## HUDDLE TOGETHER FOR WARMTH

### MULTIPLE SOLUTIONS FOR MULTI-FAMILY PASSIVE HOUSE







AlA Provider: Northeast Sustainable Energy Association

Provider Number: G338

Huddle together for Warmth BE16

Jesse Thompson, AIA, LEED AP, CPHC Michelle Apigian, AIA, LEED AP, AICP Richard O'Dwyer, Senior Principal March 9, 2016

Credit(s) earned on completion of this course will be reported to AIA CES for AIA members. Certificates of Completion for both AIA members and non-AIA members are available upon request.

CES for continuing professional education. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the AIA of any material of construction or any method or manner of handling, using, distributing, or dealing in any material or product.

Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.

This course is registered with AIA

## Course Description

We will show two mid-rise multi-family projects in the northeast that meet either the Passive House or PHIUS+ building energy standard. The Distillery's 28-unit Phase 1 building in South Boston, MA and the Bayside Anchor 45-unit project in Portland, ME, both now under construction, will be used to discuss the design and construction principles that are employed to radically reduce energy consumption and construct beautiful, low energy, and healthy urban living spaces. Details, testing data and lessons learned will be shared with a special focus on large scale air barrier implementation, efficient ventilation systems, and cost savings and funding metrics.

## Learning Objectives

At the end of the this course, participants will be able to:

- Creating an airtight envelope and minimizing thermal bridging
- 2. Appropriate heating and cooling strategies
- 3. Maximizing the benefits of a heat recovery ventilation systems
- 4. How to build it cost effectively

## HUDDLE TOGETHER FOR WARMIH!

# HISTORY & DESIGN

### DISTILLERY PROJECT INFO

SOUTH BOSTON, MA

Phase 1- 28 UNITS: 1 BR & 2 BR

Phase 2- 37 UNITS expected

\$225 / SF

5/6 STORIES

MARKET RATE RENTAL

## BOSTON CLIMATE

HDD 5,838

DESIGN TEMP 11° F

JANUARY AV TEMP 29° F

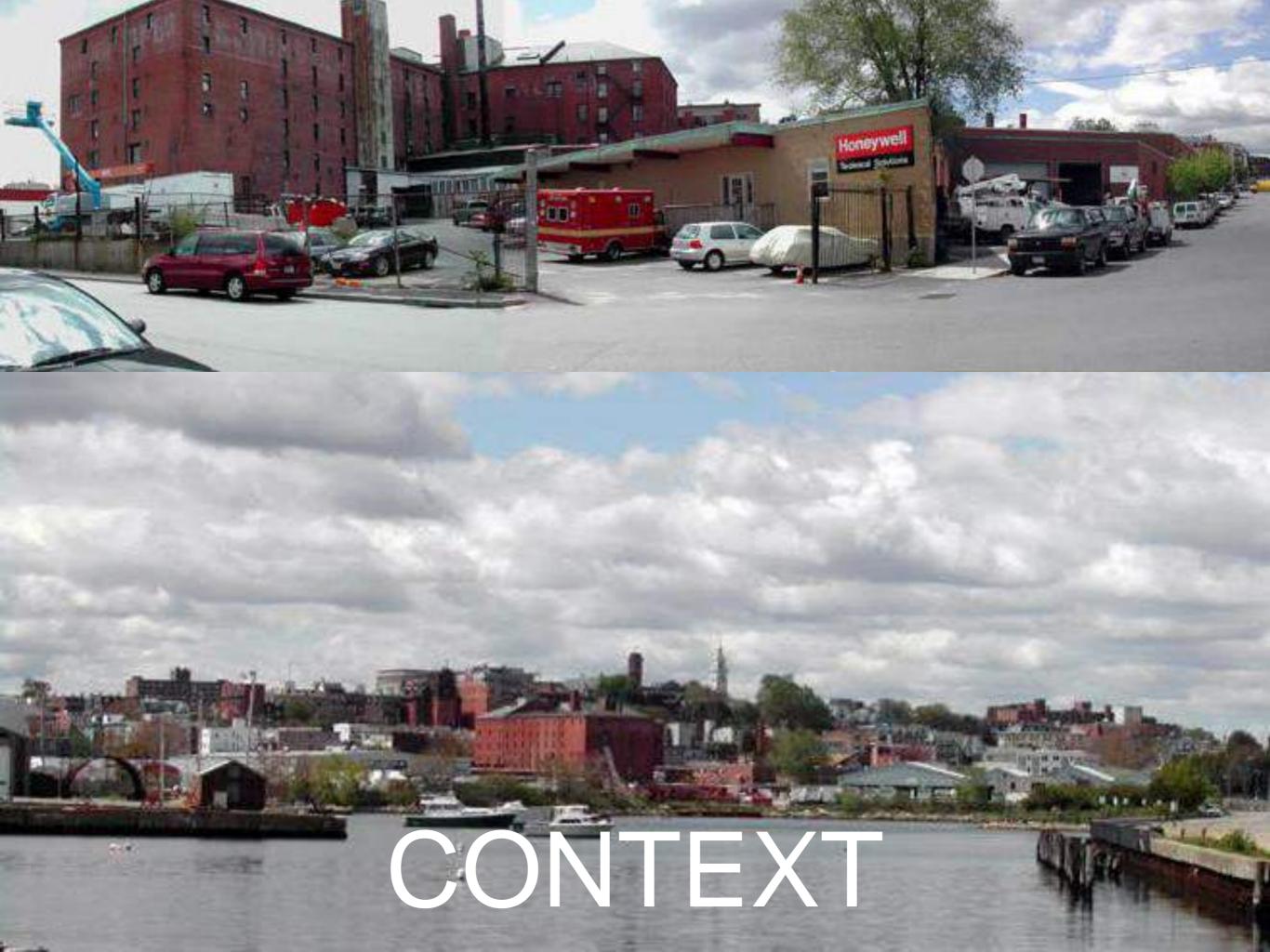
JANUARY SOUTH RAD 34 kBTU

JULY AV TEMP

73° F









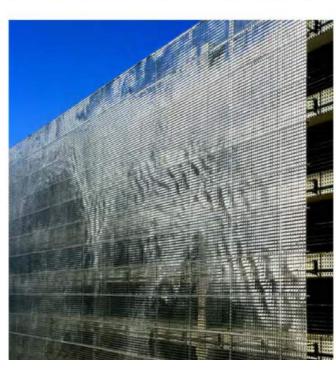










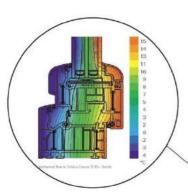




## DESIGN THEMES







### TRIPLE GLAZED WINDOWS

Offer superior energy efficiency, comfort, and noise reduction. Thermal performance is maximized through higher R-values, reduced thermal bridging and air tightness.



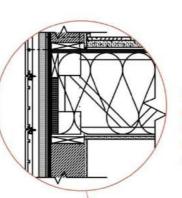
### **ENERGY STAR APPLIANCES**

Reduce long term operating costs and overall load through high efficiency refridgerators and dishwashers.



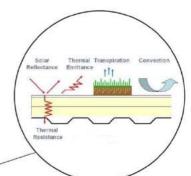
### HIGH EFFICINCIENCY LIGHTING

Combines LED + Energy Star fixtures with occupancy sensors to reduce lighting load.



### PASSIVE HOUSE ENVELOPE

Enhances comfort and reduces energy use by 80-90% integrating a high performance shell with air tightness and robust insulation to maintain a consistent temprature.



### **COOL ROOF**

Reduces the heat island effect. A high albedo coating provides reflectivity to reduce the heat island effect. Planted containers absorb heat and capture rainwater reducing storm water runoff.



### HIGH SUMMER SUN Blocked from entering LOW WINTER SUN

Enters to warm space

### SLIDING SUNSCREEN LOUVERS

Providing flexible sun control to limit heat gain during the summer while allowing passive solar gain in the winter.



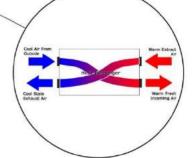
### WATER CONSERVING FIXTURES

Including low flow faucets, showerheads, and toilets to converse water, which in turn conserves energy by reducing the water delivery, treatment and heating demand.



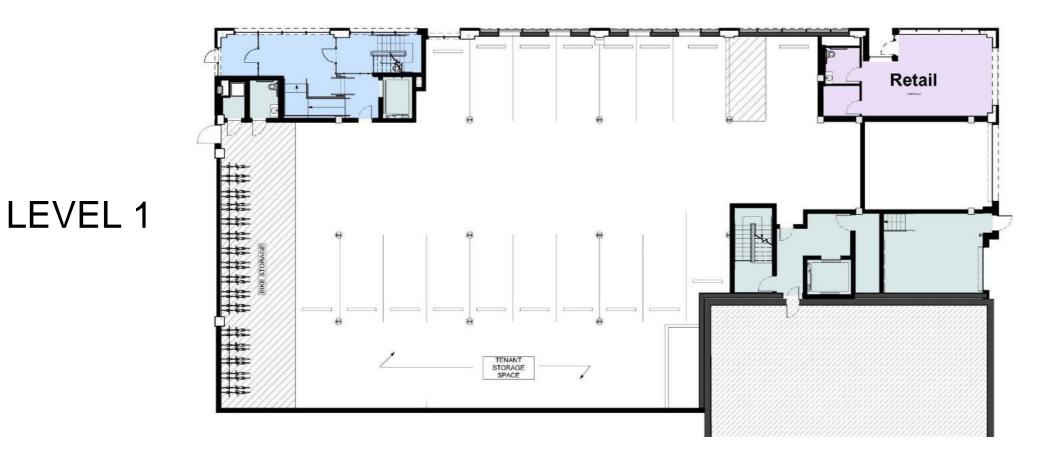
### CONDENSING DRYERS

Help maintain the air tight building envelope by providing energy efficiency without exhausting substantial quantities of indoor air.

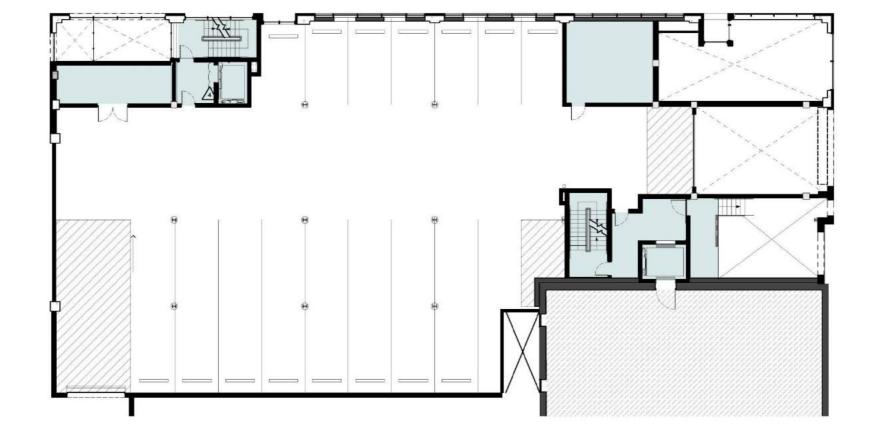


### **HEAT RECOVERY VENTILATION**

Provides a constant supply of fresh air, improving indoor air quality while enhancing comfort and minimizing waste. Latent heat in exhausted air is captured to temper incoming air.



LEVEL 2



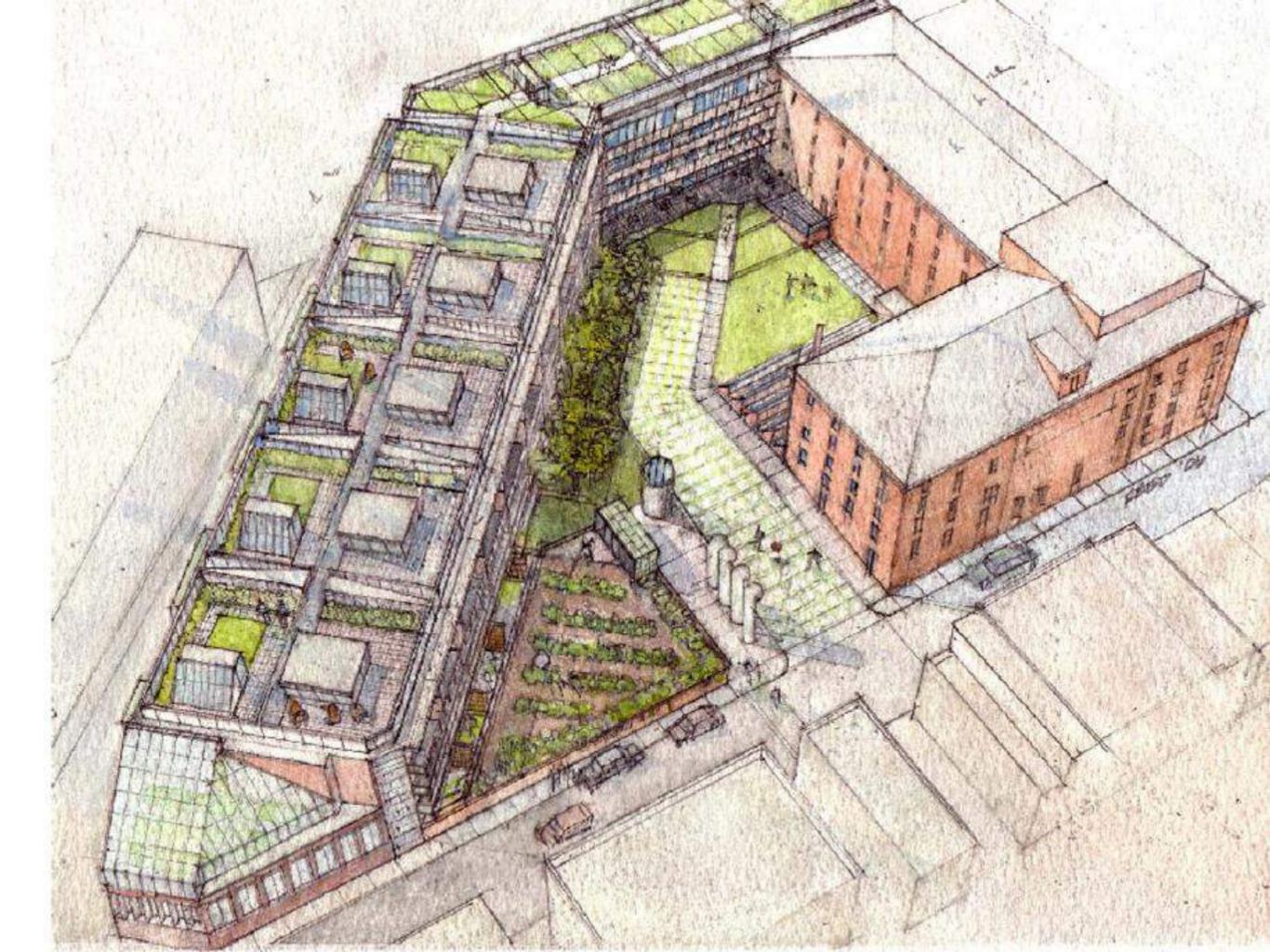


### LEVEL 4



LEVEL 5/6





## BAYSIDE PROJECT INFO

PORTLAND, ME

45 UNITS: STUDIO, 1 BR & 2 BR

\$145 / SF

4 STORIES

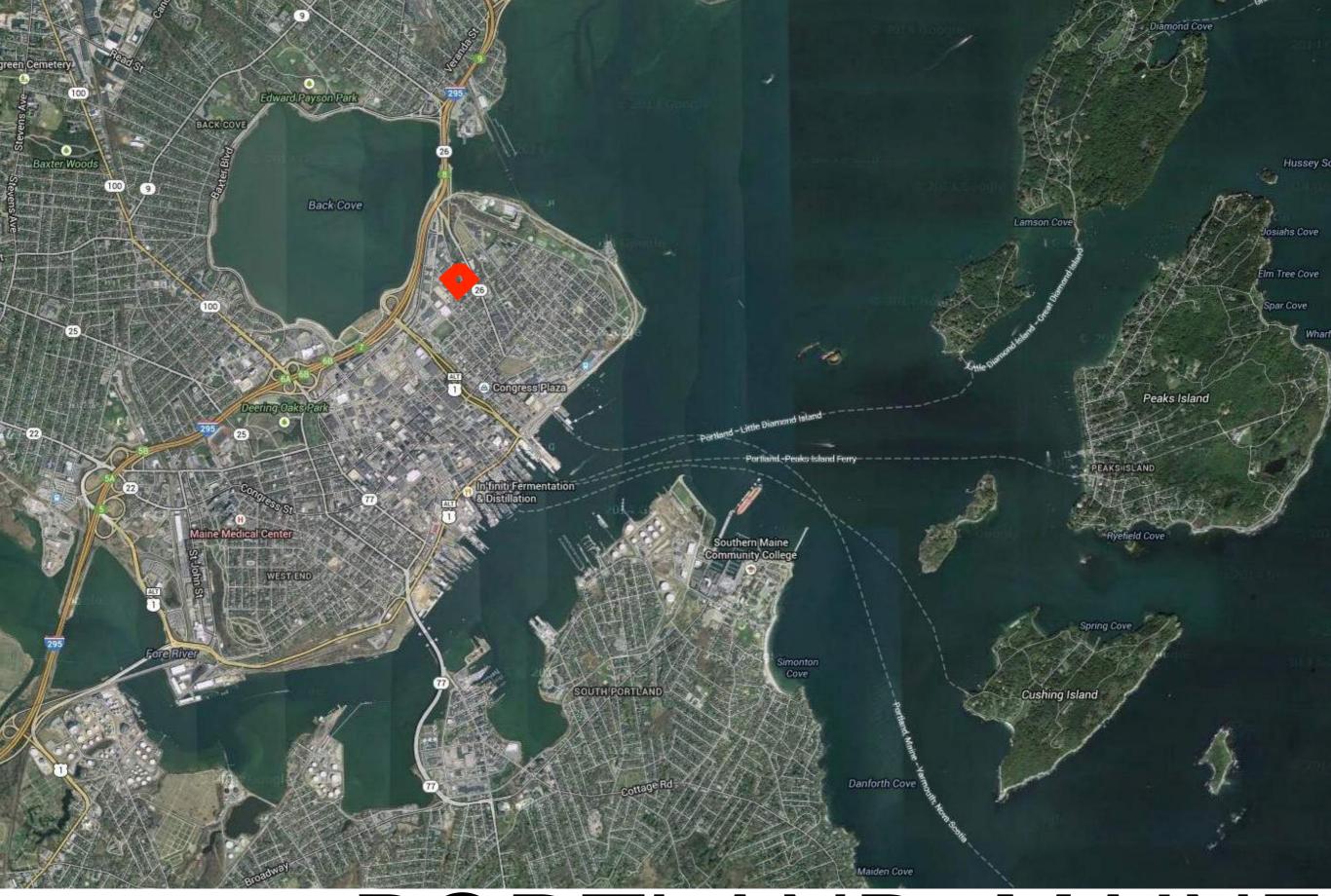
TAX CREDIT SUBSIDIZED RENTAL

## PORTLAND CLIMATE

HDD 7,300
DESIGN TEMP 4° F
JANUARY AV TEMP 20° F
JANUARY SOUTH RAD 35 kBTU

JULY AV TEMP

70° F



PORTLAND, MAINE



NEIGHBORHOOD VIEW







buying real viagra without prescription

HOME WINNING ENTRY: BAYSIDE ANCHOR

**RUNNER UP: ACCDC TEAM** 

ABOUT THE COMPETITION



Team: Portland Housing Development Corporation

Avesta Housing

Wright-Ryan Construction

**Kaplan Thompson Architects** 

**Maine Affordable Housing Coalition** 

Location: Portland, Maine. Total Built Area: 38,272 SQF.

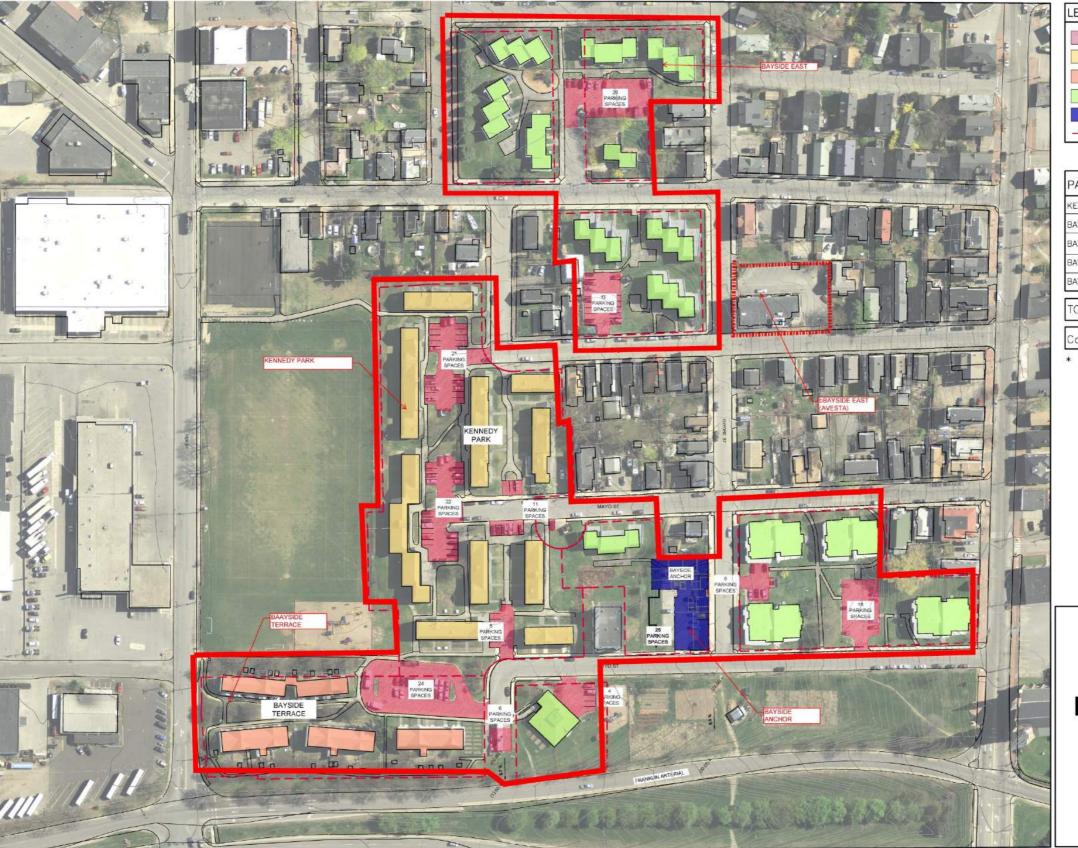


The Deutsche Bank Americas Foundation and Enterprise Community Partners, Inc. (Enterprise) have announced the winning proposals of the Lowering the Cost of Housing Competition, an effort to support and highlight new approaches to achieving high-quality, lower-cost affordable housing for diverse populations. The Bayside Anchor development program, of Portland, Maine, captured the top prize while the ACDDC team of Austin, Texas, was awarded a prize to further research its proposal.

Bayside Anchor has been awarded \$250,000 in program-related investment (PRI) for its prefab, 42-unit multifamily housing proposal. The judges were impressed by the design innovation and multitude of lowering cost approaches that will be deployed, as well as its potential replicability by other affordable housing developers. The Bayside Anchor has been designed to *Passivhaus* (ultra-low energy) standards and will include energy efficient measures such as solar photovoltaic panels on the roof and a courtyard for storm water management. These features, as well as ground floor community development space, will benefit low-income residents earning at or below 60 percent area median income (AMI).

Bayside Anchor sponsor, Portland Housing Development Corporation (PHDC), was also awarded a \$25,000 prize to support work that will create a lifecycle underwriting tool that will enable developers, policy makers and financiers to better understand the implications of choices made during the development process. The Bayside team is comprised of Avesta Housing, Wright-Ryan Construction, Kaplan Thompson Architects, Maine Affordable Housing Coalition and PHDC, an affiliate of the Portland Housing Authority.

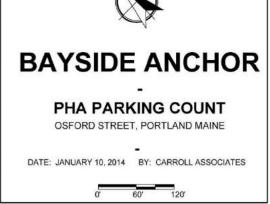






PARKING COUNT	EX. DU	PROP.	EXISTING PARKING	PROPOSED PARKING
KENNEDY PARK	45	45	60	60
BAYSIDE TERRACE	24	24	30	30
BAYSIDE EAST	86	86	67	67
BAYSIDE E. OVERFLOW	1	1	26	0
BAYSIDE ANCHOR	0	46	0	0
TOTAL	155	201	183	157
Cars / Units			1.18	0.78

\* Does not include on street parking



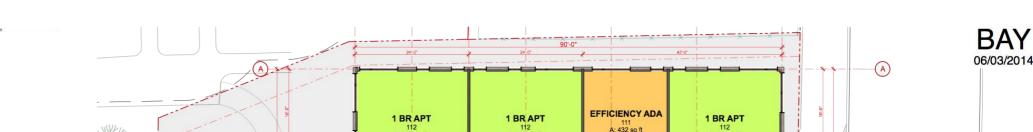
## CAMPUS PARKING PLAN



## SITE PLAN



NEIGHBORHOOD VIEW



UNIT MIX: GROUND FLOOR		
Zone Category	Quantity	
1 BR	4	
EFFICIENCY	2	
	6	

UNIT MIX: TOTA	<b>AL</b>
Zone Category	Quantity
1 BR	34
2 BR	6
EFFICIENCY	5
	45

Floor (Story) Zone Cate		gory Quantity	
1st FLOOR	1 BR	4	
1st FLOOR	EFFICIENCY	2	
2nd FLOOR	1 BR	10	
2nd FLOOR	2 BR	2	
2nd FLOOR	EFFICIENCY	1	
3rd FLOOR	1 BR	10	
3rd FLOOR	2 BR	2	
3rd FLOOR	EFFICIENCY	1	
4th FLOOR	1 BR	10	
4th FLOOR	2 BR	2	
4th FLOOR	EFFICIENCY	1	
		45	

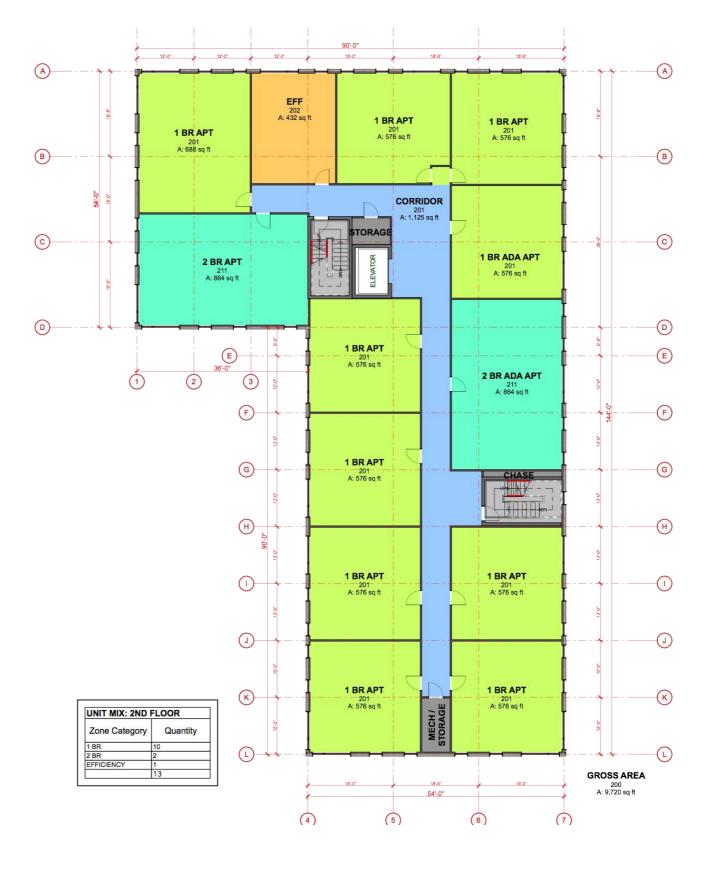
ID	Zone Name	Area	Zone Category
100	GROSS AREA	9,592	GROSS AREA
101	LOBBY	778	CIRCULATION
102	COMMUNITY ROOM	413	COMMUNITY SERVICE FACILITY
103	OFFICE	69	COMMUNITY SERVICE FACILITY
104	LAUNDRY	205	UTILITY
105	TRASH	245	UTILITY
107	MAINT.	49	UTILITY
107	MECH	96	UTILITY
108	BIKE STOR.	283	UTILITY
109	ADA	58	UTILITY
109	ADA	58	UTILITY
111	EFFICIENCY	432	EFFICIENCY
111	EFFICIENCY ADA	432	EFFICIENCY
112	1 BR APT	540	1 BR
112	1 BR APT	576	1 BR
112	1 BR APT	576	1 BR
112	1 BR APT	576	1 BR
121	HEAD START	1,244	COMMUNITY SERVICE FACILITY
122	PHA NEIGHBORHOOD SERVICE HUB	1,242	COMMUNITY SERVICE FACILITY
123	COMMUNITY POLICE	260	COMMUNITY SERVICE FACILITY



## GROUND FLOOR PLAN

1:42 PM: /Volumes/DESIGN/\_ACTIVE-CLIENTS/BAY-Bayside Anchor multifam/BAY-05 ARCHICAD/BAY-20140604-Exterior.pln





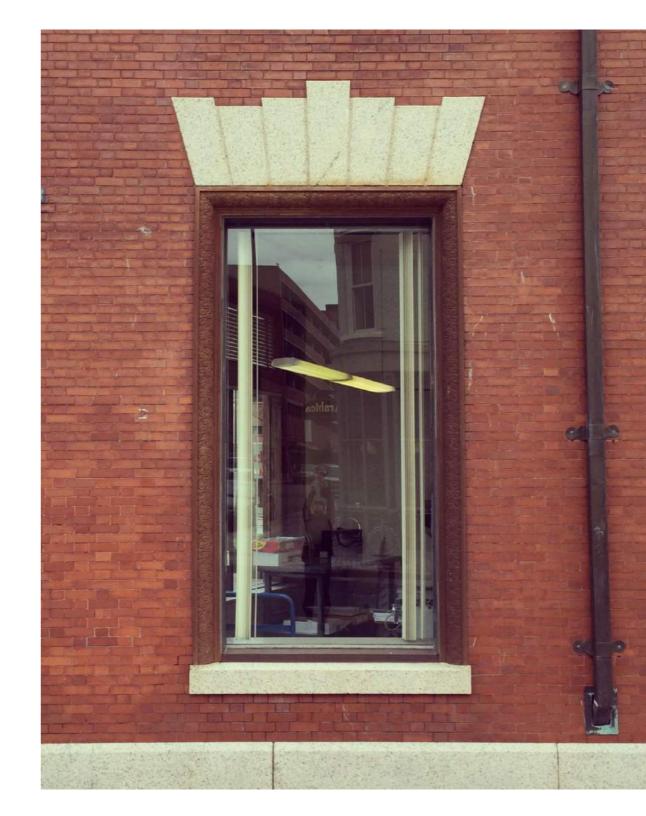


## TYPICAL UPPER PLAN

# 4 STORIES TYPE VA 1 HOUR UNIT TO UNIT 2 HOUR STAIRS





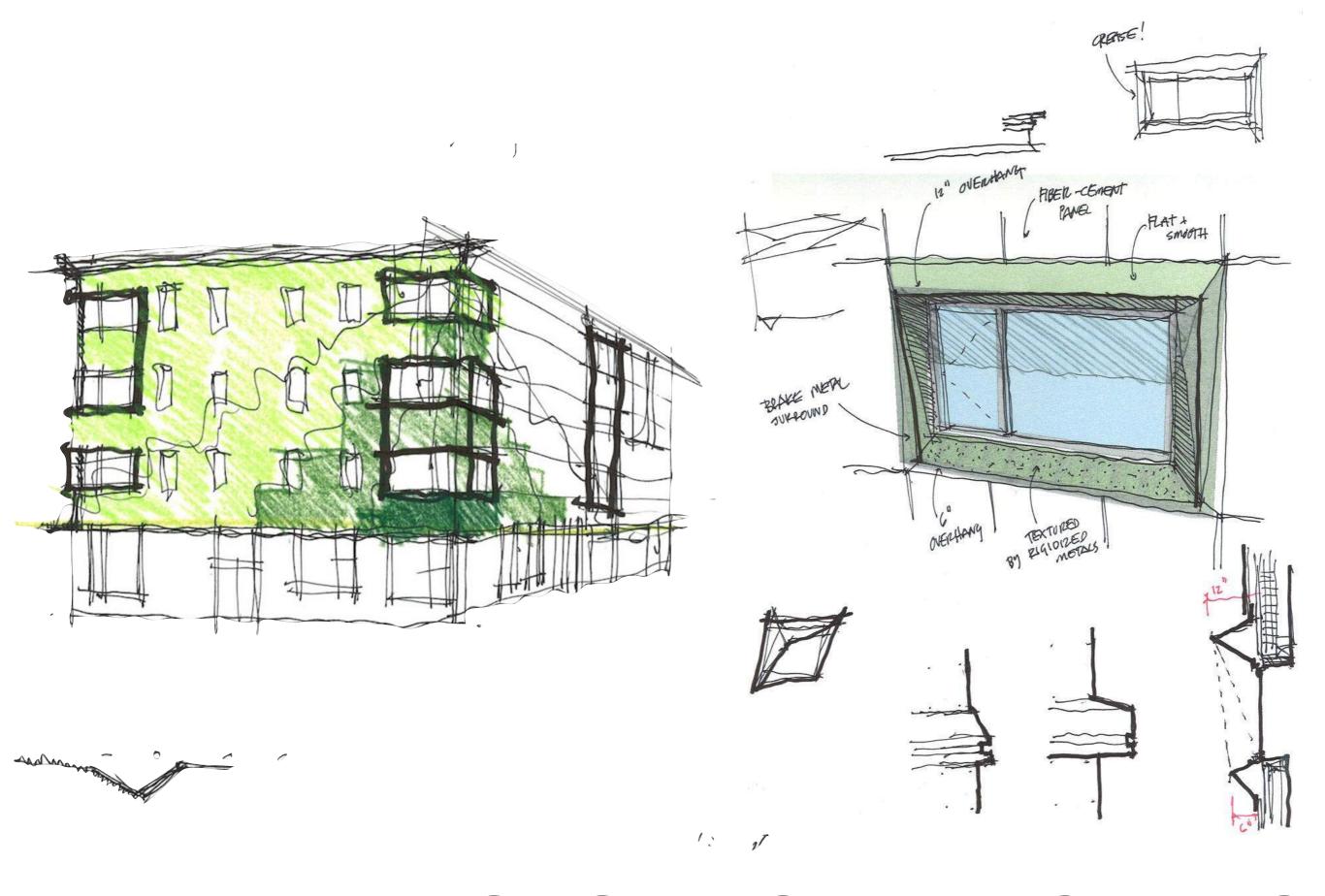


## DESIGN THEMES

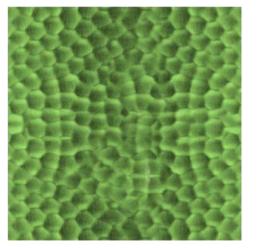




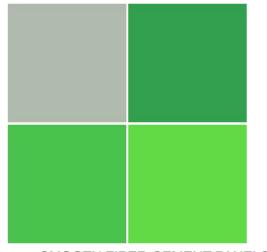
## DESIGN THEMES



## DESIGN SKETCHES



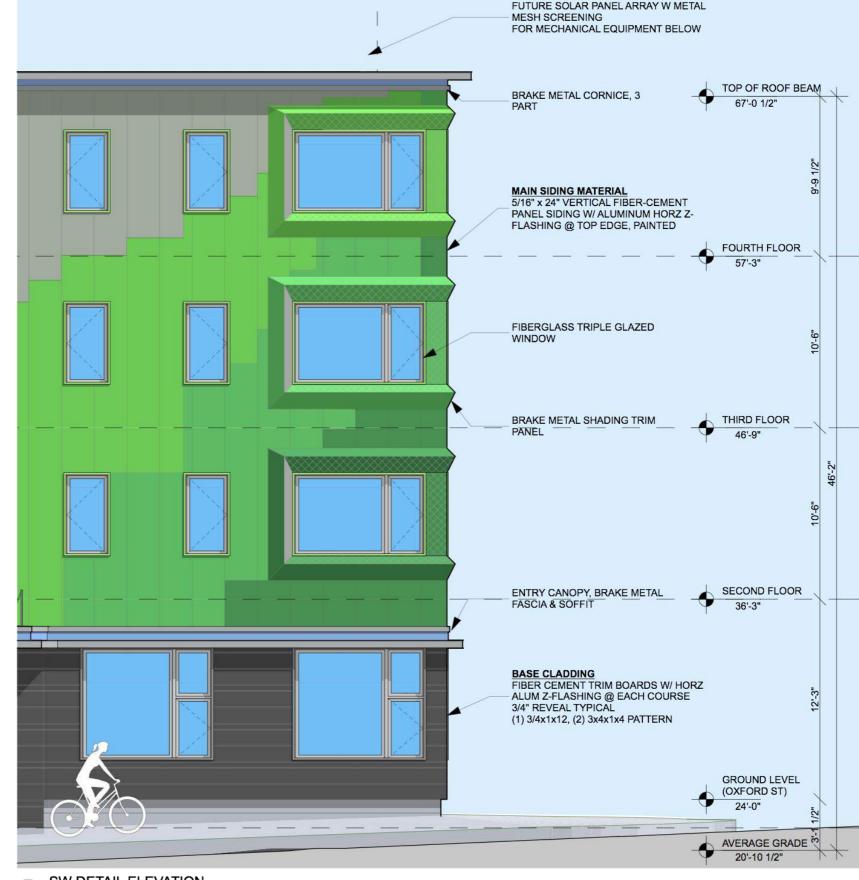
2 DECORATIVE METAL ACCENT PANELS



SMOOTH FIBER-CEMENT PANELS



FIBER-CEMENT BASE SIDING PATTERN



1 SW DETAIL ELEVATION
SCALE: 3/8" = 11-0"

## BUILDING ELEVATIONS



1) SOUTHWEST ELEVATION
SCALE: 1/8" = 1'-0"



## BUILDING ELEVATIONS



50% DOCUMENTS



90% DOCUMENTS



## 100% DOCUMENTS

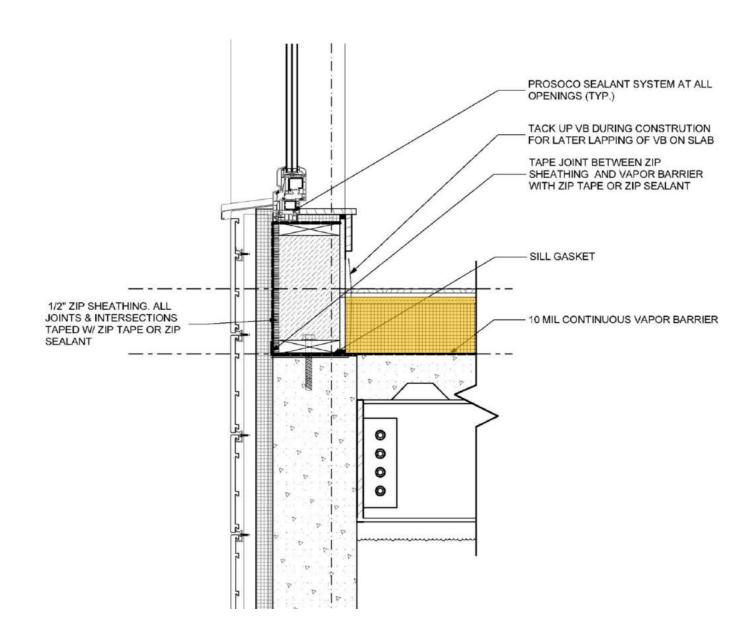


## 100% DOCUMENTS

## INSULATION

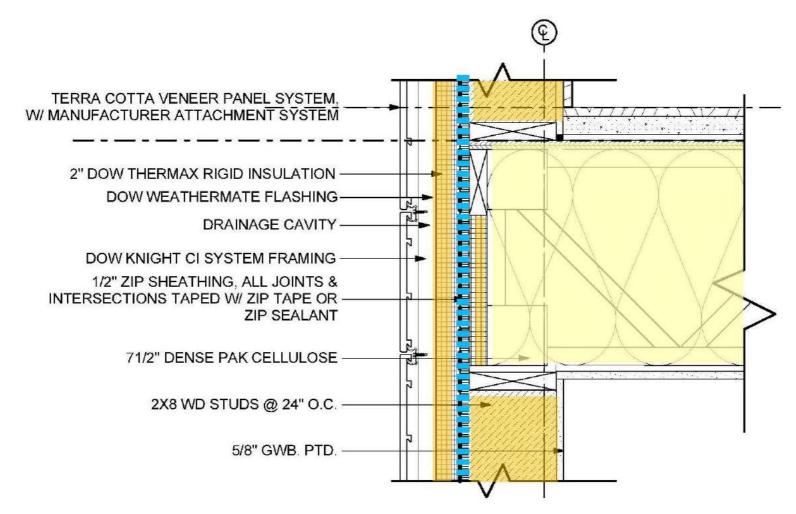
# THE DISTILLERY

#### SLAB



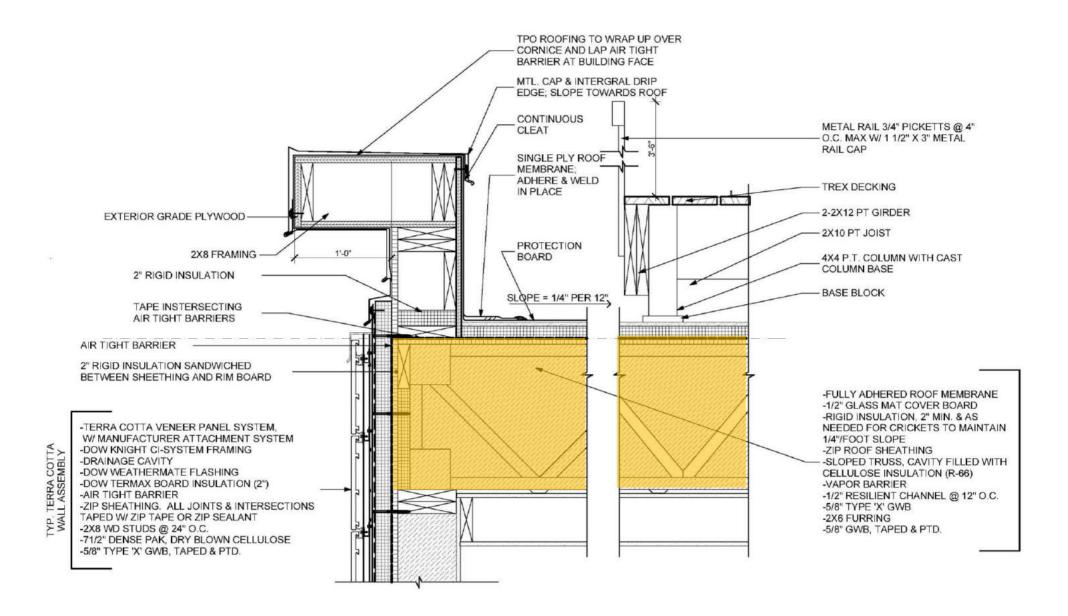
• 6" EPS ABOVE DECK (R-23)

#### WALLS



- 3" MINERAL WOOL CONTINUOUS
- 2X8 CAVITY FILLED WITH CELLULOSE R-54
- CELLULOSE IN FIRST 3' OF TRUSS BAY

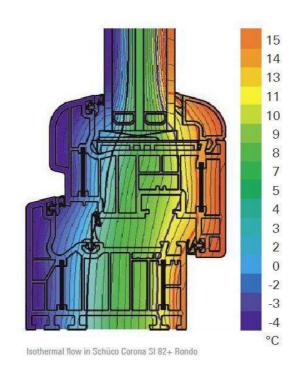
#### ROOF



#### TRUSS CAVITY FILLED WITH CELLULOSE R-64

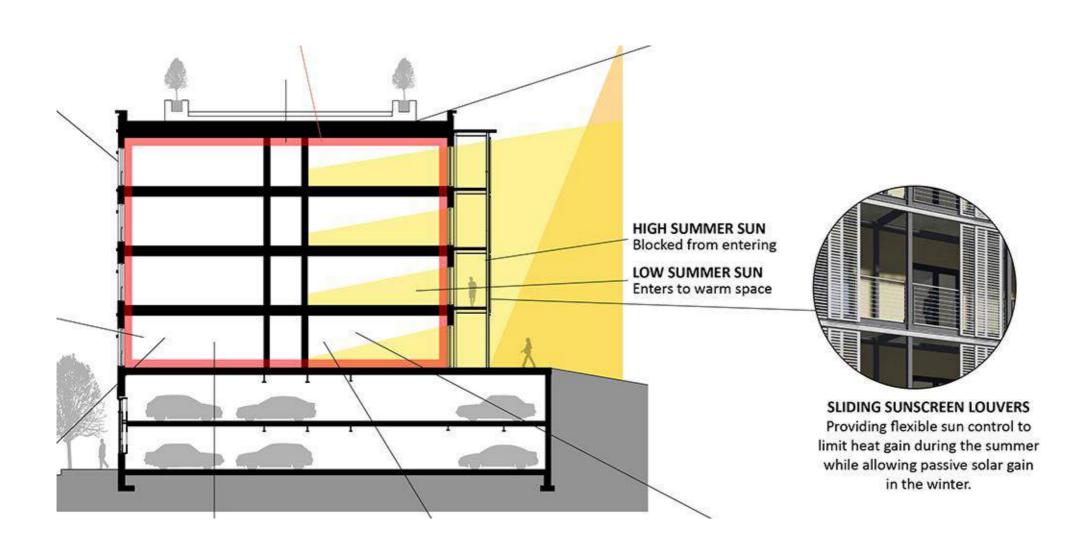
#### WINDOWS





KLEARWALL PVC (U- 0.134)

#### SHADING

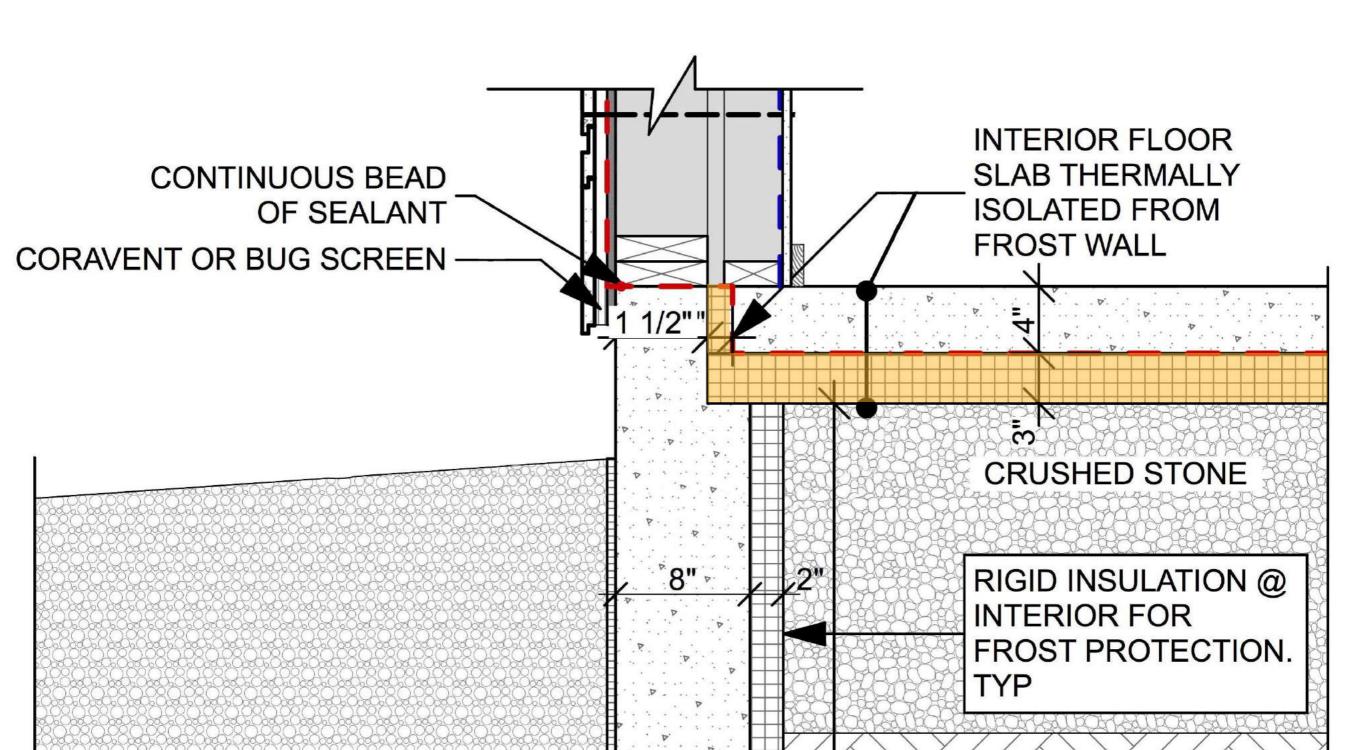


MOVEABLE SCREENS ON SOUTH SIDE

# BAYSIDE

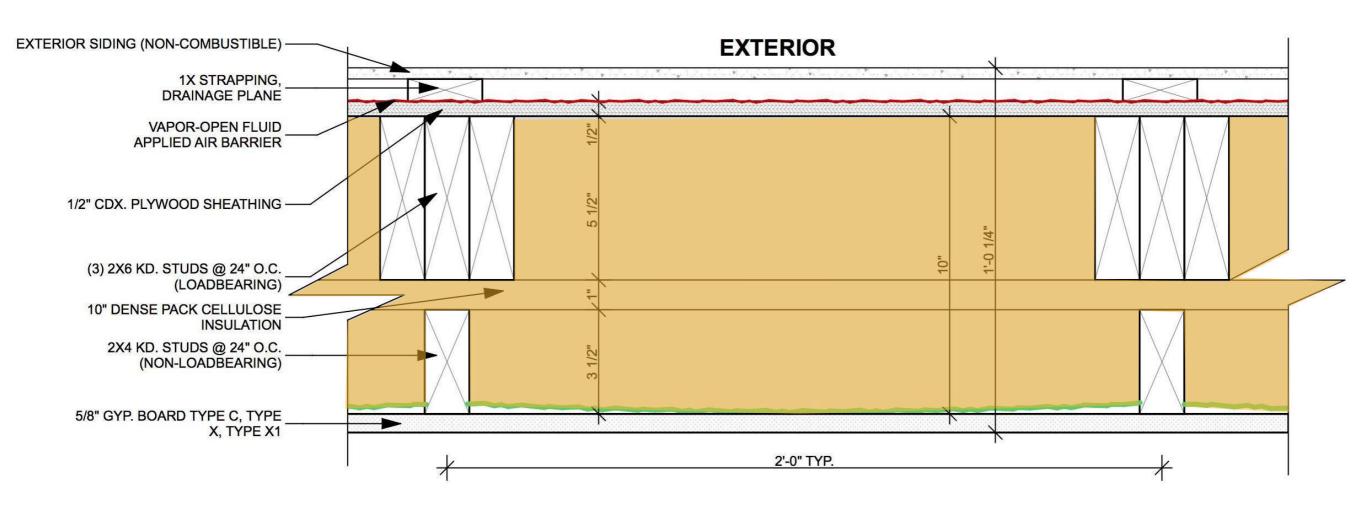
#### CONCRETE SLAB W 3" EPS

R - 13



# 10" DOUBLE STUD WALL

R - 32.7



**INTERIOR** 

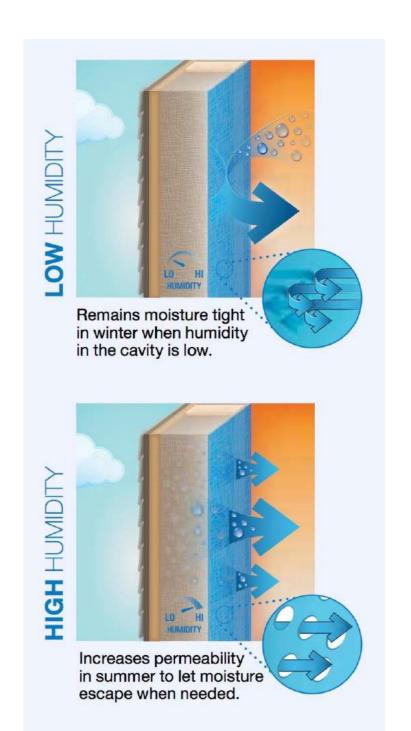
EXTERIOR DOUBLE STUD WALL

#### CDX PLYWOOD



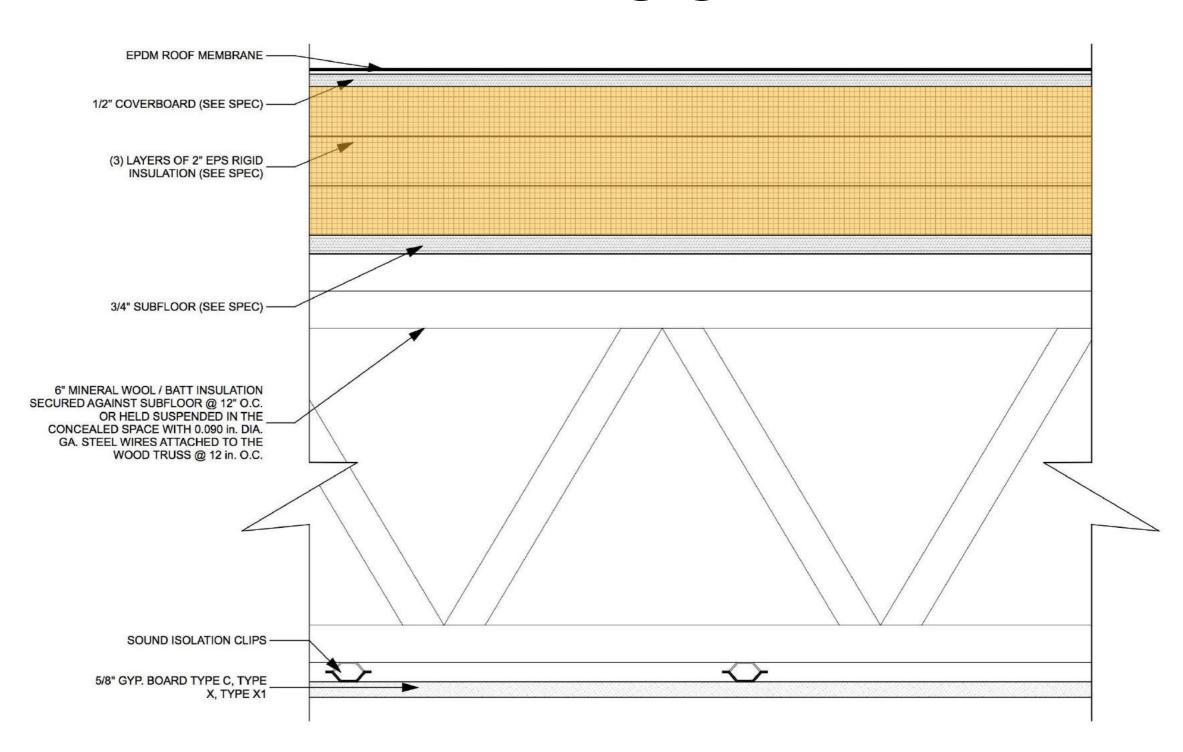
#### VAPOR RETARDER





### 8" POLY-ISO OVER TRUSS

R - 50





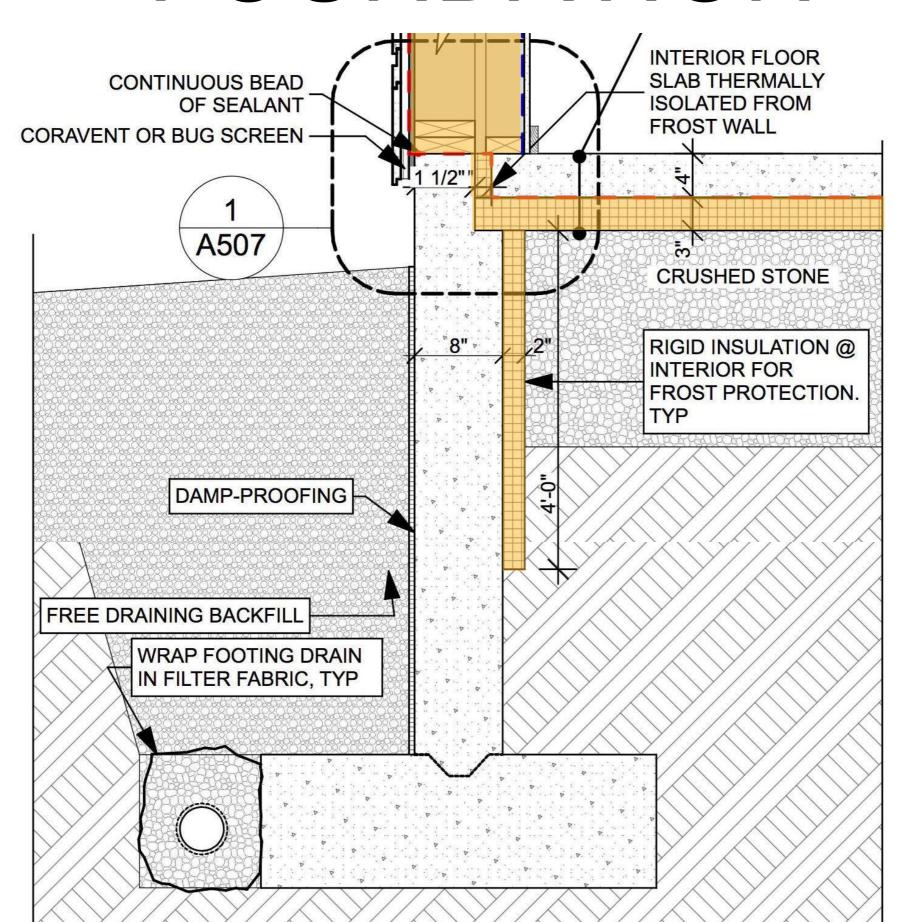


U Frame 0.25U COG 0.13SHGC 45%

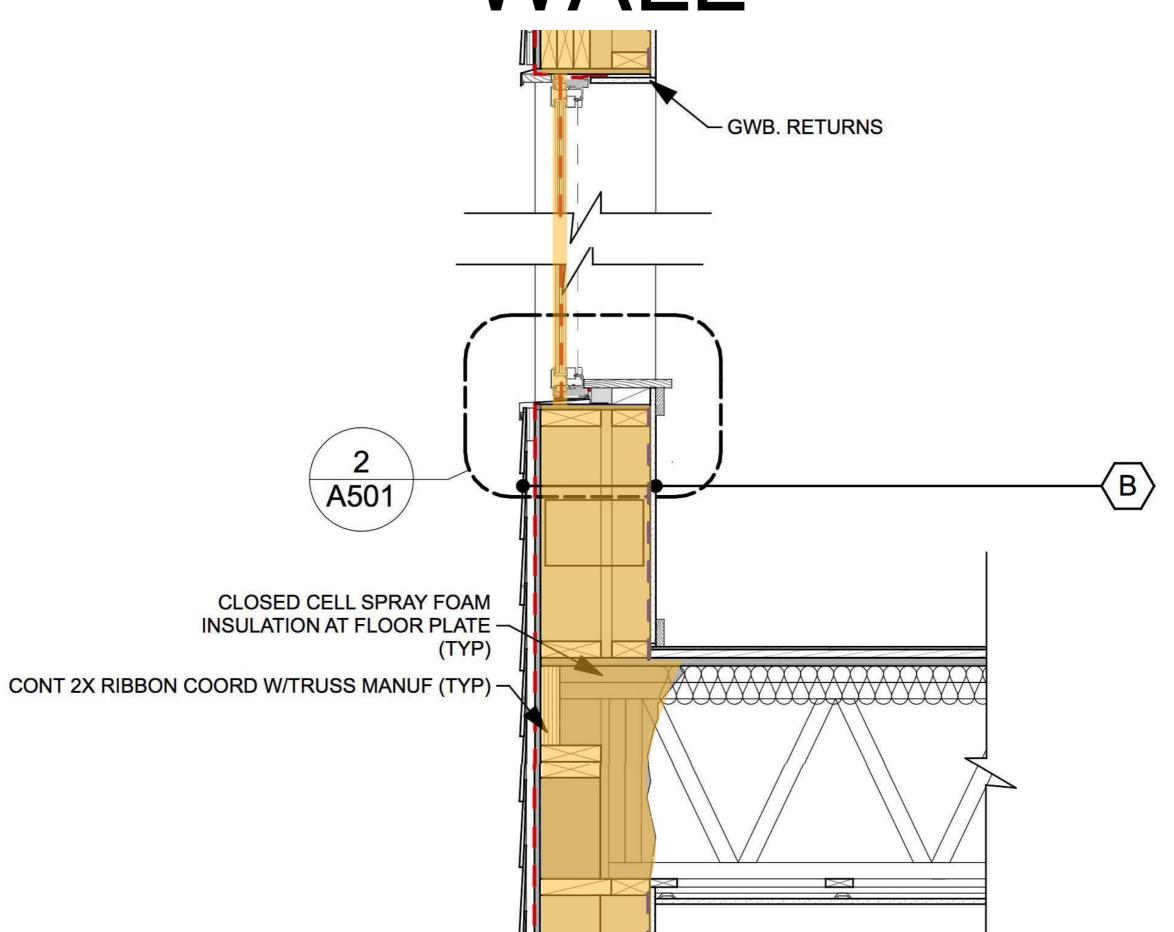
# GUARDIAN Climaguard 8070



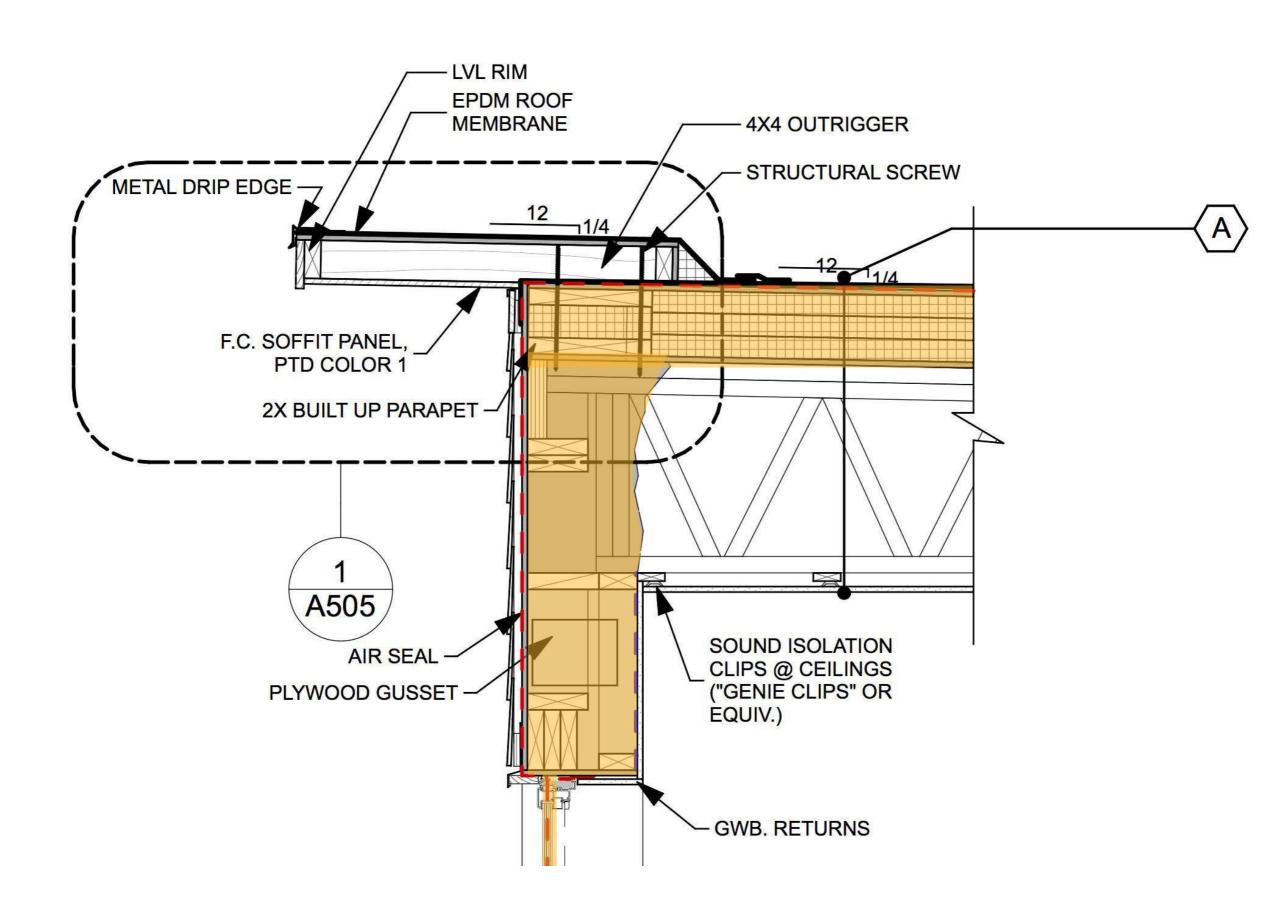
#### FOUNDATION

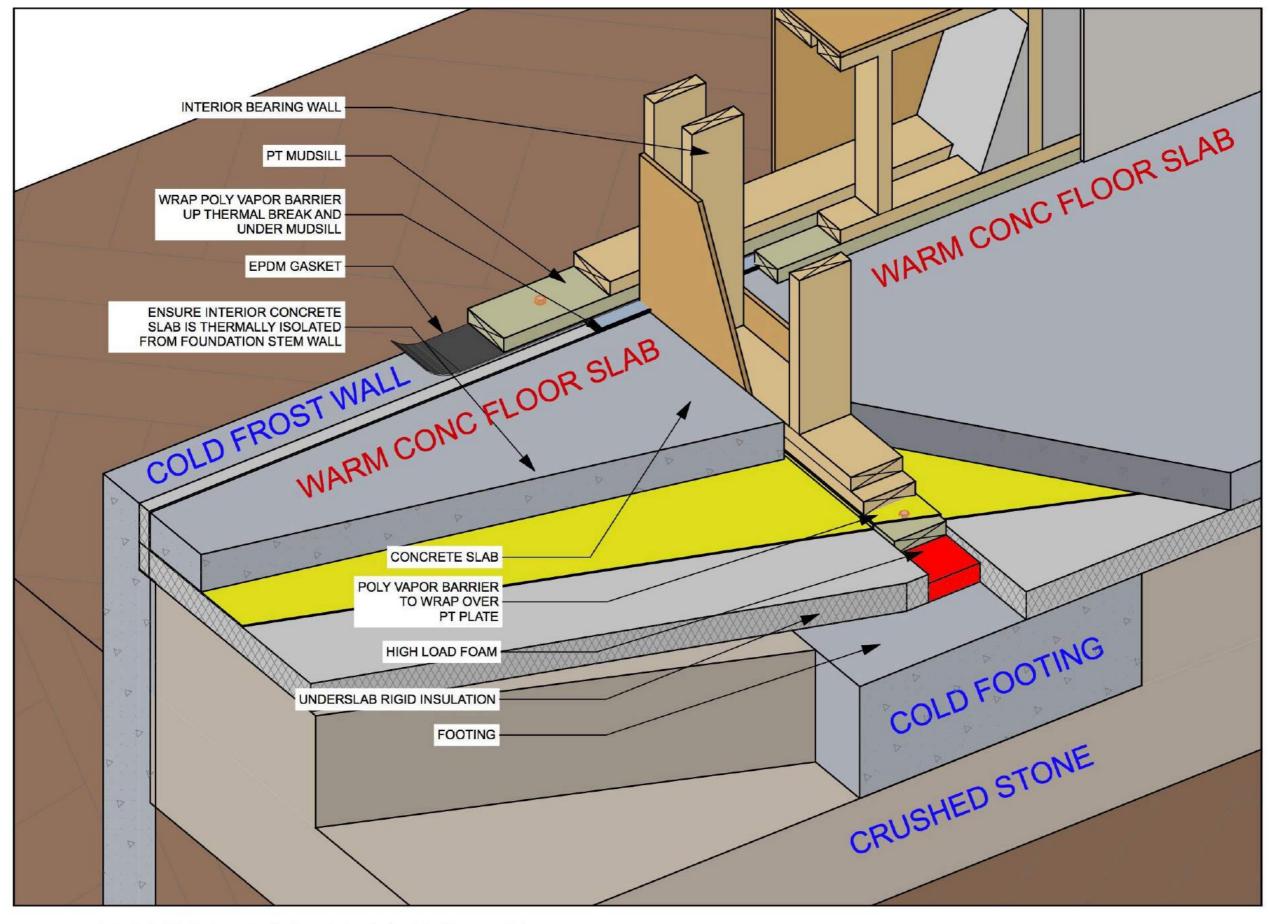


### WALL



### ROOF

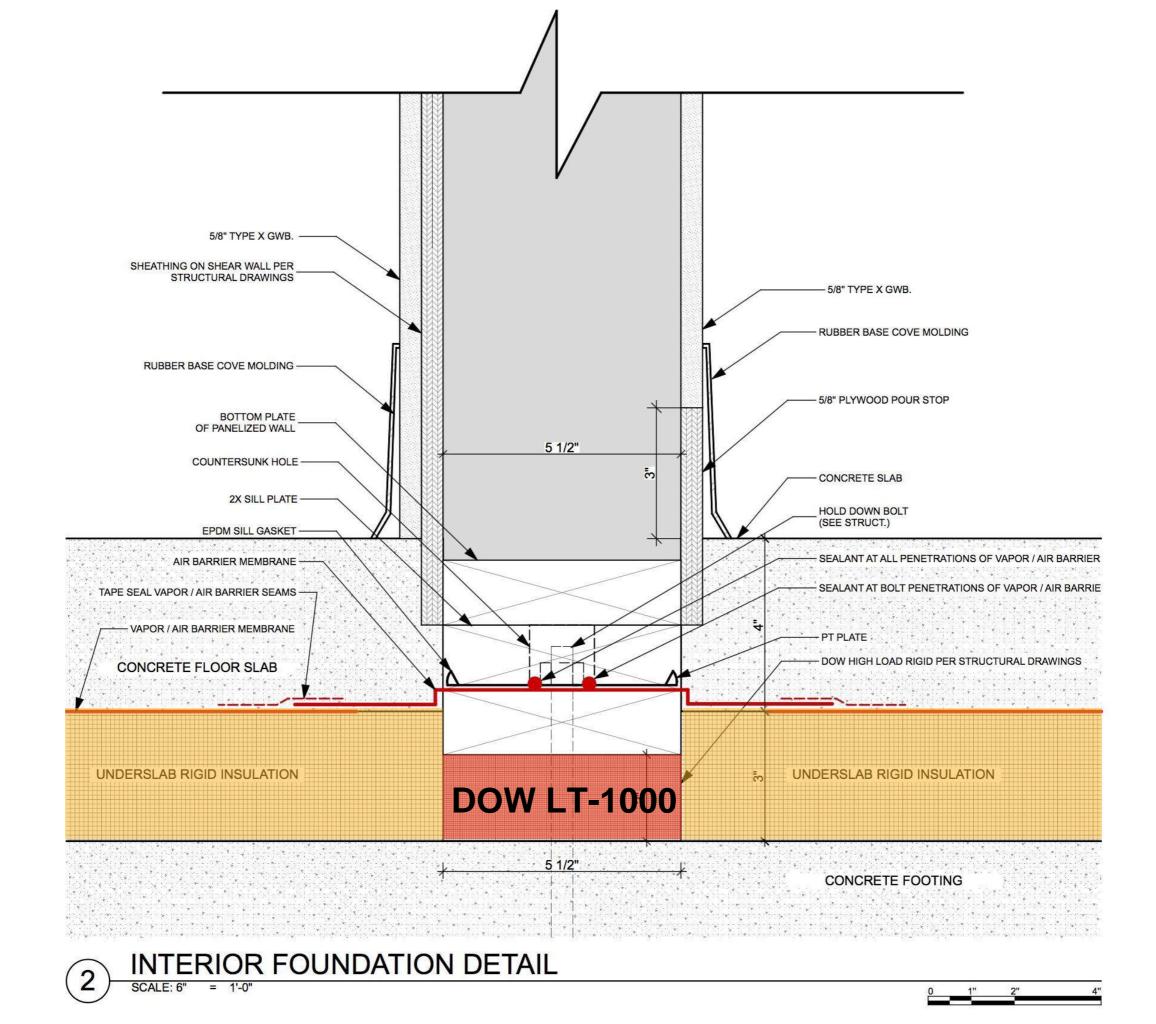




**FOUNDATION DETAIL - 3D** 

SCALE: 1" = 1'-0"





## STYROFOAM™ BRAND LT SERIES COLUMN-BEARING BLOCKS

Supplied cut-to-size, STYROFOAM™ Brand LT Series Column-Bearing Blocks are made of high-density, rigid polyurethane foam designed to support heavy structural loads while providing a thermal break between the building interior and the supporting soils below, reducing thermal bridging through the column and increasing energy efficiency of the building. Blocks are resistant to moisture and will not rot, dissolve or absorb water.



Made of high-density, rigid polyurethane foam designed to support heavy structural loads while providing a thermal break between building interior and supporting soils below to increase the building's energy efficiency.

1,000 PSI

#### Used In

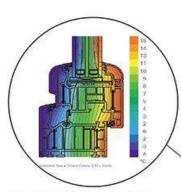
Columns in commercial buildings

#### **Product Advantages**

- Contains an average of 20% pre-consumer recycled content certified by UL Environment Inc.
- · Reduces thermal bridging through building column and increases energy efficiency;
- Resistant to moisture;
- Will not rot, dissolve or absorb water

# AIR BARRIERS

# THE DISTILLERY



#### TRIPLE GLAZED WINDOWS

Offer superior energy efficiency, comfort, and noise reduction. Thermal performance is maximized through higher R-values, reduced thermal bridging and air tightness.



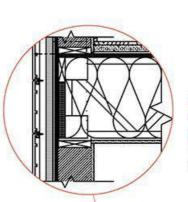
#### **ENERGY STAR APPLIANCES**

Reduce long term operating costs and overall load through high efficiency refridgerators and dishwashers.



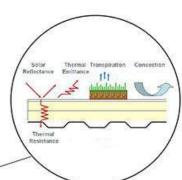
#### HIGH EFFICINCIENCY LIGHTING

Combines LED + Energy Star fixtures with occupancy sensors to reduce lighting load.



#### PASSIVE HOUSE ENVELOPE

Enhances comfort and reduces energy use by 80-90% integrating a high performance shell with air tightness and robust insulation to maintain a consistent temprature.



#### COOL ROOF

Reduces the heat island effect. A high albedo coating provides reflectivity to reduce the heat island effect. Planted containers absorb heat and capture rainwater reducing storm water runoff.



#### HIGH SUMMER SUN Blocked from entering

LOW SUMMER SUN Enters to warm space



Providing flexible sun control to limit heat gain during the summer while allowing passive solar gain in the winter.



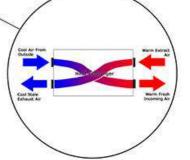
#### WATER CONSERVING FIXTURES

Including low flow faucets, showerheads, and toilets to converse water, which in turn conserves energy by reducing the water delivery, treatment and heating demand.



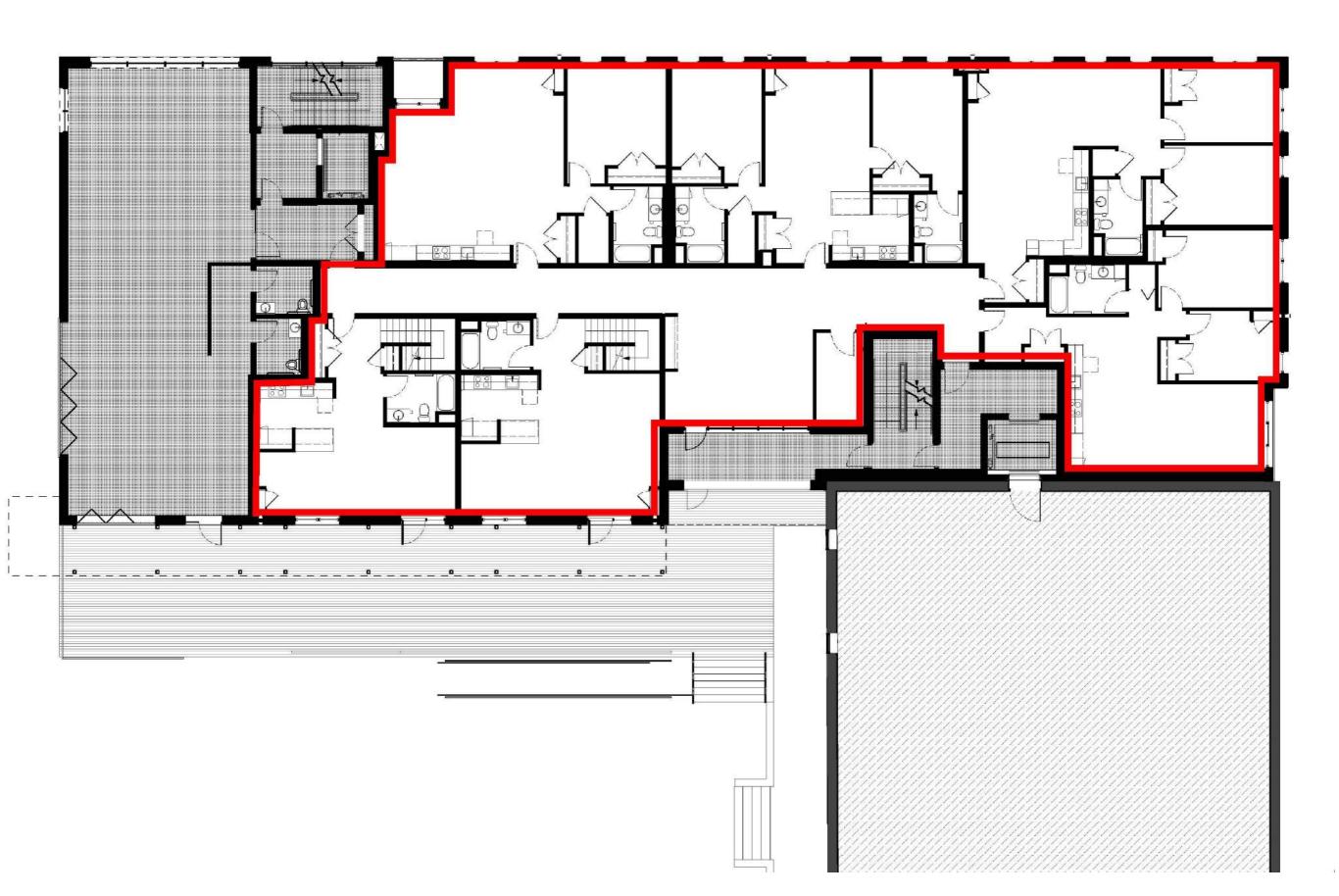
#### CONDENSING DRYERS

Help maintain the air tight building envelope by providing energy efficiency without exhausting substantial quantities of indoor air.



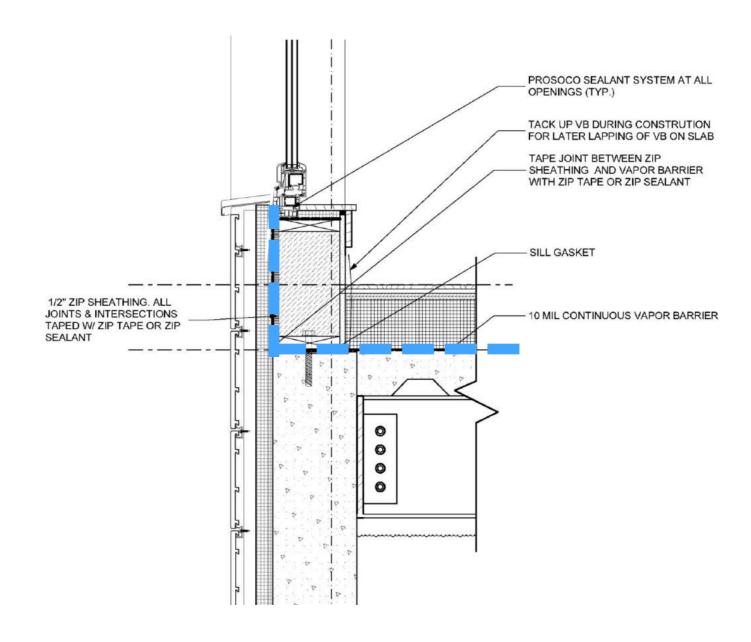
#### HEAT RECOVERY VENTILATION

Provides a constant supply of fresh air, improving indoor air quality while enhancing comfort and minimizing waste. Latent heat in exhausted air is captured to temper incoming air.

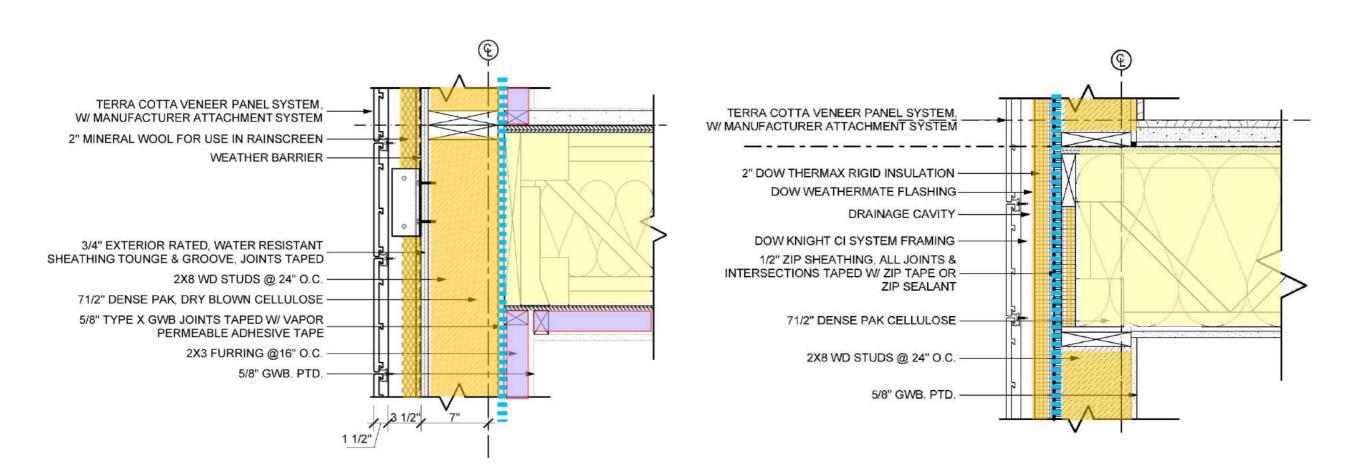




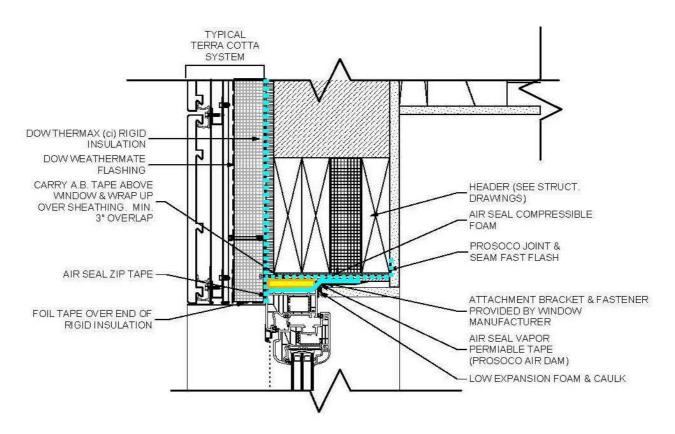
## SLAB

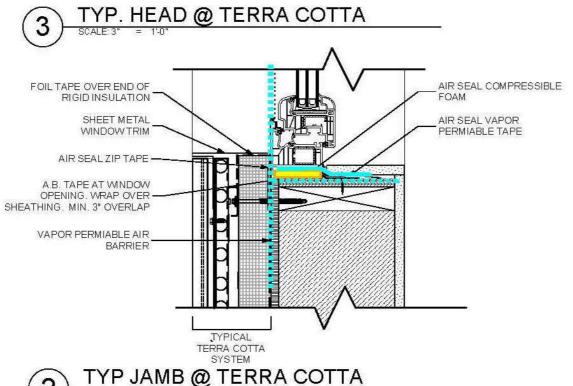


#### SECTION EVOLUTION

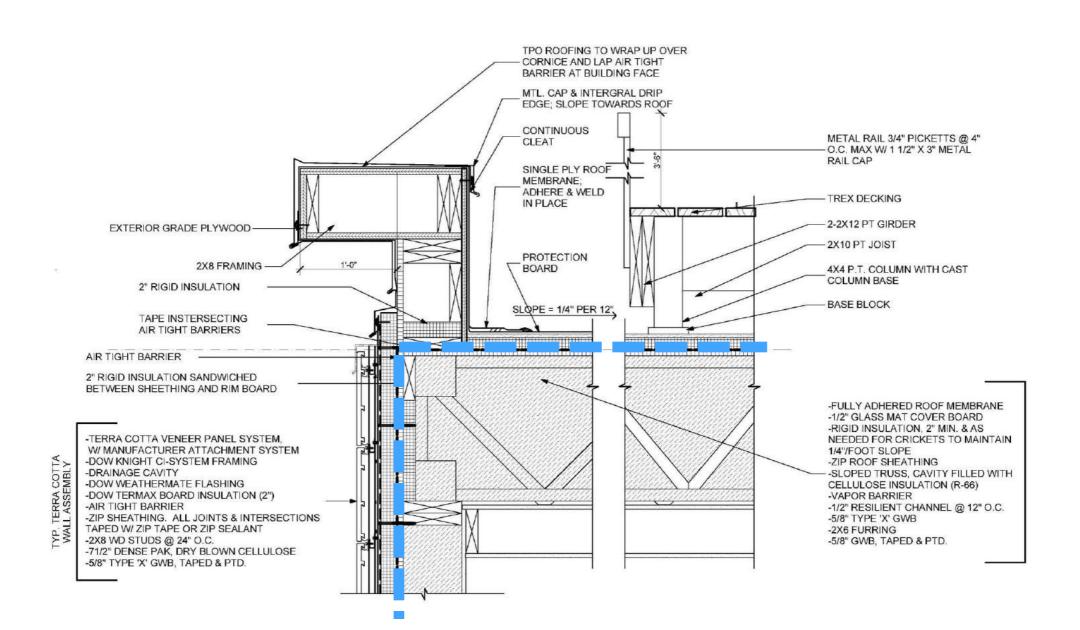


#### WINDOWS

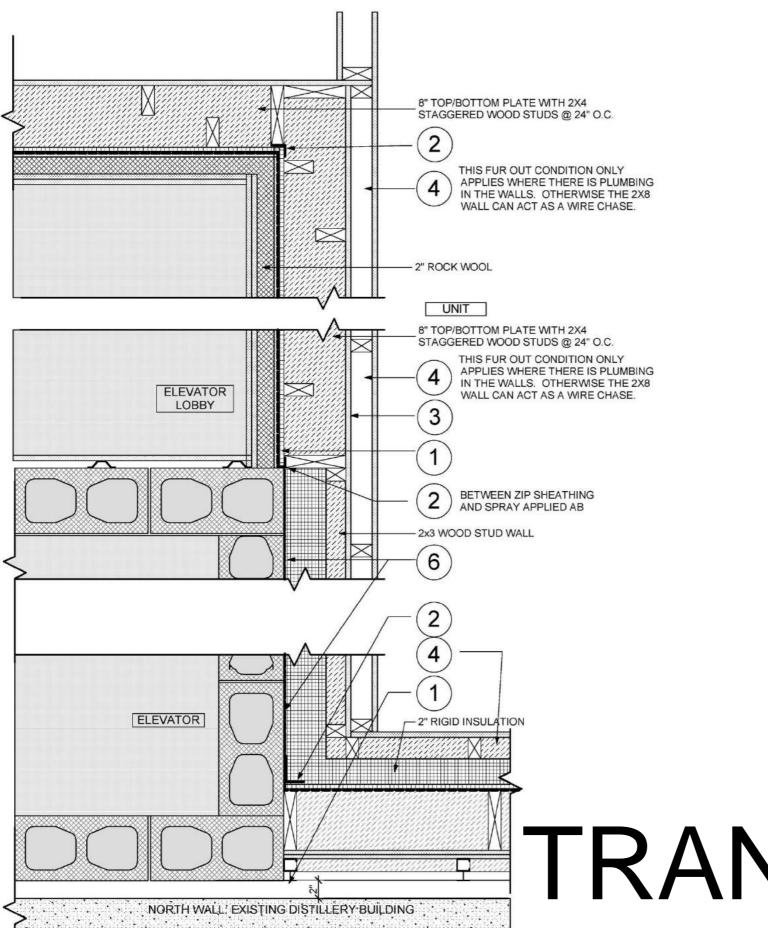




#### CORNICE







#### **LEGEND**

 DENOTES LOCATION OF CONTINUOUS AIR TIGHT BARRIER

1/2" ZIP SHEATHING. ALL JOINTS & INTERSECTIONS TAPED W/ ZIP TAPE OR ZIP SEALANT.

2 TAPE JOINT WITH ZIP TAPE OR ZIP SEALANT

5/8" TYPE X GWB., TAPED & PAINTED

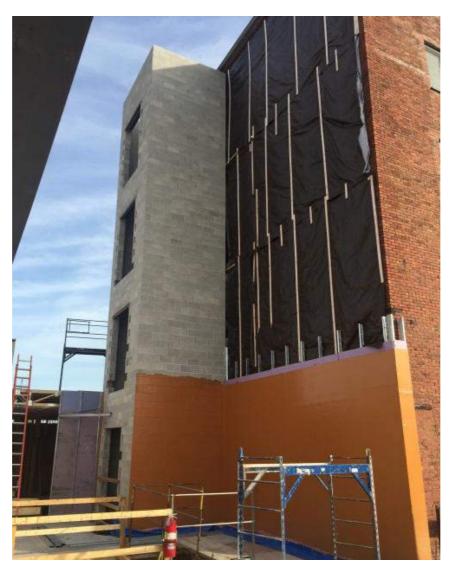
(4) 2X3 FURRING AT 16" O.C.

5 10 MIL CONTINUOUS VAPOR BARRIER

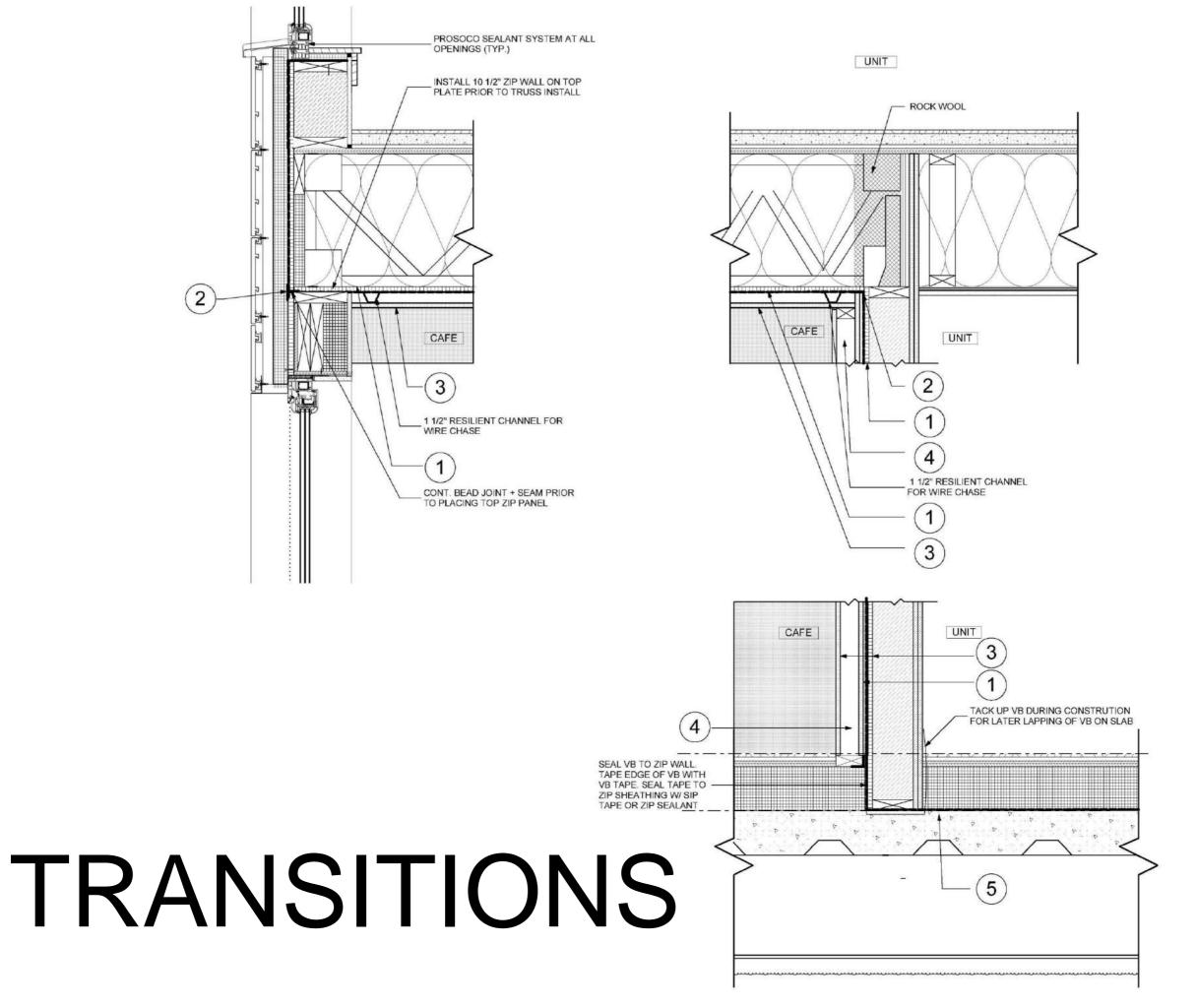
6 ) LIQUID APPLIED AIR BARRIER

#### TRANSITIONS



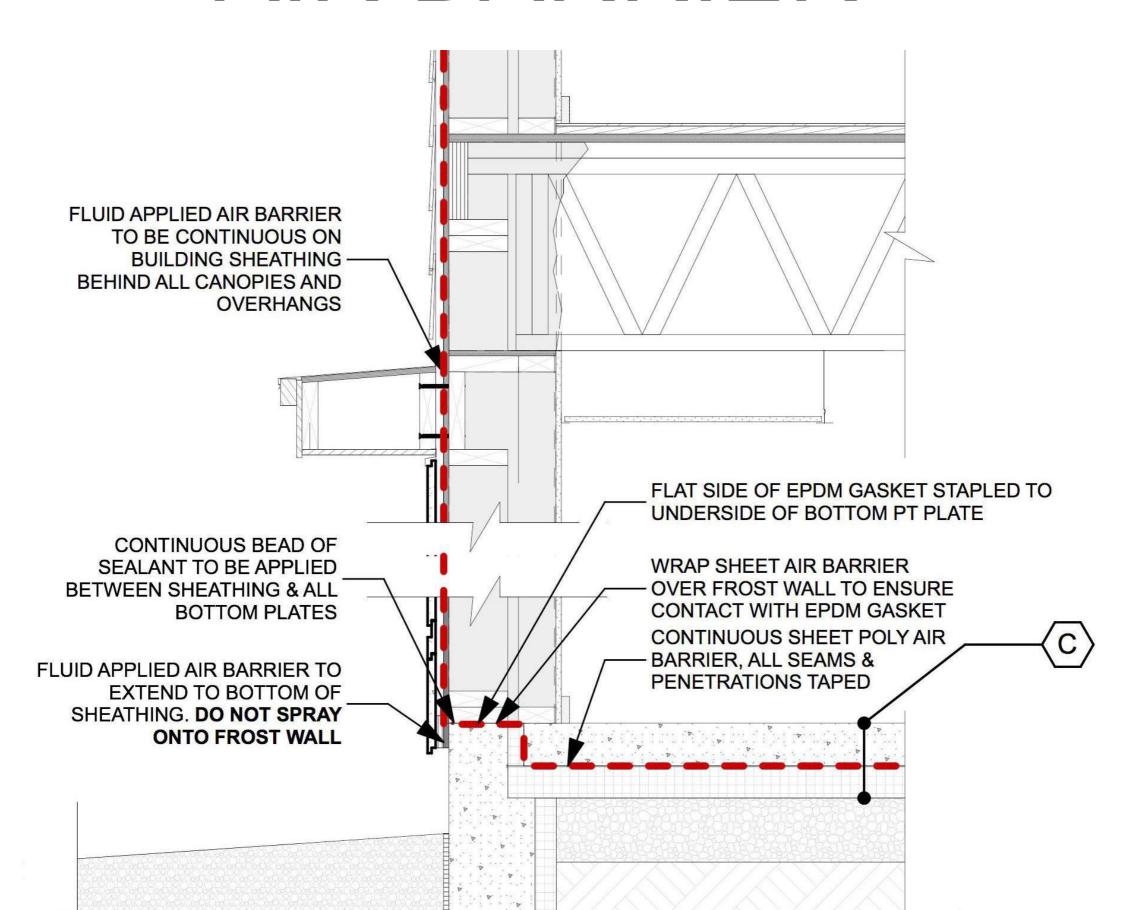








# BAYSIDE



#### Dow Corning® DefendAir 200



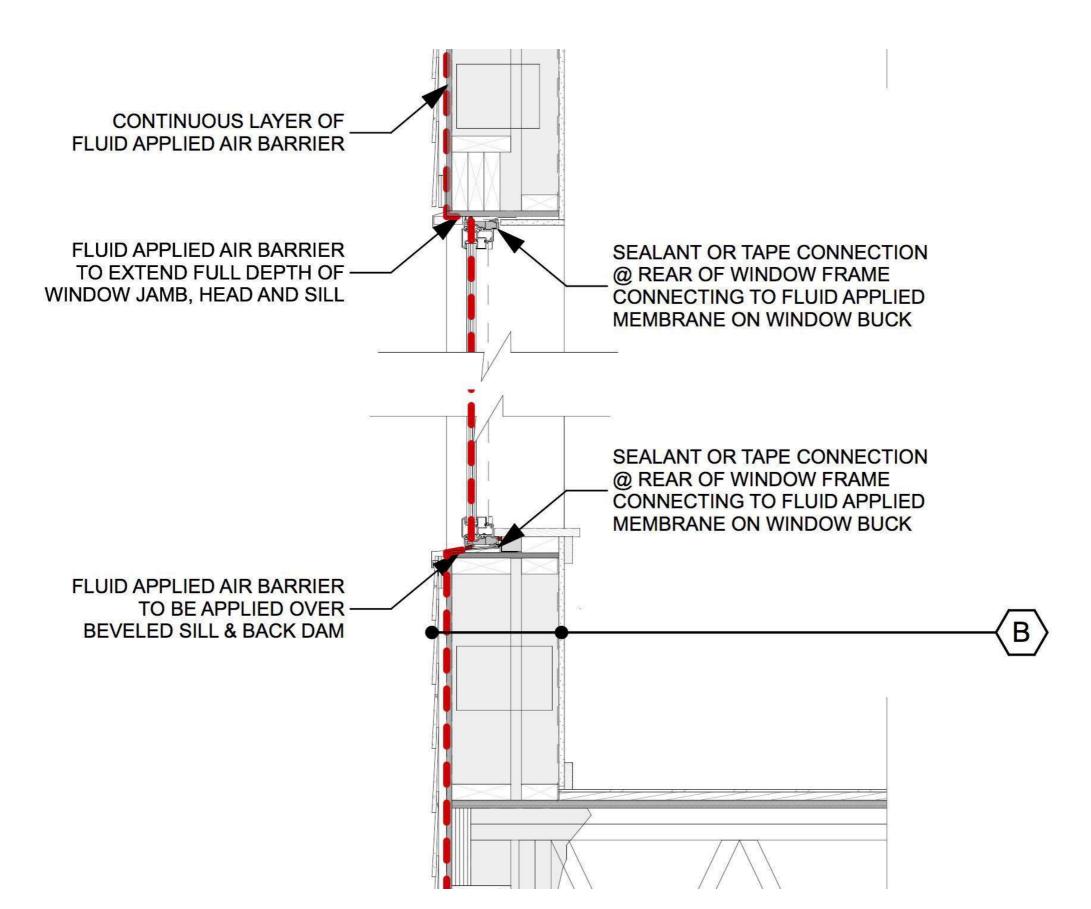




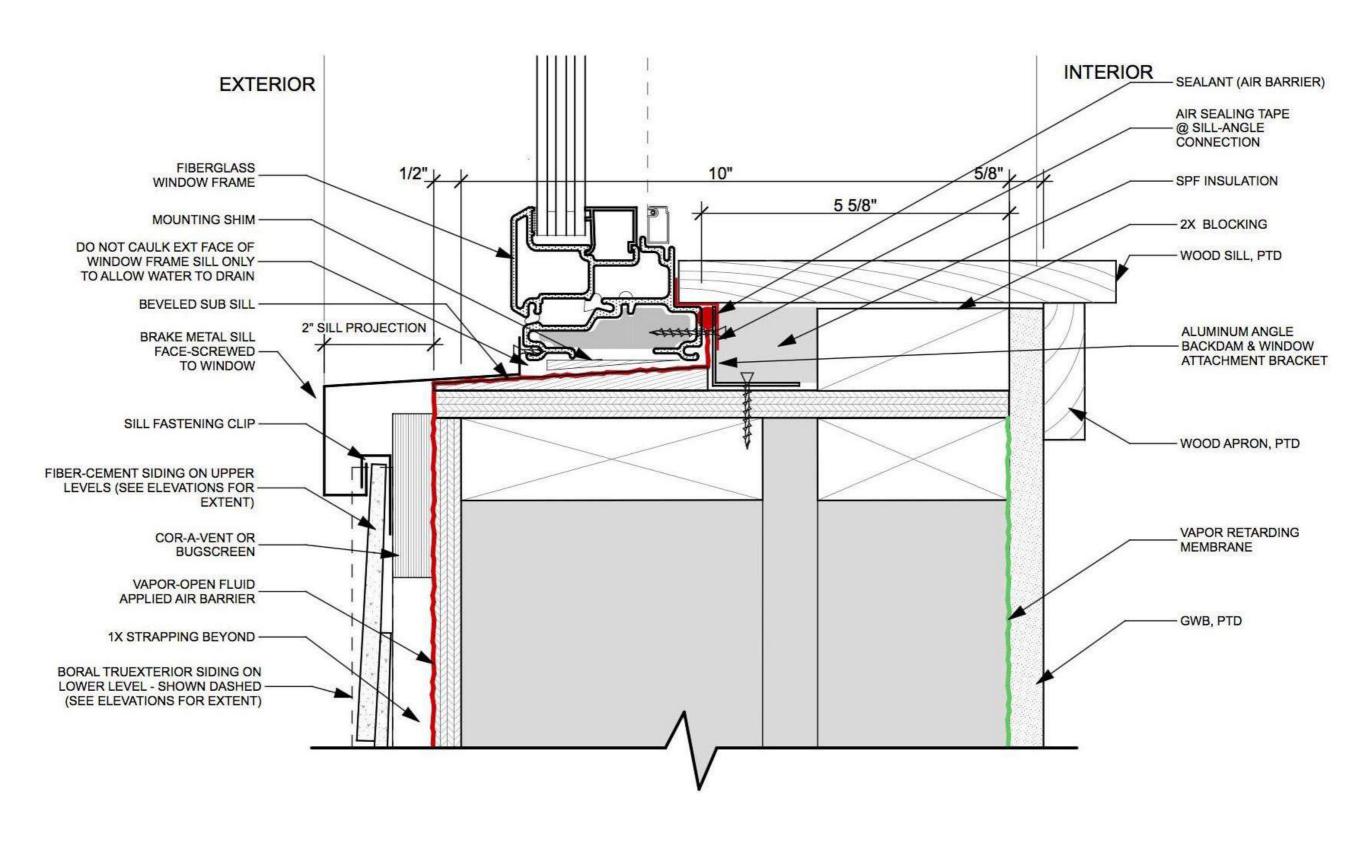




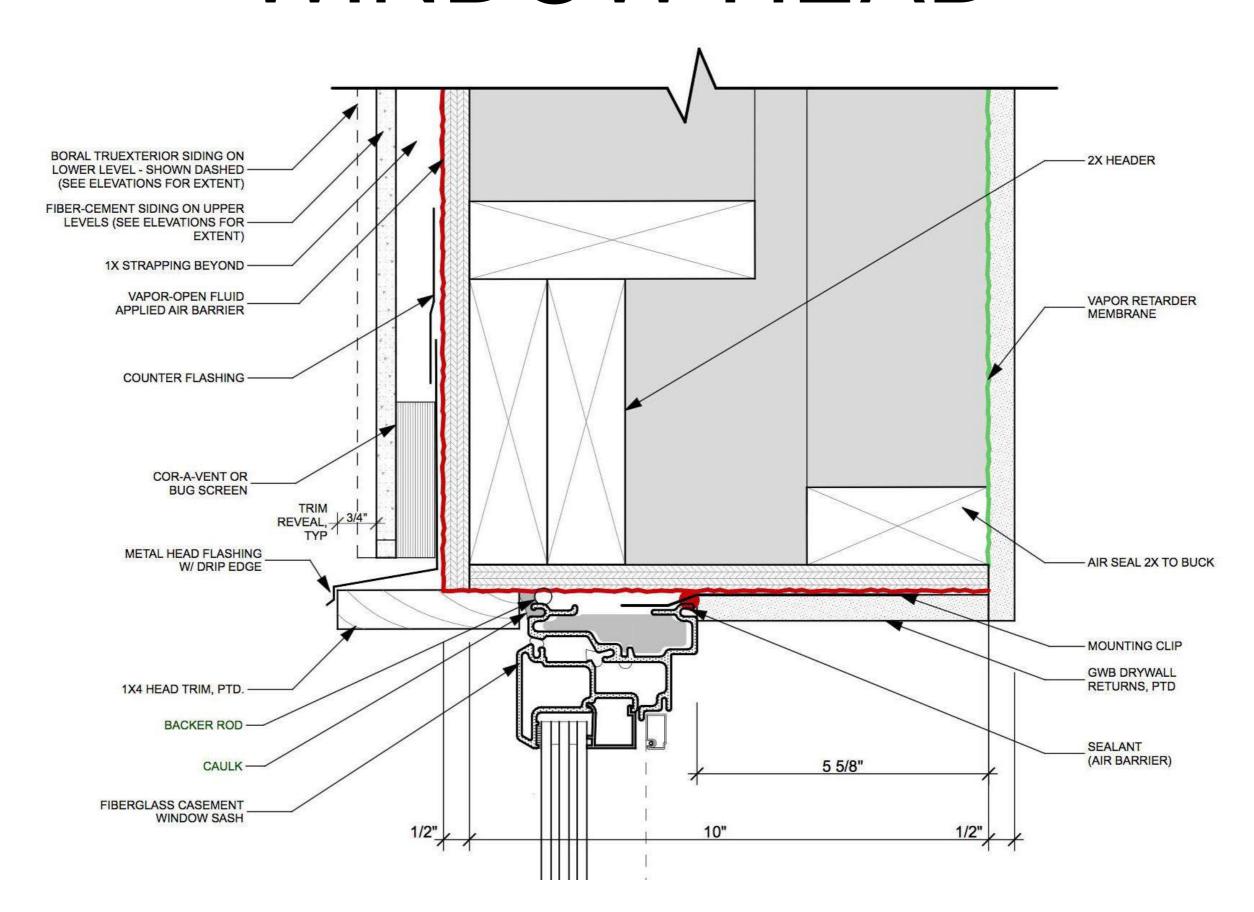


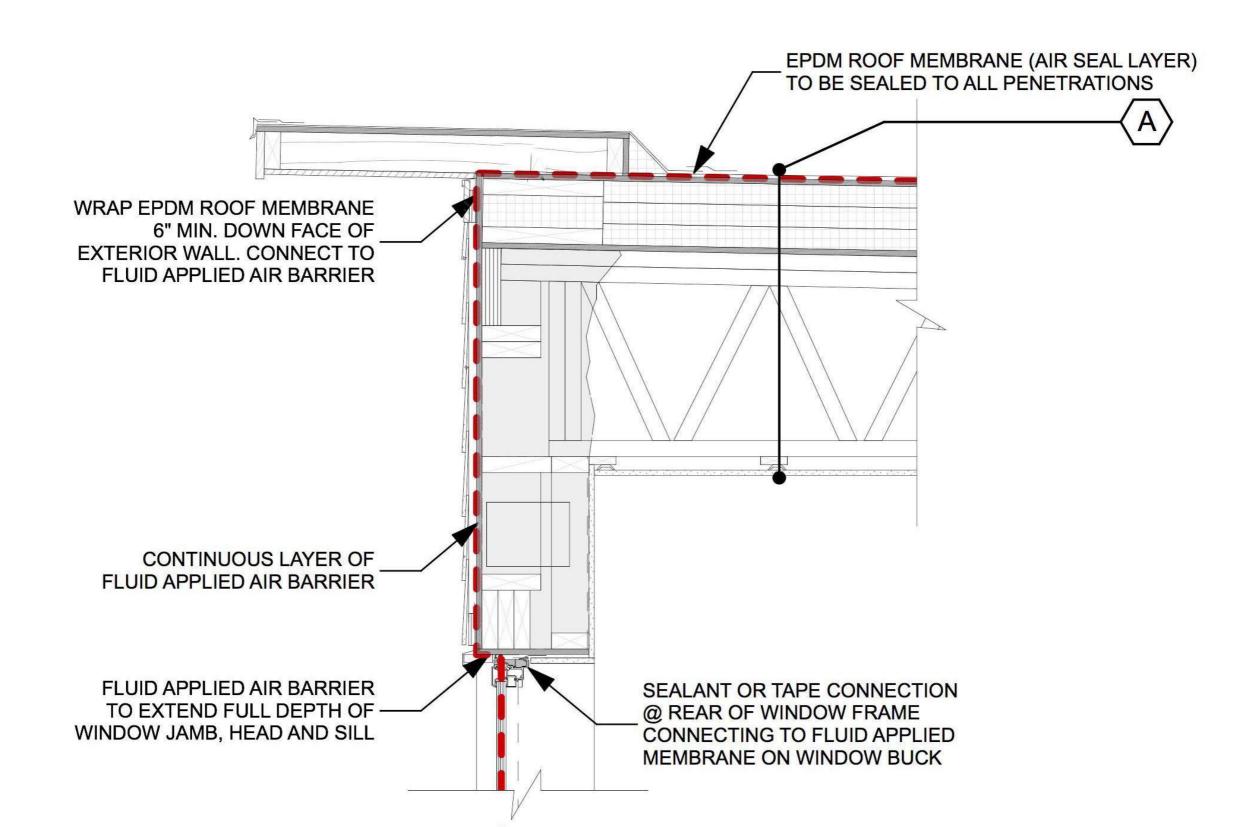


#### WINDOW SILL

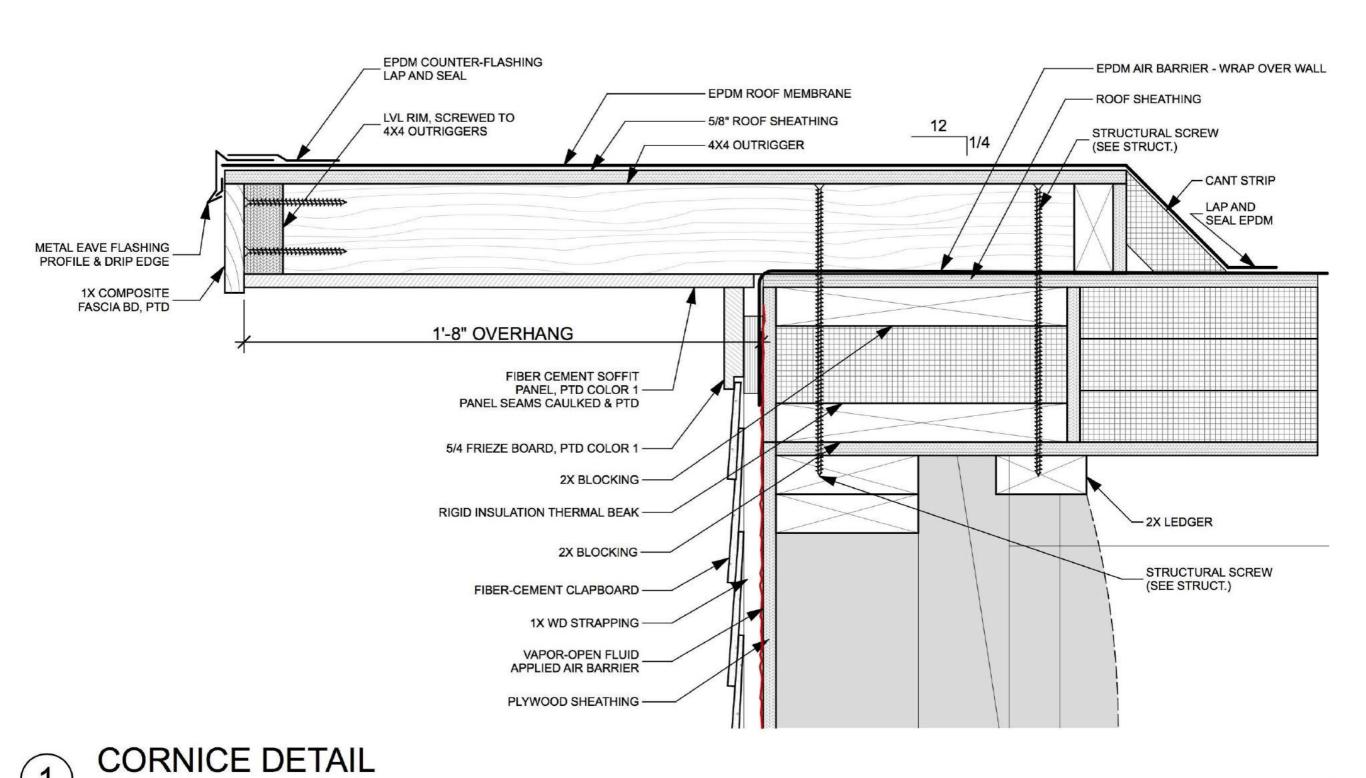


#### WINDOW HEAD

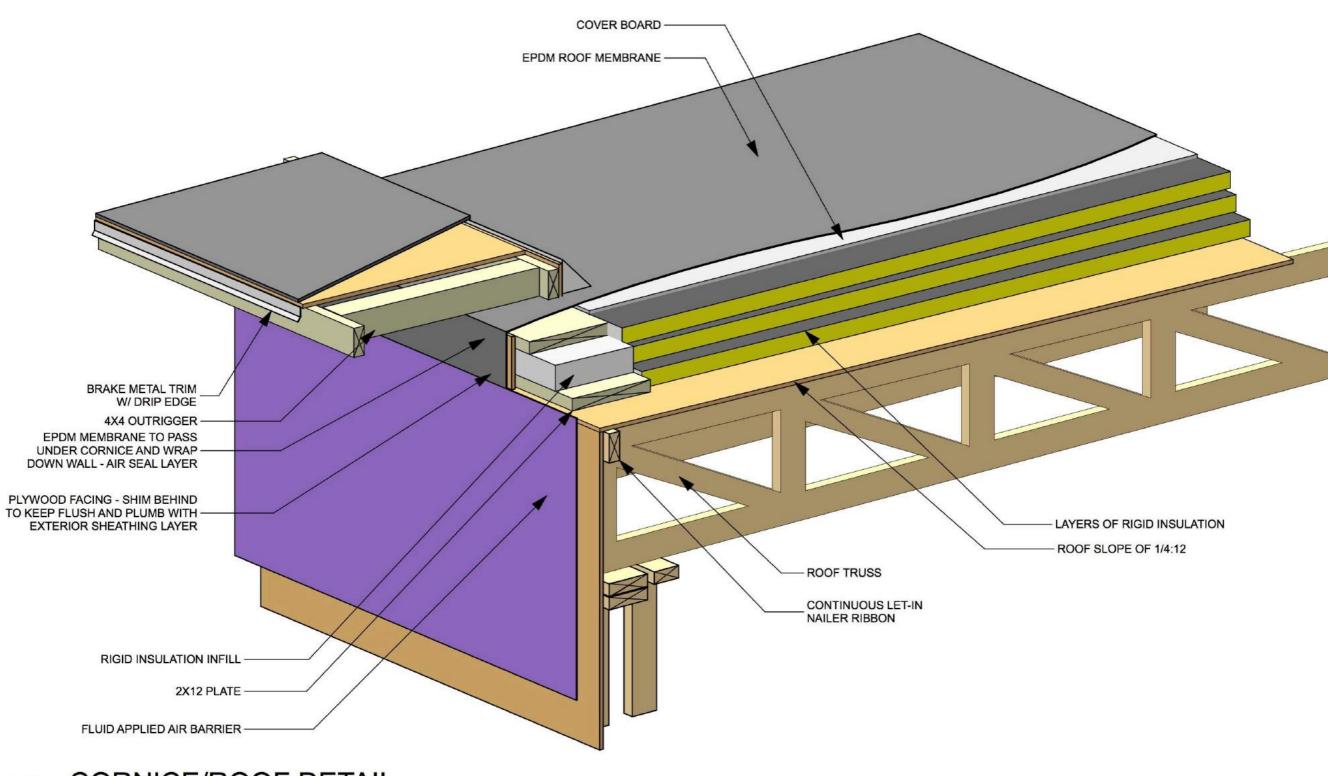




#### CORNICE



#### CORNICE

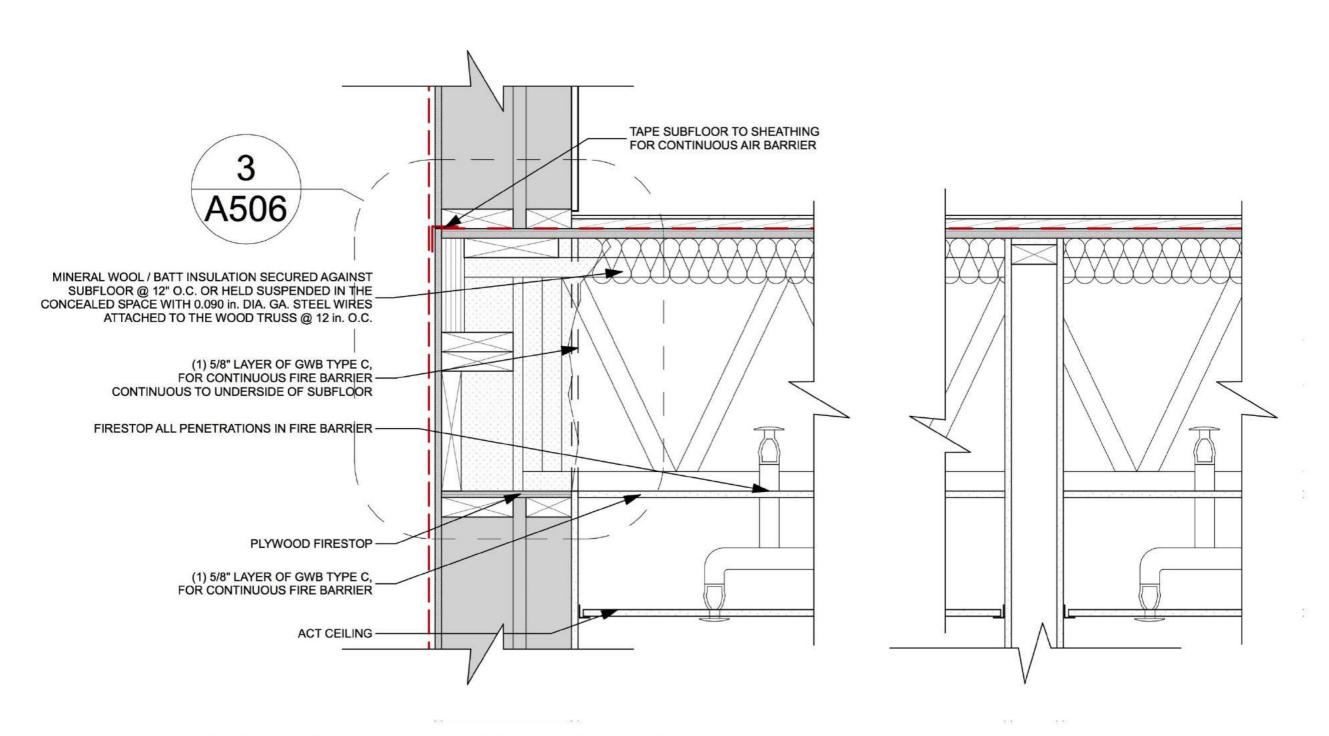


5)-

CORNICE/ROOF DETAIL

NOT TO SCALE

#### OFFICE TO RESIDENTIAL



WALL SECTION: FIRE/AIR BARRIER

SCALE: 1 1/2"= 1'-0"

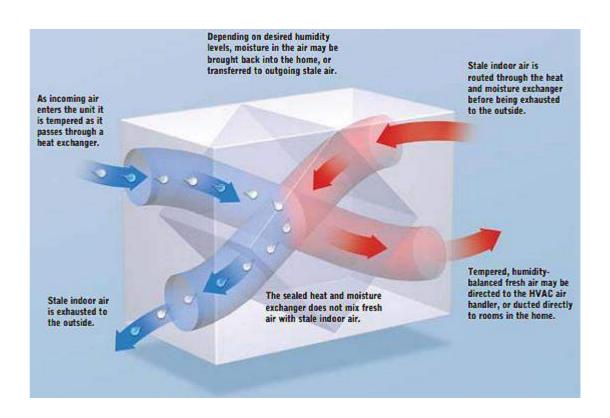


### VENTILATION

## THE DISTILLERY

### ENERGY RECOVERY VENTILATOR





ZEHNDER: COMFOAIR

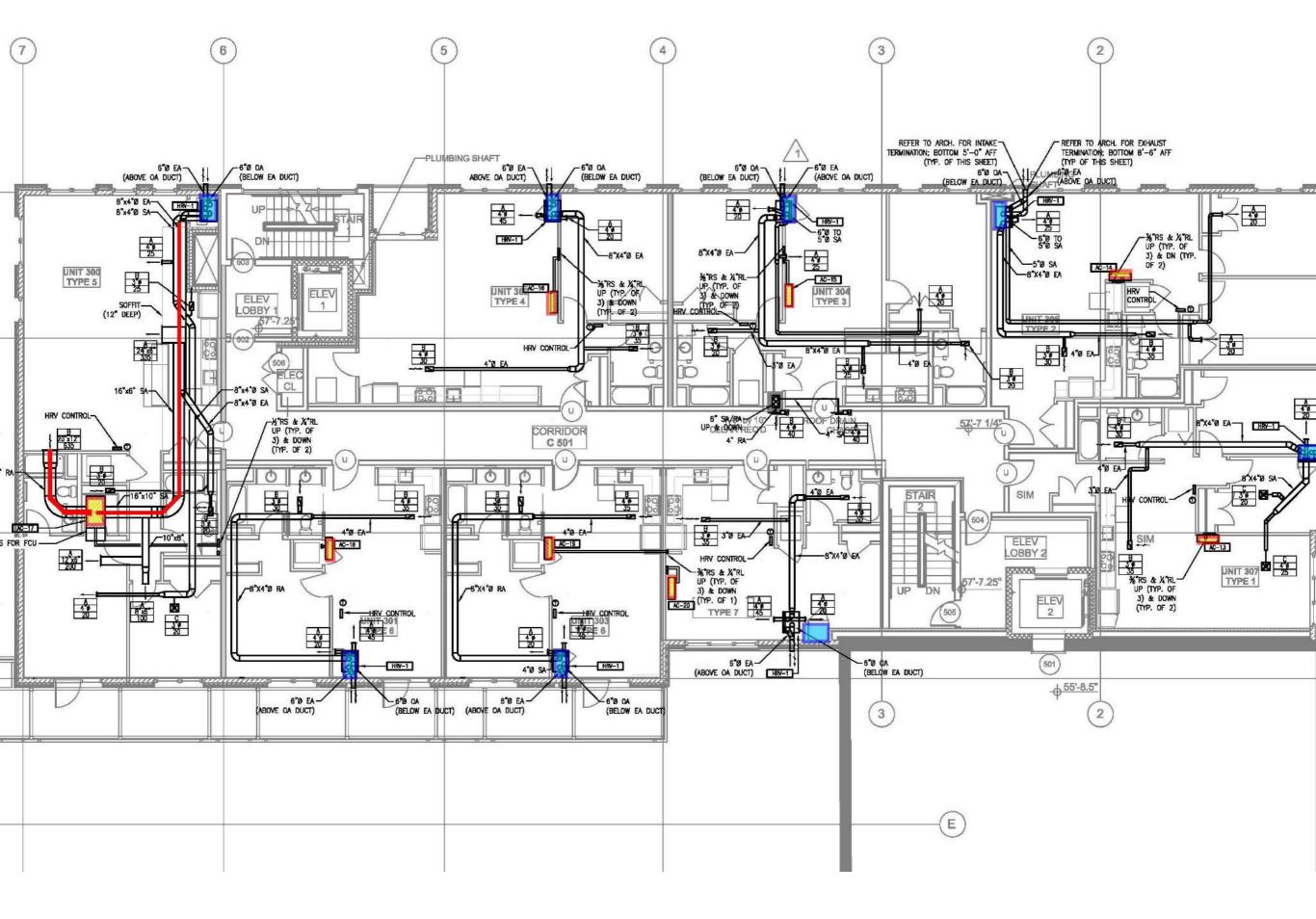
#### **HEAT PUMPS**







#### MITSUBISHI



# BAYSIDE

#### ELECTRIC BASEBOARD



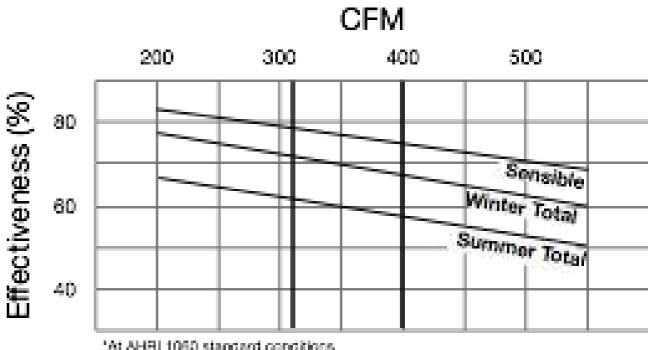
\$50

#### VENTILATION

#### RENEWAIRE EV450IN ECM

Indoor Unit with ECM Motor Option





"At AHRI 1060 standard conditions (See certified data on page 73 for core components.)

.78 W/CFM

75%

#### HORIZONTAL DUCTED ERV

NO 2 HOUR SHAFTS

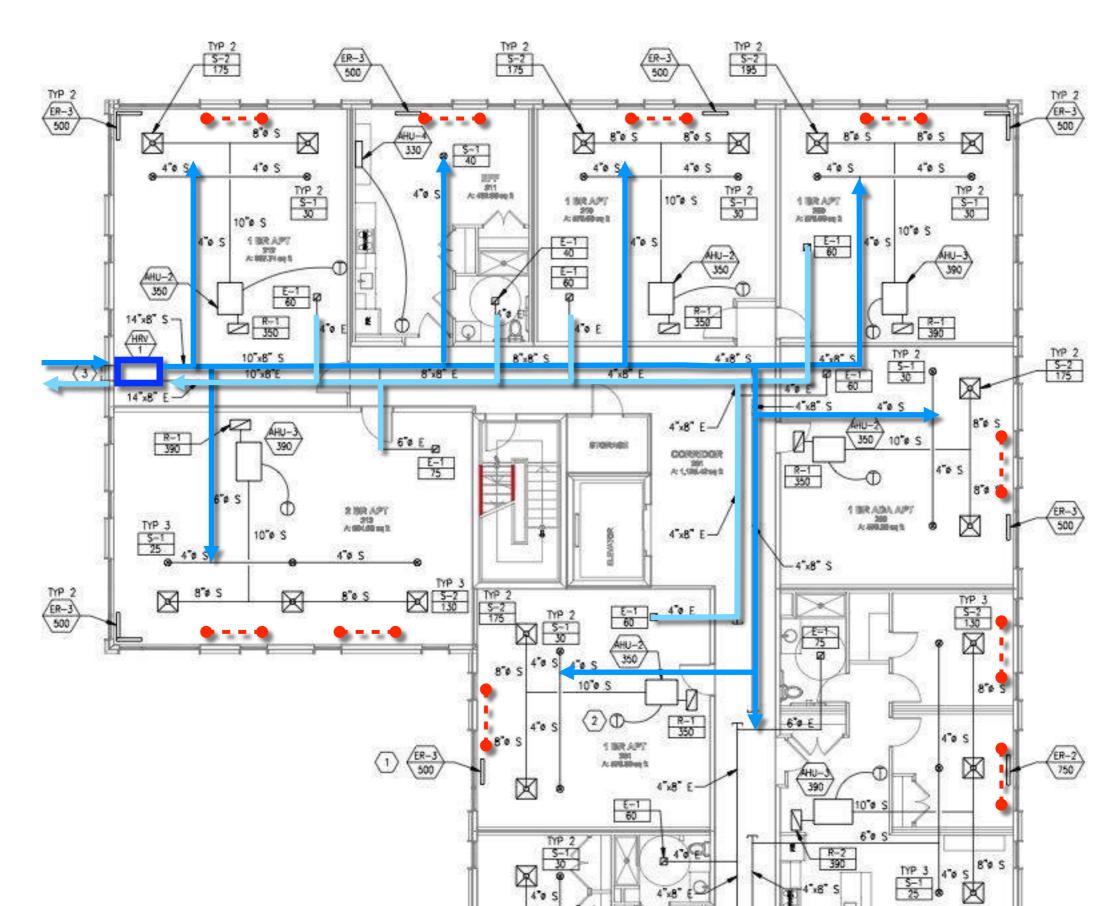
NO FIRE DAMPERS

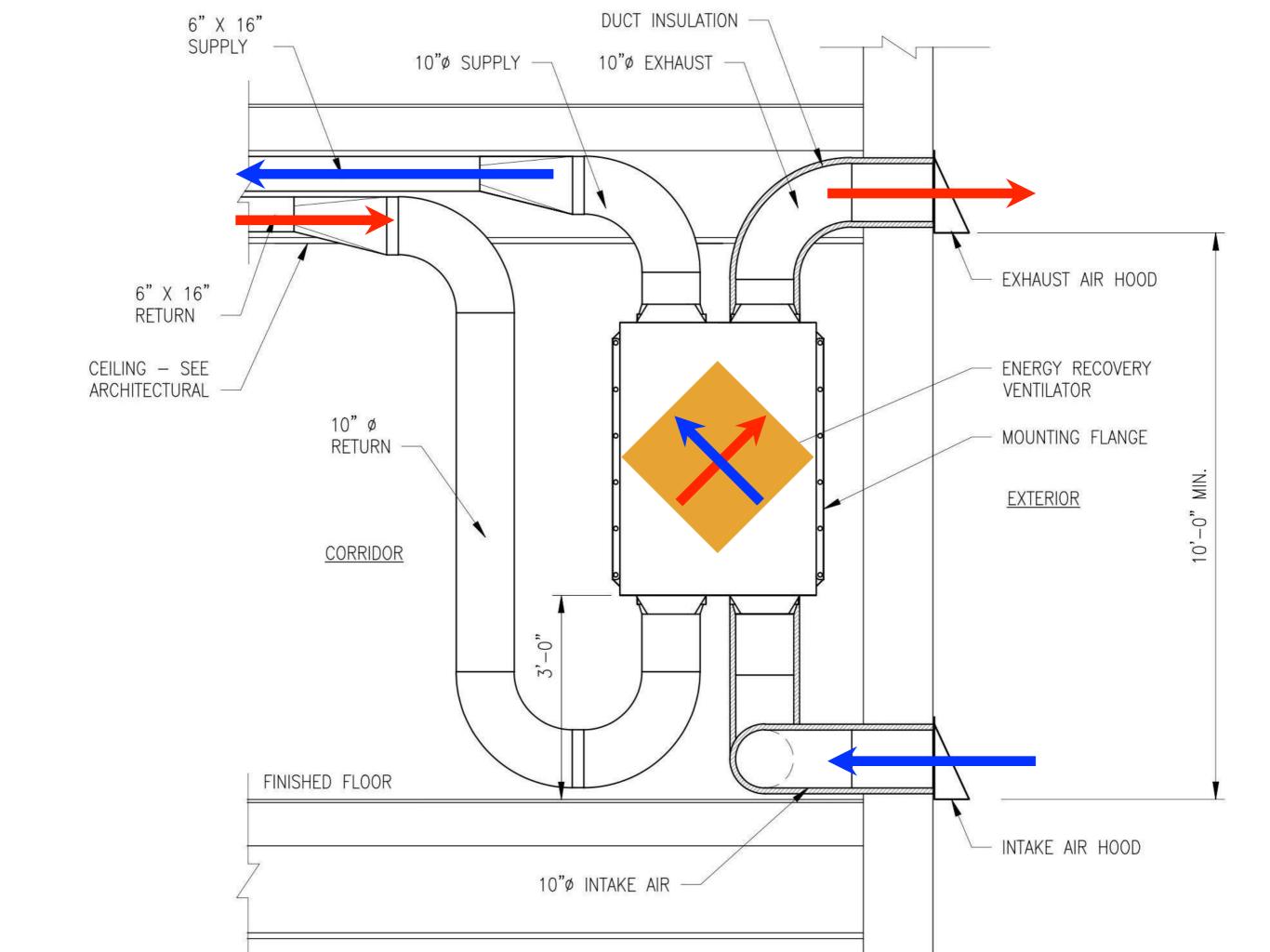
45 MINUTE CORRIDOR RATING

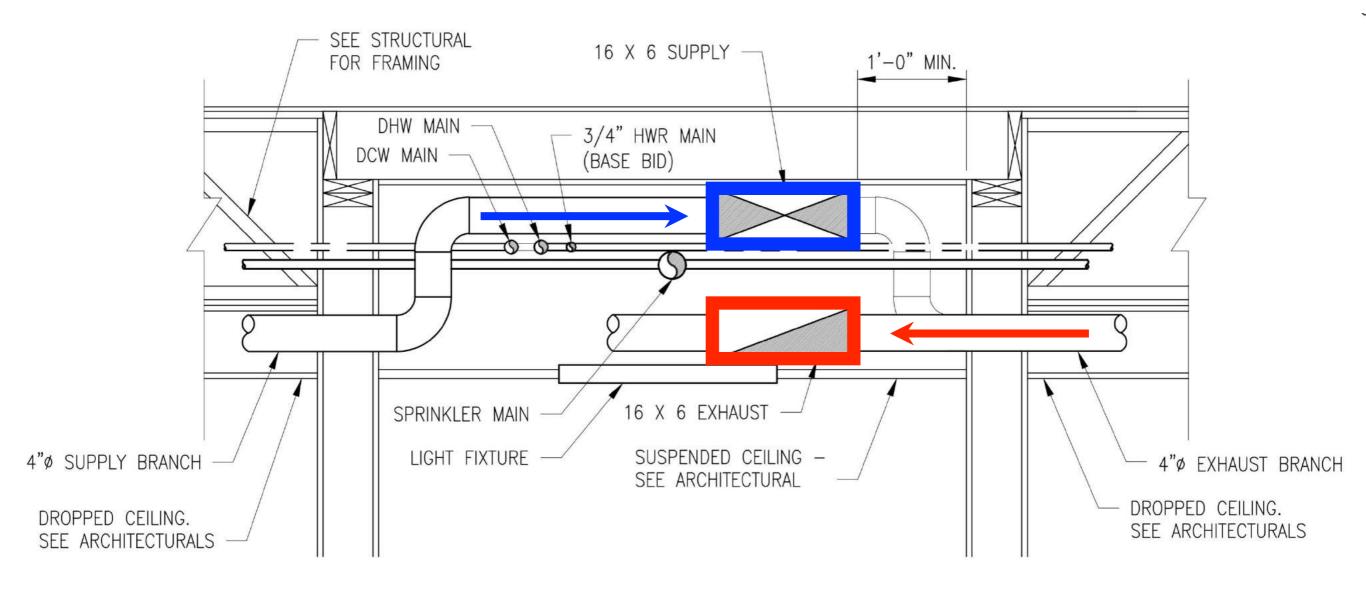
1 ERV PER 6 UNITS

SIDEWALL INTAKE & EXHAUST

#### **HVAC DESIGN: UPPER FLOORS**







SERVICE DETAIL AT CORRIDOR CEILINGS

M500) SCALE: 3/4" = 1'-0"

### PASSIVE HOUSE 8 PHIUS+

#### HEATING DEMAND

PASSIVE HOUSE

4.75 kBTU / SF / YEAR

PHIUS+ (PORTLAND, ME)
6.6 kBTU / SF / YEAR (+ 39%)

#### COOLING DEMAND

PASSIVE HOUSE

4.75 kBTU / SF / YEAR

PHIUS+ (PORTLAND, ME)

1.4 kBTU / SF / YEAR (- 71%)

#### PRIMARY ENERGY

## PASSIVE HOUSE 38 kBTU / SF / YEAR 2.6 SOURCE ENERGY FACTOR

## PHIUS+ OCCUPANCY x 6,200 kWH / YEAR 3.16 SOURCE ENERGY FACTOR

#### AIR TIGHTNESS

PASSIVE HOUSE 0.60 ACH50

PHIUS+ 0.05 CFM50 / SF / ENCLOSURE

## PEAK HEATING LOAD

PASSIVE HOUSE

3.17 BTU / SF / HOUR

PHIUS+ (PORTLAND, ME)
4.0 BTU / SF / HOUR

## AREA MEASUREMENTS

**GROSS AREA**37,815 SF

PASSIVE HOUSE: TFA 32,384 SF (- 15%)

PHIUS+: iCFA 34,925 SF (- 8%)

## ENCLOSURE & VOLUME

# THERMAL ENCLOSURE 35,659 SF

## INTERIOR VOLUME 279,196 CU FT

## MAX HEATING DEMAND

PASSIVE HOUSE 153,824 kBTU / YEAR

PHIUS+ 230,505 kBTU / YEAR (+ 50%)

## MAX COOLING DEMAND

PASSIVE HOUSE 153,824 kBTU / YEAR

PHIUS+

48,895 kBTU / YEAR (- 68%)

## MAX PRIMARY DEMAND

### PASSIVE HOUSE

1,230,592 kBTU / YEAR

### PHIUS+

1,925,130 kBTU / YEAR (+ 56%)

## MAX PRIMARY DEMAND

PASSIVE HOUSE

1,230,592 kBTU / YEAR

PHIUS+ (4,200 kWH / PERSON) 1,304,121 kBTU / YEAR (+ 6%)

## PV TO BE NET ZERO

## PASSIVE HOUSE

107 kW

PHIUS+

137 kW (+ 30%)

## CFM50 AT BLOWER DOOR

# PASSIVE HOUSE

2,792 CFM50

### PHIUS+

1,783 CFM50 (- 36%)

## EUI

PASSIVE HOUSE 12.5 EUI

PHIUS+ 16.1 EUI (+ 30%)

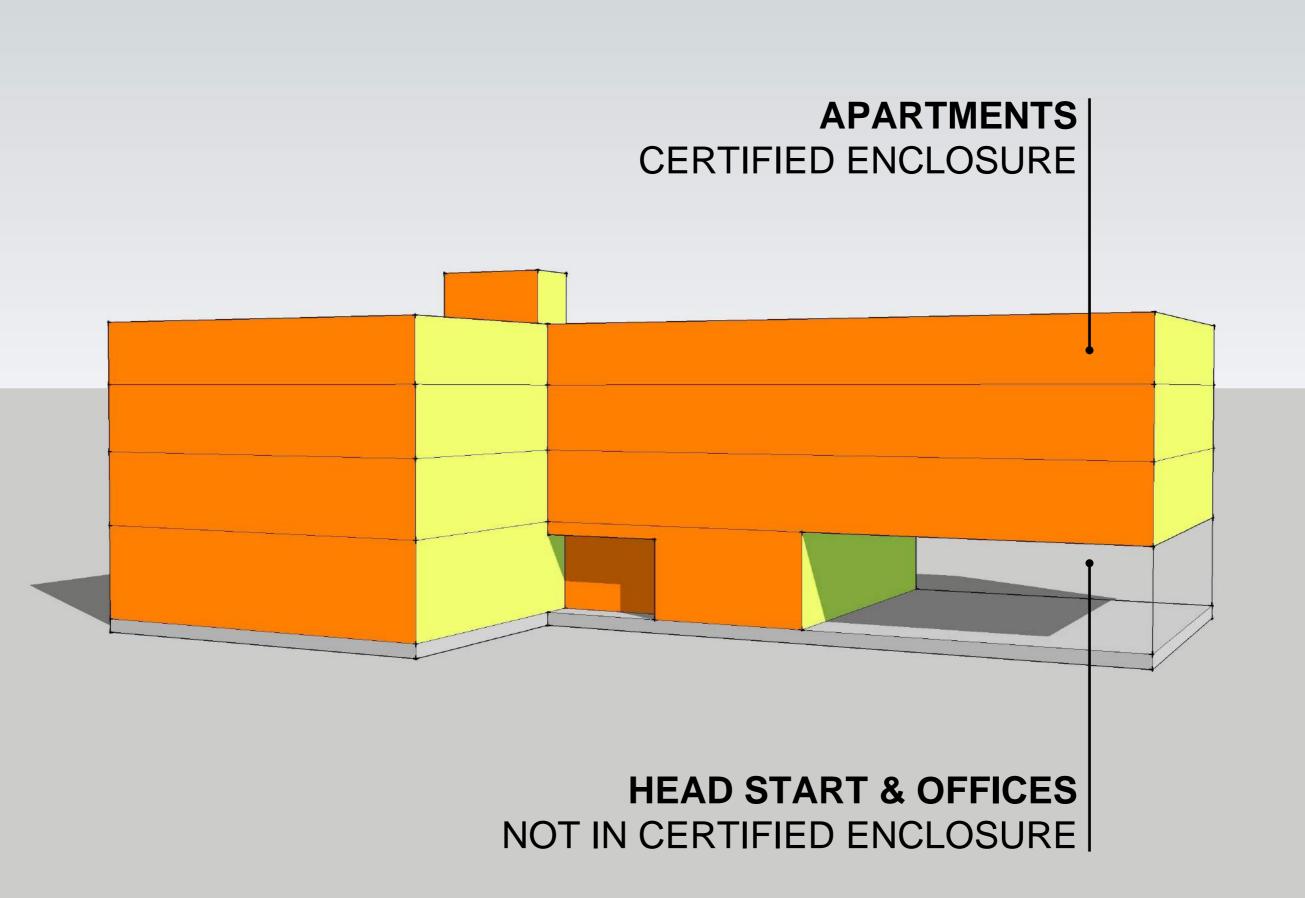
ARCH 2030: 2015 TARGET 18.2 EUI

## COST TO OPERATE

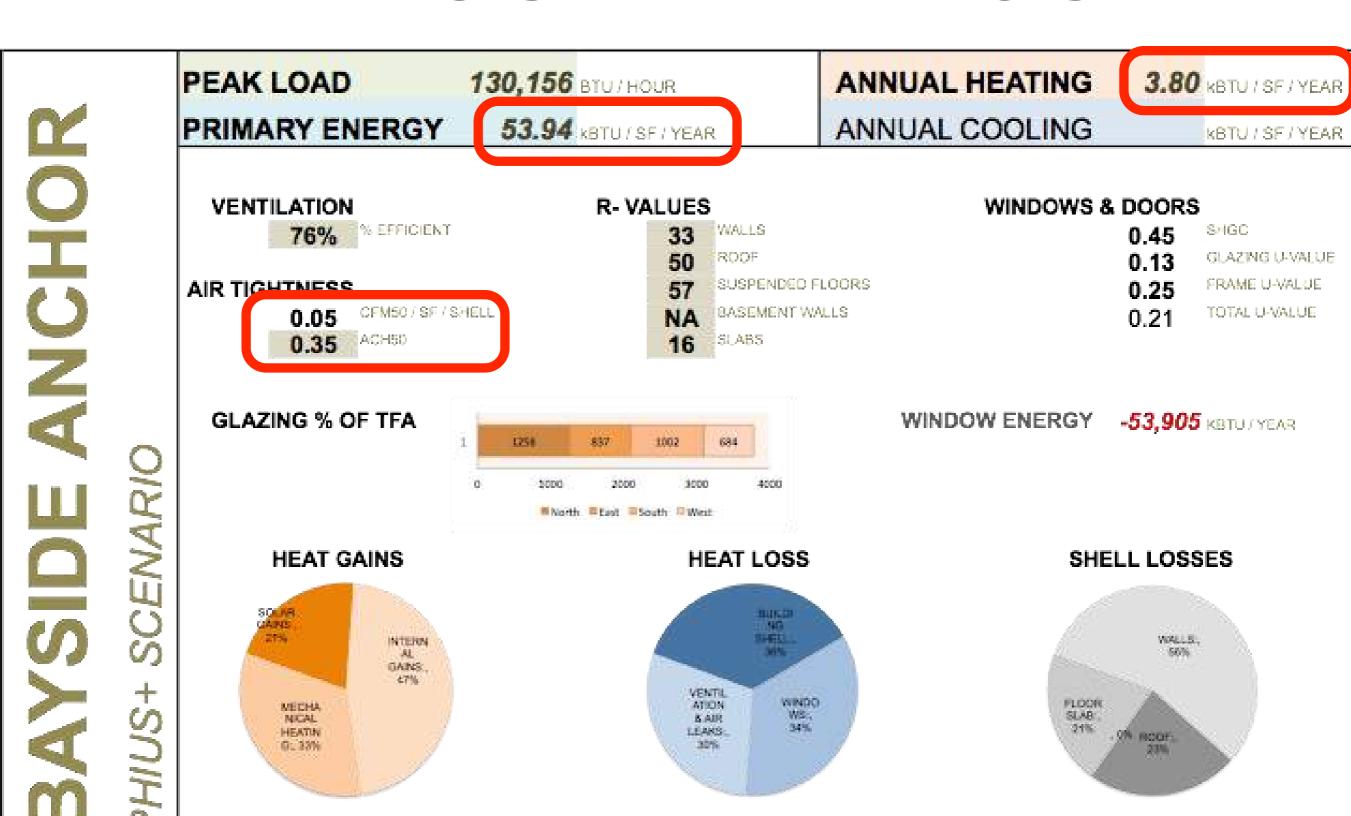
PASSIVE HOUSE

\$20,806 / YEAR

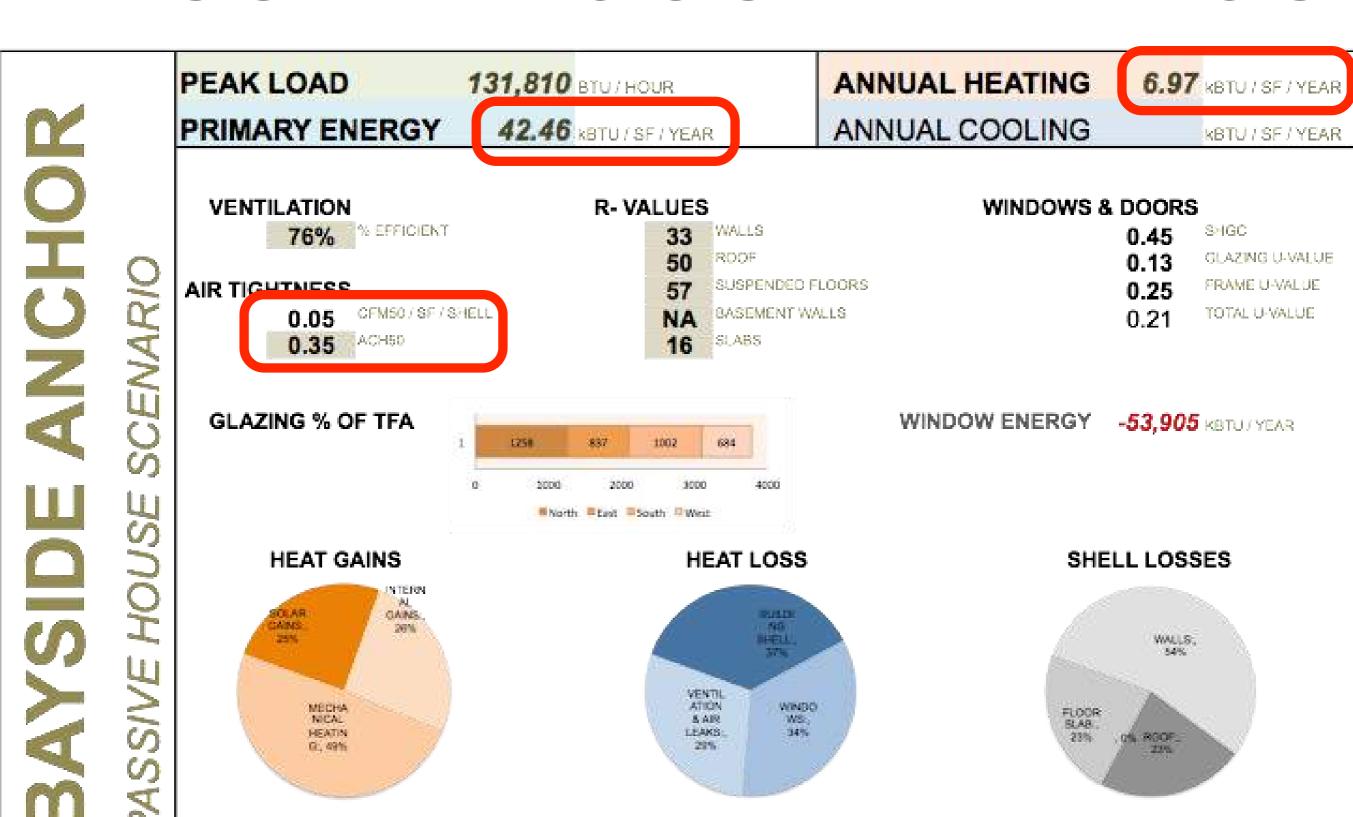
PHIUS+ \$26,781 / YEAR



## PHIUS+ METRICS



## PASSIVE HOUSE METRICS



## PHIUS+ CERTIFICATION

ANNUAL HEATING		3	.80	kBTU / SF / YEAR
PHIUS+ HEATING LIMIT		6	.40	kBTU / SF / YEAR
HEATING LOAD		3	.65	kBTU / SF / YEAR
PHIUS+ LOAD LIMIT		4	.00	kBTU / SF / YEAR
PRIMARY ENERGY		53.9	BTU /	HOUR
PHIUS+ PRIMARY LIMIT		54.01	kBTU	/ SF / YEAR
COOLING DEMAND			BTU /	HOUR
PHIUS+ COOLING LIMIT		3.80	kBTU	/ SF / YEAR

# DISTILLERY 8 BAYSIDE ANCHOR





