

BUILDINGENERGY BOSTON

Quality and Quantity: Strategies for Accelerating Single Family Passive Houses

Andy Allwine (Passive to Positive)

Matt Bowers (AUROS)

Michael Hindle (Passive to Positive)

John Loercher (Phius / Northeast Projects)

Curated by Danny Veerkamp (Woodhull) and Frank Stone (New Ecology)

Northeast Sustainable Energy Association (NESEA) | March 20, 2024

Quality *AND* Quantity

Case studies in advancing the single-family passive house market

Moderated Session (60 mins)

- 1- Introduction Presentation, John Loercher (5 mins)
- 2-Case 1: Eagle Rock, Passive to Positive – Andy Allwine (15 mins)
- 3-Case 2: Rachel Carson Ecovillage, Auros Group – Matt Bowers (15 mins)
- 4-Case 3: Flex House, Northeast Projects – John Loercher (15 mins)
- 5-Discussion + Q&A, (10 mins)

Learning Outcomes:

1. Expedite the process of certifying multiple single-family units within a development
2. Reduce the total cost/sq. foot of single-family homes to that seen in the multifamily market
3. Successfully prefabricate and construct entire communities of Phius certified buildings

NORTHEAST
PROJECTS



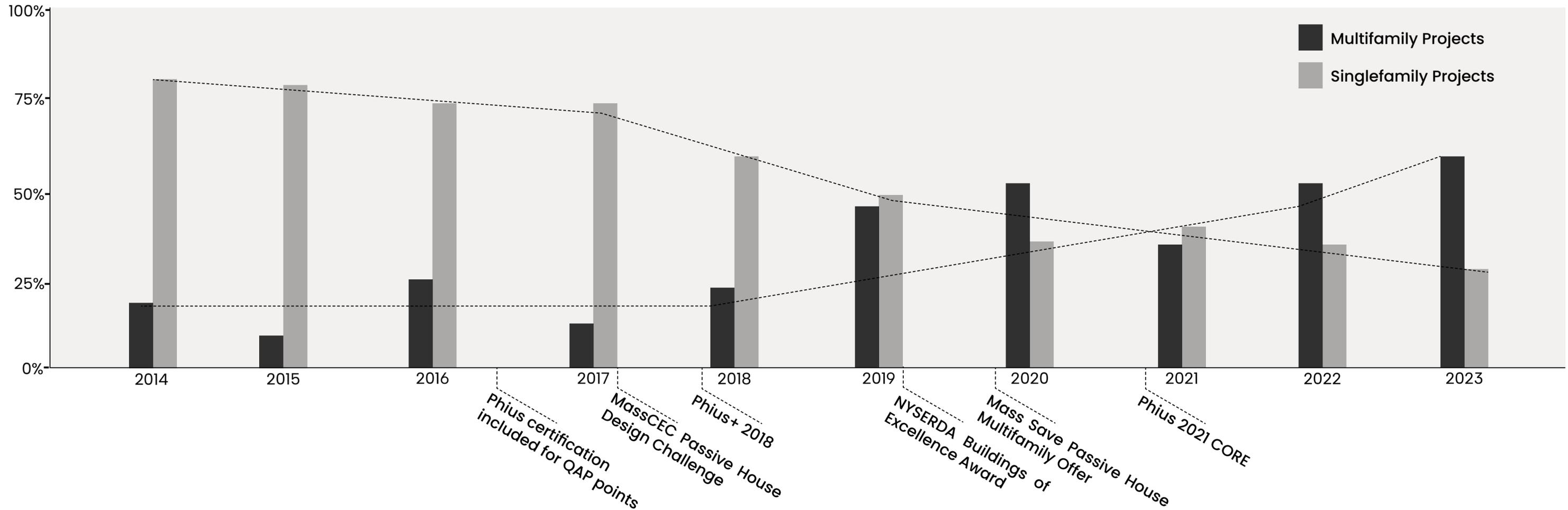
Rachel Carson Ecovillage
Pittsburgh, PA
Auros Group / Evolve EA

Certification Growth

Factors contributing to Multifamily adoption

- Better form factor - favorable building energy balance
- Proven to be only 2-5% above conventional costs
- Passive House included in QAPs across the country for LMI housing
- Updated buildings codes, stretch codes and local legislation (bottom-up approach)
- Incentives favor standardized, verifiable certifications

MULTIFAMILY AND SINGLEFAMILY PROJECTS
By percentage of certification, 2014 - 2023



Let's make some waves

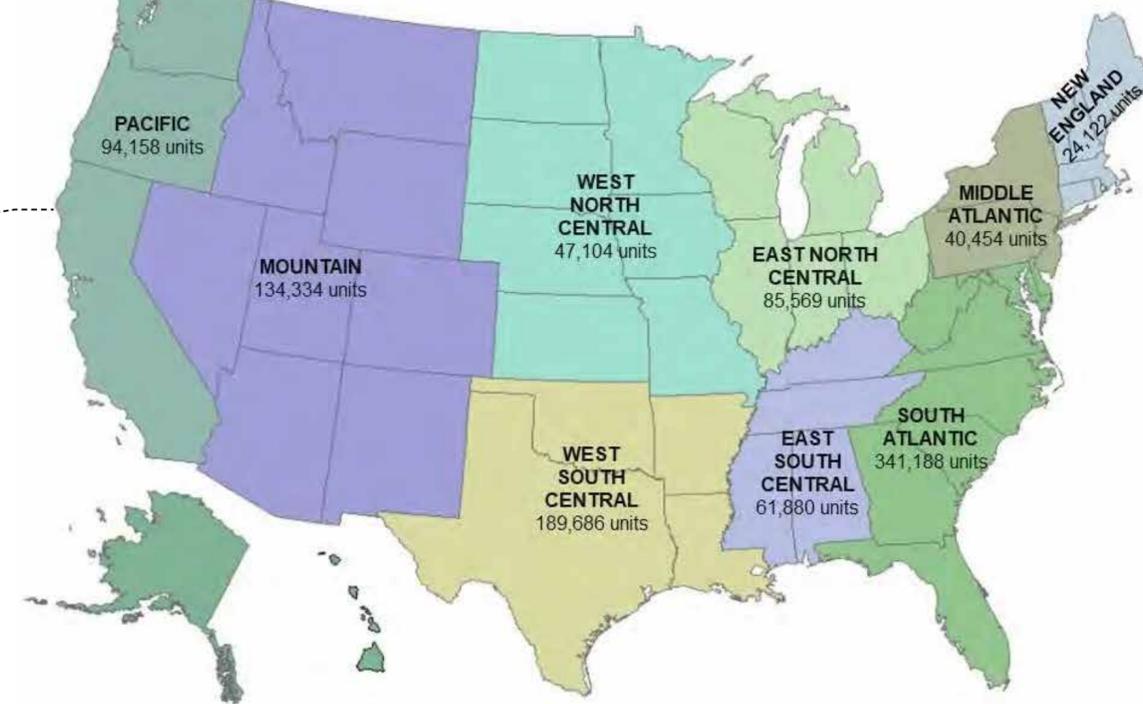
- Phius-certified single family homes make up about .02% of new construction in the US
- Custom, 'one-off' buildings have always been the focus, but not the way forward
- Retrofits are critical (new Revive program)
- We need some accelerants in the single family market



230 Single Family Projects
(as of 2023)



1,019,495 New Single Family Projects
(2022 Census - Survey of Construction)



Accelerants

Adoptable
Prescriptive
Customizable



Alternative Construction Methods

- Prefabricated options - Modular and Panelized
- CNC fabrication
- Exciting new materials and products

Alternative Project Delivery Methods

- Integrated design development
- Design-build / Integrated Project Delivery
- Onsite training and certified professionals

Phius Protocols for Developments

- Phius offers ways to make certification for multiple buildings easier by offering:
 1. A site-source energy protocol
 2. A cumulative project review process

Phius 2021 CORE Prescriptive Path

- Significantly reduced review timeline
- Prescriptive requirements for all building components
- Not as site-dependent as the performance path



Architect: RODE Architects
 CPHC: Passive to Positive
 Builder: TBD

17 Individual residences integrated with complete site design and targeting Phius ZERO certification

Eagle Rock
 Stoughton, MA



Architect: Evolve EA
 CPHC: Auros Group / Northeast Projects
 Builder: Blueprint Robotics

35 Phius 2021 CORE certified housing units across 16 buildings in a walkable ecovillage.

Rachel Carson Ecovillage
 Pittsburgh, PA



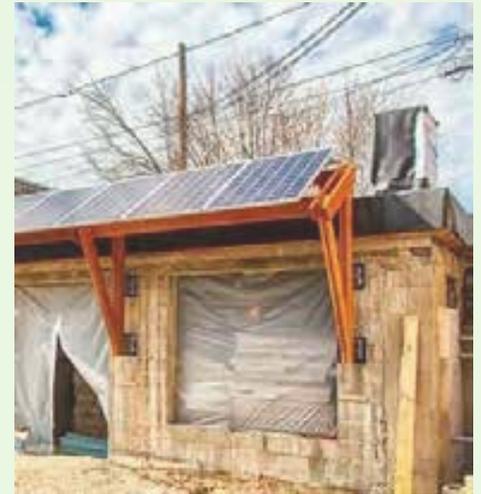
Architect: North River Architecture + planning
 CPHC: Northeast Projects
 Builder: North River Design + Build

An adaptive design tied to the Phius prescriptive path, executed in a design-build-develop method

Flex House
 Various sites, NY

Case Studies

**Phius Certified
 Integrated Design
 Economy of Scale**



Passive to **POSITIVE**
PASSIVE HOUSE AND LOW IMPACT DESIGN

MICHAEL HINDLE, CPHC – Owner, Principal
michael@passivetopositive.com
240-431-1281

ANDY ALLWINE, AIA, CPHC
andy@passivetopositive.com



Quality and Quantity SINGLE FAMILY PROJECT COMPARISON

EAGLE ROCK

DEVELOPER / BUILDER: DMITRY BASKIN
ARCHITECT: RODE
STRUCTURAL: TLH CONSULTING
MEP: TBD - DESIGN/BUILD
CPHC: PASSIVE TO POSITIVE

RODE

Passive to **POSITIVE**
PASSIVE HOUSE AND LOW IMPACT DESIGN

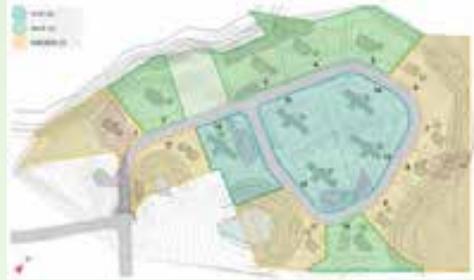
SINGLE FAMILY DEVELOPMENT - 3 BUILDING TYPES ACROSS 17 SITES

CONSISTENCY OF CONSTRUCTION ACROSS BUILDING TYPES
Variety of building form aesthetic within standardization

PASSIVE HOUSE INTEGRATION
Passive House consultants included from the beginning

INTEGRATED DESIGN & CONSTRUCTION TEAM
Experienced architect & developer with immediate past project experience

INTEGRATED DESIGN BONUS!
Low Embodied Carbon, Resilience



Integrated Design Team & Process

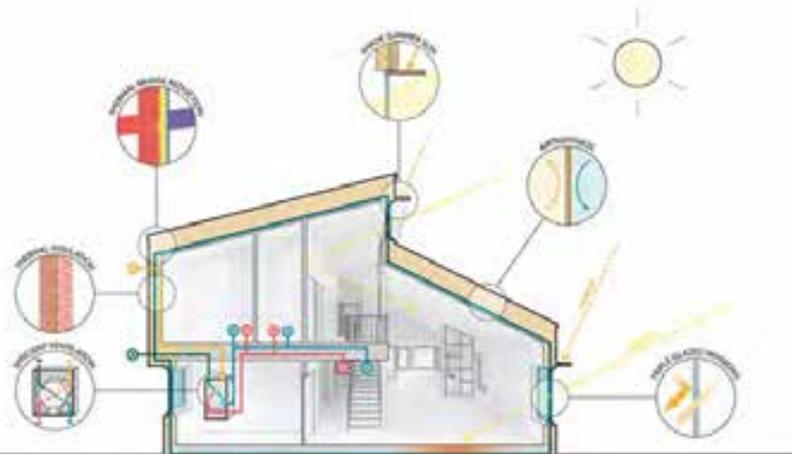
Early CPHC integration starting at site planning

Passive House Experienced Developer & Architectural team

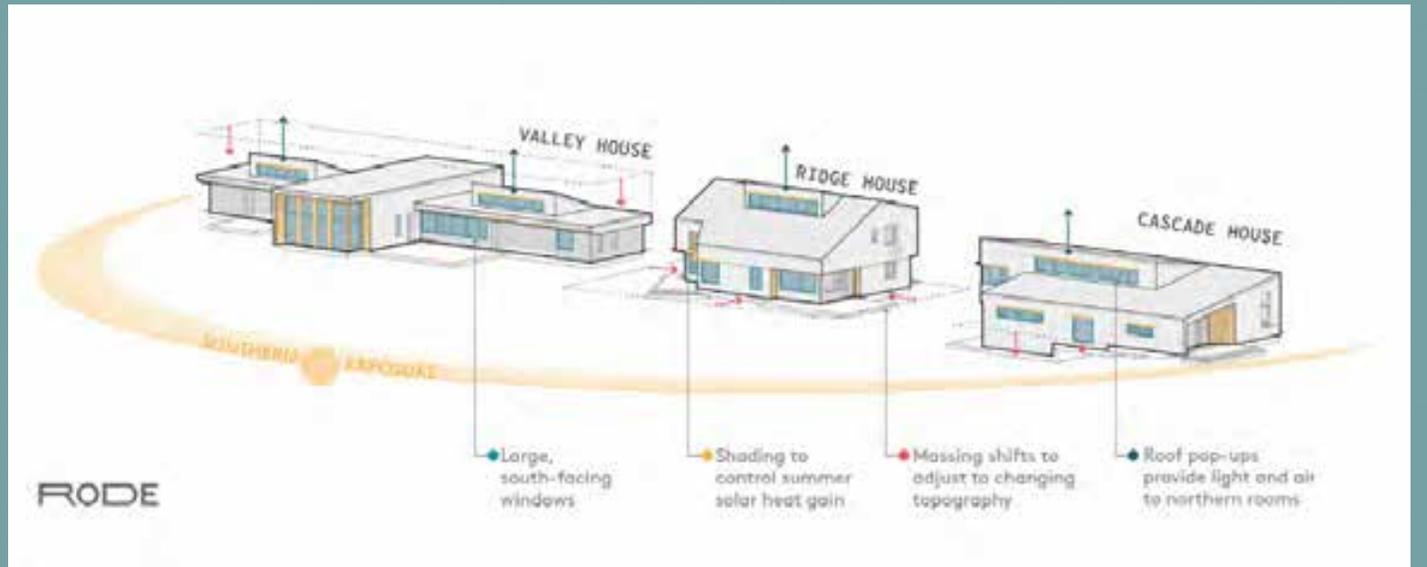
Optimized site orientation determined design for Passive measures



RODE



RODE



RODE

Large, south-facing windows

Shading to control summer solar heat gain

Massing shifts to adjust to changing topography

Roof pop-ups provide light and air to northern rooms

PUT THE PASSIVE BACK IN PASSIVE HOUSE

Site Design Challenges

Variable Landscape per Site
Passive design w/o consistent site shading

Site Orientation
All instances of the building are oriented within 15° of south

Variable Topography per Site
Building forms reflect the 'optimized compromise' between site topo and solar orientation (stack house vs split house)

Glazing Ratios & Shading
Reviews built into Architect's design process



EAGLE ROCK FLAT HOUSE

DEVELOPER / BUILDER: DMITRY BASKIN
ARCHITECT: RODE
STRUCTURAL: TLH CONSULTING
MEP: TBD - DESIGN/BUILD
CPHC: PASSIVE TO POSITIVE

RODE

Passive to **POSITIVE**
PASSIVE HOUSE AND LOW IMPACT DESIGN

MODELED ALL THREE HOUSES TO FEASIBILITY LEVEL TO DETERMINE WORST CASE SCENARIO

DESIGN TO THE WORST CASE SCENARIO

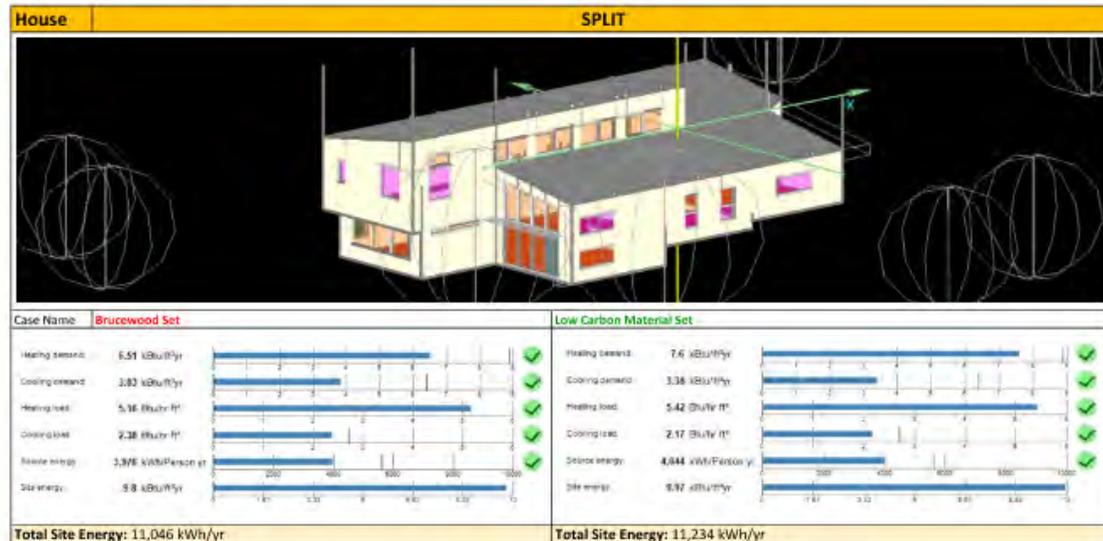
- Long Linear Layout
- Largest iCFA/Occupant
- Large Southern Glass Wall
- Architecturally open interiors – cathedral ceilings
- Hidden systems



ASSEMBLIES OPTIONS AND ANALYSIS: SELECTION

Simplification by designing for the worst case

Criteria: Thermal and Airtight Performance – Constructability – Team Familiarity – Product Availability – Embodied Carbon



Passive House Results

PHIUS Passive House Criteria	Units	Split		Stacked		Flat	
		Target*	Results	Target*	Results	Target*	Results
ICFA	si	n/a	3,845.50	n/a	3,042.30	n/a	5,473.30
Occupant Quantity	per	n/a	5	n/a	5	n/a	5
Envelope Area	m²	n/a	11,665.00	n/a	10,677.00	n/a	13,113.00
Heating Demand	kBtu/h/yr	8.9	6.32	8.9	7.42	9.2	6.88
Cooling demand	kBtu/h/yr	5.4	~.70	6.3	7.01	5.8	1.89
Heating load	Btu/h/ft²	8.4	5.69	6.1	~.17	6.7	1.96
Cooling load	Btu/h/ft²	2.7	1.81	2.6	3.88	2.3	1.93
Source energy before Solar PV**	kWh/Person/yr	5000.0	4,010	ABSLO	3,340	5300.0	3,870
Site energy before Solar PV	kWh/yr		11,135.80		9,776.60		10,162.80

Assemblies

Assembly Type	Effective R Values	Effective R Values	Effective R Values
Walls	R-50	R-50	R-55
Foundation Wall	R-30	n/a	n/a
Roof	R-60	R-50	n/a
Slab on grade	R-30	R-30	R-33
Door	R-60	R-60	R-70

LI-Glass: 0.080, Frame LI-Value: 0.176, SHGC: 0.35
LI-Glass: 0.080, Frame LI-Value: 0.211, SHGC: 0.35

System Assumptions

System Type: Location: Stockholm, Sweden

ENERG Energy Recovery Ventilator: All spaces are ventilated by an ERV with a 90% sensible recovery efficiency and 68% humidity efficiency.

SPACE Space Conditioning: Whole building is assumed to be served by a (HW) pump with plate coils/water. The plate holders are the following: COP of 3.2 at 17 degrees and COP of 4.25 at 47 degrees. Cooling COP is 4.79.

DRIVE Heat Pump Water Heater: The building is currently using a HWWH with the following plate holder values: COP of 3.2 and HWHEF of 4.25. The DRWH consumption is 8.6 gal/Person/day.

VENTILATION

Room Ventilation	Split	Stacked	Flat
Total supply air rate:	143 cfm	139 cfm	119 cfm
Total exhaust air rate:	143 cfm	139 cfm	119 cfm

Exhaust Ventilation: No exhaust ventilation; however, all models would still pass with a range hood that has an exhaust volume air flow rate of 100 cfm.

PV Photovoltaic Array: All models reflect no PV production.

Envelope Airtightness

Envelope Airtightness at 50 Pa (cfm/sqft)	Value
Envelope Airtightness at 50 Pa (cfm/sqft)	0.06 cfm/sqft

* The provided PHIUS targets were created based on the envelope area (EFA) and the total floor area (TFA). ** These results reflect no PV output.

ASSEMBLIES

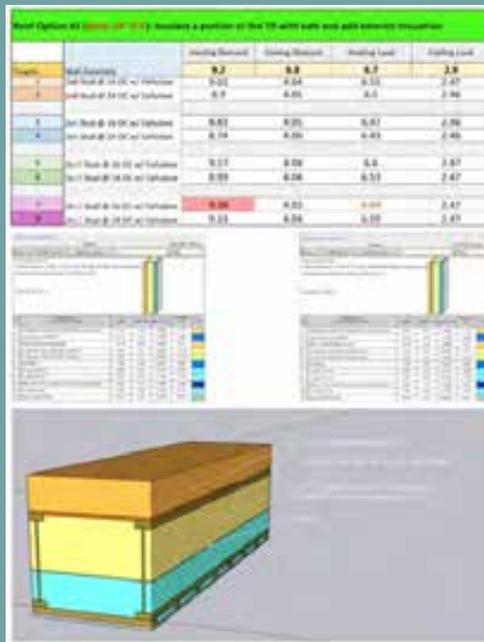
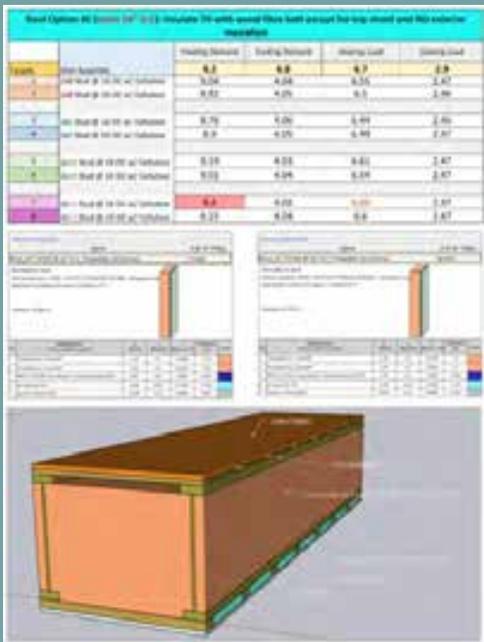
ROOF OPTIONS

Various roof forms on the project:

- Shed
- Gable
- Dormers
- Flat roof

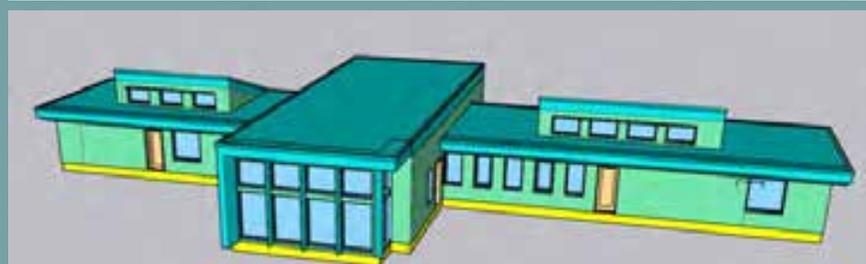
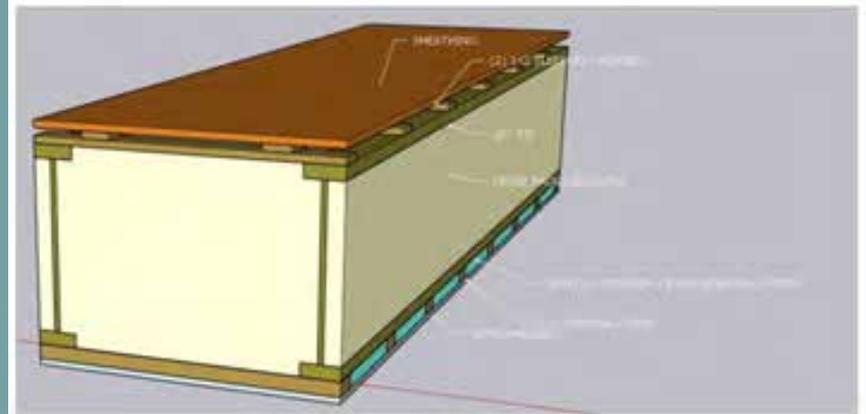
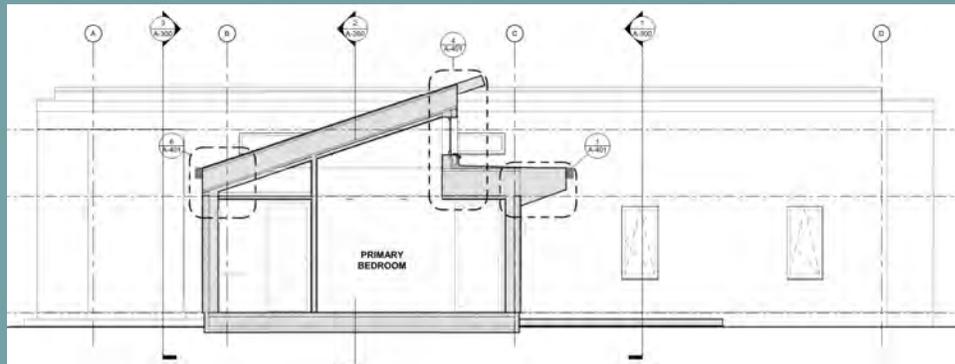
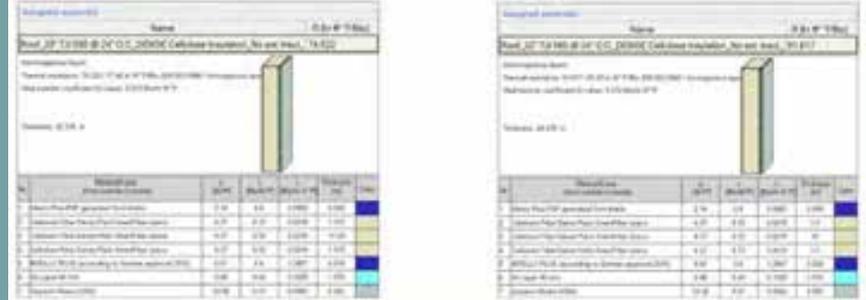
Attempt to use one roof assembly concept

Low slope vented roof is cost savings that we can leverage.



Roof Option #3 (Joists 24" O.C): Insulate entire TJI cavity with Dense cellulose and thicker sleeper

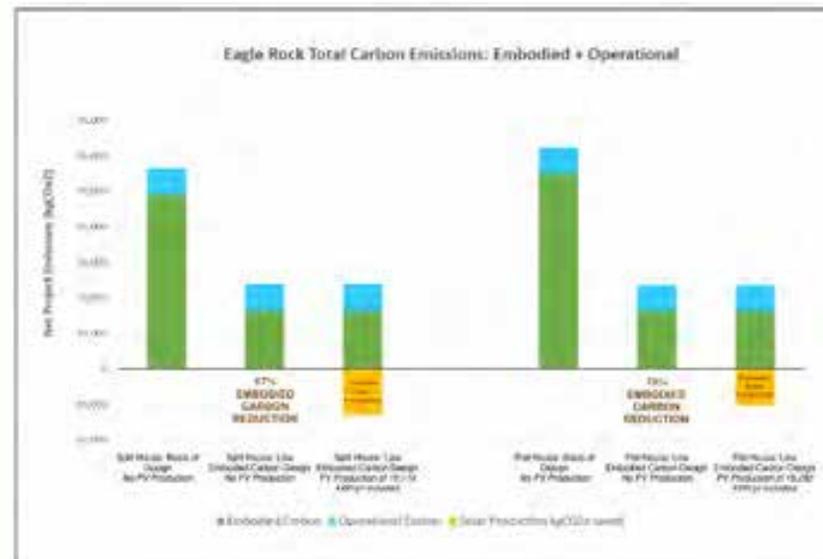
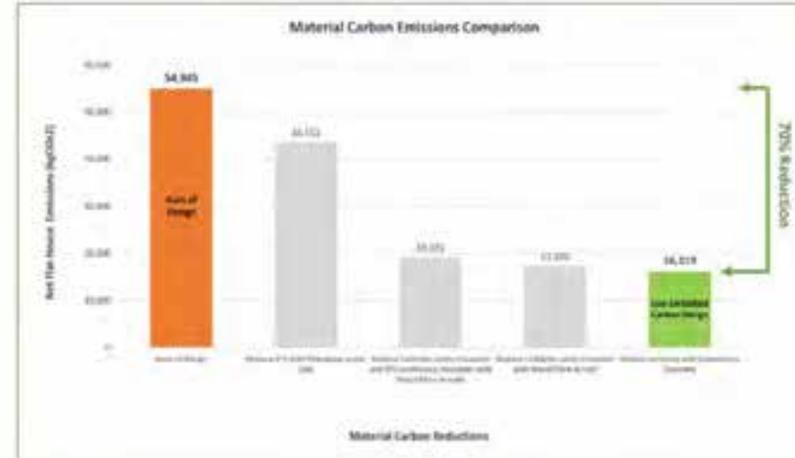
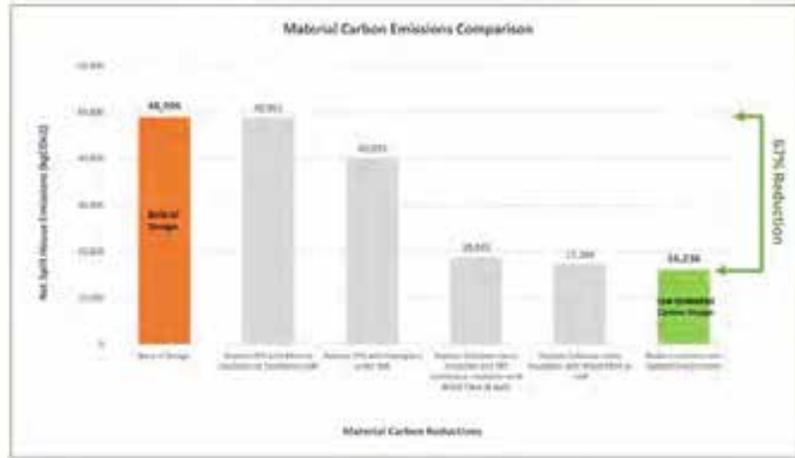
Targets	Wall Assembly	Heating Demand	Cooling Demand	Heating Load	Cooling Load
1	2x8 Stud @ 16 OC w/ Cellulose	9.02	6.8	6.7	2.9
2	2x8 Stud @ 24 OC w/ Cellulose	8.89	4.05	6.49	2.46
3	2x6 Stud @ 16 OC w/ Cellulose	8.82	4.05	6.46	2.46
4	2x6 Stud @ 24 OC w/ Cellulose	8.74	4.06	6.43	2.46
5	2x11 Stud @ 16 OC w/ Cellulose	9.16	4.03	6.6	2.47
6	2x11 Stud @ 24 OC w/ Cellulose	8.99	4.04	6.53	2.46
7	2x11 Stud @ 16 OC w/ Cellulose	9.37	4.02	6.68	2.47
8	2x11 Stud @ 24 OC w/ Cellulose	9.13	4.04	6.59	2.47



ASSEMBLIES OPTIONS AND ANALYSIS: EMBODIED CARBON

Information as **Power** and **Leverage**.

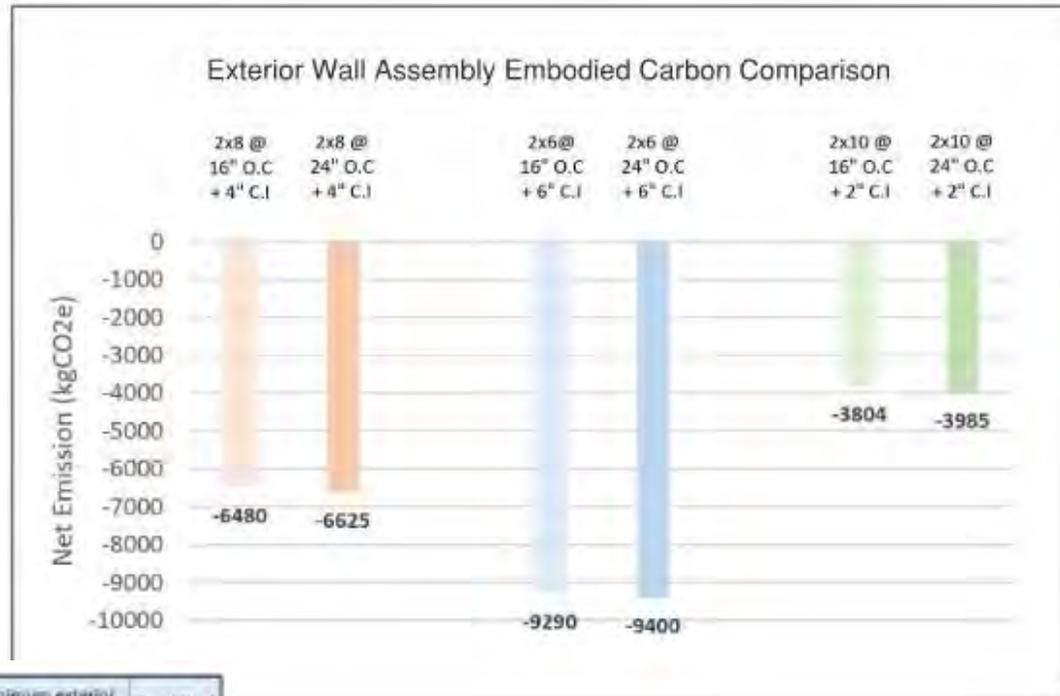
Early iterative studies of **Embodied Carbon** research and analysis led to new opportunities and added project goals.



ASSEMBLIES OPTIONS AND ANALYSIS: EMBODIED CARBON

Information as **Power** and **Leverage**.

Early iterative studies of **Embodied Carbon** research and analysis led to new opportunities and added project goals.



Wall Assembly	Minimum exterior insulation needed to Pass FRIUS (Inches)	Total Wall R-Value
1	4	38.485
2	4	39.529
3	6	40.207
4	6	40.961
5	2	37.294
6	2	38.712

Initiative Summary

The following memo outlines Finesse to Finesse's guidance on reducing the embodied carbon of concrete. The purpose of this document is to provide general guidance and information to support the design and construction teams in achieving a lower concrete carbon footprint.

Much has been written about the urgency of reducing embodied carbon in building materials. Concrete, being a widely used material that is energy intensive to manufacture, bears a significant portion of the total embodied carbon load for buildings. The guidance laid out below outlines concrete industry accepted solutions to reduce the embodied carbon of concrete. See the "Additional Resources" section for more in-depth discussions and guidelines on the subject of embodied carbon as it relates to concrete as well as additional details on many of the outlined initiatives and sample specification excerpts that can be utilized by design teams.

The terms "Embodied Carbon", "Carbon", "CO₂e" and "Global Warming Potential" or "GWP" are generally used interchangeably throughout this document.

Since concrete is often used in a structural capacity, each project team will need to verify the project specific structural needs of use for each of the recommended guidance items.

Recommended Guidance

All guidance listed here shall be reviewed by the design team and/or construction team for project specific, applicable design criteria prior to implementation.

1. Design Considerations

The most impactful action the design team can take is to avoid the use of concrete where it is not required or where a low carbon alternative is available.

1.1. Establish project embodied carbon goals

Embodied carbon goals will provide direction on material use and specifications. These goals should be created early in the project and communicated with the entire team, including design team, construction team, and manufacturer/producers.

1.2. Alternative Assembly

Explore structural strategies that utilize low embodied carbon solutions, such as ICF wood, instead of concrete or steel. Steel concrete can vary for these structural components where it's necessary. This may include utilizing concrete free approaches for typical assemblies such as a concrete free "slab on grade", which is most often utilized on single family project types (see ICF article references to "Additional Resources" section). Finally, utilize precast concrete members whenever possible as these have a lower embodied carbon footprint than cast-in-place concrete due to less transportation of materials and dismantling of the manufacturing process as well as the potential to cure the precast members in a high CO₂ environment, thereby sequestering carbon (see item 2.4 for more information).

1.3. Design to reduce concrete use

Where concrete must be utilized, size the components appropriately to reduce the volume of material used as much as possible and specify the lowest weight concrete possible. This will be best achieved with full support from the Structural Engineering team, as well as comprehensive quality control team.

RESILIENCE CONCEPTS

- CPHC led conversation – potential for ‘Resilience Upgrade’ Packages.
- Can be an easy add-on for the developer – 3 solar/battery studies, 17 possible upgrades.



Eagle Rock 'Resilience Packages'

<p>Basis of Design: Passive Survivability: High Performance Building Envelope & Systems</p> <ul style="list-style-type: none"> Passive House design principles provide a house that will maintain comfort and occupant safety year-round, with minimal energy inputs. Deep and meaningful energy use reductions. Robust thermal and airtight envelope, controlled ventilation and use of efficient MEP systems. 	
<p>Package 1: Net Zero</p> <ul style="list-style-type: none"> Solar PV provided on the roof to meet Net Zero Energy target. 	
<p>Package 2: Balanced PV and Energy Storage (Resilience)</p> <ul style="list-style-type: none"> Solar PV provided on the roof. PV power production is balanced between everyday use and battery storage. Includes critical loads review for storage system sizing. 	
<p>Package 3: Full Zero Energy and Resilience</p> <ul style="list-style-type: none"> Solar PV provided on the roof to meet Net Zero Energy target. Additional PV for battery storage. Includes critical loads review for storage system sizing. Includes possible bi-directional EV charging / EV as house battery system. 	

- FLAT (5)
- SPLIT (5)
- STACKED (7)



An aerial photograph of a vast agricultural landscape, showing a grid of fields in various shades of green and brown. A bright sun flare is visible in the upper right quadrant of the image, creating a diagonal line of light across the sky and the top of the fields. The sky is a clear, bright blue.

Building COMMUNITY

MORE THAN A DEVELOPMENT – PLACEMAKING

What makes this community unique?

What ties these houses together?

How is this place marketable?

Building COMMUNITY

MORE THAN A DEVELOPMENT – PLACEMAKING

What makes this community unique?

What ties these houses together?

How is this place marketable?

SHARED DESIGN AESTHETIC

USONION CONCEPT



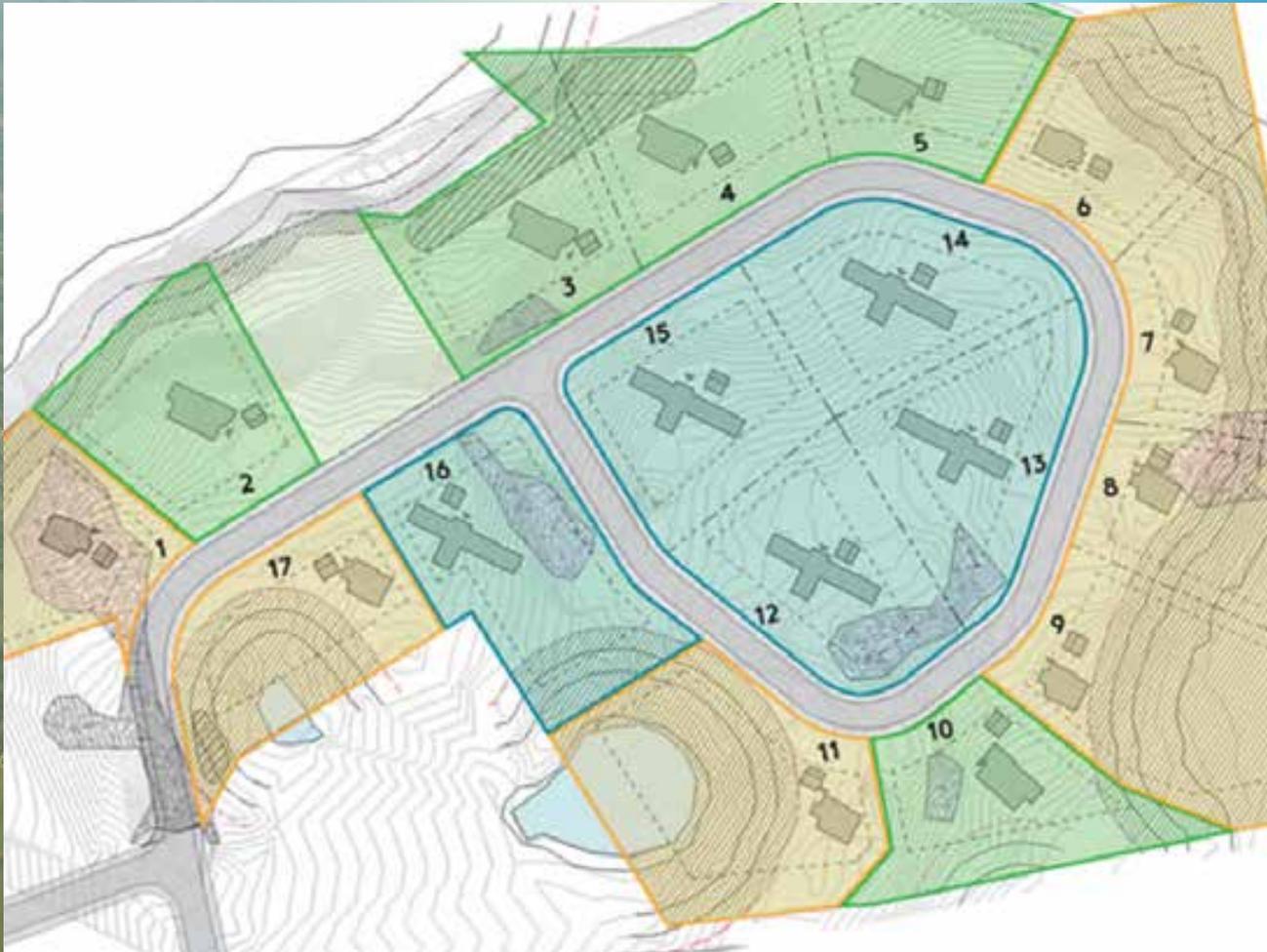
Building COMMUNITY

MORE THAN A DEVELOPMENT – PLACEMAKING

What makes this community unique?

What ties these houses together?

How is this place marketable?



SHARED DESIGN AESTHETIC

USONION CONCEPT

LOW-IMPACT ETHIC

CONSERVATION FIRST – DO NO HARM

EMBODIED CARBON REDUCTION

Building COMMUNITY

MORE THAN A DEVELOPMENT – PLACEMAKING

What makes this community unique?

What ties these houses together?

How is this place marketable?



SHARED DESIGN AESTHETIC

USONION CONCEPT

LOW-IMPACT ETHIC

CONSERVATION FIRST – DO NO HARM

EMBODIED CARBON REDUCTION

HEALTH AND COMFORT

RESILIENT HOMES, RESILIENT COMMUNITY

SHARED RESOURCES

SHARED PURPOSE

Passive to POSITIVE

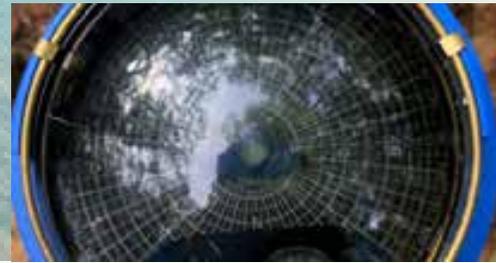
PASSIVE HOUSE AND LOW IMPACT DESIGN

MICHAEL HINDLE CPHC – Owner, Principal
michael@passivetopositive.com
240-431-1281

ANDY ALLWINE, AIA, CPHC
andy@passivetopositive.com



Passive House Institute US





“There was once a town in the heart of America where all life seemed to live in harmony with its surroundings.”

Joe Skibba, Depiction LLC

Rachel Carson EcoVillage



Our design and construction team is experienced in integrated high-performance design for sustainability.

EcoVillage Design Team

evolveEA, architecture

Fourth River Workers Guild, ecological construction

Larry Weaner Landscape Associates, natural landscape cultivation

Civil and Environmental Consultants, engineering

AUROS Group, CPHD/C, high performance building designers

Stefani Danes FAIA, project manager

Integrated Design Process

A multi-disciplinary collaborative process that encompasses design, construction, operation, and occupancy of a building over its lifecycle.

The best method for realizing high performance buildings and sustainable communities within a budget.

evolveEA,
architecture



Fourth River Workers Guild,
ecological construction



Civil & Environmental Consultants,
civil engineering



AUROS Group,
CPHD/C, building performance





35 homeownership units and a common house



Four building types



Three one-bedroom units (3)



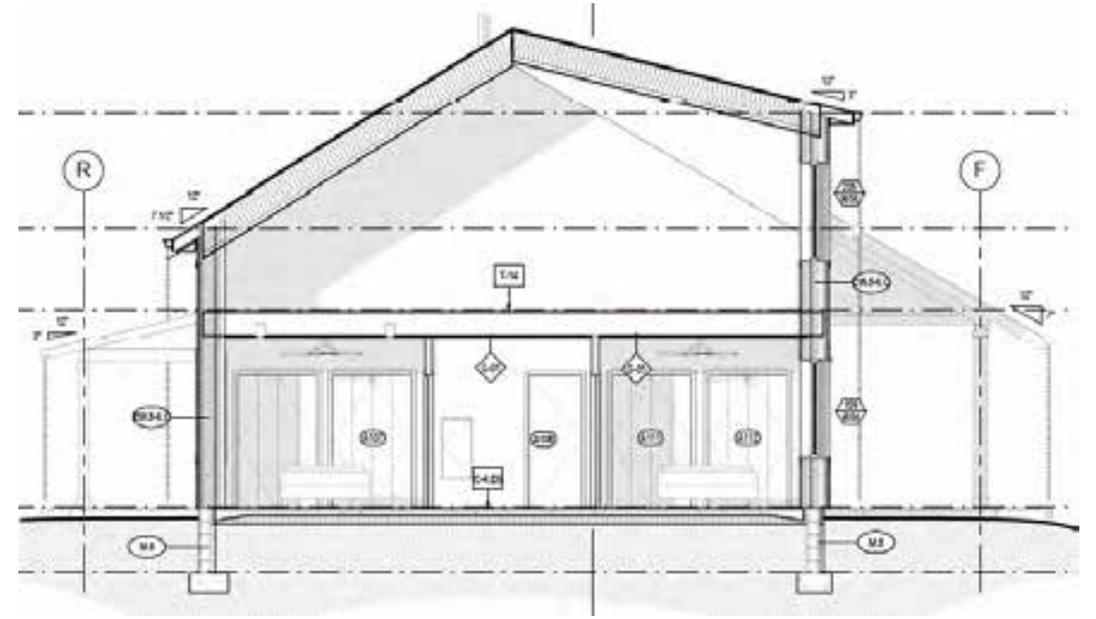
Two two-bedroom units (8)



Two two-bedroom units (4)



Common House



Energy modeling was integrated into the design process. Starting with early schematics, each design iteration was tested and costed before proceeding to the next.

Hygrothermal modeling began during design development and guided construction detailing.

Passive House (PHIUS) Criteria



	Phius #	Units	Phase	Azimuth	H. Demand	C. Demand	H. Load	C. Load	Source
Building X				Targets:	8	5.2	5.5	2	5425
X1	2358	X11 X12 X13	Design Cert	210	8.05	2.28	5.06	1.35	4907
X2 (prototype)	2064	X21 X22 X23	Design Cert	181	7.33	3.32	4.93	1.75	4878
X3	2359	X31 X32 X33	Design Cert	128	7.97	2	4.93	1.24	4870
Building Y				Targets:	8.4	5.6	5.9	2.1	5175
Y1 (prototype)	2062	Y11 Y12	Design Cert		7.8	2.02	5.08	1.6	3793
Y2	2360	Y21 Y22	Design Cert	232	8.39	1.31	5.17	1.25	3791
Y3	2361	Y31 Y32	Design Cert	232	8.39	1.22	5.16	1.19	3783
Y4	2362	Y41 Y42	Design Cert	174	8.38	1.45	5.18	1.29	3800
Y5	2363	Y51 Y52	Design Cert	254	8.39	1.16	5.16	1.14	3777
Y6	2364	Y61 Y62	Design Cert	238	8.09	1.3	5.11	1.25	3764
Y7	2365	Y71 Y72	Design Cert	290	8.24	1.24	5.13	1.19	3770
Y8	2366	Y81 Y82	Design Cert	266	8.09	1.22	5.09	1.19	3757
Building Z				Targets:	8.3	5.6	5.9	2.1	4675
Z1	2367	Z11 Z12	Design Cert	185	7.67	1.94	5.25	1.63	3672
Z2	2368	Z21 Z22	Design Cert	203	7.72	1.95	5.26	1.64	3677
Z3 (prototype)	2063	Z31 Z32	Design Cert		7.27	2.45	5.02	1.84	3669
Z4	2369	Z41 Z42	Design Cert	262	7.78	2.58	5.33	1.89	3726

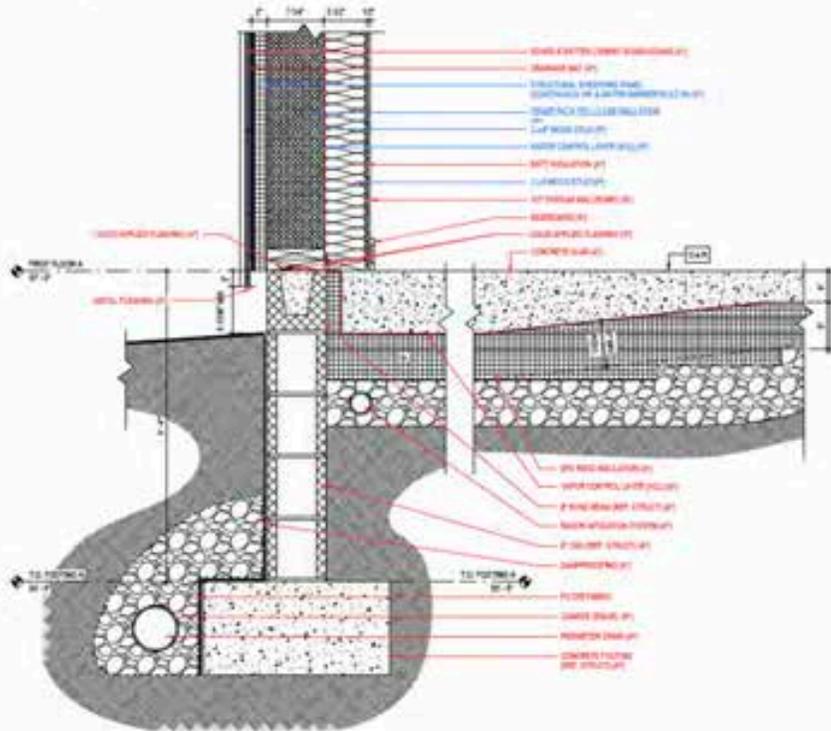


PHIUS
Certification

The buildings are panelized by Blueprint Robotics in their factory in Baltimore MD with windows, ductwork, pipes, and wiring.



① EAVE OVERHANG - OPTION 2
1/8" = 1'-0"



② DETAIL @ BASE OF EXTERIOR WALL
1/8" = 1'-0"



Risk Reduction

Single point of contact for the most demanding areas of the project's scope.

Fully coordinated interfaces and conflict resolution, including rough and finish, for:

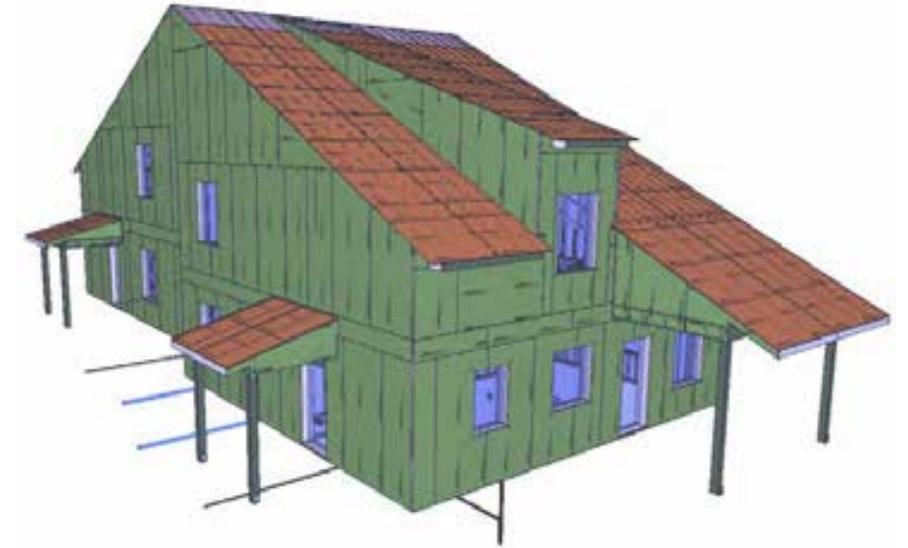
- Framing and Envelope
- Structural
- Mechanical
- Plumbing
- Electrical
- Fire Protection

High Quality

- Factory installed windows/doors.
- Precision manufacturing combining CNC machinery and skilled craftsmanship.
- Cross Laminated Timber to replace traditional CMU cores
- Standard default to high quality materials
- QA/QC for PHI/PHIUS details, framing, and MEP

Sustainability

- Zero wood waste to landfills
- Material optimization
- Coordination and clash detection reduce change orders

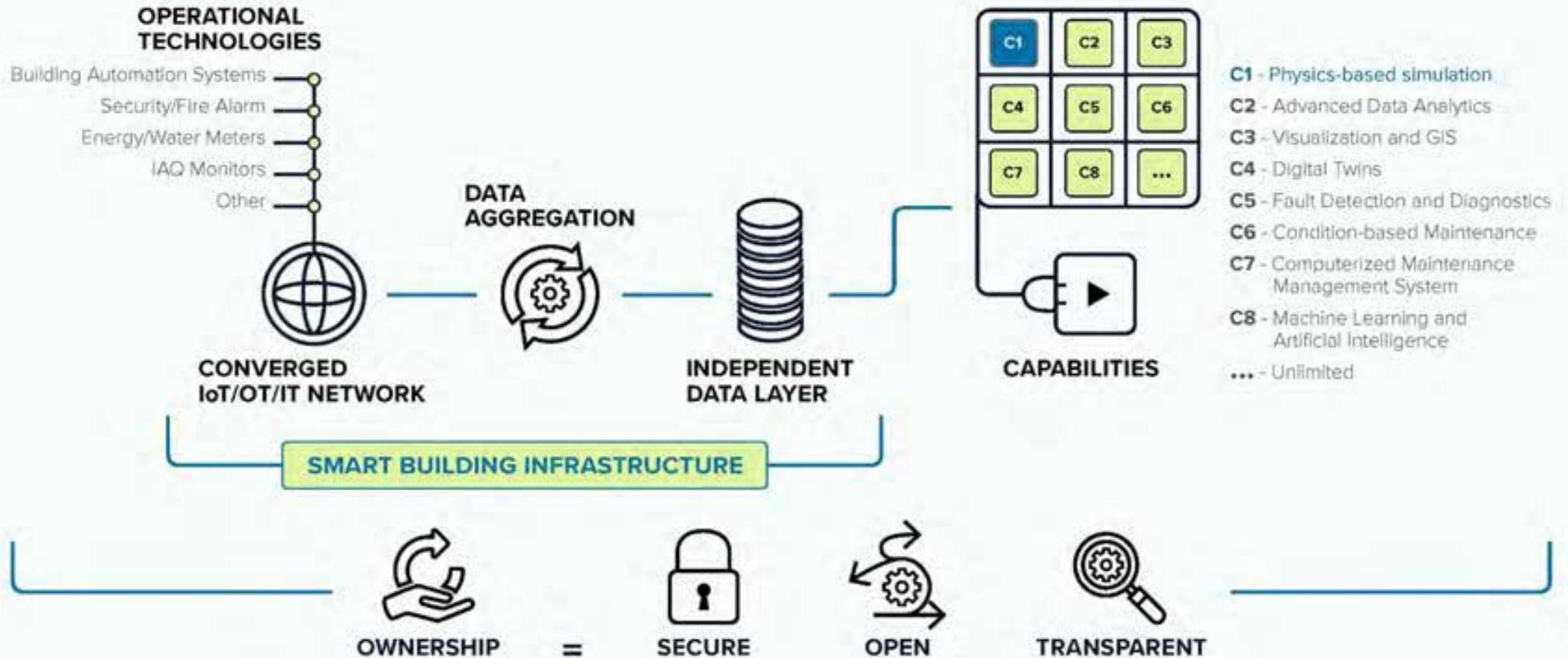


Project is constructed directly from 3D model





Smart Building Infrastructure





Generate Data

Power Meter



Indoor Air Quality Monitor



Natural Gas Meter



Potable Water Meter



Aggregate Data

JACE Devices



Manage Data

Time-Series Data Intake & Normalization

Data Storage Historian

Unified User Interface

-Visualization & GIS

Use Cases

Data Analytics

-Decarbonization & CO2e Accounting

Operationalize
Physics-based Simulation

-Monitoring-based Commissioning

-Whole-Building Decarbonization Plan

Minimum Viable Product



Smart Building Infrastructure



JACE Device
= \$1,200



Power Meter
= \$250

Primary Source Electric
Ephoca Heat Pump/ERV
State Heat Pump Water Heater



Indoor Air Quality Monitor
= \$400



Digital Twin
= \$500 per year

For more information about Rachel Carson EcoVillage, please contact us.

Stefani Danes
sdanes@cmu.edu
412-441-2948
www.RachelCarsonEcoVillage.org

Matt Bowers
Matthew.bowers@aurosgroup.com
412.506.6777
www.aurosgroup.com



Prescriptive Pathways

Scaling Up
Single Family
Residential
Design
in
New York's
Hudson Valley

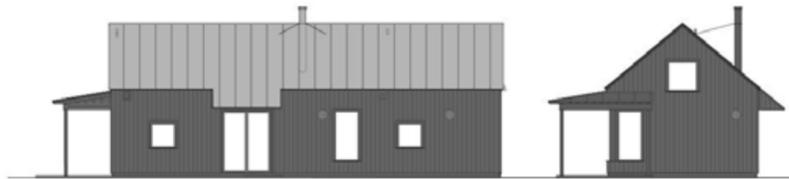


Quality AND Quantity
(Case studies in advancing the SF Passive House Market)



FLEXHOUSE I

1000 sf
1 bedroom, 1 full bath



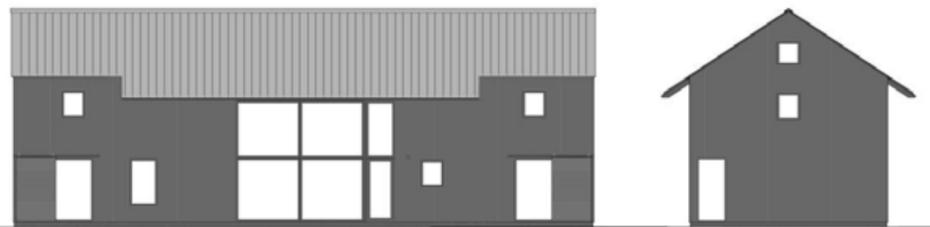
FLEXHOUSE II

1200 sf
2 bedrooms with sleeping loft, 1 full bath



FLEXHOUSE III

2400 sf
3-4 bedrooms, 3 full baths



FLEXHOUSE IV

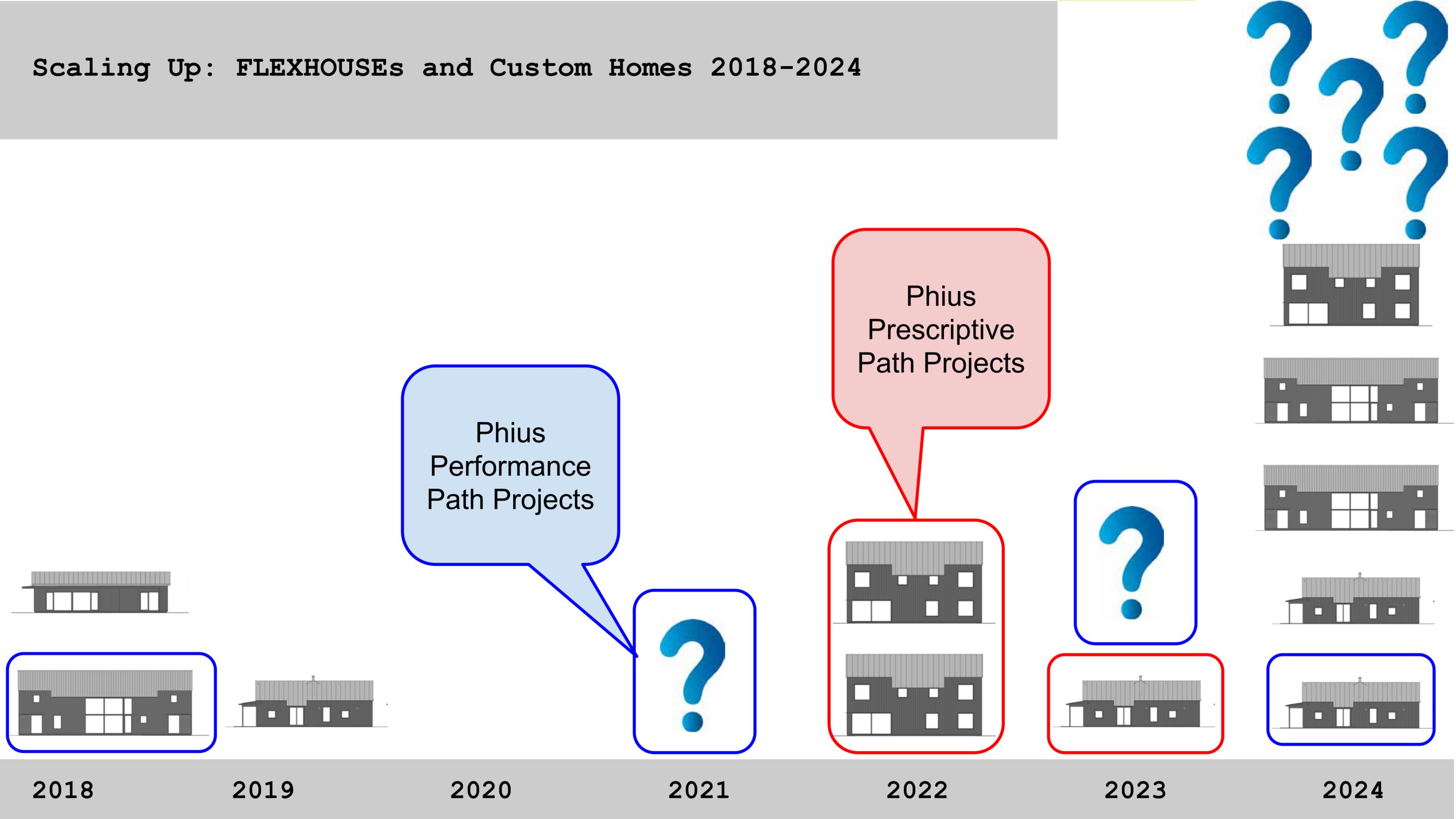
2880 sf
3-4 bedrooms with sleeping loft, 3 full baths



Custom Design



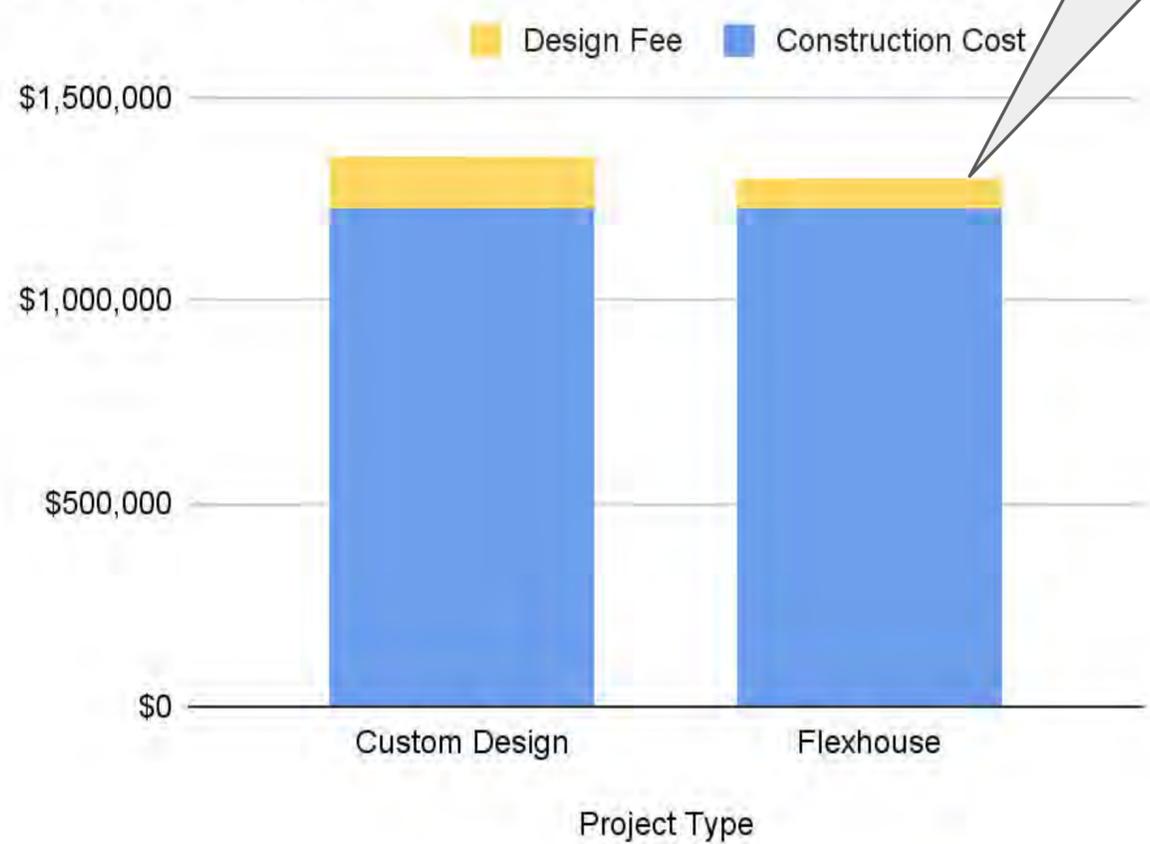
Scaling Up: FLEXHOUSEs and Custom Homes 2018-2024



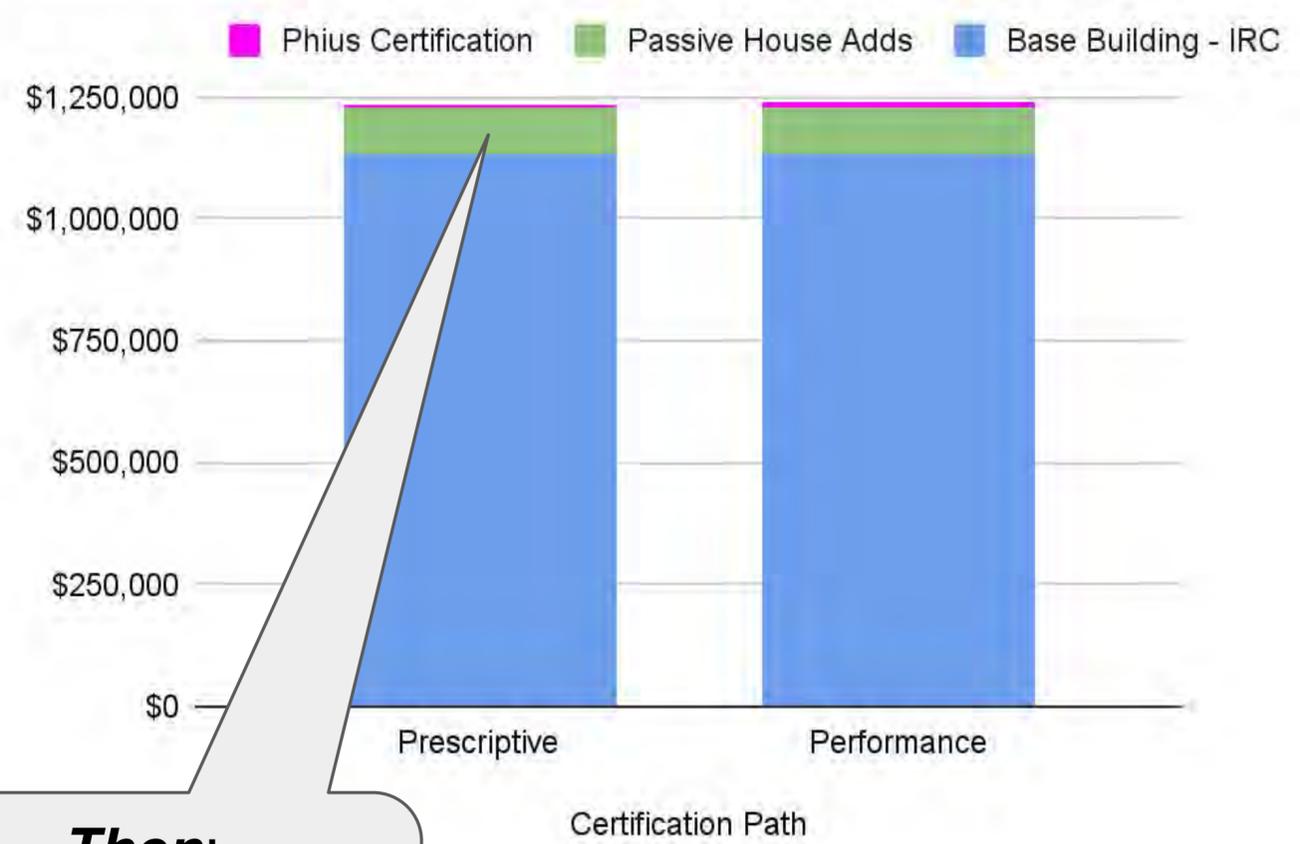
Psst:
 Certification is not a primary cost driver

First:
 Save +/- \$50,000 in design fees

Project Costs: Flexhouse vs Custom Design



Cost of Passive House: Prescriptive vs Performance



Then:
 Partial offset of +/- \$90k in Passive House Add Costs

*** Money goes to hard-costs, not soft-costs**

Phius CORE Prescriptive 2021 Snapshot



Input or select data in teal cells

State	NEW YORK
City	STEWART FIELD
ASHRAE (169-2021) Climate Zone	5A
iCFA* (ft ²)	2287
Number of Bedrooms*	3
Number of Stories	2

*per dwelling unit

1 General

1.1.2	iCFA divided by Number of Bedrooms (Calculated Value based on Inputs)	Maximum Limit	900	ft ²
		OK, Meets Limit	762	ft ²

3 Compactness

3.1.1	Envelope Area (Maximum Envelope to Floor Area Ratio)	Maximum	6548	ft ²
			2.86	

4 Solar Protection

4.1.1	Whole Window SHGC	Maximum	NR
4.4.1	Projection Factor for Fixed Overhangs	Minimum	NR

5 Thermal Enclosure

5.1.1a	Fenestration / Openings	Maximum Whole U-Value	0.17	(BTU/h.ft ² .°F)
5.1.1b	Walls & Overhang Floors - Effective R-value	Minimum Effective R-Value	41	(ft ² .°F.h/BTU)
5.1.1c	Roofs / Ceilings	Minimum Effective R-Value	72	(ft ² .°F.h/BTU)
5.1.1d	Whole Slab Foundations, Below-Grade Walls, Floors of Conditioned Basements & Crawl Spaces	Minimum Effective R-Value	21	(ft ² .°F.h/BTU)
5.1.1e	Ceilings of Unconditioned Basements or Crawl Spaces & Pier and Beam Floors	Minimum Effective R-Value	26	(ft ² .°F.h/BTU)

6 Moisture Risk Limitation

6.2.1	Fenestration Condensation Resistance	Minimum	63%
-------	--------------------------------------	---------	-----

7 Mechanical Ventilation

7.2.1	Sensible Recovery Efficiency, Heating Mode	Minimum	80%	
7.2.2	Total Recovery Efficiency, Cooling Mode	Minimum	NR	
7.2.5	Total Length of Fresh Air Ducts to Outside	Maximum	27	ft

8 Mechanical Systems

Select System Type

8.2.1	Air Source Heat Pump	Minimum COP @ 5F	1.8
		Minimum SEER	15.0

Phius CORE Prescriptive 2021 Snapshot



Input or select data in teal cells

State	NEW YORK
City	STEWART FIELD
ASHRAE (169-2021) Climate Zone	5A
iCFA* (ft ²)	2094
Number of Bedrooms*	3
Number of Stories	2

*per dwelling unit

1 General

1.1.2	iCFA divided by Number of Bedrooms (Calculated Value based on Inputs)	Maximum Limit	900	ft ²
		OK, Meets Limit	698	ft ²

3 Compactness

3.1.1	Envelope Area (Maximum Envelope to Floor Area Ratio)	Maximum	6180	ft ²
			2.95	

4 Solar Protection

4.1.1	Whole Window SHGC	Maximum	NR
4.4.1	Projection Factor for Fixed Overhangs	Minimum	NR

5 Thermal Enclosure

5.1.1a	Fenestration / Openings	Maximum Whole U-Value	0.17	(BTU/h.ft ² .°F)
5.1.1b	Walls & Overhang Floors - Effective R-value	Minimum Effective R-Value	41	(ft ² .°F.h/BTU)
5.1.1c	Roofs / Ceilings	Minimum Effective R-Value	72	(ft ² .°F.h/BTU)
5.1.1d	Whole Slab Foundations, Below-Grade Walls, Floors of Conditioned Basements & Crawl Spaces	Minimum Effective R-Value	21	(ft ² .°F.h/BTU)
5.1.1e	Ceilings of Unconditioned Basements or Crawl Spaces & Pier and Beam Floors	Minimum Effective R-Value	26	(ft ² .°F.h/BTU)

6 Moisture Risk Limitation

6.2.1	Fenestration Condensation Resistance	Minimum	63%
-------	--------------------------------------	---------	-----

7 Mechanical Ventilation

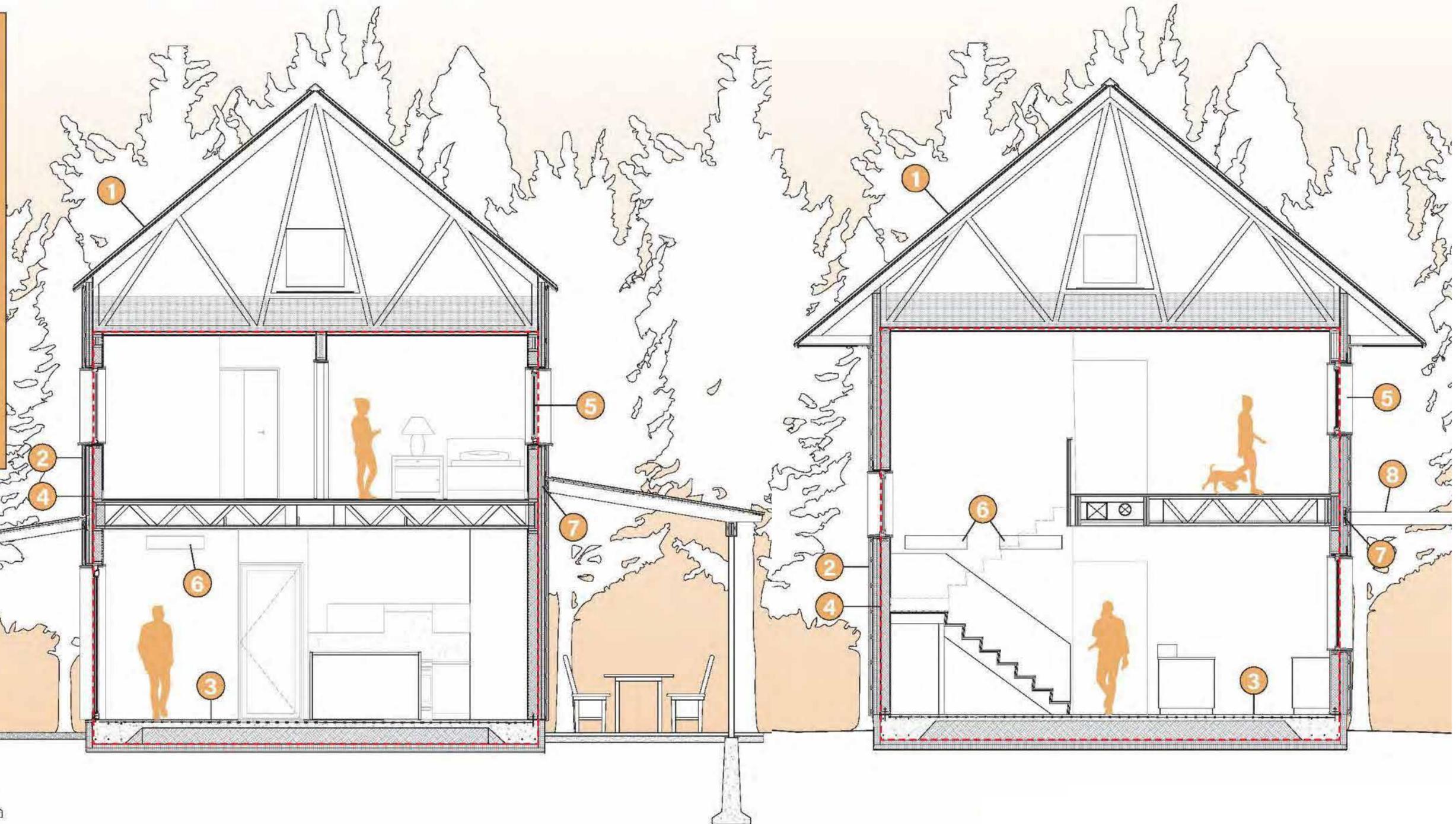
7.2.1	Sensible Recovery Efficiency, Heating Mode	Minimum	80%	
7.2.2	Total Recovery Efficiency, Cooling Mode	Minimum	NR	
7.2.5	Total Length of Fresh Air Ducts to Outside	Maximum	26	ft

8 Mechanical Systems

Select System Type

8.2.1	Air Source Heat Pump	Minimum COP @ 5F	1.8
		Minimum SEER	15.0

- 1 ROOF/CEILING - R 76.5**
standing seam metal roof, sheathing, manufactured trusses, 22" loose cellulose fill insulation, zip sheathing at ceiling
- 2 WALL - R 43.2**
wood siding, strapping for ventilated rainscreen, 4" polyiso insulation, zip wall sheathing, 2x6 framing with dense-packed cellulose insulation
- 3 FLOOR - R 36**
concrete slab, vapor barrier, 8" rigid insulation
- 4 AIRTIGHT ASSEMBLIES**
- 5 TRIPLE-PANE WINDOWS & DOORS**
- 6 BALANCED VENTILATION WITH ENERGY RECOVERY**
- 7 THERMAL-BRIDGE FREE DETAILING**



Quality AND Quantity

(Case studies in advancing the SF Passive House Market)



- 1 LOFT
- 2 PRIMARY BEDROOM
- 3 PRIMARY BATHROOM
- 4 CLOSET
- 5 BATHROOM
- 6 BEDROOM 1
- 7 BEDROOM 2

Second Floor



- 1 LOFT
- 2 CLOSET
- 3 BEDROOM 1
- 4 BEDROOM 2
- 5 BATHROOM
- 6 PRIMARY BEDROOM
- 7 PRIMARY BATHROOM

Second Floor



- 1 ENTRY
- 2 DINING AREA
- 3 LIVING ROOM
- 4 KITCHEN
- 5 OFFICE
- 6 GYM
- 7 BATHROOM
- 8 MECHANICAL ROOM
- 9 PANTRY
- 10 PERGOLA

First Floor



- 1 ENTRY
- 2 CLOSET
- 3 LIVING ROOM
- 4 DINING AREA
- 5 KITCHEN
- 6 PANTRY
- 7 OFFICE
- 8 BATHROOM
- 9 MECHANICAL ROOM

First Floor

Basten Farm North - Flexhouse III

Stone Ridge, NY

Basten Farm South - Flexhouse III

Stone Ridge, NY



Basten Farm South - Flexhouse III

Climate Zone 5A
iCFA 2,094 ft²

Prescriptive Path	Target	Actual
Building Enclosure Area	6,180 ft ²	5,830 ft ²
Window-to-Wall Ratio (WWR)	≤18%	18%
Fenestration U-Value (max)	0.17	0.17
Exterior Walls R-Value (min)	44	43
Roof/ceiling R-Value (min)	74	76.5
Slab R-Value (min)	22	52
ERV Efficiency (max)	720 W/cfm	468 W/cfm
ERV total duct length	26 ft	20 ft
Heat Pump Efficiency (min)	1.75 COP @ 5F	1.69 COP
	15 SEER	18.4

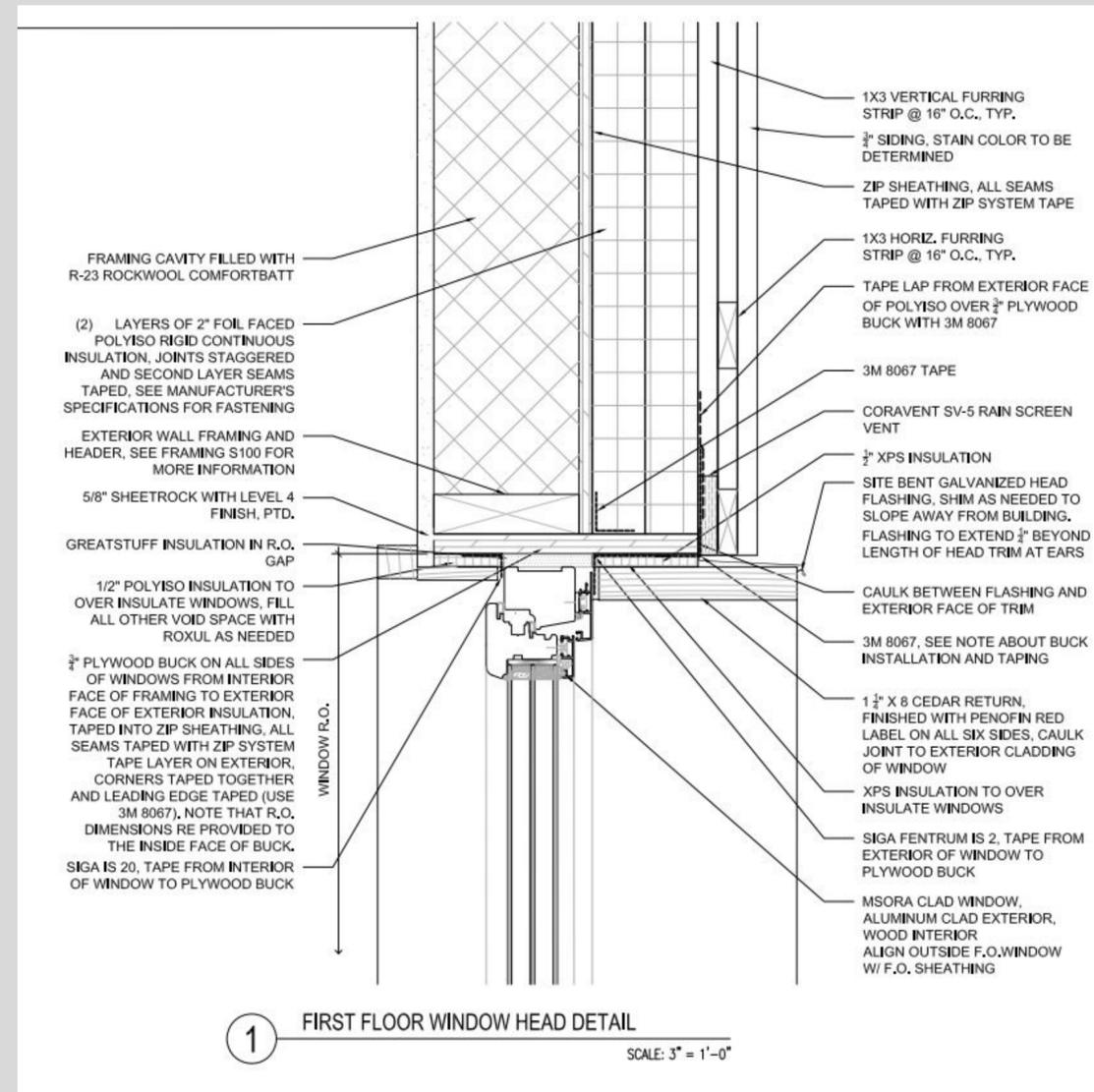


Basten Farm North - Flexhouse II

Climate Zone 5A
iCFA 2,287 ft²

Prescriptive Path	Target	Actual
Building Enclosure Area	6,550 ft ²	6,424 ft ²
Window-to-Wall Ratio (WWR)	≤18%	18%
Fenestration U-Value (max)	0.17	0.165
Exterior Walls R-Value (min)	41	43
Roof/ceiling R-Value (min)	72	73
Slab R-Value (min)	22	52
ERV Efficiency	720 W/cfm	468 W/cfm
ERV total duct length	27 ft	20 ft
Heat Pump Efficiency (min)	1.75 COP @ 5F	1.66 COP
	15 SEER	17.8

Prescriptive Certification - Design Stress Points



Air Source Heat Pump Efficiency

Minimum 1.75 COP at 5F

Problem: Hyperheat models' efficiency too low, 1.66 & 1.69 COP at 5F

Solution: Waiver from Phius was necessary

Exterior Wall R-value

Minimum R-44 for Basten Farm North, Checklist V2.1

Minimum R-41 for Basten Farm South, Checklist V2.6

Problem: Dense-pack cellulose insulation resulted in R-43 wall

Solution: Prescriptive Path offers UA Alternative

Net Zero Energy - Sizing Renewables

Problem: Prescriptive Path does not generate an estimate of annual electrical usage

Solution: Recommend full coverage on south-facing roof slopes

Glazing Area & Orientation

Problem: Designs exceed Prescriptive limit of total glazing area - 33-37% vs 15% max

Solution: Adequate Exposure Diversity (AED) alternative compliance

Limited Design Optimization

Problem: Prescriptive Path does not reward airtightness above baseline (0.04 cfm/ft²)

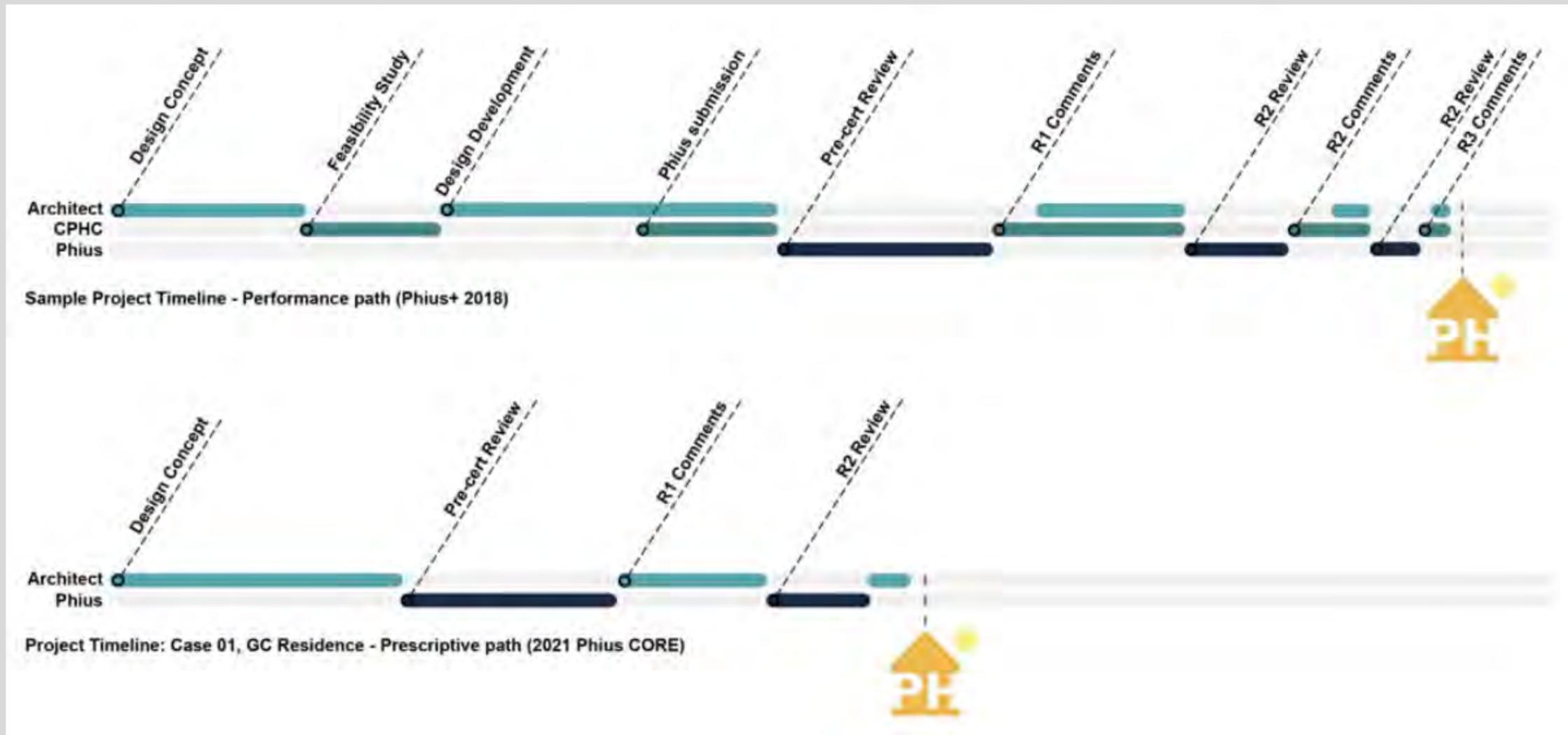
Performance Path allows envelope and/or HVAC modifications correlated with actual airtightness

Toolkit for Scaling Up Single Family Passive House

- Prescriptive Path Certification
- Patternbook design offerings
- Standard construction methods & materials
- Simplified HVAC
- Workforce training/Subcontractor buy-in

Passive House Wish List

- More Phius Raters!
- Restoration of incentive funding for single family
- Homeowner buy-in for ductless mini-splits
- Building code support for Passive House
- Green Appraisals
- Smaller mini-splits
- North American window manufacturers





Thank you.

John Loercher, CPHC

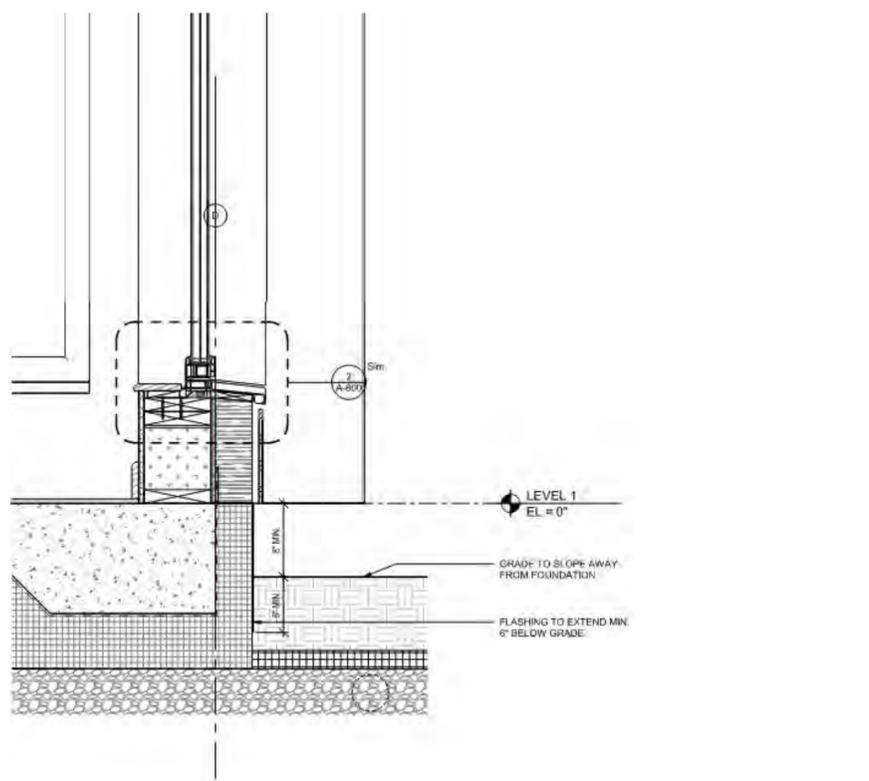
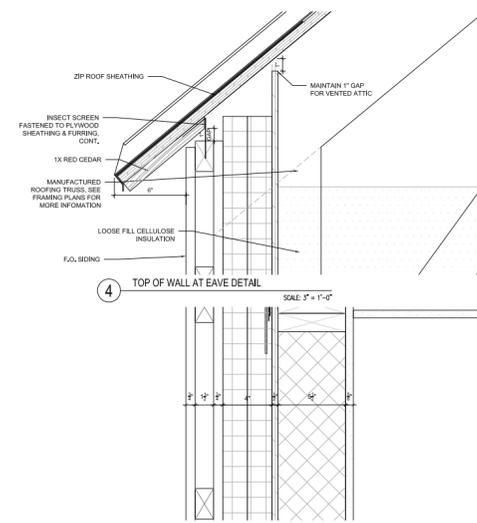
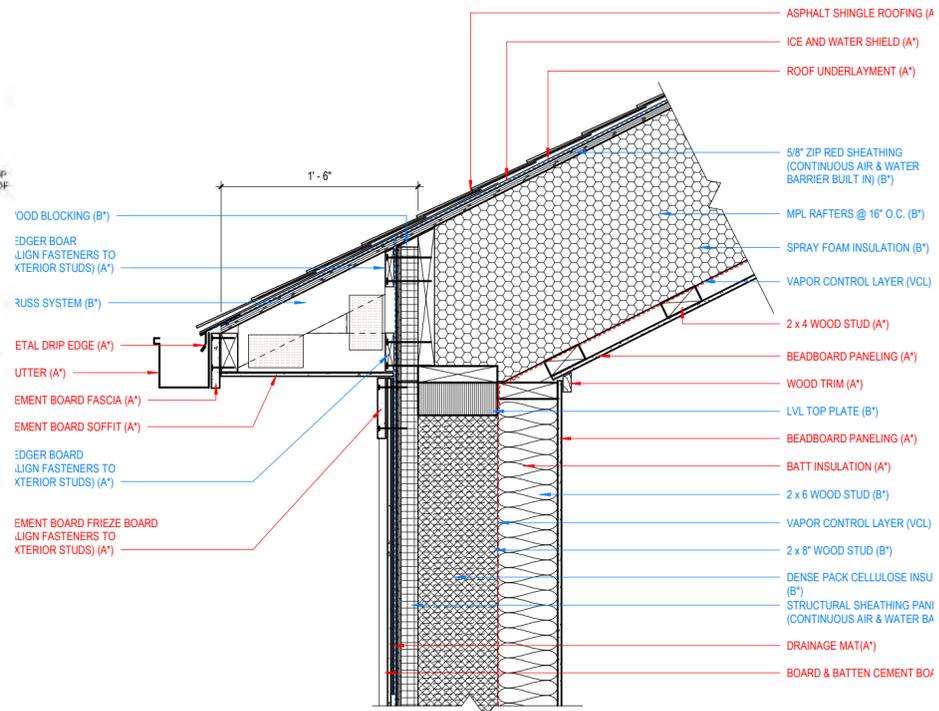
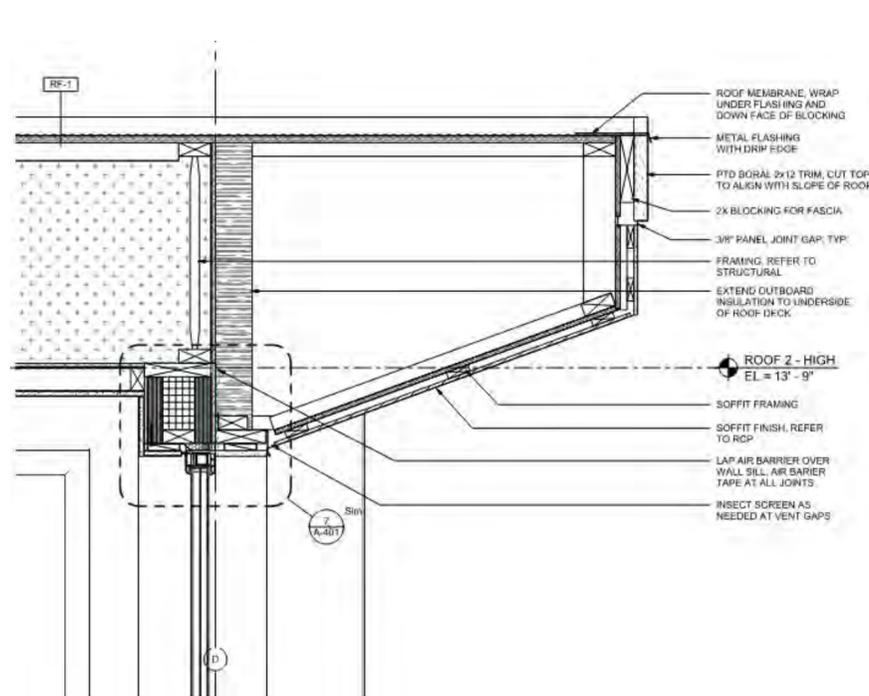
John@NE-Projects.com, JLoercher@Phius.org

Stephanie Bassler, RA, CPHC

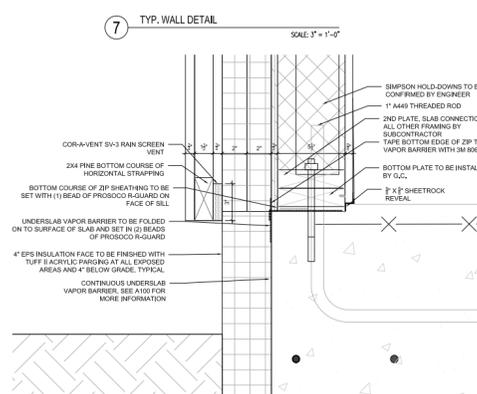
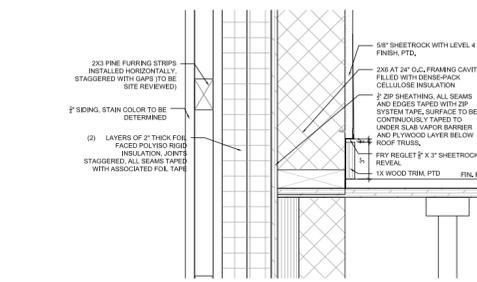
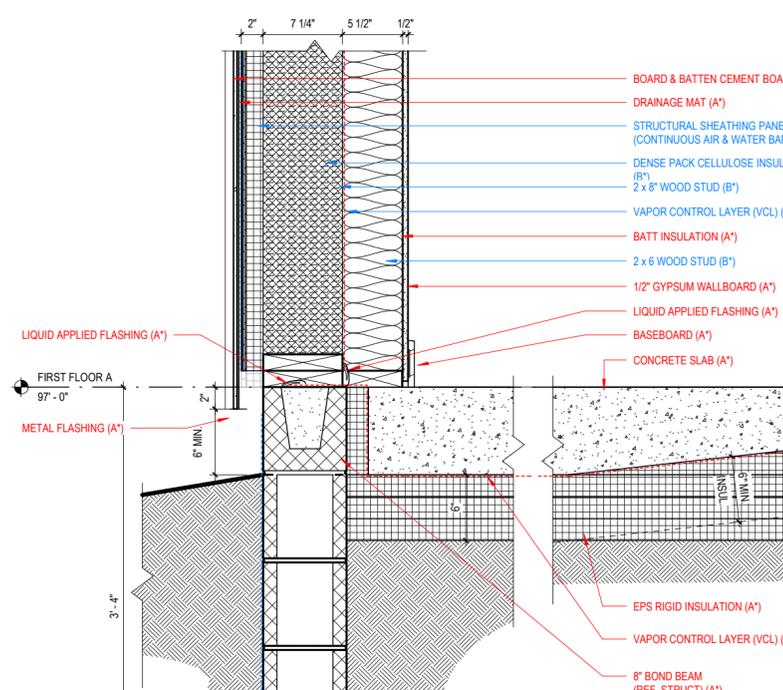
stephanie@bassler-architect.com



Quality AND Quantity
(Case studies in advancing the SF Passive House Market)



1 EAVE OVERHANG - OPTION 2
1 1/2" = 1'-0"



Eagle Rock
Stoughton, MA

Rachel Carson Ecovillage
Gibsonia, PA

Flex House
Various sites, NY