BUILDINGENERGY BOSTON

Learn to Create Your Own Manual J Energy Model

Gwendolen St.Sauveur (BTF Net Zero Designs)

Curated by Joytika Bhargo (CMTA) and Greg Bossie (Rare Forms)

Northeast Sustainable Energy Association (NESEA) | March 19, 2024



Ntro Definitions + Thermodynamics

Part 01 Geometry Visualizing the Envelope

Part 02 GATHER Data

Part 03 INPUT Data into Model +Reading Reports



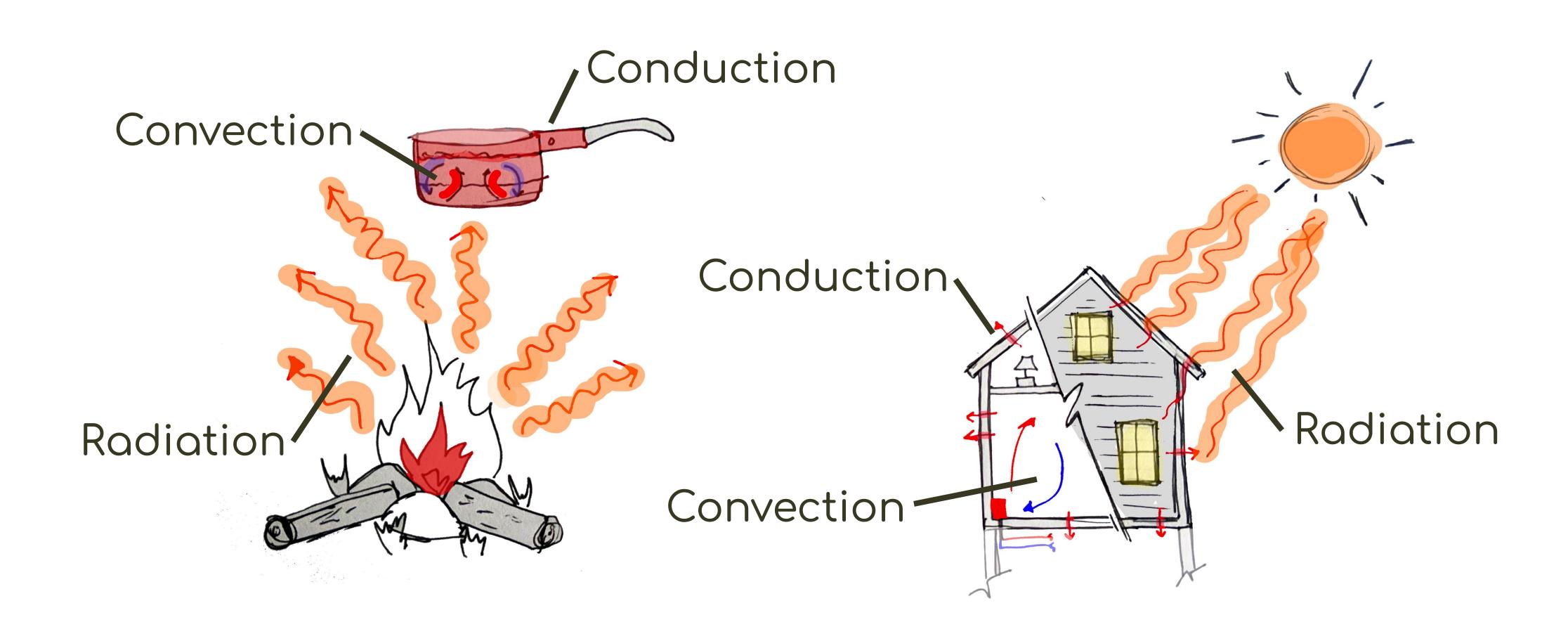
- Already an essential design tool, energy models are used for:
 - Code compliance,
 - Utility incentives
 - Green building certifications
 - Tax rebates
 - Accurately sizing HVAC equipment
- This technical presentation will provide the tools and training participants need in order to create energy models "in-house."
- This presentation is applicable for all types of construction: New, Retrofit, Commercial & residential
- This presentation is applicable to many modeling softwares



Definitions

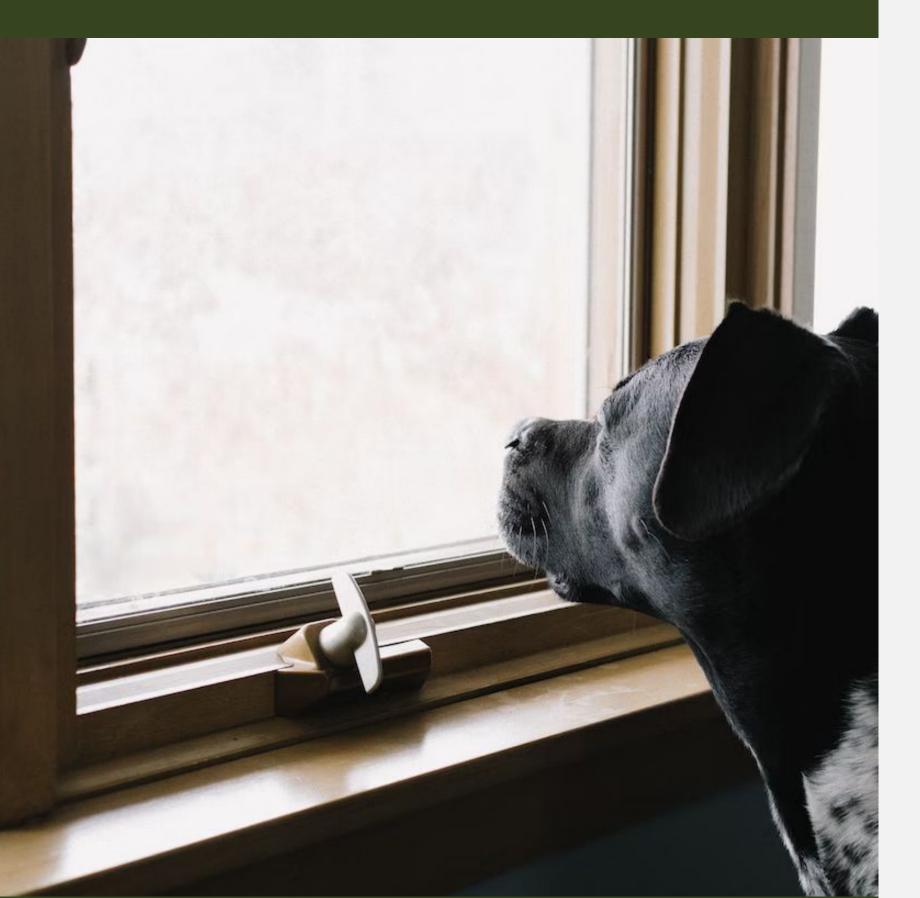
Intro Definitions + Thermodynamics

Heat Transfer

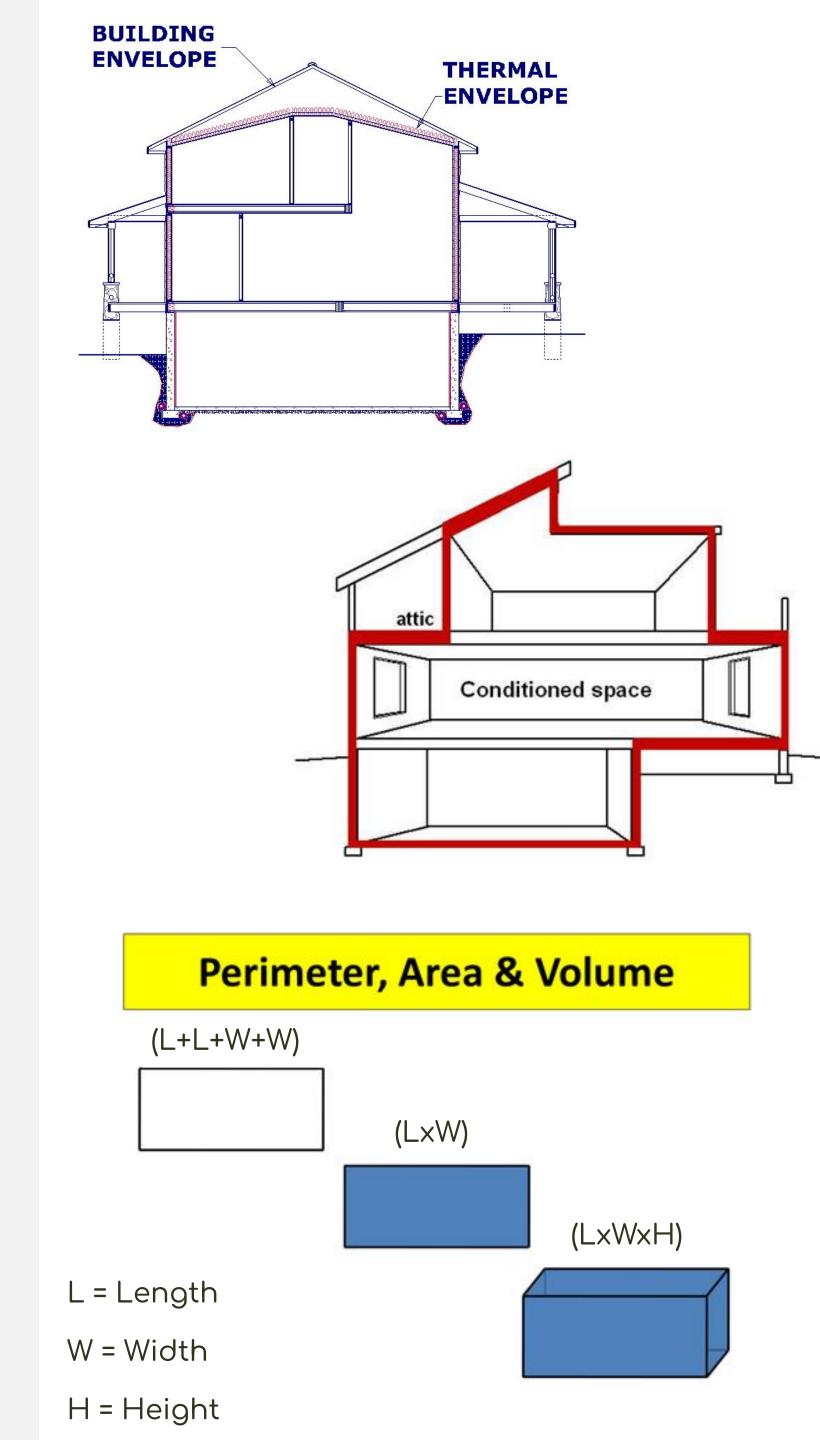


Intro

Basics + Definitions



- Thermal Boundary / Envelope
- Conditioned space
- Ambient = Outdoor Air
- Square Footage SF / Floor Area
- Cubic Volume
- ACH Air Changes Per Hour



Intro

Definitions + Thermodynamics



- BTU/BTUh
- Ton(s) Cooling

note: 1 Ton cooling = 12,000btuh

- R-Value / U-value
- SHGC=Solar heat gain coefficient

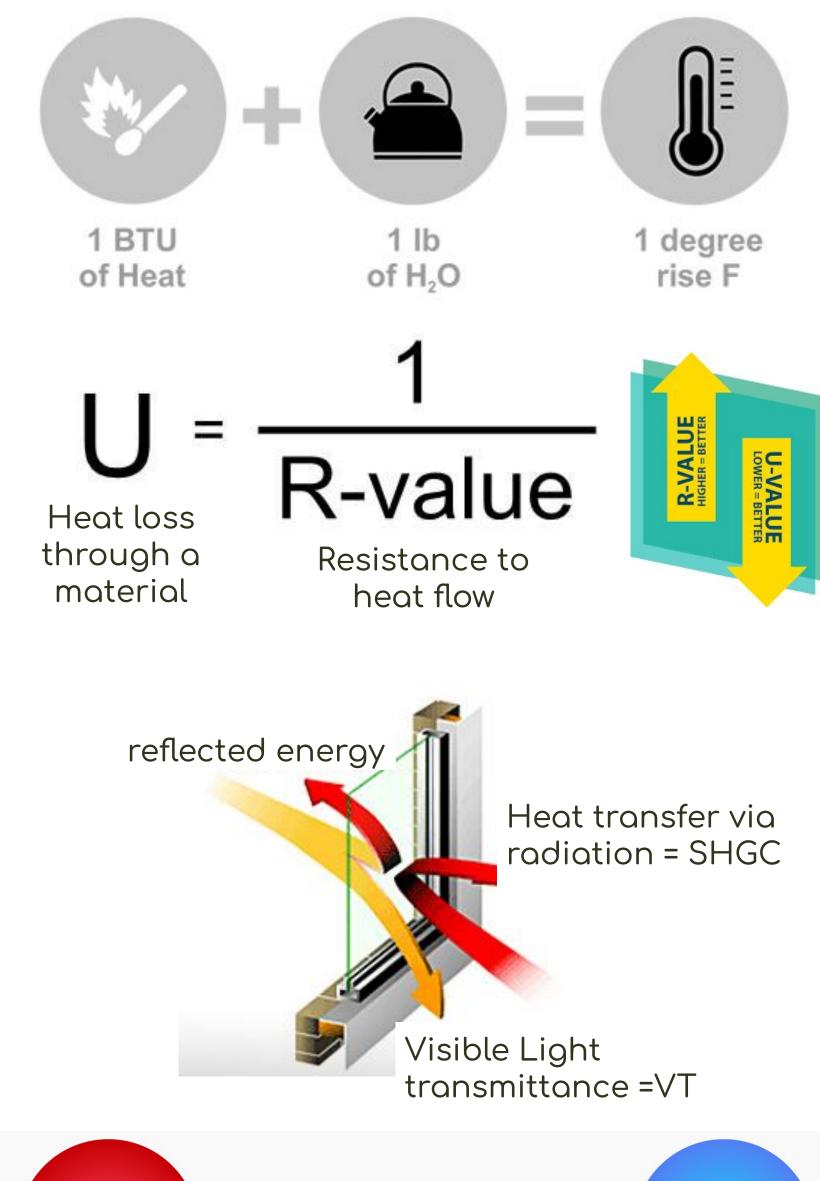
note: SHGC 0.39 = 39% of the solar energy is transferred via radiation

Heat Flow / Heat loss

Second Law of Thermodynamics:

Simplified -

Heat flows from hot to cold,
Moisture flows from Humid to Dry
Pressure flows High to Low





Intro

Definitions + Thermodynamics



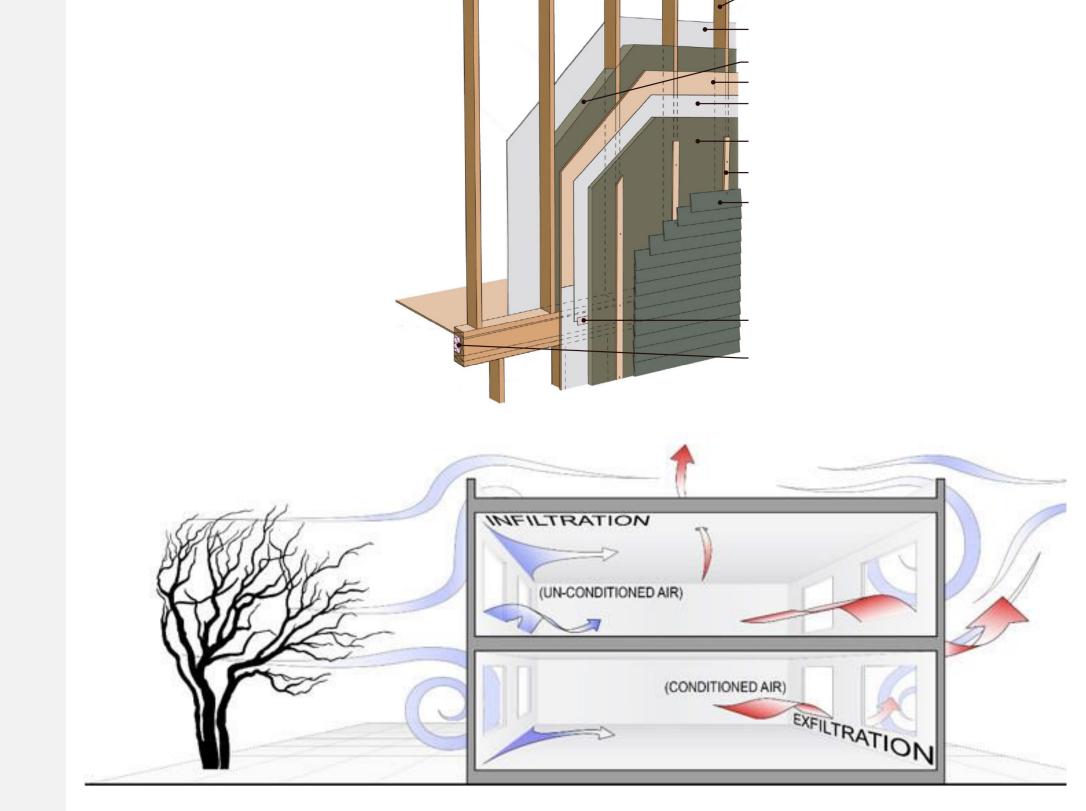
- Building Assembly
- Infiltration

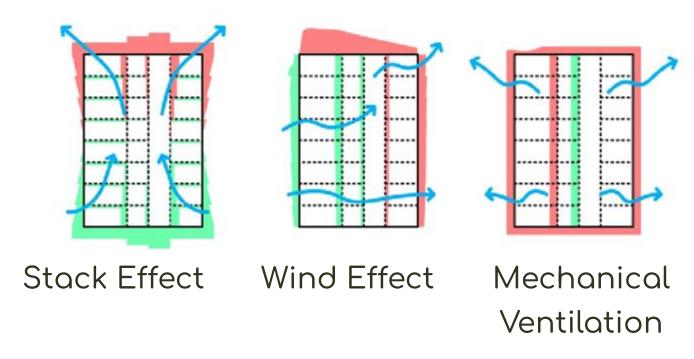
Air that enters the building through the assembly

Exfiltration

Air that leaves the building through the assembly

- Leakage
- Air Sealing





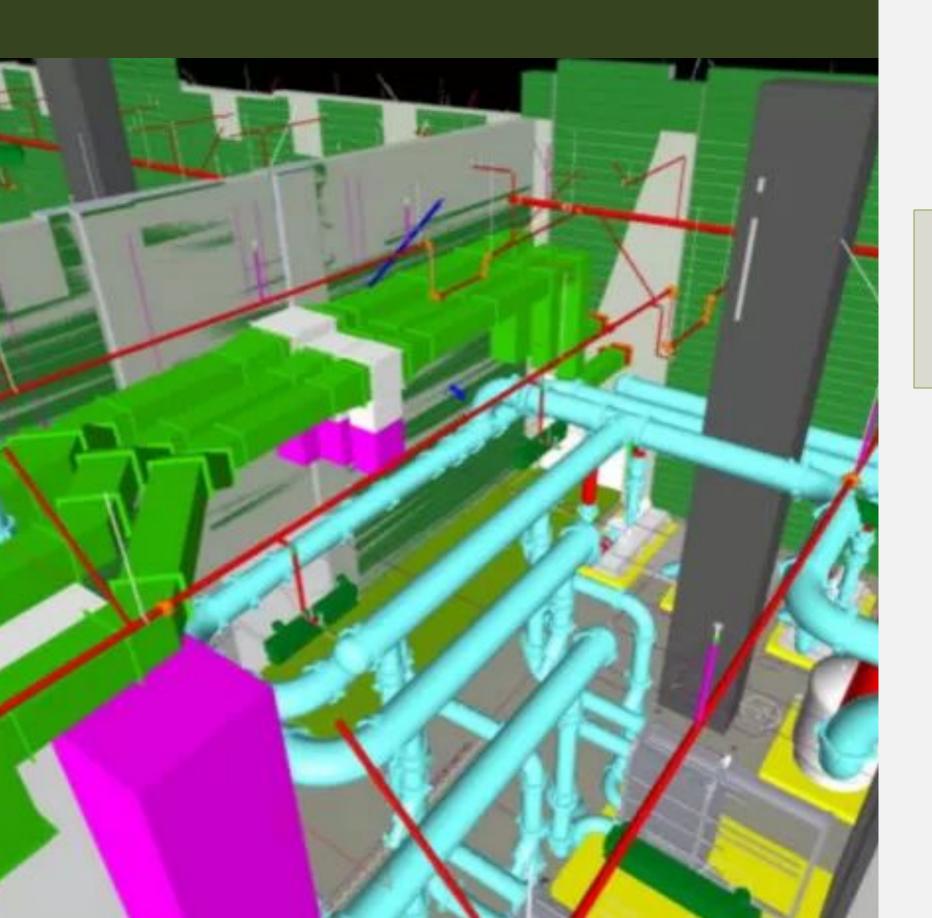
Heat flows from hot to cold,
Moisture flows from Humid to Dry

Pressure flows High to Low



What types of Energy Modeling are there?

Types of Energy Modeling



BIM vs BEM

Building Information Modeling Building Energy Modeling

Hydrothermal

Modeling the movement of heat & moisture through an assembly

Energy Use

Modeling \$\$\$ - projected operation costs & consumption w/ local utility rates or even full life cycle analysis

Energy Loads

Modeling the projected heating & cooling loads of a building

ie. Block Loads:

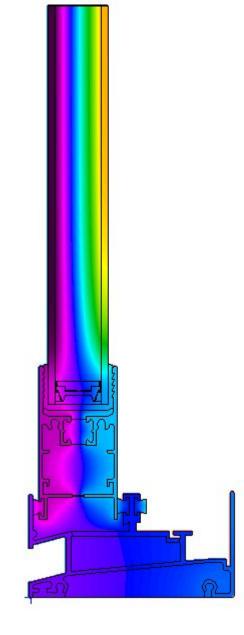
Modeling the whole building as one zone/area

ie. 8760 Loads:

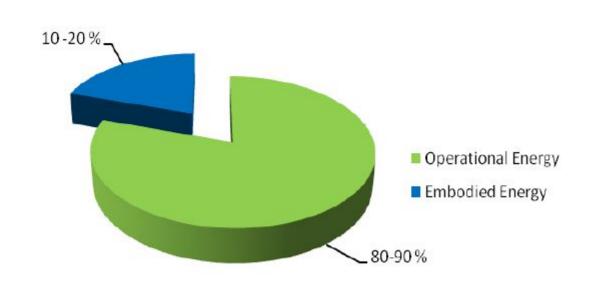
Modeling each room within a building, with results projecting the loads 24hrs a day, times 365 days a year. *Note: 24 x 365 = 8760 hours*

Electrical Modeling

Power-system modeling Lighting modeling



Life Cycle Energy Use of Buildings (%)





A Little History



What is Manual J?

Developed by ACCA - Air Conditioning Contractors of America

100s of pages of tables, calculations, building sections, weather data, multipliers, building materials etc.

Back in 1985 Wrightsoft was developed, by Bill Wright - the first software that created energy models following the Manual J load calculations.

liej.						calc	inp	out	MD3	}	9 rms
1 2 3 4	Room Name Extern Wall Rm Dimen Ceilng Ht		Rota I n		kis •	Entire House 188.0 Ft. 0.0 × 0.0 Ft. 8.0			Kitchen 28.0 Ft. 10.0 × 18.0 Ft. 8.0 heat/cool		
	TYPE OF EXPOSURE		CST NO.	H1 Htg	M Clg	Area Length	Btu Htg	ıh Clg	Area Length	Btı Htg	ıh Clg
5	Gross Exposed Walls and Partitions	a b c d e f	12D	4.2 0.0 0.0 0.0 0.0	1.6 0.0 0.0 0.0 0.0	1504 0 0 0 0	**** **** **** ****	**** **** **** ****	224 0 0 0 0 0	**** **** **** ****	**** **** **** **** ****
6	Windows & Glass Doors Htg.	a b c d	2A	25.2 0.0 0.0 0.0	** ** **	141 0 0 0	3550 0 0 0	**** **** ****	9 0 0 0	227 0 0 0	**** **** ****
15 19 F1.F3	Total Btuh Los Total RSH Gair Help F2•Summan		L F5•	**** Choices	35494 **** F6•Ke	29101 29101 evsave	**** **** F8•0vri	4320 **** ide F10	**** 3909 •Calcs		

Luckily - today there are dozens of softwares available that make Manual J energy models quick and easy!

ACCA made other manuals too, such as Manual S: Equipment Selection, Manual T: Air Distribution Basics, Manual D: Residential Duct Systems etc.



htro Definitions + Thermodynamics

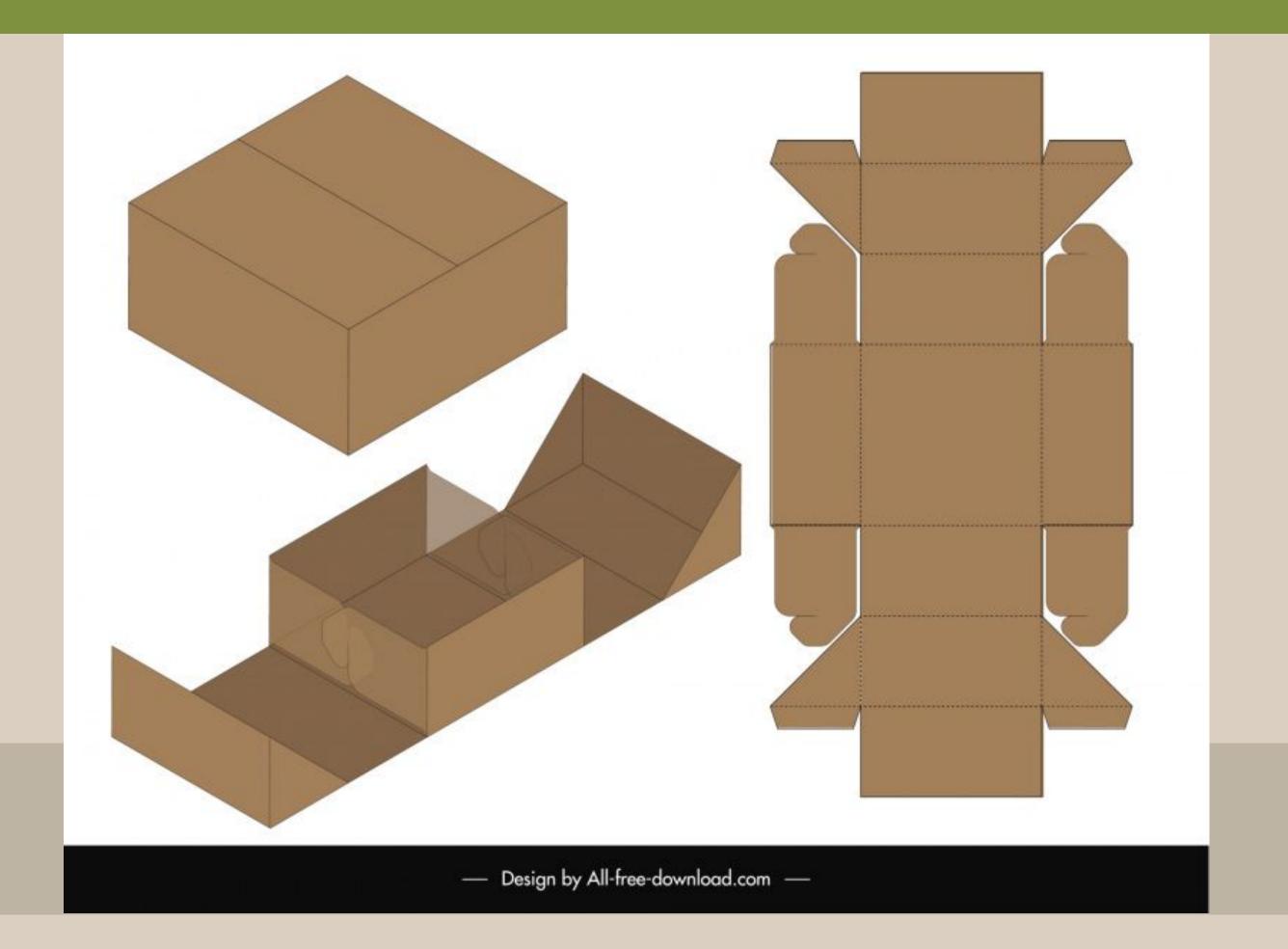
Part 01 Geometry Visualizing the Envelope

Part 02 GATHER Data

Part 03 INPUT Data into Model

Part 01 THERMODYNAMICS + Geometry

GEOMETRY



3000 SF HOME COMPARISON OF OPTIONS A,B &C

OPTION A



MODERN CRAFTSMAN STYLE HOME

OPTION B



HISTORICAL CAPE STYLE HOME

OPTION C



CLASSIC COLONIAL STYLE HOME

3000 SF HOME COMPARISON - HOME STYLE A

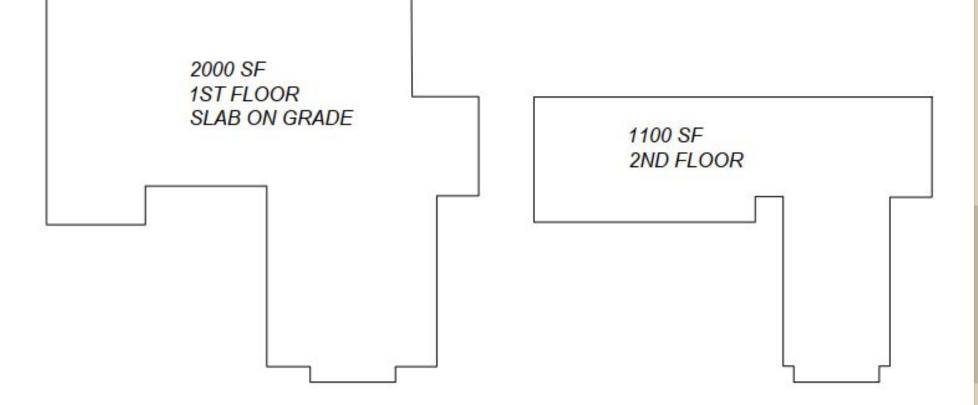


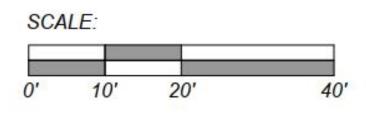
FOUNDATION: 2000 SF

WALLS: 2800 SF

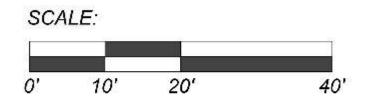
ROOF: 3200 SF

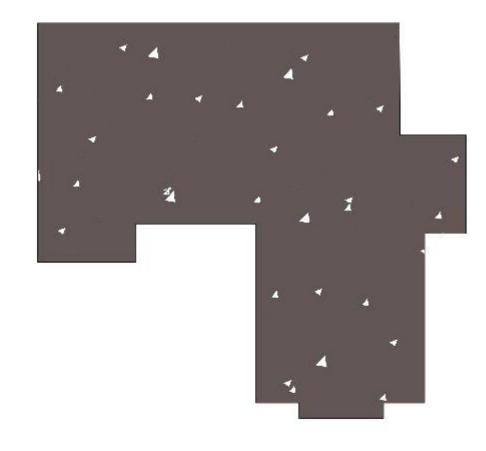
SEAMS: 1080 LF



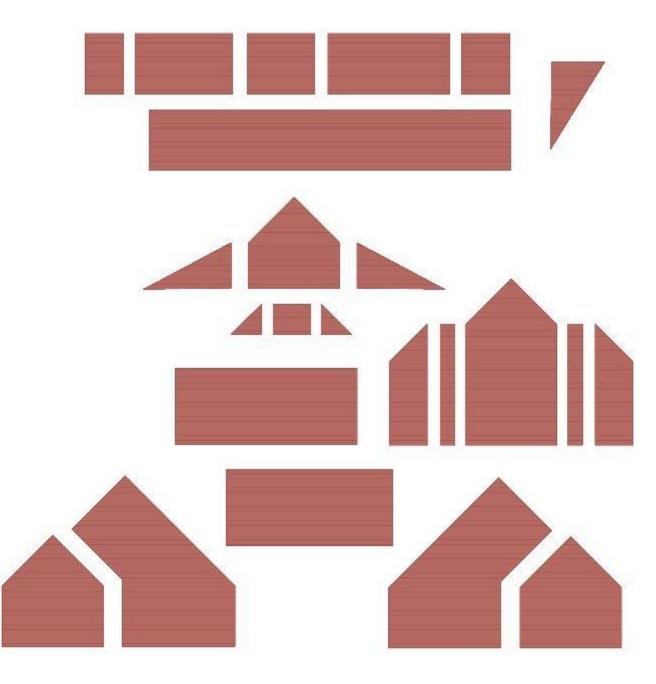


SURFACE AREA: HOME STYLE A

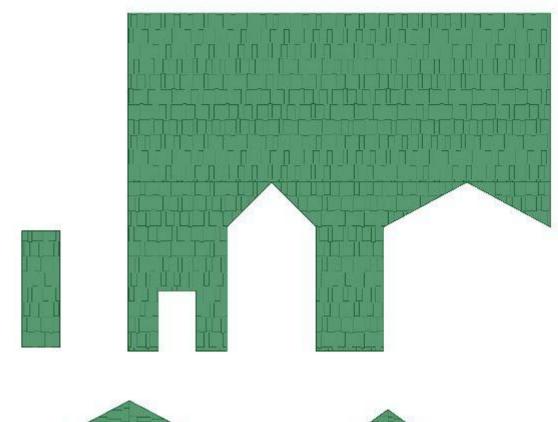


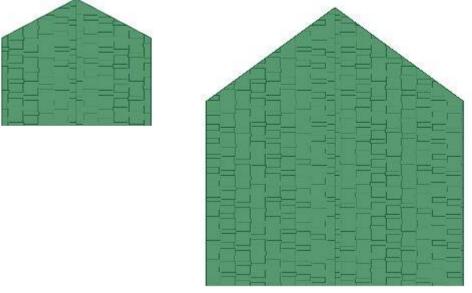


FOUNDATION: 2000 SF



WALLS: 2790 SF





ROOF: 3190 SF

SEAMS: 1080 LF

3000 SF HOME COMPARISON - HOME STYLE B



FOUNDATION: 1750 SF

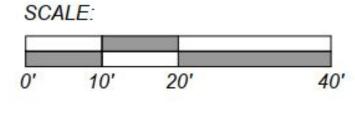
WALLS: 1600 SF

ROOF: <u>2500 SF</u>

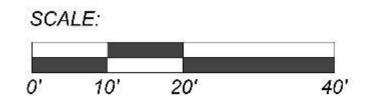
SEAMS: 410 LF

1750 SF 1ST FLOOR SLAB ON GRADE

1350 SF 2ND FLOOR

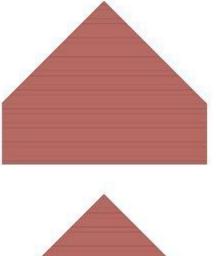


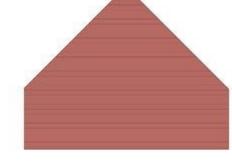
SURFACE AREA: HOME STYLE B



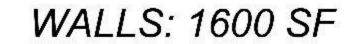


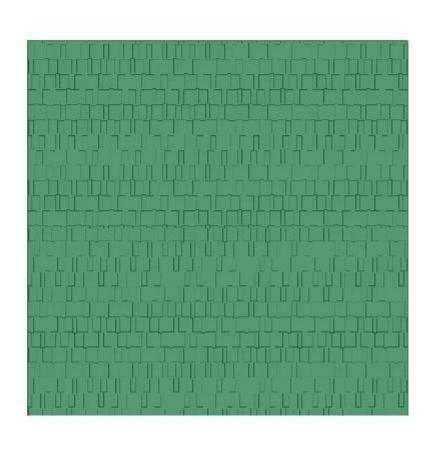
FOUNDATION: 1750 SF











ROOF: 2480 SF

SEAMS: 410 LF

SCALE:

20'

3000 SF HOME COMPARISON - HOME STYLE C



FOUNDATION: 1150 SF

WALLS: 2700 SF

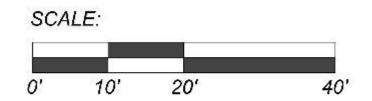
ROOF. 1600 SF

SEAMS: 400 LF

1150 SF 1ST FLOOR SLAB ON GRADE

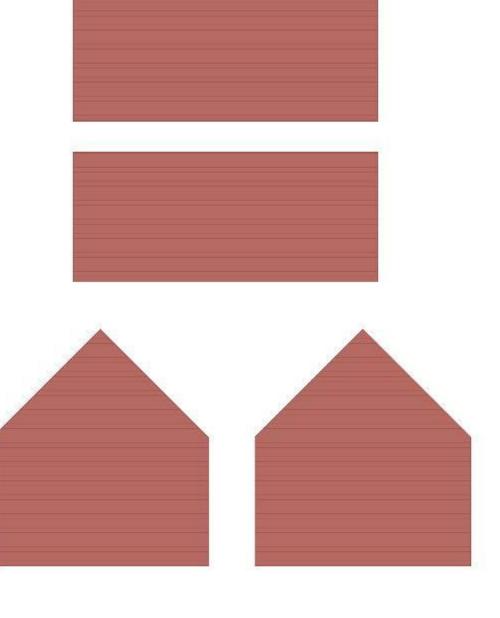
1150 SF 2ND FLOOR 850 SF 3RD FLOOR

SURFACE AREA: HOME STYLE C

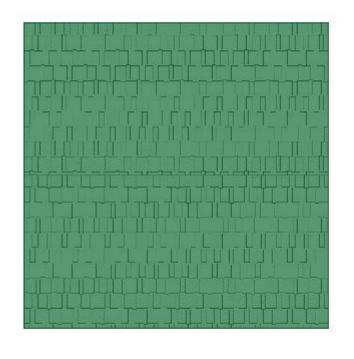




FOUNDATION: 1150 SF



WALLS: 2720 SF



ROOF: 1620 SF

SEAMS: 400 LF

3000 SF HOME COMPARISON OF OPTIONS A,B &C



TOTAL SURFACE AREA:

<u>8,000 SF</u>



TOTAL SURFACE AREA:

5,800 SF

28% LESS



TOTAL SURFACE AREA:

<u>5,500 SF</u>

32% LESS

Seams: 1080 LF Seams: 410 LF Seams: 400 LF

Outdated Methods

Rules of thumb = An inaccurate & outdated

Old rules of thumb: 25 BTU / SF heating 400 SF / Ton cooing

Two home Example: 1440 SF vs 1475 SF

CEDAR





1440 SF | 3 BED | 3 BATH

Exact same:

- Climate
- Window types
- Internal gains
- Thermostats
- Envelope materials
- Foundation type
- etc.

What's the difference between these two homes?

Only the exterior surface area & window/door locations differs

HEMLOCK





1475 SF | 3 BED | 2 BATH

Heating Demand:

20 btu/sf

Cooling Demand:

2 Tons

Heating Demand:

12 btu/sf

Cooling Demand:

<u> 1 Ton</u>



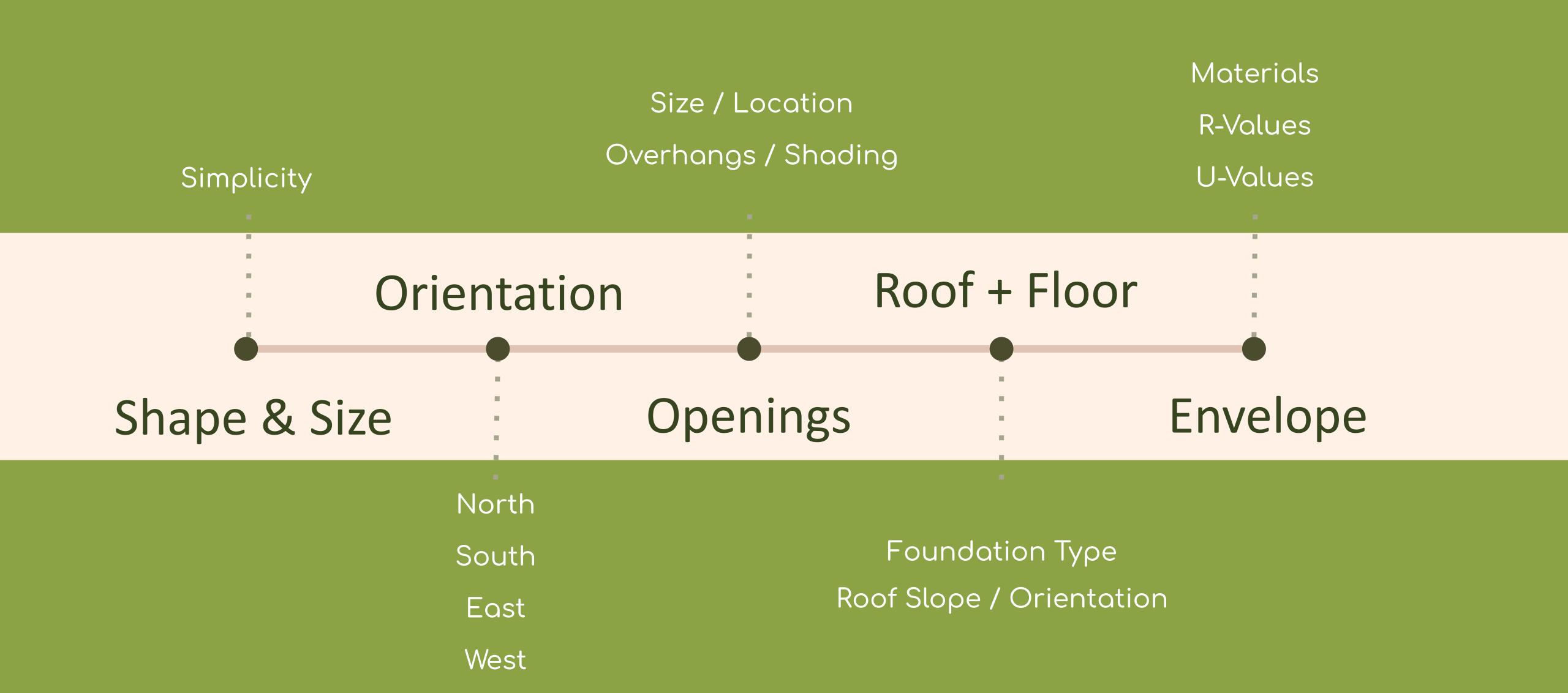
Intro Definitions + Thermodynamics

Dart O1 Geometry Visualizing the Envelope

Part 02 GATHER Data

Part 03 INPUT Data into Model

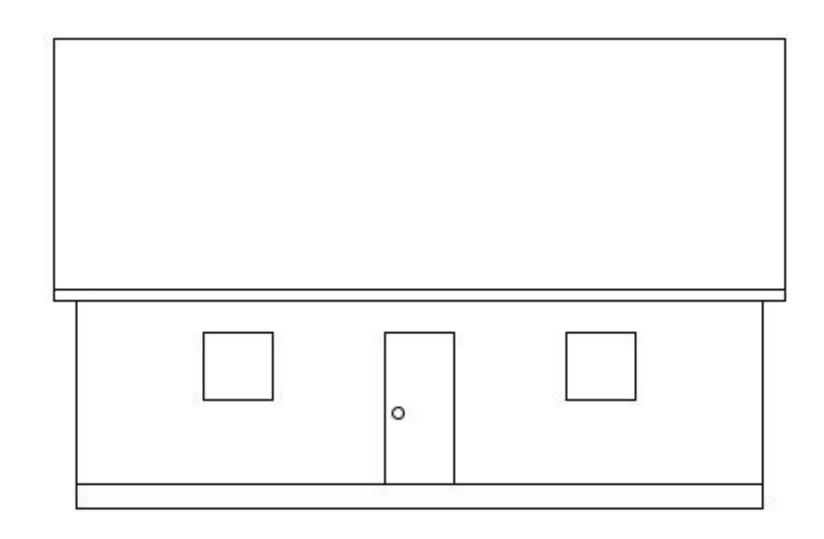
Part 02 GATHER Data

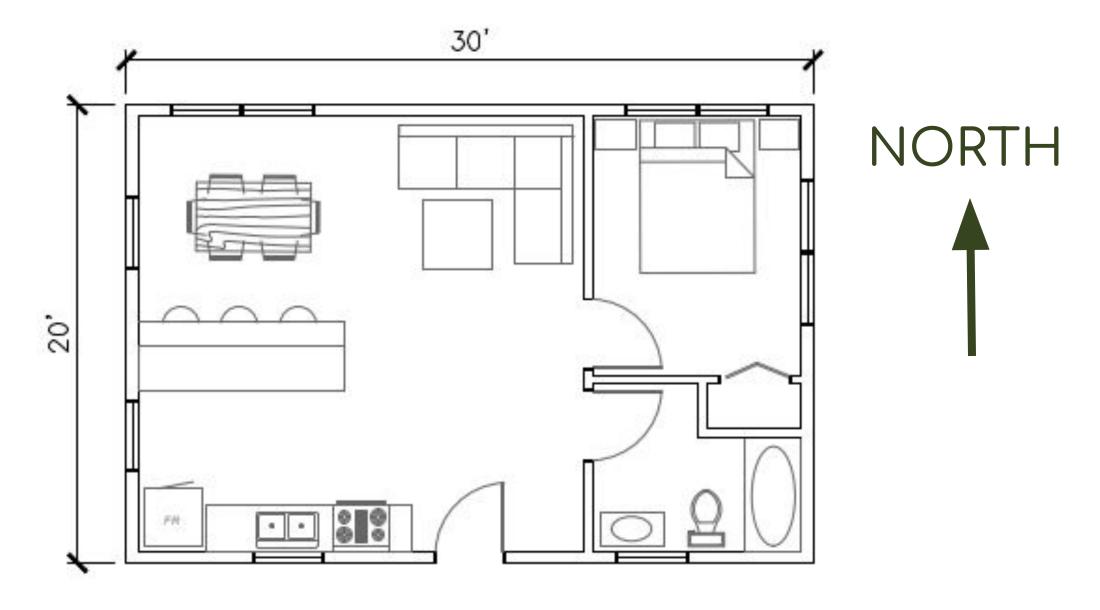


Example

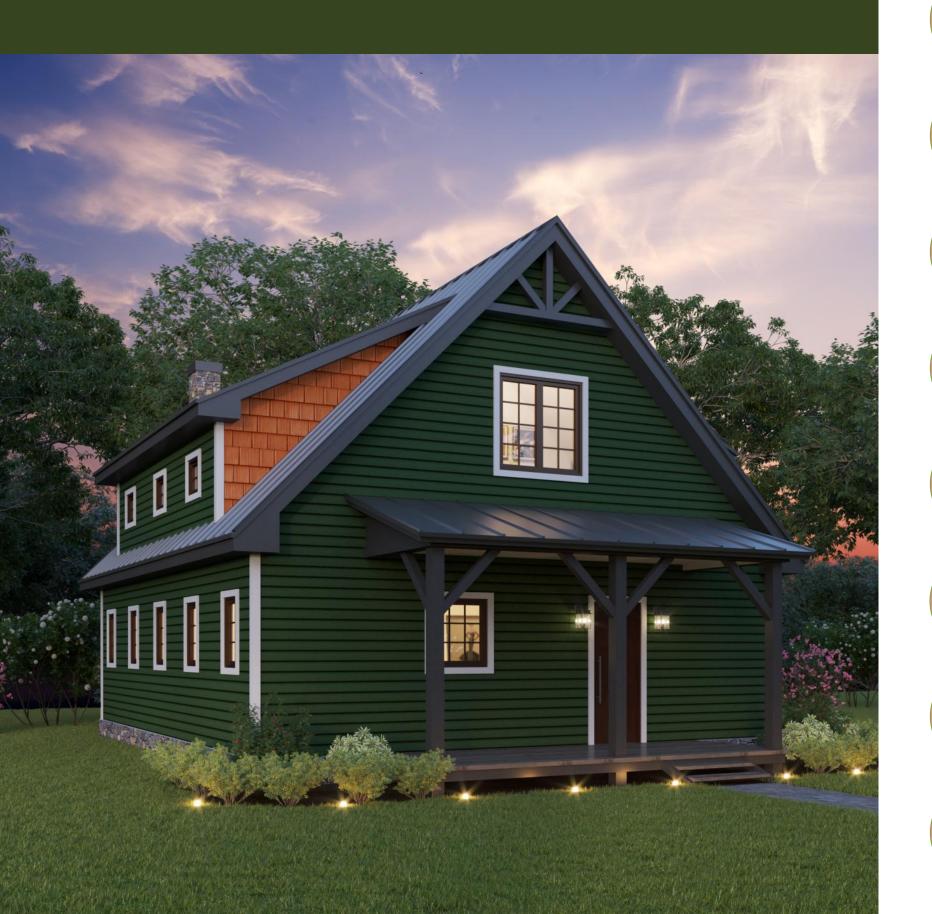
1 bedroom 600 sf cottage slab on grade







Modeling Steps Outlined



Gather Data

- 1 Separating Building Areas
- 2 Create Room Table
- 3 Orientation
- 4 Wall Geometry
- 5 Window & Door Openings
- 6 Roof Geometry
- 7 Floors/ Foundation Geometry
- 8 Foundation Assembly/Assemblies
- 9 Wall Assembly/Assemblies
- 10 Roof Assembly/Assemblies
- 11 Window U-value(s) & SHGC(s)

INPUT

Data into Model

- 12 Select Climate
- 13 Assemblies / Templates
- 14 Build Areas
- 15 Infiltration
- 16 Internal Gains

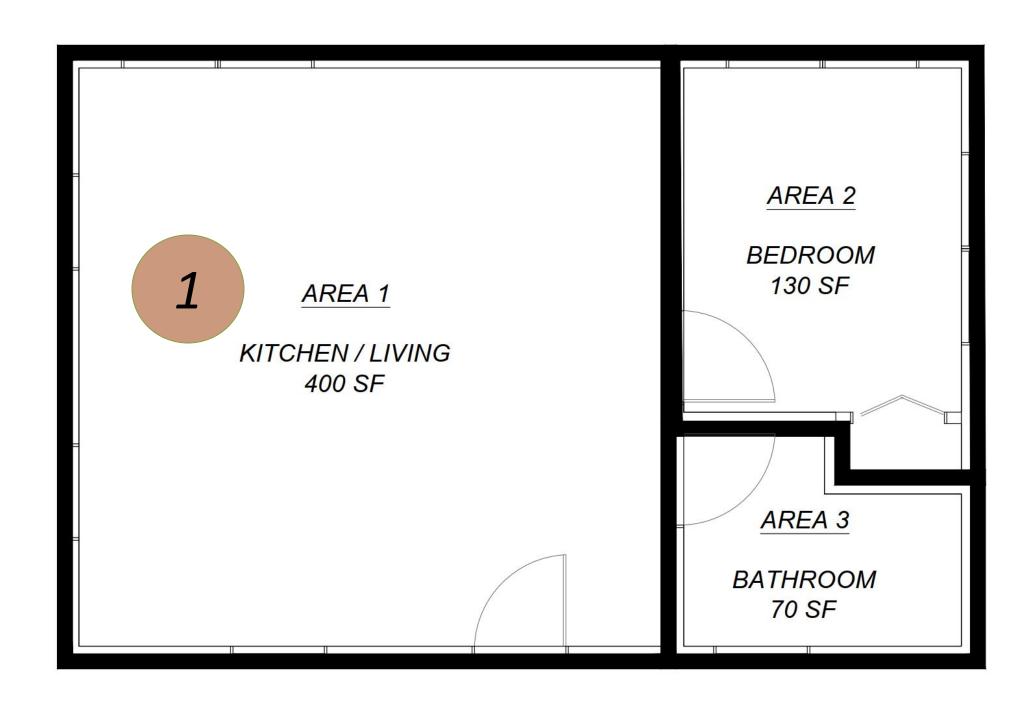
Generate Reports

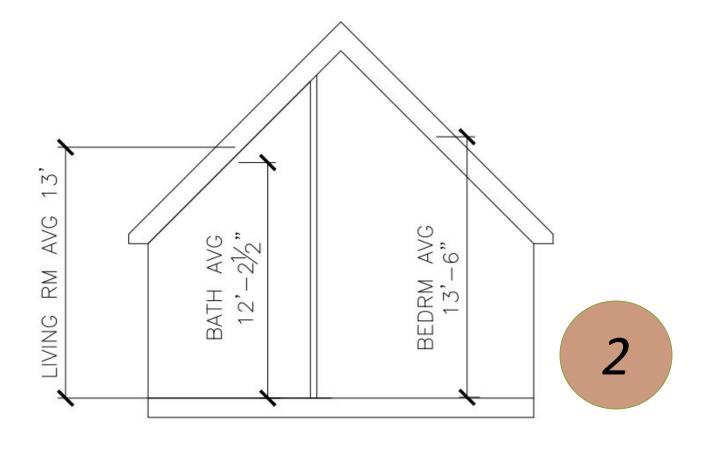


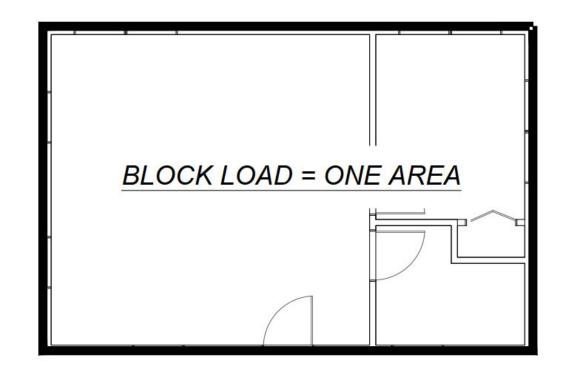
Generate Systems/ Reports

GATHER

Shape





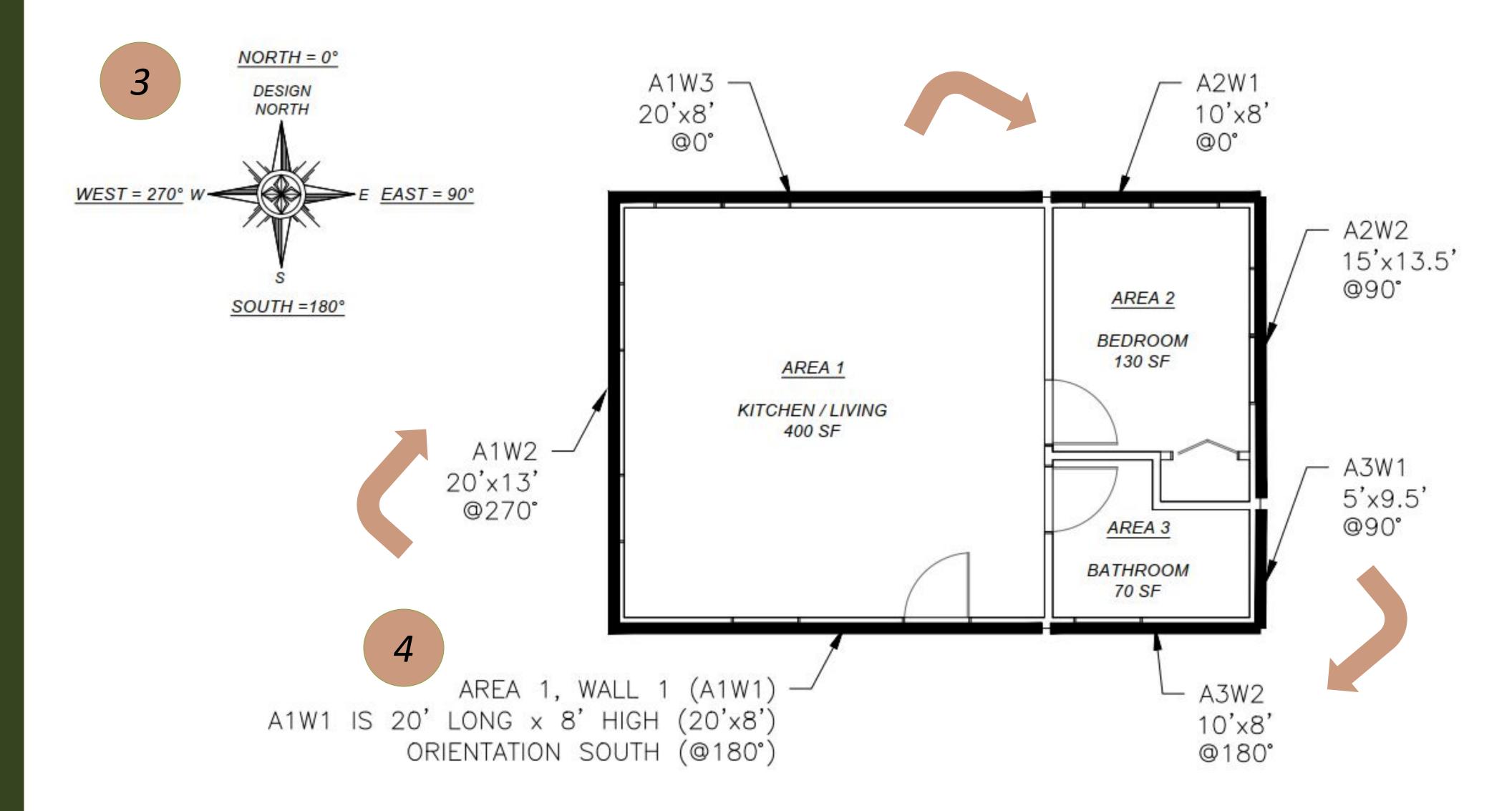


2

ROOM TABLE:

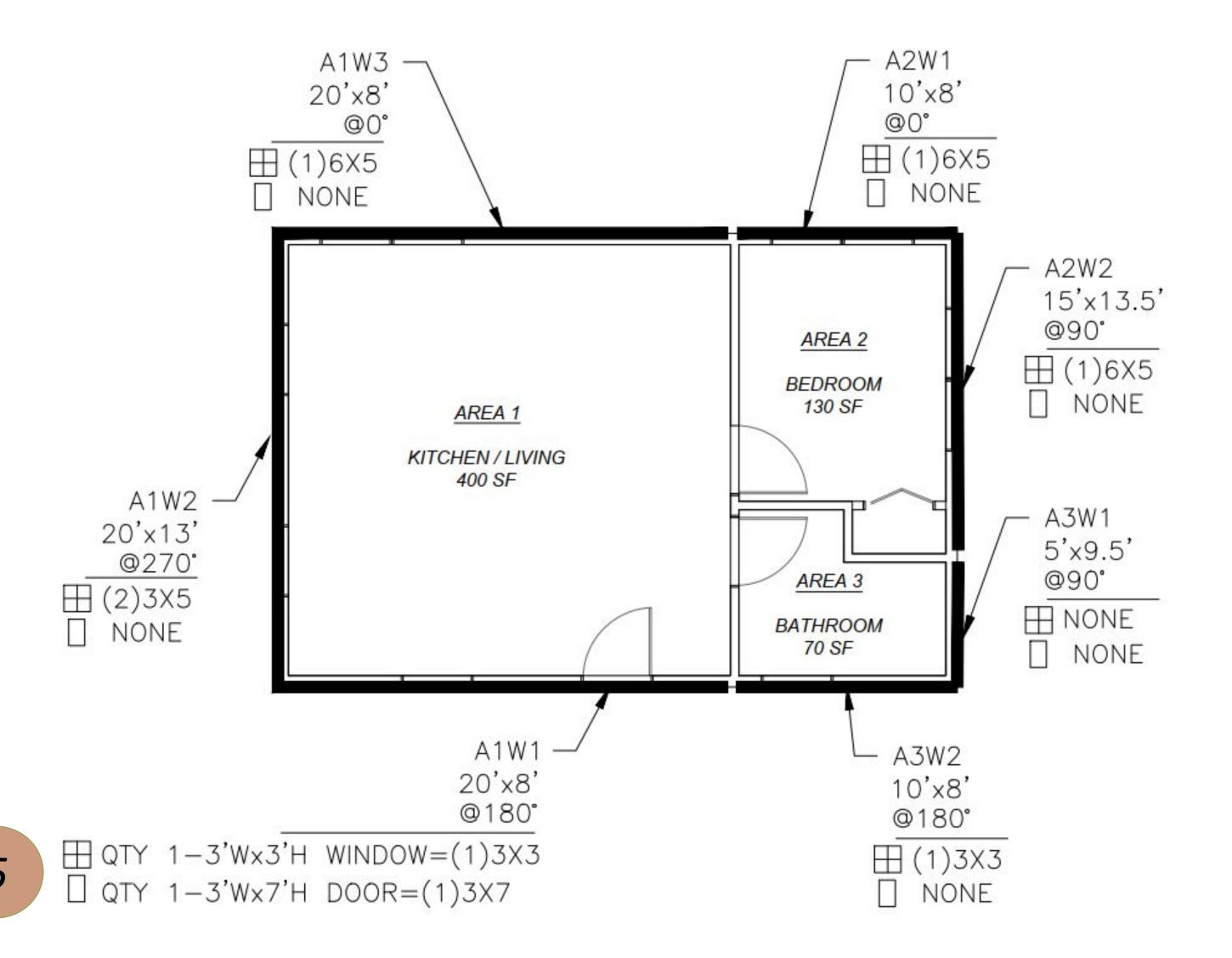
AREA	DESCRIPTION	SF	AVG. CEILING HEIGHT	MISC. NOTES + INTERNAL GAINS
1	KITCHEN/LIVING	400	13'	TYPICAL KITCHEN GAINS
2	BEDROOM	130	13.5'	TYPICAL HOME GAINS
3	BATHROOM	70	12'	TYPICAL BATHROOM GAINS
		<u>s</u>		
	SF CHECK	600 SF		

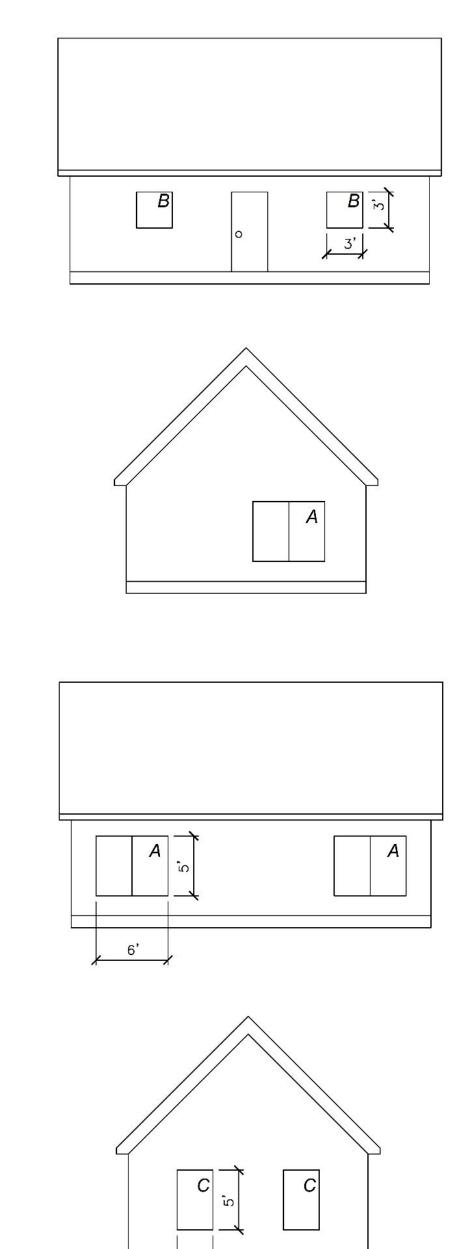
Size & Orientation



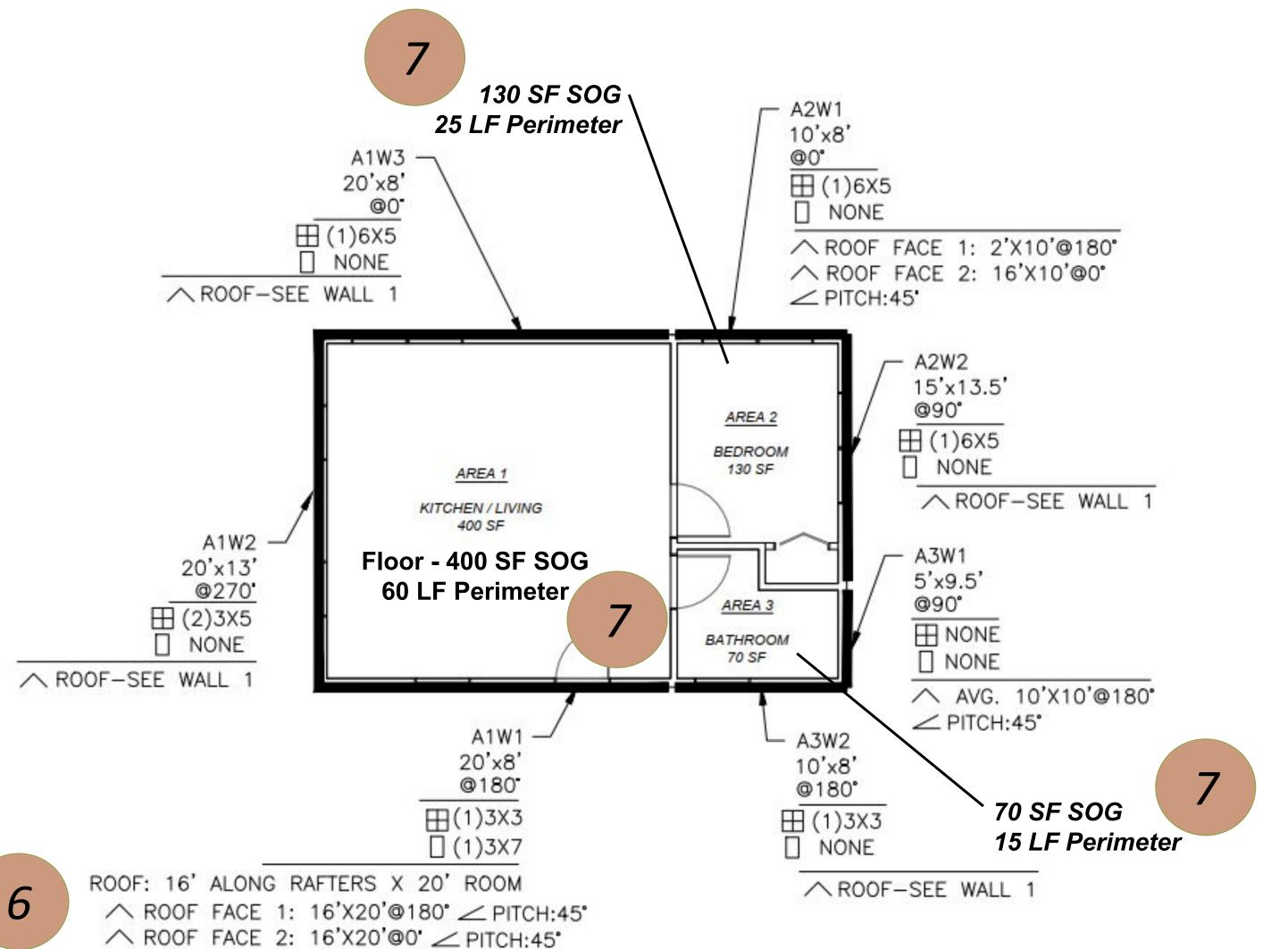
GATHER

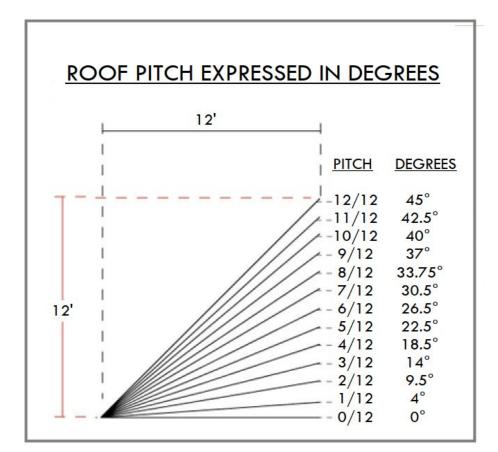
Openings

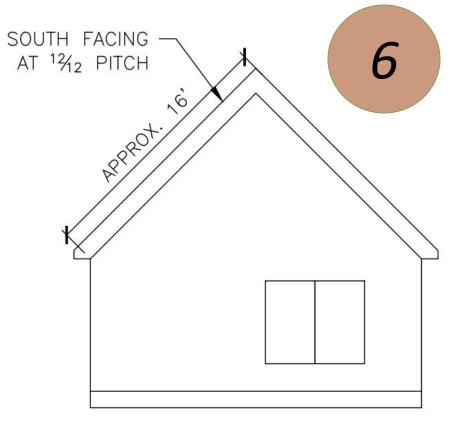




Roof +Floor



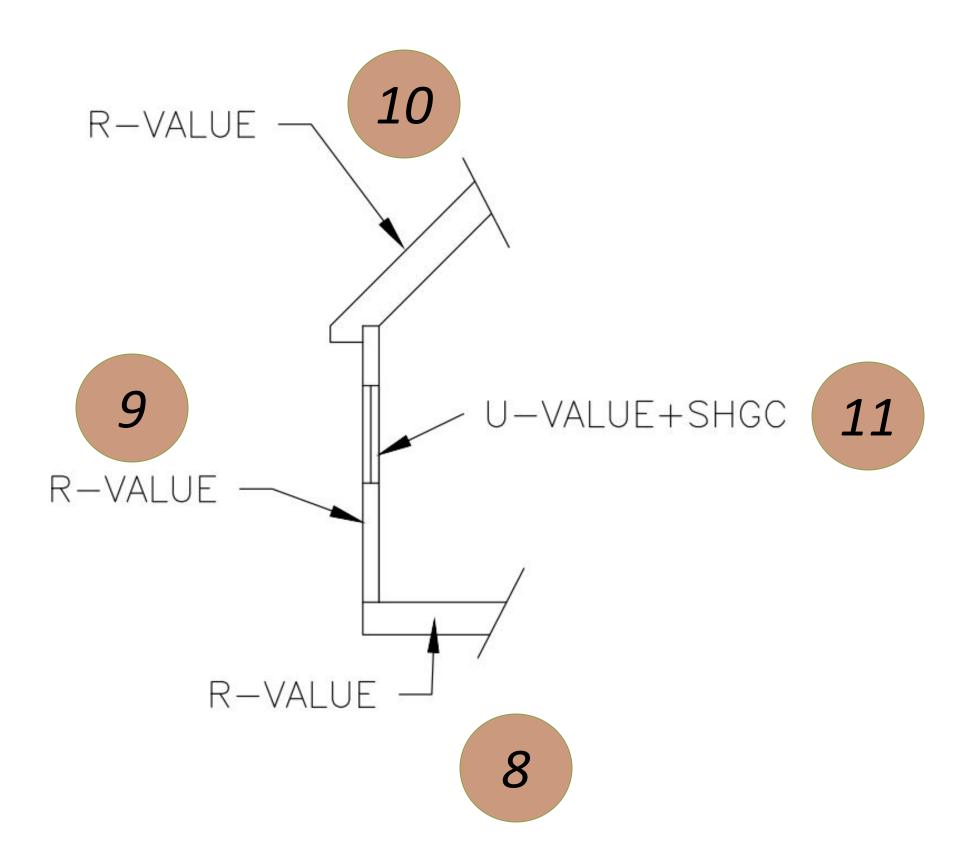


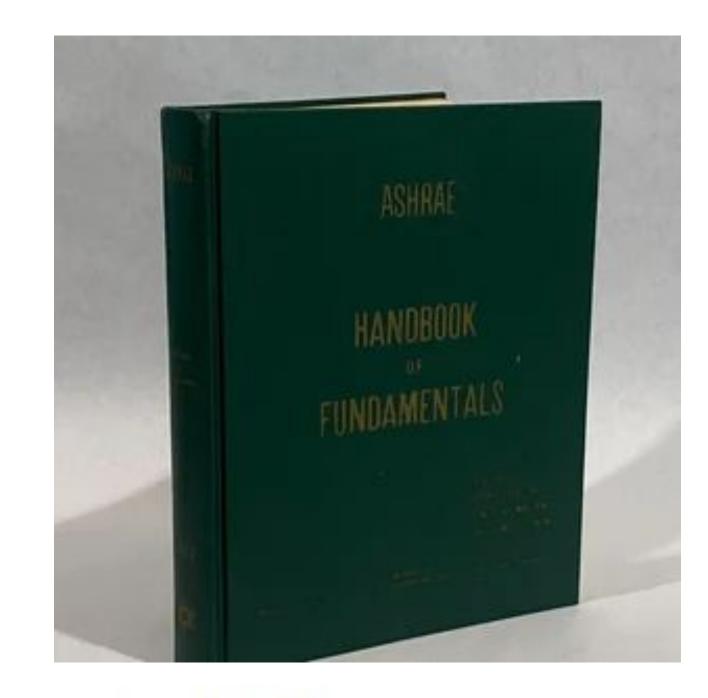




F-FACTOR

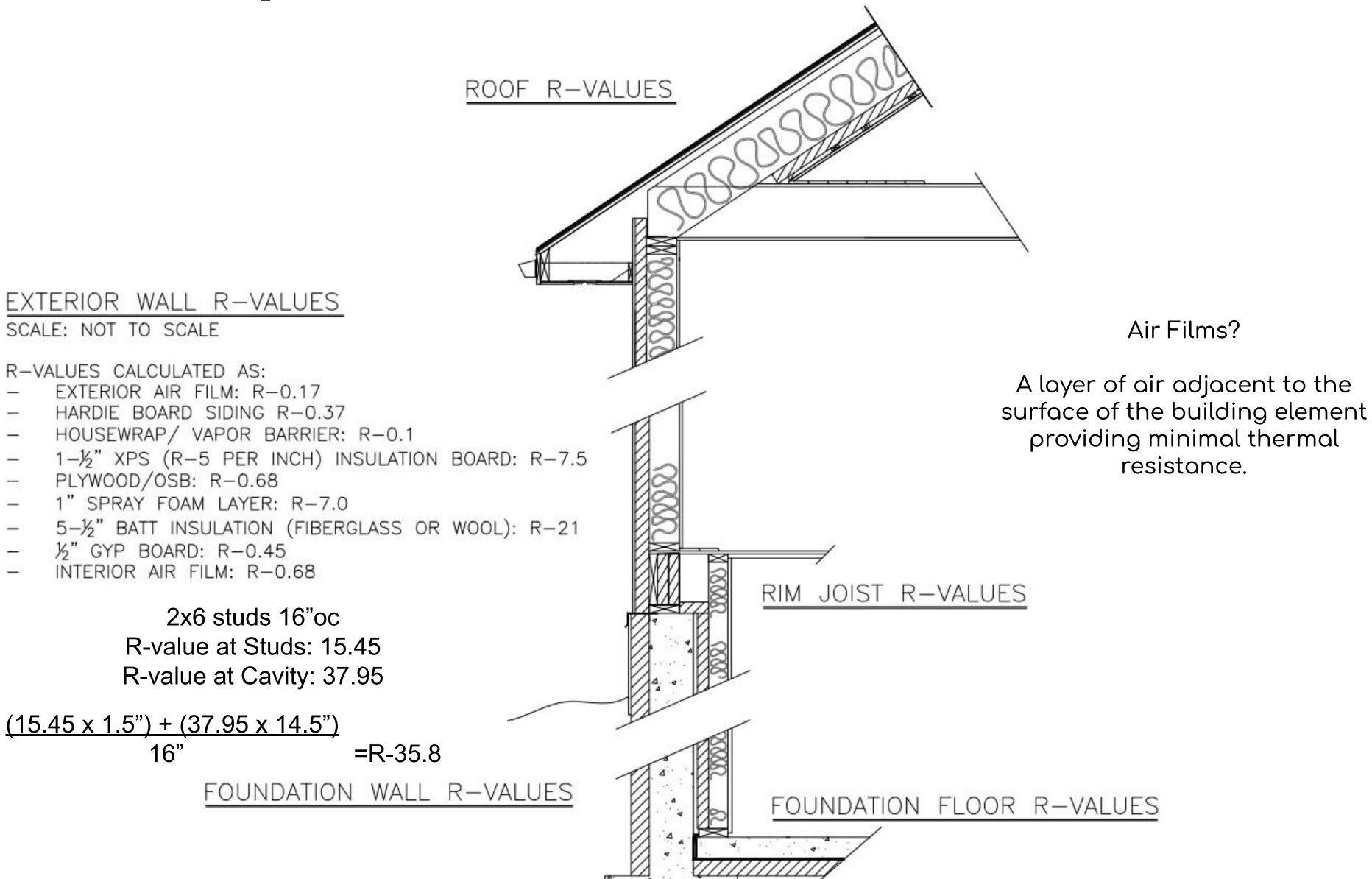
Envelope





$$Q = UA \Delta T$$
 where \mathbb{Q} is the heat flow rate [W] A is the heat flow area [m²] \mathbb{Q} is the overall heat transfer coefficient [W.m².K] ΔT is the temperature difference [K]

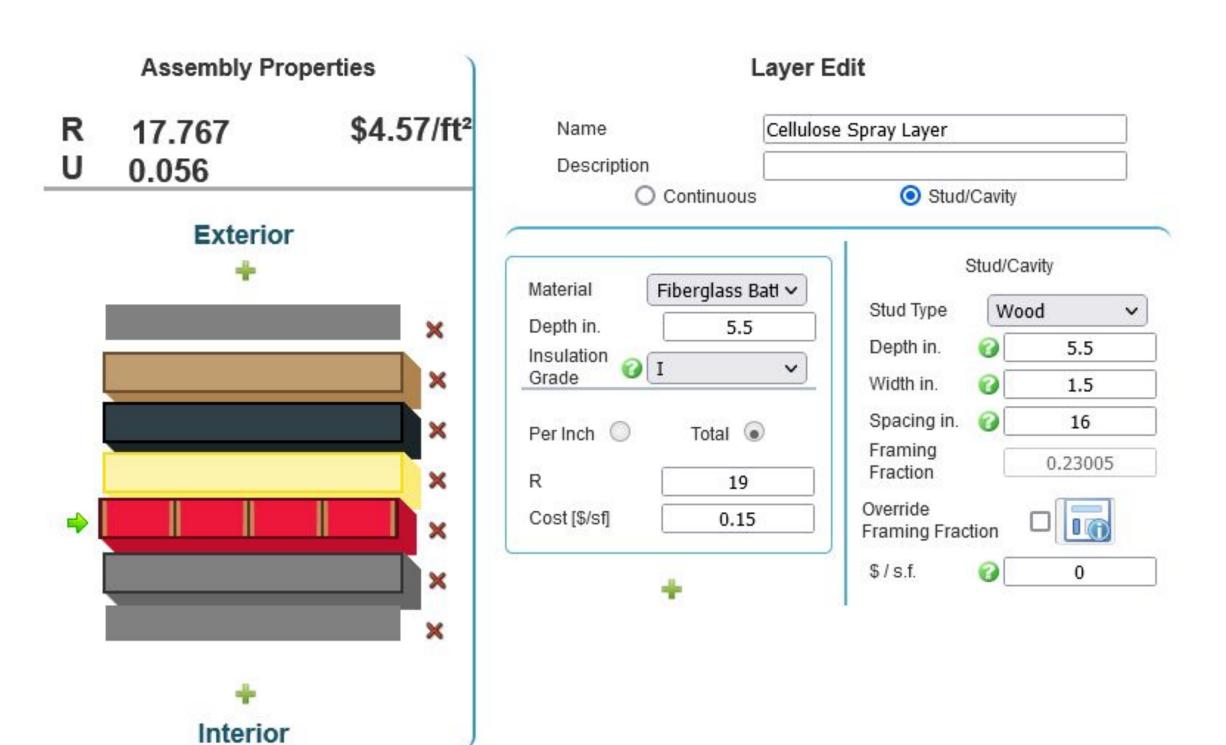
Envelope Cont.

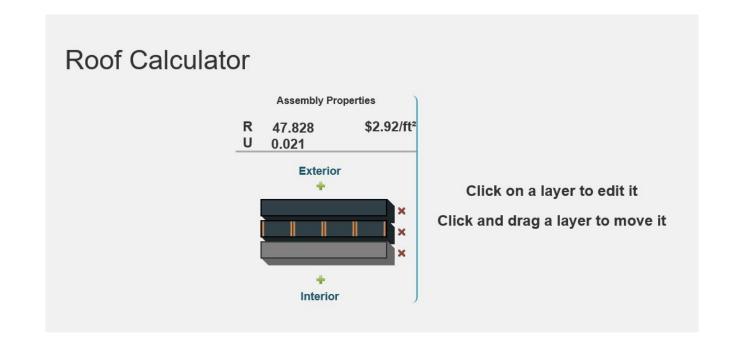


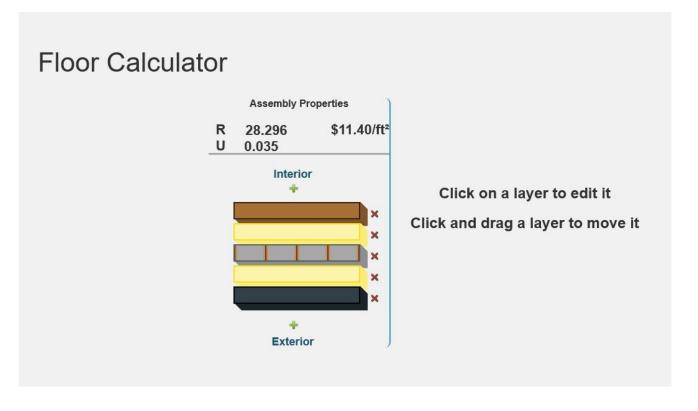
GATHER

Envelope Cont.

Wall Calculator







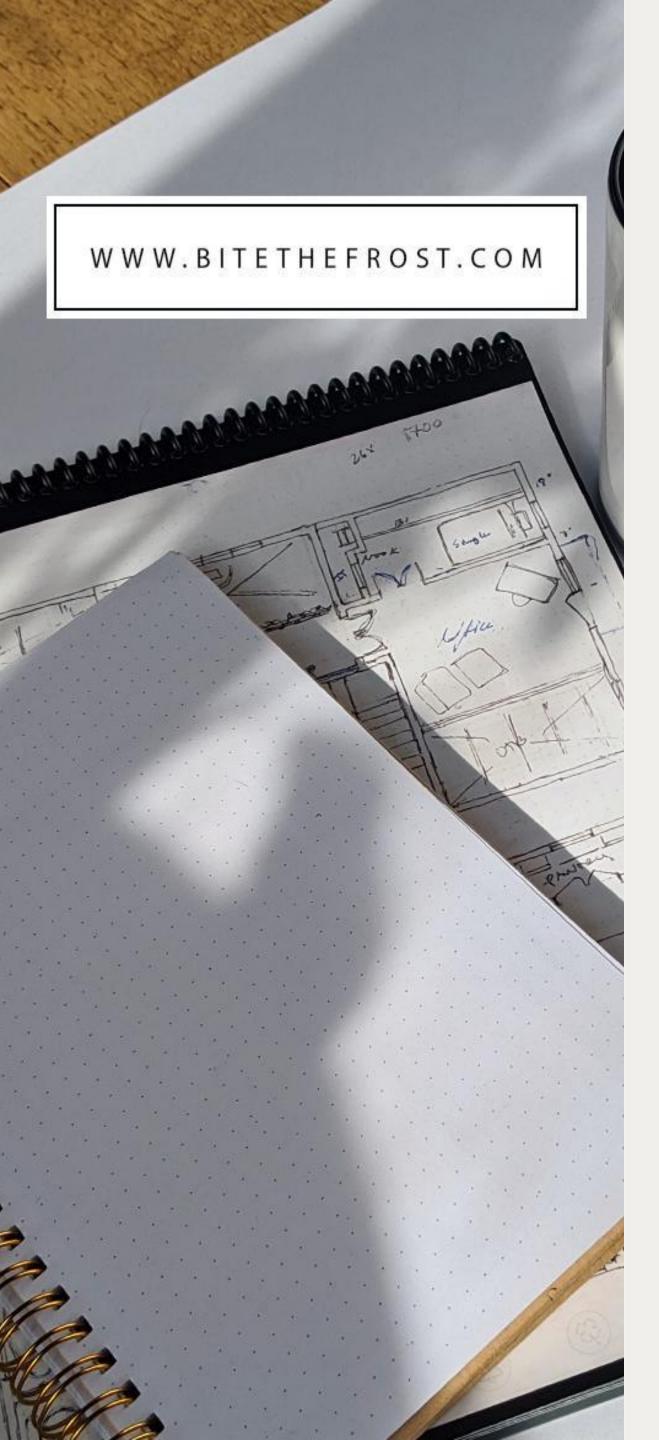


Intro Definitions + Thermodynamics

Part 01 Geometry Visualizing the Envelope

Part 02 SATHER Data

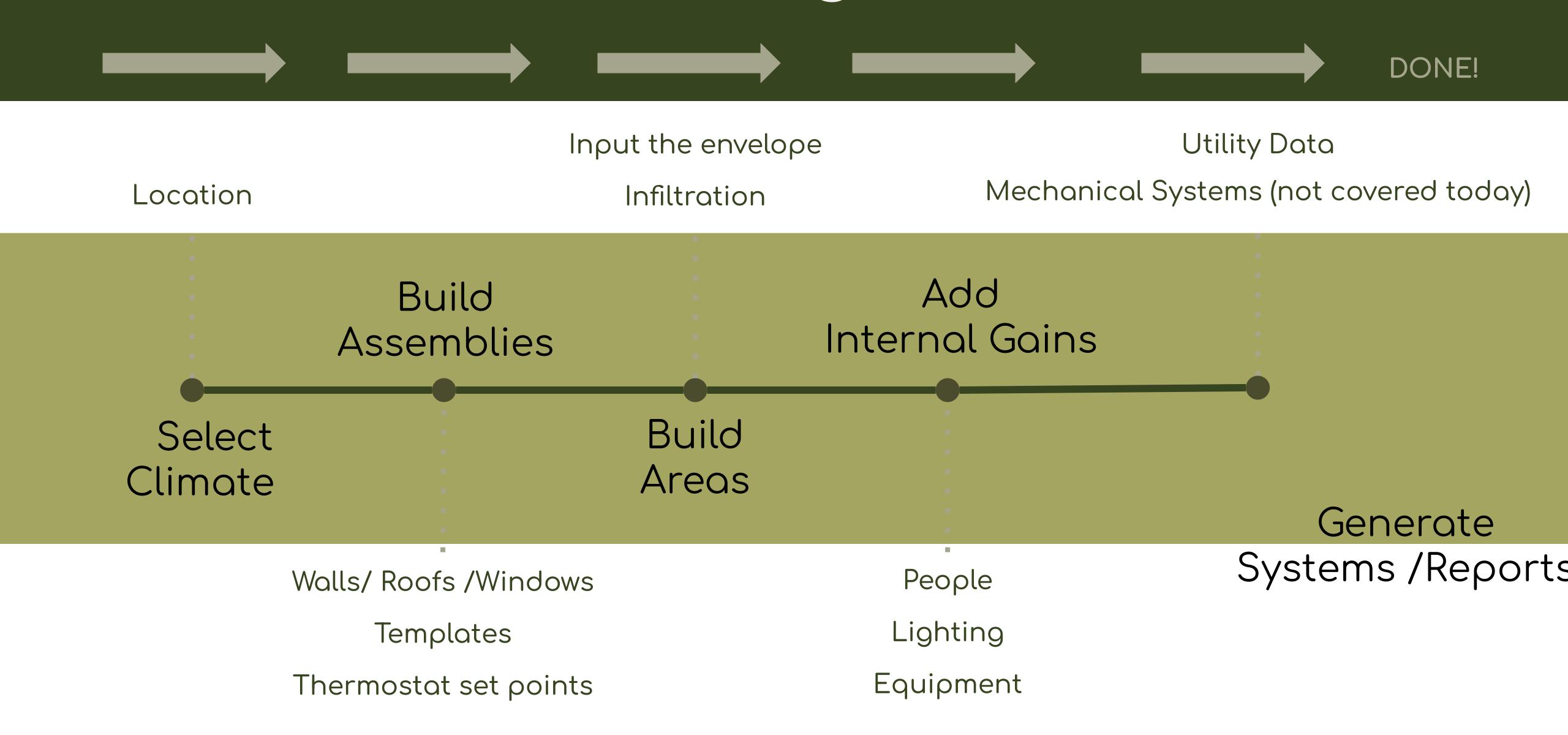
Part 03 INPUT Data into Model



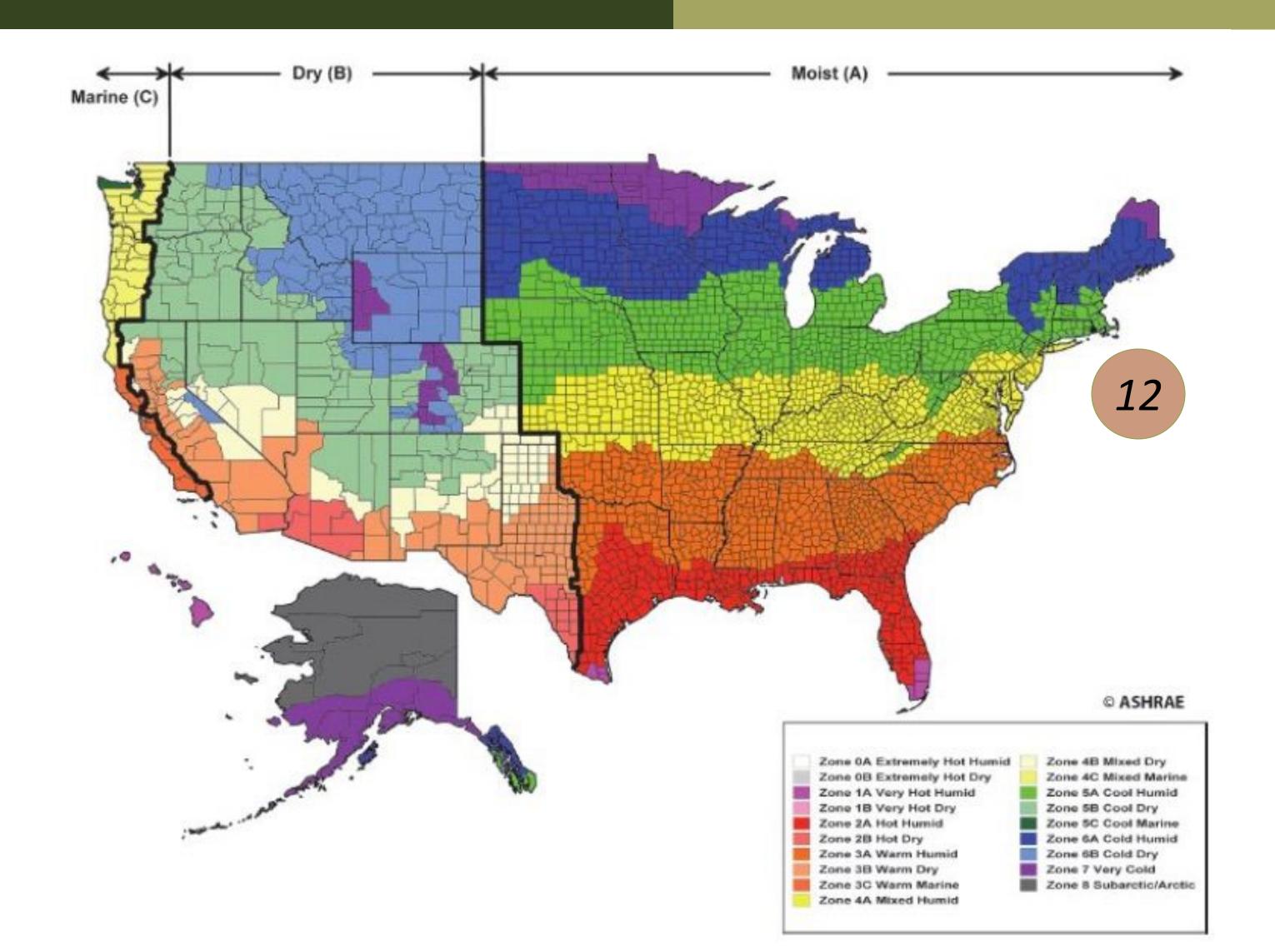
Part 03

INPUT Data into Model

Part 03 Modeling



Climate Zones + Location



IECC Climate Zone map is based on Heating Degree Days - Not your garden!

Weather data files used in Manual J softwares are often TMY data sets.

TMY = Typical Meteorological Year

TMY data sets represent medium weather conditions over a multi year period.

These sets include and calculate median solar resource potential, wind speed, ambient temperature & more.

Most softwares have several data sets loaded for each State.



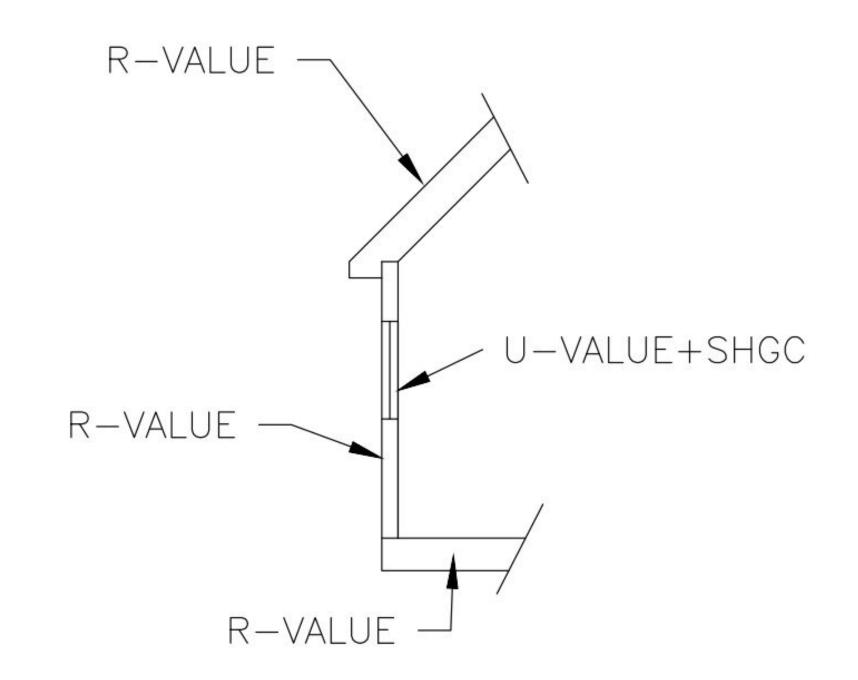
Areas & Assemblies

13 Assemblies / Templates & Thermostat Setpoints

ie. Cathedral Ceiling Assembly
Garage Ceiling Assembly
Finished basement Assembly
Unfinished basement Assembly etc.

SF CHECK

600 SF



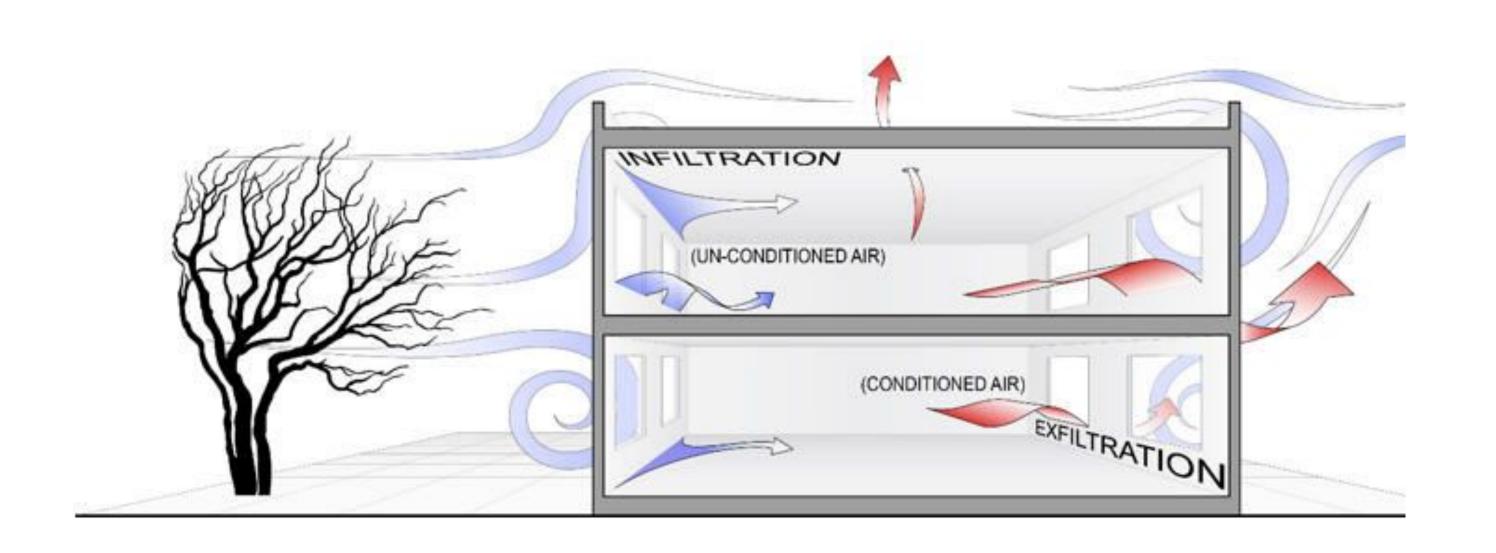
INFILTRATION

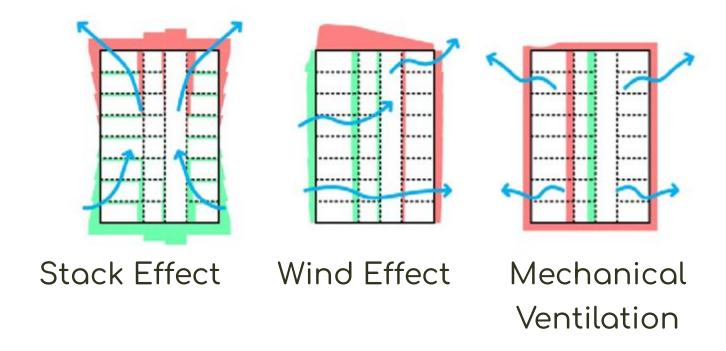
MODELED?

ROOM TABLE:

14

AREA	DESCRIPTION	SF	AVG. CEILING HEIGHT	MISC. NOTES + INTERNAL GAINS
1	KITCHEN/LIVING	400	13'	TYPICAL KITCHEN GAINS
2	BEDROOM	130	13.5'	TYPICAL HOME GAINS
3	BATHROOM	70	12'	TYPICAL BATHROOM GAINS
		· · · · · · · · · · · · · · · · · · ·		





Heat flows from hot to cold,
Moisture flows from Humid to Dry
Pressure flows High to Low

Infiltration Cont.



Infiltration:

Air that enters the building through the assembly

- Blowerdoor / tests for leakage at ACH50
- Converting ACH50 TO ACHnat
 (ACHnat = natural flow without pressurization)
- Many modeling softwares use ACHnat
- ACH vs CFM/sf exterior surface area

Low ACH = tight construction

High ACH = loose construction

Example

Given:

Home Volume = 20'x20'x8' = 3,200 Cubic Feet

Home Surface (walls) = 640 SF

Blower Door CFM50 = 1,000 CFM

Convert: ACH50 = (CFM50 x 60 Min/hour)

Cubic Feet Volume

ACH50 = 18.75

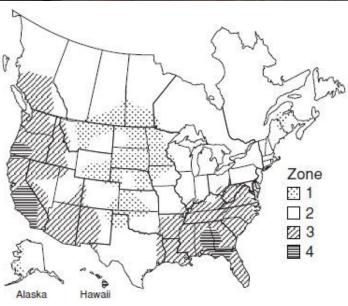
Convert: ACHNat = <u>ACH50</u>

N-Factor

N-Factor Table: 18.5

ACHNat = 1.01

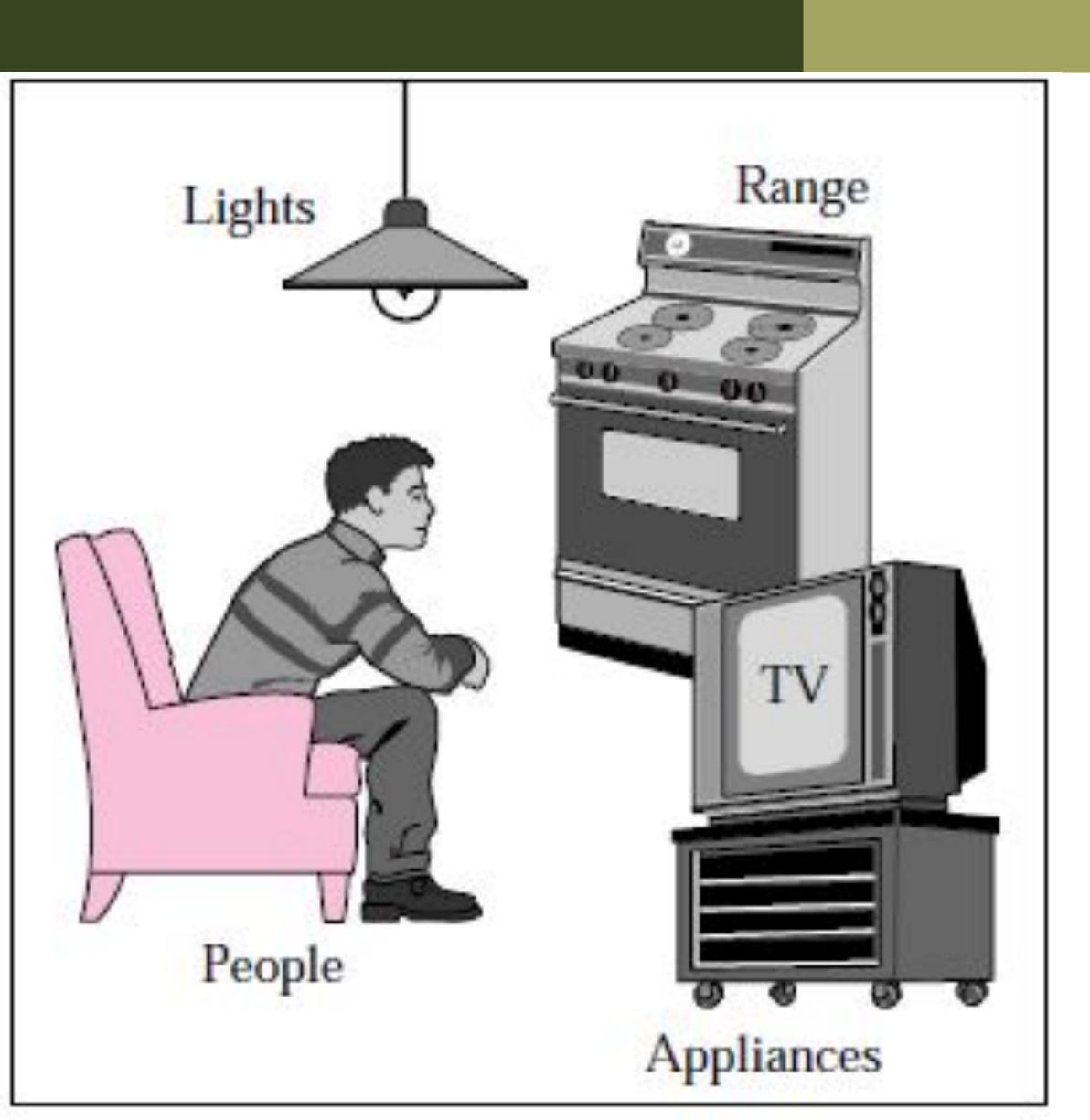




n-Factor lable

Zone	# of stories→	1	1.5	2	3	
*	Well-shielded	18.6	16.7	14.9	13.0	
1	Normal	15.5	14.0	12.4	10.9	
	Exposed	14.0	12.6	11.2	9.8	
	Well-shielded	22.2	20.0	17.8	15.5	
2	Normal	18.5	16.7	14.8	13.0	
	Exposed	16.7	15.0	13.3	11.7	
	Well-shielded	25.8	23.2	20.6	18.1	
3	Normal	21.5	19.4	17.2	15.1	
	Exposed	19.4	17.4	15.5	13.5	
	Well-shielded	29.4	26.5	23.5	20.6	
1	Normal	24.5	22.1	19.6	17.2	
	Exposed	22.1	198	17.6	15.4	

Internal Gains



Sensible Heat Gain

16

Latent Heat Gain

How much heat does a 15W LED Bulb give off?

10.5W of light energy 4.5W of heat energy

Note: 1 Watt = 3.41 BTU/h ie. 4.5x3.41 = 15.3 BTU/h Is the energy added to a space due to added moisture. ie

- Brewing Coffee
- Running the Shower
- Working out in the basement
- Boiling water
- etc.

How much heat is released by A Human?

Average human sitting releases: 215 BTU/h sensible heat 185 BTU/hr of latent heat

Average human jogging releases: 270 BTU/hr of sensible heat 580 BTU/hr of latent heat

Steps Outlined



Gather Data

- 1 Separating Building Areas
- 2 Create Room Table
- 3 Orientation
- 4 Wall Geometry
- 5 Window & Door Openings
- 6 Roof Geometry
- 7 Floors/ Foundation Geometry
- 8 Foundation Assembly/Assemblies
- 9 Wall Assembly/Assemblies
- 10 Roof Assembly/Assemblies
- 11 Window U-value(s) & SHGC(s)

INPUT

Data into Model

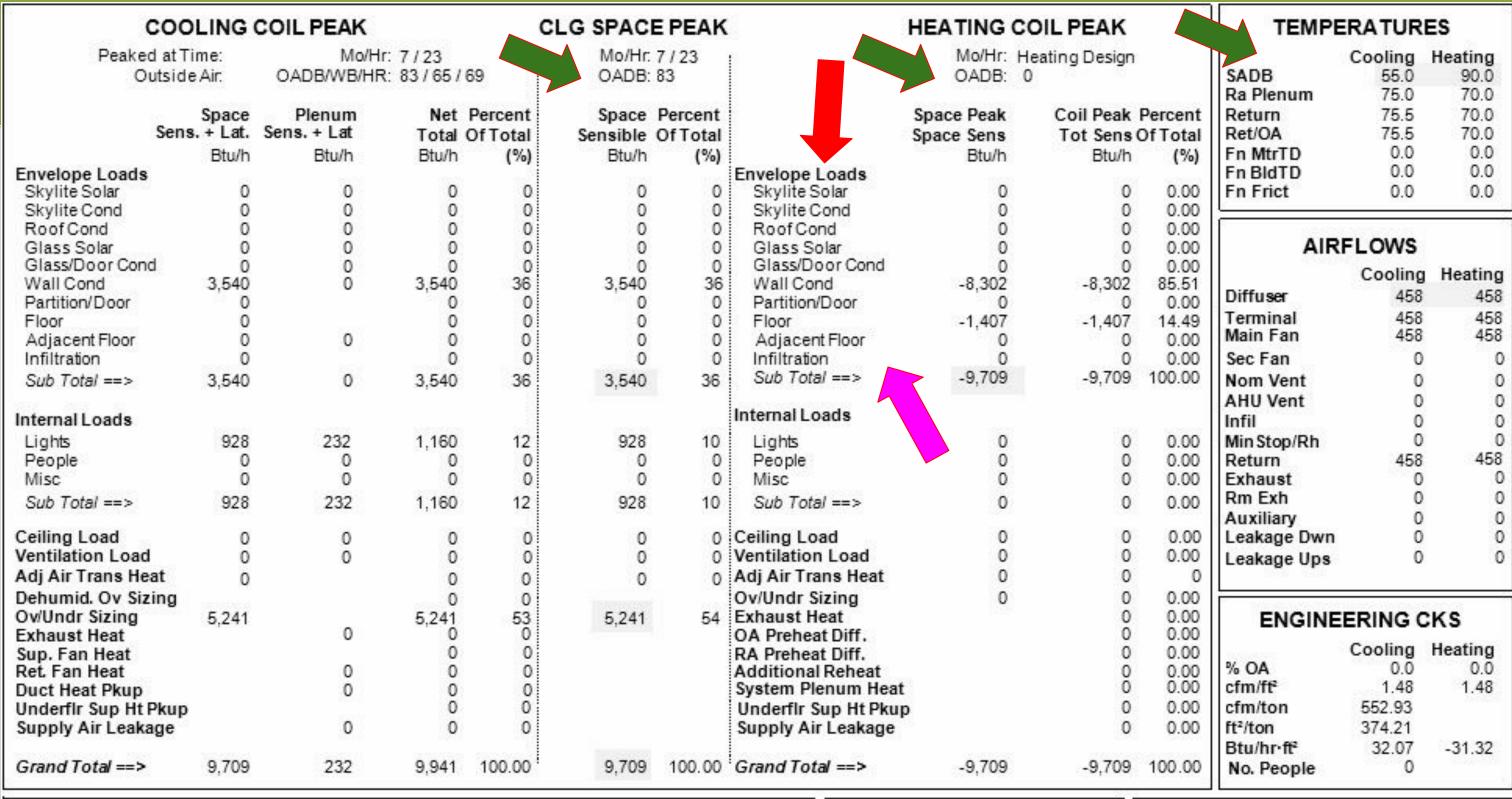
- 12 Select Climate
- 13 Assemblies / Templates
- 14 Build Areas
- 15 Infiltration
- 16 Internal Gains

Generate Reports



Generate Systems/ Reports

Reading Reports - What to Look For



	Total C	apacity	COOLING COIL SELECTION Sens Cap. Coil Airflow Enter DB/WB/HR			Leave DB/WB/HR			AREAS Gross Total Gla		S Glas	ss	HEATING COIL SELI		CANADONION DOLLARS			
	ton	MBh	MBh	cfm	°F	°F	gr/lb	°F	°F	gr∕lb			ft²	(%)	II	MBh	cfm	
Main Clg Aux Clg	0.8	9.9 0.0	9.9 0.0	458 0		62.5	68.5 0.0		55.0 0.0	67.9 0.0	Floor Part	310 0			Main Htg Aux Htg	-9.7 0.0		70.0 0.0
Opt Vent	0.0	0.0	0.0	0	0.0	0.0	0.0	0.0	0.0	0.0	Int Door ExFir	0 40			Preheat	0.0	0	0.0
Total	0.8	9.9									Roof Wall Ext Door	0 450 0	0	0	Humidif Opt Vent Total	0.0 0.0 -9.7	0	0.0

What are the common mistakes to look for in your reports and in the modeling reports of others?

Not all mistakes are going to be noticeable only significant errors are easy to spot

- 1. Look at the envelope loads
 If you have a roof, windows, walls are their btuh loads associated with each?
- 2. Are the areas reasonable?

 Is the floor area, wall area, roof etc. reasonable?
- 3. Are there loads associated with infiltration?
 This is an IMPORTANT & easy thing to
 miss & can easily double the loads
- 4. Are your temperatures accurate?

 Are the Peak outside air temperatures reasonable for your climate zone?

0.0

Trace 700 Example

Reading Reports - What to Look For

	DES	IGN COOLING	DESIGN HEATING					
	COOLING DATA A	T Jul 1500		HEATING DATA AT DES HTG				
	COOLING OA DB /	WB 85.0 °F / 6	HEATING OA DB / WB -14.0 °F / -14.8 °F					
MICHIGAN AND AND AND AND AND AND AND AND AND A		Sensible	Latent		Sensible	Latent		
ZONE LOADS	Details	(BTU/hr)	(BTU/hr)	Details	(BTU/hr)	(BTU/hr)		
Window & Skylight Solar Loads	404 ft²	9201	-	404 ft²	-			
Wall Transmission	1073 ft²	886		1073 ft²	2764			
Roof Transmission	903 ft²	1682	ē	903 ft ²	2439	-		
Window Transmission	267 ft ²	448	÷	267 ft ²	5602	12		
Skylight Transmission	138 ft²	277	2	138 ft²	3465	2		
Door Loads	0 ft²	0	2	0 ft²	0	2		
Floor Transmission	720 ft²	150	-	720 ft²	1875	8		
Partitions	0 ft²	0	-	0 ft²	0	-		
Ceiling	0 ft²	0	-	0 ft²	0	-		
Overhead Lighting	0 W	0		0	0	-		
Task Lighting	0 W	0	-	0	0	12		
Electric Equipment	0 W	0	_	0	0	_		
People	0	0	0	0	0	0		
Infiltration	-	0	0	5	0			
Miscellaneous	-	0	0		0	0		
Safety Factor	0% / 0%	0	0	0%	0	0		
>> Total Zone Loads	-	12643	0		16144	0		
Zone Conditioning	-	11781	0	2	15711	0		
Plenum Wall Load	0%	0	2	0	0	2		
Plenum Roof Load	0%	0	_	0	0	-		
Plenum Lighting Load	0%	0	-	0	0			
Exhaust Fan Load	0 CFM	0	-	0 CFM	0			
Ventilation Load	0 CFM	0	0	0 CFM	0	0		
Ventilation Fan Load	0 CFM	0	-	0 CFM	0	-		
Space Fan Coil Fans	-	0	-	-	0			
Duct Heat Gain / Loss	0%	0		0%	0			
>> Total System Loads	-	11781	0	-	15711	0		
Terminal Unit Cooling	-	11781	0	-	0	0		
Terminal Unit Heating	-	0	-	(a)	15711			
>> Total Conditioning	_	11781	0		15711	0		
Key:		values are clg lo	Positive values are htg loads Negative values are clg loads					

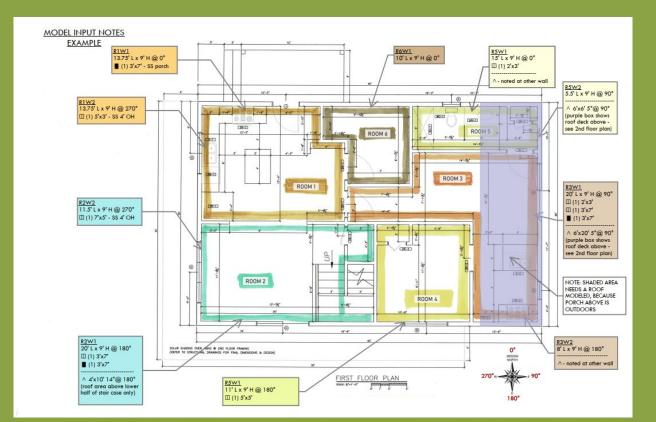
	DES		DESIGN HEATING HEATING DATA AT DES HTG					
	COOLING DATA A	T Jul 1400						
	COOLING OA DB	WB 84.4 °F / 6	HEATING OA DB /	WB -14.0 °F/-	14.8 °F			
		Sensible	Latent		Sensible	Laten		
ZONE LOADS	Details	(BTU/hr)	(BTU/hr)	Details	(BTU/hr)	(BTU/hr		
Window & Skylight Solar Loads	404 ft²	9325	-	404 ft²	-			
Wall Transmission	1073 ft²	805	-	1073 ft²	2764			
Roof Transmission	903 ft²	1730	-	903 ft ²	2439			
Window Transmission	267 ft²	401	-	267 ft ²	5602	- 1		
Skylight Transmission	138 ft²	248		138 ft²	3465	1		
Door Loads	0 ft²	0	=	0 ft²	0	-		
Floor Transmission	720 ft²	134	-	720 ft²	1875			
Partitions	0 ft²	0	-	0 ft²	0			
Ceiling	0 ft²	0	-	0 ft²	0	:		
Overhead Lighting	0 W	0	-	0	0			
Task Lighting	0 W	0	9	0	0			
Electric Equipment	0 W	0	-	0	0			
People	0	0	0	0	0	4		
Infiltration	-	1332	10	-	11885			
Miscellaneous	-	0	0	-	0	(
Safety Factor	0% / 0%	0	0	0%	0	(
>> Total Zone Loads	-	13975	10	-	28030			
Zone Conditioning	-	13159	10	-	27870	(
Plenum Wall Load	0%	0	-	0	0			
Plenum Roof Load	0%	0	-	0	0			
Plenum Lighting Load	0%	0	2	0	0			
Exhaust Fan Load	0 CFM	0	2	0 CFM	0			
Ventilation Load	0 CFM	0	0	0 CFM	0	(
Ventilation Fan Load	0 CFM	0	-	0 CFM	0			
Space Fan Coil Fans	-	0		-	0			
Duct Heat Gain / Loss	0%	0		0%	0			
>> Total System Loads	-	13159	10	-	27870			
Terminal Unit Cooling	-	13159	0	-	0			
Terminal Unit Heating	-	0	_		27870			
>> Total Conditioning	-	13159	0	1 1 1 1	27870			
Key:		values are clg lo	Positive values are htg loads Negative values are clg loads					

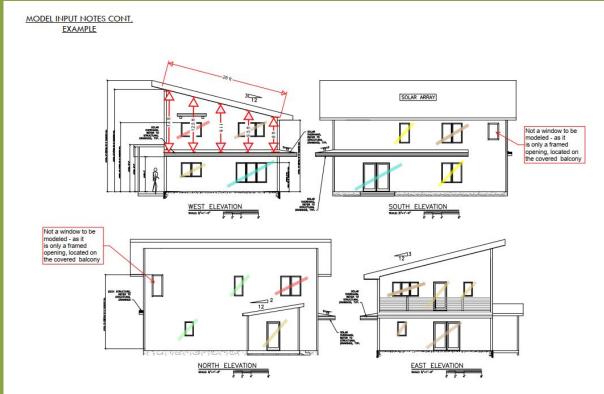
Recap & Resources

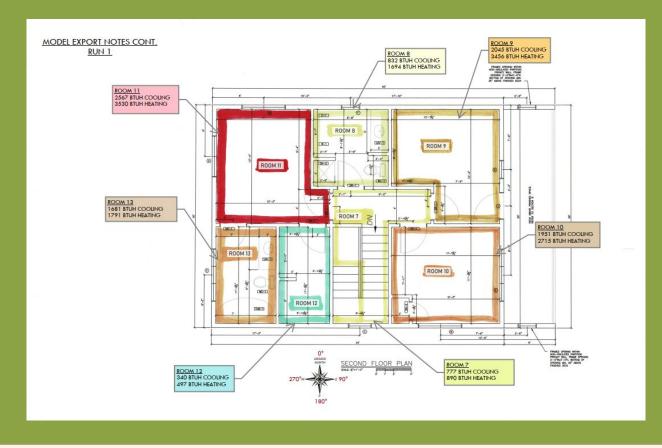
Recap

- Energy modeling = a tool for decision making.
- Not only for sizing equipment but also for shaping buildings & selecting materials.
- We must not rely on expensive high end / high R-value materials to achieve energy efficiency. They should be used to supplement architecturally efficient designs.

Resources - PDF - Email Gwen for Example PDF







Please note:

Your first several models will likely be wildly inaccurate

A Few Energy Modeling Softwares



A Few Energy Modeling Softwares

Federal Tax Deduction

Qualified Softwares:

DesignBuilder

DeST

DOE-2.2

EnergyGauge

- EnergyPlus®
- eQUEST
- Hourly Analysis Program (HAP)

IES Virtual Environment

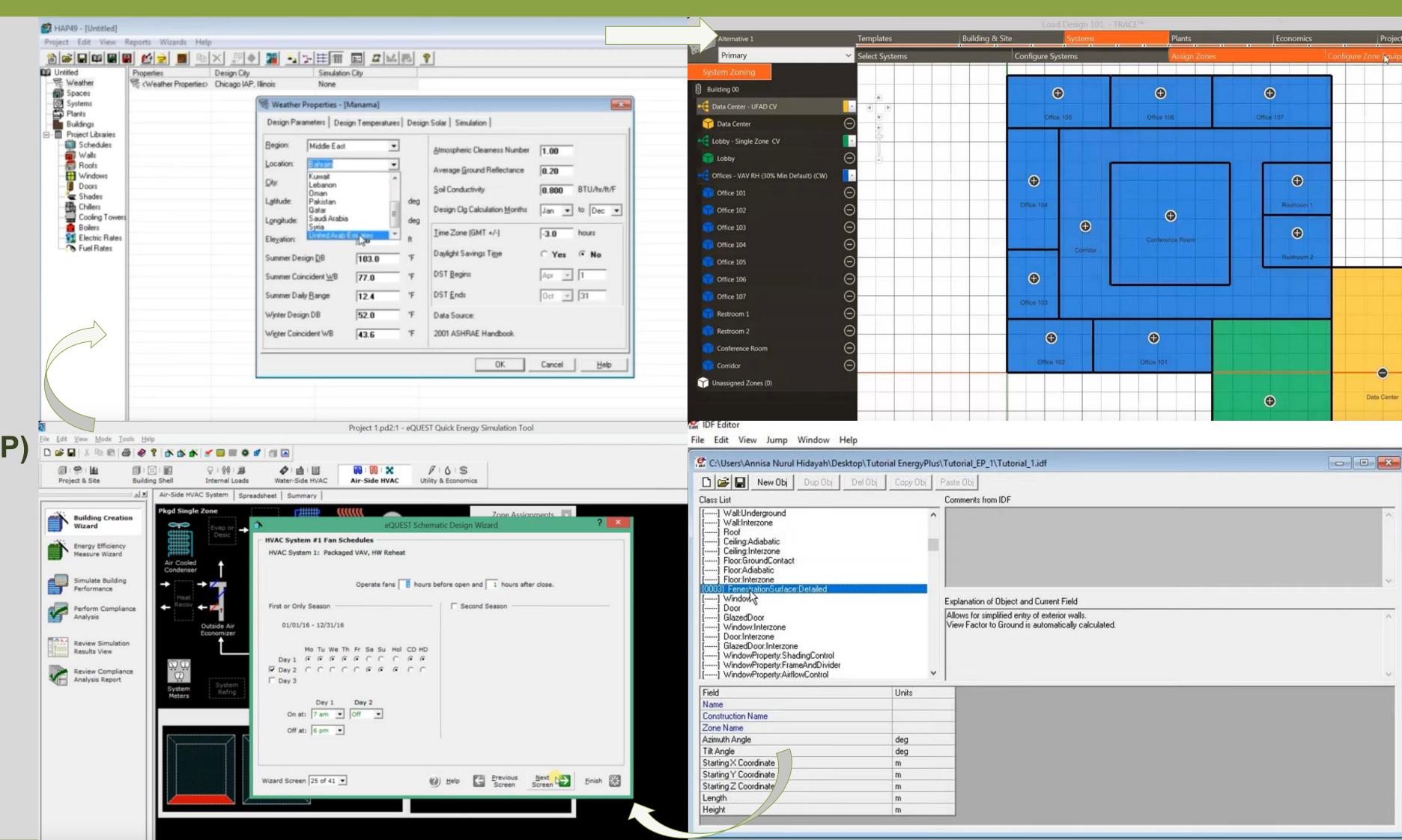
OpenStudio® with EnergyPlus

TAS

- TRACE 3D Plus

TRACE 700

TRNSYS

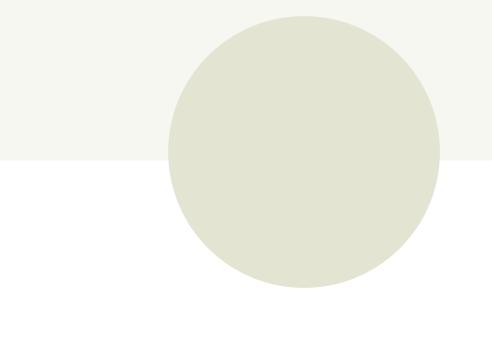


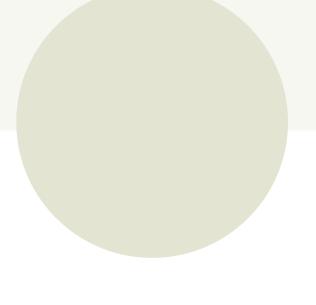


Are you ready to use energy modeling as a design & decision making tool?

Thank you for joining in!





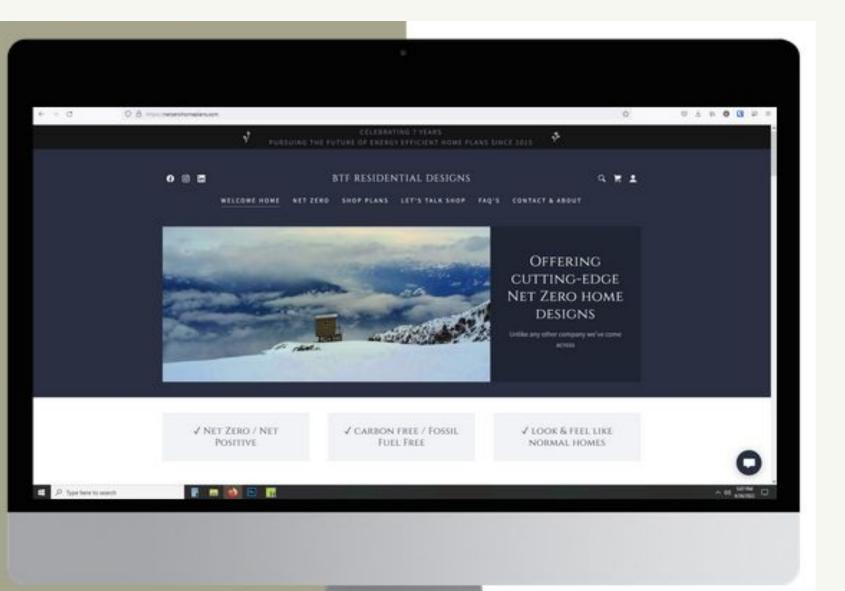


Ideas

Energy Modeling for All

Construction

Results



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www.BiteTheFrost.com

gwendolen@bitethefrost.com

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