Presenters



Steven Burke, WELL AP, LEED AP (BD+C, O+M)
Sustainability Manager
Symmes Maini & McKee Associates (SMMA)
Cambridge, MA

sburke@smma.com (617) 520-9423



Blake Jackson, AIA, LEED/WELL Faculty
Sustainable Design Director
Tsoi/Kobus & Associates (TK&A)
Cambridge, MA

bjackson@tka-architects.com (617) 475-4260



Lisa J. Goodwin Robbins, RA, CCS, LEED AP
Specifications Writer
Kalin Associates, Inc.
Newton, MA

lisa@kalinassociates.com (617) 964-5477

Key Learning Objectives

- Participants will learn key drivers promoting "transparent" materials procurement practices, including an overview of "disclosure documents" to help consumers make informed specifications.
- Participants will learn new tools which have emerged to promote "transparency", including Materials
 Matter, AIA 2030 Products, and the Living Product Challenge.
- Participants will learn about the concept of "hand-printing" as a means for promoting regenerative design practices.
- Participants will gain insight into the similarities and differences between WELL, LEEDv4, and the Living Building Challenge in terms of what each requires for material "transparency".

A Spectrum of Positive Outcomes





Materials-focused





Traits of Both Parents



LEED-NC

- "Prerequisites" (7-13)
- "Credits" (~52)
- "Sections" (7)
- Min. Compliance "Certified"
- 50 points + 100% Prerequisites
- Certification 1-time

36 LEED credits overlap WELL



WELL (NC)

- "Preconditions" (26-41)
- "Features" (~100)
- "Concepts" (7)
- Min. Compliance "Certified"
- 0 points + 100% Preconditions
- Certification every 3 years

Designed to work with both systems



Living Building Challenge

- "Imperatives" (20)
- "Credits" (N/A)
- "Petals" (7)
- Min. Compliance "Petal Cert."
- 3 of 7 Petals (Water + Energy + "X")
- Certification 1-time
- 8 LBC imperatives overlap WELL



Priorities

1994



Location & Transportation
Sustainable Sites
Water Efficiency
Energy & Atmosphere
Materials & Resources
Indoor Environmental Quality
Innovation in Design
Regional Priorities

2006



Place Water

Energy

Health & Happiness

Material

Equity

Beauty

2015 WELL



Air Water

Nourishment***

Light

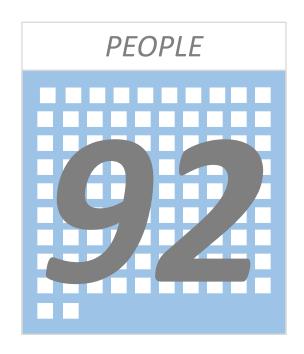
Fitness***

Comfort

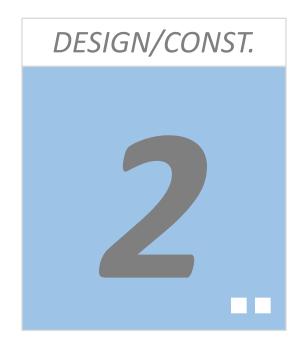
Mind



Lifecycle Cost of Buildings (30+ Years)



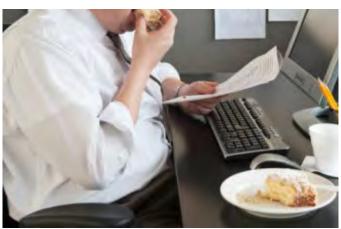




Other Drivers

Indoor VS outdoor cleanliness





Sedentary-ness

Stress





Indoor/Outdoor Disconnect



Ties Strategies to Health Outcomes

Wellness and the Body Systems

The components of the WELL Building Standard represent a comprehensive set of strategies organized by specific impacts on health and wellness. Many features of the WELL Building Standard are ascribed to one or more of the following body systems:

CARDIOVASCULAR SYSTEM

DIGESTIVE SYSTEM

ENDOCRINE SYSTEM

IMMUNE SYSTEM

INTEGUMENTARY SYSTEM

MUSCULAR SYSTEM

NERVOUS SYSTEM

REPRODUCTIVE SYSTEM

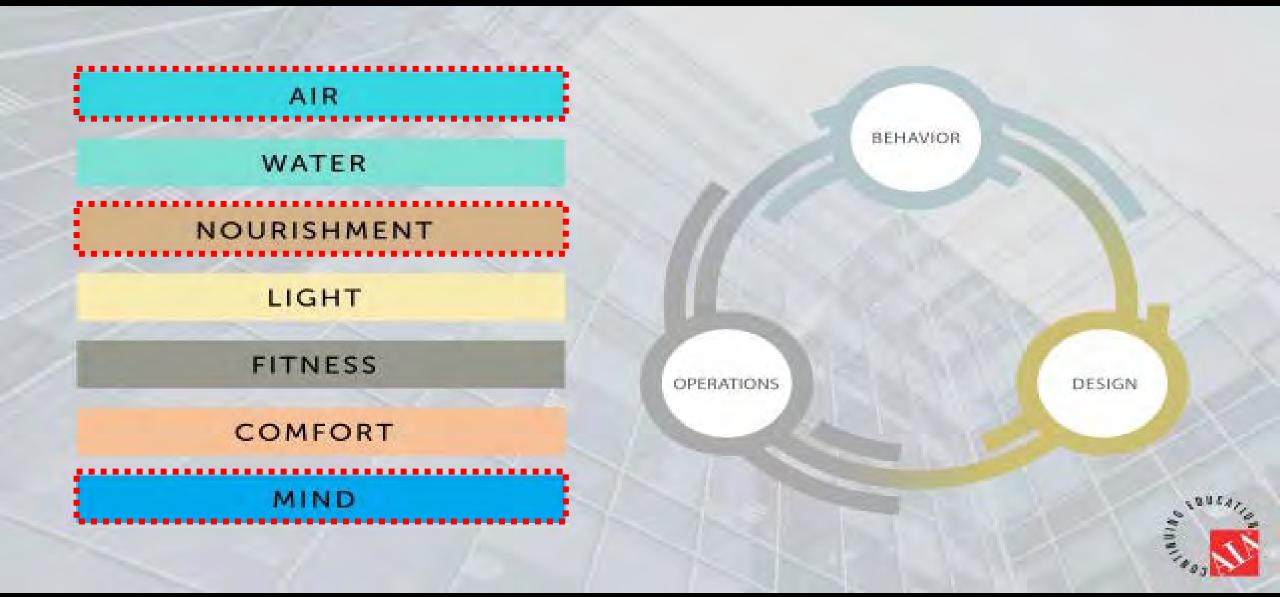
RESPIRATORY SYSTEM

SKELETAL SYSTEM

URINARY SYSTEM



Materials Scope Within WELL





AIR Feature 04 – VOC Reduction

Interior Paints & Coatings (100%)

- (100%, installed) CA Air Resources Board (CARB) 2007, Suggested Control Measures
 SCAQMD Rule 1113 (June 2, 2011)
- (90%, volume) CA Dept. of Public Health (CDPH) Standard Method v1.1-2010
- Applicable national VOC control regulations, or VOC testing (see ASTM/ISO referenced standards)

Interior Adhesives & Sealants

- (100%, installed) SCAQMD Rule 1168, July 1, 2005
- (90%, volume) CDPH Standard Method v1.1-2010
- Applicable national VOC control regulations, or VOC testing (see ASTM/ISO referenced standards)

Flooring

- Meet CDPH Standard Method v1.1-2010
- FloorScore still recognized by WELL & LEEDv4







AIR Feature 04 – VOC Reduction

Insulation

 CDPH Standard Method v1.1-2010 (impacts thermal and acoustic insulation in ceilings and walls)

Furniture & Furnishings

(95%, cost) ANSI/BIFMA e3-2011 Furniture Sustainability Standard sections 7.6.1 and 7.6.2, tested in accordance with ANSI/BIFMA Standard Method M7.1-2011







3,660 Products

level

Search for...

environment.

level® has been created to deliver the most open and transparent means of evaluating and

communicating the environmental and social impacts of furniture products in the built

Category

- Accessories (139)
- Architectural Products (15)
- Casegoods (355)
- Seating (2,438)
- Systems (161)
- □ Tables (552)

Sustainability Criteria

- Bio-based Renewable Materials
- Extended Product Responsibility
- Life Cycle Assessment
- Low Emitting
- Recycled Content
- Sourcing of Raw Materials

level

- level 1 (1,473)
- level 2 (1,526)
- level 3 (661)

Brand

Allseating (120)

Bernhardt Design (156)

Global Furniture Group (365)

High Point Furniture Industries (133) KI (167)

La-Z-Boy Furniture Contract (260)

Nightingale Corporation (148)

Steelcase Inc. (160)

show more







Tables



Casegoods

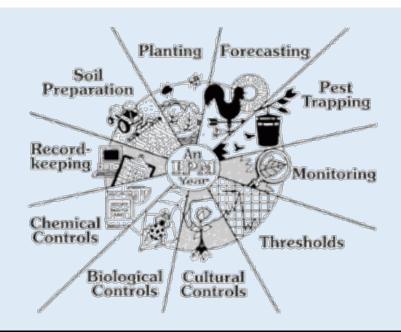






AIR Feature 10 – Pesticide Management

- Generate a plan compliant with Chapter 3 of the SF Environment Code Integrated Pest Management (IPM) program
- Only pesticides with hazard tier ranking 3 (least hazardous) per the City of San Francisco Department of the Environment's (SFE) Reduced-Risk Pesticide List
- Appendix A to Article 37 "Boston Green Building Credits" includes IPM language





AIR Feature 11 – Fundamental Materials Safety

New Construction & Major Renovation

- No asbestos
- Lead limited to 100ppm (weight)

Lead Abatement

- On-site investigation by technician US EPA 40 CFR Part 745.65 for residential dwellings or child-occupied facilities
- If hazards found, adherence to US EPA 40 CFR Part 745.227 (see multi-family dwellings)
- Adherence to final rules (US EPA RIN: 2070-AJ56) supersedes 40 CFR





AIR Feature 11 – Fundamental Materials Safety

Asbestos Abatement

- Inspect every 3 years: Asbestos Hazard Emergency Response Act (AHERA)
- Develop, maintain, and share asbestos AHERA-based management plan, including corrective actions (40 CFR part 763)
- Performa post-abatement clearance (AHERA, 40 CFR part 763)

Polychlorinated Biphenyl (PCB) Abatement

■ If original pre-1950, conduct evaluation and abatement according to US EPA Steps to Safe PCB Abatement Activities and remove PCB-containing lighting ballasts per EPA guidelines

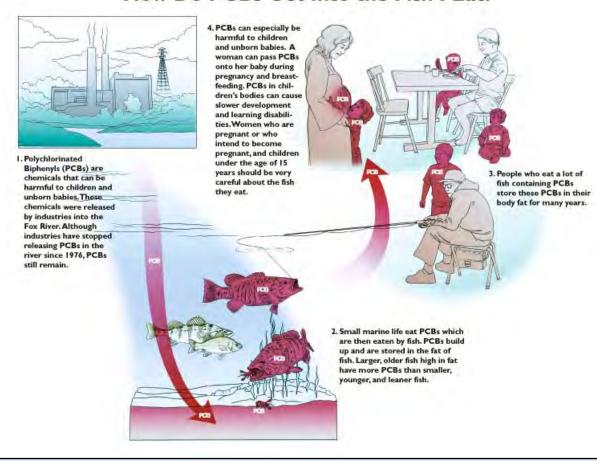
Mercury Limitation

- No new mercury containing thermometers, switches, and electrical relays
- Develop a plan to upgrade existing mercury-containing lamps to low-/zero-mercury lamps (Appendix C, Table A5)
- Allowable exit signage: Light-emitting diode (LED) and light-emitting capacitor (LEC) only
- No mercury vapor or probe start metal halide high intensity discharge (HID)



Polychlorinated Biphenyls (PCB's) Illustrated

How Do PCBs Get Into the Fish I Eat?



209 Chemicals with common structure & varying number of attached chlorine atoms.

PCB's are a level 1 PBT - Persistent Bio-accumulative Toxin



Relevancy





AIR Feature 17 – Direct Source Ventilation

All cleaning and chemical storage units, bathrooms, and all printers and copiers must be separated from adjacent spaces by self-closing doors and separate, non-recirculated exhaust.

Exceptions (Printers Only):

- Ecologo CCD 035
- Blue Angel RAL-UZ 171
- Green Star







AIR Feature 24 – Combustion Minimization

Appliances:

Combustion fireplaces, stoves, space-heaters, ranges and ovens are forbidden

***Sources:

All combustion equipment to meet SCAQMD rules for pollution: internal combustion engines, furnaces, boilers, steam generators, process heaters, and water heaters

***Exhaust:

Exterior idling limit: 30 seconds

***Equipment:

Non-road diesel engines comply with US EPA Tier 4 PM standards, meet model year 2007 standards (or local equivalent), and all loading/unloading must take place away from air intakes and operable windows.

***Appendix A to Article 37 "Boston Green Building Credits" has combustion minimization language









AIR Feature 25 – Toxic Material Reduction

<u>Perfluorinated Compounds (PFC's) – bioaccumulators/potent GHG:</u>

Limited to **100ppm** in components constituting at least 5% weight of furniture or furnishing (drapes/curtains) assembly (*bioaccumulators*)

Halogenated Flame Retardants - carcinogenic:

Limited to <u>100ppm</u> (or code): window, waterproofing membranes, door/window frames, siding, flooring, ceiling tiles, wall coverings, piping, electrical cable, conduit, junction boxes, insulation, furniture, furnishings, textiles, and fabrics

Phthalates (plasticizers) – endocrine disruption:

Limited to **100ppm** in flooring and carpet, wall coverings, blinds, shades, shower curtains, furniture and upholstery

<u>Isocyanate-based polyurethane – respiratory/carcinogenic:</u>

Forbidden in interior finishes

<u>Urea-formaldehyde – respiratory/carcinogenic:</u>

Limited to 100ppm: furniture, composite wood, laminating adhesives/resins, and thermal insulation



Flame Retardants & PFC's Galore

Source: www.transparency.perkinswill.com



- 1a) Waterproof Membrane
- 1b) Insulation
- 1c) Conduit
- 2 Furniture
- 3 Drapes
- 4 Carpet
- 5 Wall Coverings
- 6a Electronics
- 6b Window Frame

NFPA 285***



And Phthalates Too

- 1. DEHP
- 2. DBP
- 3. BBP
- 4. DINP
- 5. DIDP
- 6. DNOP (often in PVC)

*Guidelines on utensils & kitchenware









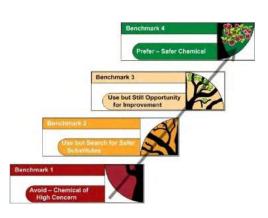
AIR Feature 26 – Enhanced Material Safety

Meet 1 of 4 Options:

- Complete all Imperatives in <u>Materials Petal</u> under LBCv3.0
- (25%, cost) products, furnishings, built-ins, and interior finishes: no GreenScreen Benchmark 1, List Translator 1 or List Translator Possible 1 substances over 1,000ppm (verified by a toxicologist/industrial hygienist)
- (25%, cost) products, furnishings, built-ins, and interior finishes: Cradle-to-Cradle certification with V2-Gold+, or V3-Bronze+
- (25%, cost) products, furnishings, built-ins, and interior finishes (above combo)







AIR Feature 29 – Cleaning Equipment

Equipment:

Mops, rags, dusters must utilize microbial denier < 1.0

Cleaning products must be certified under the following: EPA Design for the Environment, UL Ecologo, and/or GreenSeal

Mops must not be hand-wrung

Vacuums must contain HEPA filtration

Chemical storage areas must segregate, label, and warn of the mixing of ammonia and bleach







NOURISHMENT Feature 54 – Safe Food Preparation Materials

Cooking Material:

Food preparation tools (except cutting boards) are to be homogenous: ceramic (no lead), cast iron, stainless steel, glass, coated aluminum, solid (non-laminated) wood untreated or treated with food-grade mineral or linseed oil.

Cutting Surfaces:

Cutting boards should be made of the following and removed when excessively worn: marble, plastic, glass, pyroceramic, solid (non-laminated) wood untreated or treated with food-grade mineral or linseed oil.

Microwave Safe Kitchenware & Appliance Specifications

Circular Plates: 9.5" max.

Non-circular Plates: 170in.sq. max.

Bowls 10oz. max.

Cups 8 oz. max.

Miscellaneous (Other Preconditions & Optimizations)

Refrigerator 247cu.ft. max. with visual display & removable drawer

Minimum appliances Microwave, Storage, and Dishwasher (for LEEDv4, must be EnergyStar rated)

Food to be organic/humane-certified, limits on trans-fat/sugar, transparent practices (awareness)



COMFORT Feature 70 – Ergonomics: Visual & Physical



MIND Feature 97 – Materials Transparency

Material Information:

(50% cost) of all interior finishes, materials, furnishings (including workstations) and built-ins must utilize some combinations of the following: Declare, HPD, or any method in LEEDv4 MR credit Building Product Disclosure Optimization – Material Ingredients, Option 1.

Accessible Information:

All declarations must be compiled and made accessible (digital and/or physical) as part of a printed manual and available to occupants.







Least Stringent 20 products/5 manf.

Midway
25% value required/50%
optimization

Most Stringent
No Redlist Chemicals (100% value)



Key Takeaways

- Harmonization: LEEDv4 (all suites)/Living Building Challenge(v3.0)
- **Eco-logos**: narrowed selection from trusted, 3rd-party verified sources
- <u>Lifecycle</u>: Design/Construction + Operations (green cleaning)
- <u>Total Design</u>: "Building to silverware" (complexity)
- Scope Creep: how do we deliver/sell such comprehensive services?
- New Partners: who do we involve beyond AEC (toxicologist)?
- <u>Fees</u>: Increased scope and administrative costs (recertification)
- <u>Commitment</u>: obligatory recertification (every 3-years) through verification



It's a Process





Fitwel

BUILDING CODES



STRONG COMMITMENT











REGENERATIVE/ TRANSFORMATIVE

Fitwel Materials/Transparency Scope

- No preconditions or prerequisites 144pt system (90 = 1 star; 105 = 2 stars; 125 = 3 stars)
- IPM included (2.66pts) without reference standard
- Asbestos-free interiors (4.66pts)
- Active workstations promoted (1.67) without min. threshold
- Healthy food & beverage/vending scope (7.00pts), references HHS/GSA Guidelines
- Unique section: EMERGENCY PREPAREDNESS:
 - Equipment/supply database (1.67pts)
 - Install/test Automated External Defibrillator (2.66pts)
 - Scheduled first-responder during occupied hours (1.00pts)
 - Emergency address notification system (4.33pts)

