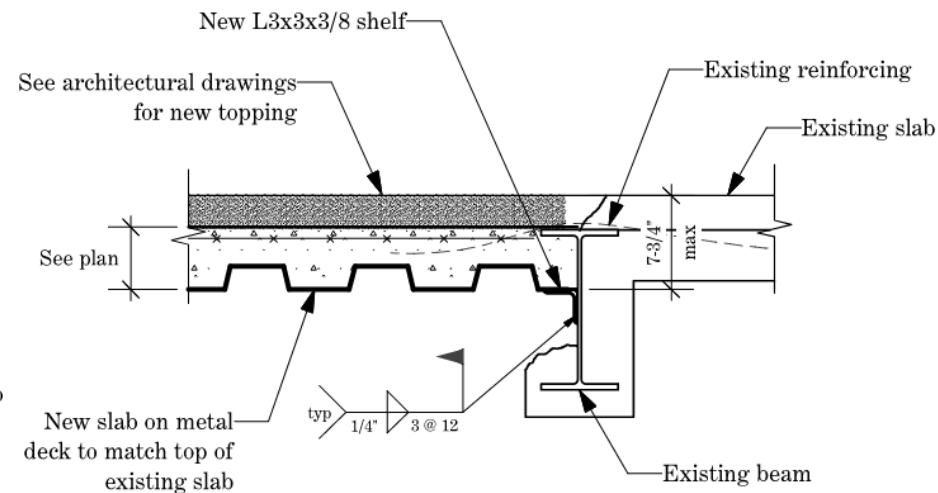
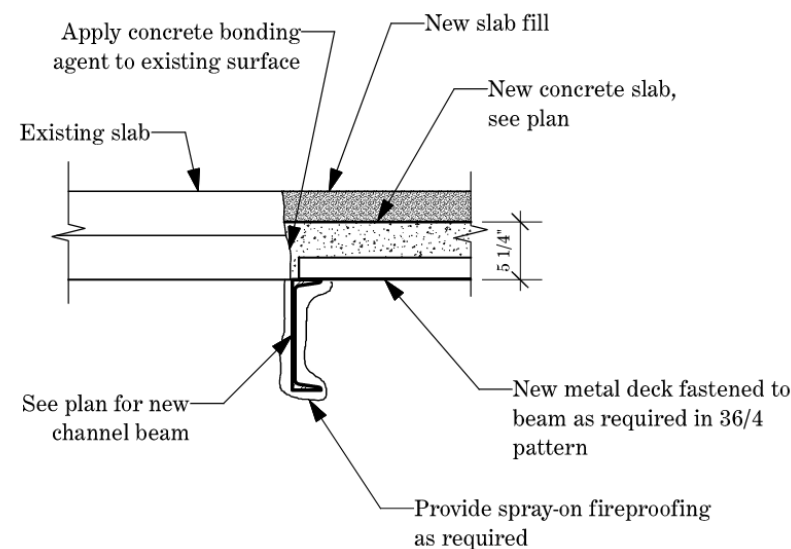


# Three Arts Club: Structural Implications



Note:

1. Existing topping slab to be removed.
2. Existing slab to be removed. Do not saw cut at edges. Retain wire mesh as shown.
3. Existing wire mesh reinforcing to remain.
  - a. At new opening cut at beam edge and weld as shown.
  - b. At areas to be infilled reinforcing to remain minimum 12" from beam edge.
4. Existing slab to remain. If damaged during demolition, contact engineer of record.



## Steel Frame with Draped Mesh Slab

- Unreinforced penetration limitations.
- Slab bay replacement options.



# Three Arts Club: Site Energy & Carbon Savings

## Operational Carbon

- Existing Conditions:
  - Site EUI between 100-120 kBtu/gsf.yr
  - Operational Carbon: ~380-500 tons CO2-e per year
    - \*using NYC Local Law 97 carbon coefficients for years 2024-2029
- Proposed Retrofit:
  - Site EUI between 40-45 kBtu/gsf.yr (**55-67% savings**)
  - Operational Carbon: ~150-200 tons CO2-e per year (**60-70% savings**)
    - \*using NYC Local Law 97 carbon coefficients for years 2024-2029



# Three Arts Club: Site Energy & Carbon Savings

## Embodied Carbon

- If we built new to a similar level of performance:
  - Embodied Carbon Emissions Intensity: 38.1 kg CO<sub>2</sub>-e/sf.yr
- By reusing the existing structure instead:
  - Embodied Carbon Emissions Intensity: 10.0 kg CO<sub>2</sub>-e/sf.yr (74% savings)

\*Analysis performed using Carbon Avoided: Retrofit Estimator (CARE TOOL)



# Questions?